



## Sedbergh 3 Peaks Men's Results

26th June 2010

Position	Name	Club		Time	Teams		Points
1	Davies, Timothy	Mercia Fell Runners	senior	0:31:59	1 Bond, Stuart	Dark Peak	4 17
2	Hope, Rob	Pudsey and Bramley	senior	0:32:20	Speake, Matthew		5
3	Davies, Andrew	Mercia Fell Runners	senior	0:32:27	Taggart, Lloyd		8
4	Bond, Stuart	Dark Peak	senior	0:32:36			
5	Speake, Matthew	Dark Peak	senior	0:32:38	2 Hope, Rob	Pudsey and Bramley	2 18
6	Simpson, Robbie	Deeside Runners	m23*	0:32:45	Kay, Darren		7
7	Kay, Darren	Pudsey and Bramley	senior	0:32:49	Hope, Danny		9
8	Taggart, Lloyd	Dark Peak	v40*	0:32:57			
9	Hope, Danny	Pudsey and Bramley	senior	0:33:03	3 Davies, Timothy	Mercia Fell Runners	1 31
10	Holmes, Ian	Bingley Harriers	v40	0:33:12	Davies, Andrew		3
11	Prasad, Prasad	Clydesdale Harriers	senior	0:33:16	Vale, Pete		27
12	Roberts, Craig	Kendal AAC	v45*	0:33:36			
13	Davies, Jim	Borrowdale	v40	0:33:41	4 Davies, Jim	Borrowdale	13 44
14	Steele, Chris	Borrowdale	senior	0:33:43	Steele, Chris		14
15	Heneghan, John	Pudsey and Bramley	senior	0:33:46	Bardsley, Ben		17
16	Gray, Karl	Calder Valley	v40	0:33:50			
17	Bardsley, Ben	Borrowdale	senior	0:33:58	5 Gray, Karl	Calder Valley	16 64
18	Cale, Steven	Shrewsbury AC	senior	0:34:01	Godsman, Shaun		23
19	Peace, Andy	Bingley Harriers	v40	0:34:08	Whittem, Alex		25
20	Roberts, Mark	Borrowdale	v45	0:34:35			
21	Roberts, Richard	Eryri Harriers	senior	0:34:36	6 Holmes, Ian	Bingley Harriers	10 94
22	Pearce, Graham	Pudsey and Bramley	senior	0:34:39	Peace, Andy		19
23	Godsman, Shaun	Calder Valley	senior	0:34:45	Senior, James		65
24	Little, Robert	Dark Peak	senior	0:34:49			
25	Whittem, Alex	Calder Valley	senior	0:34:54	7 Stainer, Simon	Ambleside AC	28 100
26	Palmer, Mark	Mynydd DU	v45	0:35:10	Abdelnoor, Ben		30
27	Vale, Pete	Mercia Fell Runners	senior	0:35:17	Deegan, Jonathan		42
28	Stainer, Simon	Ambleside AC	v40	0:35:22			
29	Addison, Tom	Helm Hill	m23	0:35:27	8 Roberts, Richard	Eryri Harriers	21 139
30	Abdelnoor, Ben	Ambleside AC	senior	0:35:33	Roberts, Matthew		35
31	Fanning, Michael	Borrowdale	v40	0:35:35	McQueen, James		83
32	Mounsey, Ben	Calder Valley	senior	0:35:39			
33	Leigh, Nick	Pudsey and Bramley	senior	0:35:46	9 Addison, Tom	Helm Hill	29 155
34	Sanderson, Philip	Northumberland Fell R	v40	0:35:49	Addison, Mark		45
35	Roberts, Matthew	Eryri Harriers	senior	0:35:50	Proctor, William		81
36	Jones, Gary	Northumberland Fell R	senior	0:35:52			
37	Pattinson, Richard	Pudsey and Bramley	v45	0:35:54			
38	Hebblethwaite, Steve	Keswick AC	senior	0:35:55			
39	Birchall, Chris	Leeds City AC	senior	0:35:58			
40	Mullholland, Gavin	Calder Valley	senior	0:36:01			
41	Winskill, Phil	Dark Peak	senior	0:36:03			
42	Deegan, Jonathan	Ambleside AC	v40	0:36:07			
43	Hunt, John	Dark Peak	v40	0:36:15			
44	Steede, Jonny	Ballymena Runners	senior	0:36:35			
45	Addison, Mark	Helm Hill	m23	0:36:36			
46	Bell, Carl	Howgill Harriers	senior	0:36:49			
47	Gilhooley, Callum	Dark Peak	senior	0:36:51			
48	Wright, Jonathon	Todmorden Harriers	v40	0:37:02			
49	Oldfield, Steven	Calder Valley	v50*	0:37:05			



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50	Whitehead, Dan	Cosmic Hillbashers	senior	0:37:06
51	Stevens, Jason	Calder Valley	v40	0:37:07
52	Brown, Andy	Clayton	senior	0:37:08
53	Bracegirdle, Tom	Muddy Mucky Munkeys	senior	0:37:09
54	Wallis, Mike	Clayton	v50	0:37:18
55	Johnson, Mike	Bowland Fell Runners	v50	0:37:24
56	Edwards, Thomas	Dark Peak	senior	0:37:31
57	Cornforth, Paul	Borrowdale	v45	0:37:35
58	Reedy, Matt	Ambleside AC	senior	0:37:39
59	Logue, James	Calder Valley	v40	0:37:45
60	Bottomley, Stephen	Pudsey and Bramley	v40	0:37:54
61	Gallagher, Ronnie	Carnethy HR	v50	0:37:57
62	Fisher, Sam	Sedbergh School	m23	0:38:04
63	Charlesworth, Nicholas	Wharfedale Harriers	v40	0:38:05
64	Nick Barbar	Todmorden Harriers	*	0:38:12
65	Senior, James	Bingley Harriers	senior	0:38:15
66	Bell, Steve	Dark Peak	v45	0:38:20
67	Reade, Chris	Bowland Fell Runners	v45	0:38:24
68	Dugdale, Jack	Clayton	m23	0:38:25
69	Werrett, Tim	Mercia Fell Runners	senior	0:38:31
70	Bush, Tom	Altrincham & District AC	senior	0:38:32
71	Shackleton, Paul	Clayton	v45	0:38:38
72	Stirk, Adam	Guildford & Godalming	senior	0:38:40
73	Wilby, Dave	Ilkley Harriers	senior	0:38:41
74	Titmuss, James	Pudsey and Bramley	senior	0:38:46
75	Harding, Kevin	Tring Running Club	v50	0:38:50
76	Ward, Adam	Carnethy HR	v45	0:38:58
77	McGaff, Tom	Cheshire Hill Racers	v55*	0:39:02
78	Mikkelsen-Barron, Mark	Borrowdale	senior	0:39:05
79	Smith, Alan	Deeside Runners	v50	0:39:10
80	Chris Edis	Keswick AC		0:39:11
81	Proctor, William	Helm Hill	v50	0:39:13
82	Grant, Ben	Harrogate Harriers	v60*	0:39:15
83	McQueen, James	Eryri Harriers	v40	0:39:17
84	Davis, Adrian	Carnethy HR	v45	0:39:31
85	Blackett, Joe	Dark Peak	v45	0:39:33
86	Staveley, Andy	Burnden RR	v45	0:39:34
87	Nicoll, John	Keswick AC	senior	0:39:55
88	Normandale, Andy	York Acorn AC	v50	0:39:56
89	Jebb, Andrew	Bingley Harriers	senior	0:40:06
90	Boyle, John	Dark Peak	v40	0:40:11
91	Taylor, Philip	Rosendale Harriers	v50	0:40:19
92	Gough, Geoffrey Paul	Clayton	v50	0:40:20
93	Barton, Neill	Dark Peak	m23	0:40:22
94	Stevenson, Brian	Pudsey and Bramley	v45	0:40:26
95	Turland, Steve	Ilkley Harriers	v40	0:40:29
96	Fowler, Alex	Preston Harriers	m23	0:40:32
97	Morton, Muir	Pennine	senior	0:40:33
98	Robertshaw, Andrew	Otley AC	v40	0:40:34
99	Whiting, Philip	U/A	v50	0:40:44



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100	Horrocks, Brian	Clayton	v50	0:40:47
101	Hoffe, Mick	Helm Hill	v55	0:40:48
102	Lewis, Arvell	Eryri Harriers	v50	0:40:49
103	Rhodes-Dawson, Alas	Todmorden Harriers	v40	0:40:54
104	Green, Michael	Horwich AC	v45	0:40:56
105	Walsh, Mike	Kendal AAC	v60	0:40:59
106	Davies, Ian	Keswick AC	senior	0:41:00
107	Lynch, Colin	Totley AC	v40	0:41:01
108	Crabtree, Paul	Wharfedale Harriers	v40	0:41:02
109	Stafford, Roland	Mercia Fell Runners	senior	0:41:03
110	Davies, Edward	Mercia Fell Runners	v55	0:41:04
111	Horrigan, Kieran	FRA	v50	0:41:05
112	Wilkinson, Garry R	Clayton	v45	0:41:09
113	Fortes, Matthew	Eryri Harriers	senior	0:41:11
114	Goldie, Mark	Calder Valley	v40	0:41:14
115	Collins, Dave	Todmorden Harriers	v50	0:41:18
116	Hulley, Matthew	Dark Peak	senior	0:41:21
117	Horsfall, Andrew	Todmorden Harriers	v45	0:41:33
118	Winn, Jackie	Ellenborough AC	v55	0:41:43
119	Figg, Paul	North York Moors	v40	0:41:46
120	Goodison, Brian	Abbey Runners	v55	0:41:51
121	Holmes, Keith G	Dark Peak	v55	0:42:00
122	Oldfield, Gary	Calder Valley	v45	0:42:17
123	Craine, Noel	Eryri Harriers	v45	0:42:28
124	Ryder, Jim	Ilkley Harriers	v40	0:42:30
125	Holt, Jack	Clayton	v60	0:42:33
126	Gibson, Roy	Dark Peak	v50	0:42:39
127	Taylor, Robert	Pennine	v60	0:42:41
128	Pollitt, Martyn	Burnden RR	v45	0:42:43
129	Bradbury, Darrell	Dark Peak	v45	0:42:47
130	Stevens, Richard	Ambleside AC	senior	0:42:55
131	John Ewart	Holmfirth	senior	0:42:59
132	Howard, Geoffrey	Ilkley Harriers	v65*	0:43:01
133	Pearce, Nick	Ilkley Harriers	v55	0:43:04
134	Horrocks, David	Clayton	v45	0:43:05
135	Huw, Price	Bowland Fell Runners	v45	0:43:07
136	Taylor, Kenneth	Rosendale Harriers	v60	0:43:08
137	Warburton, Leigh	Bowland Fell Runners	v50	0:43:11
138	Soles, Dave	Pennine	v45	0:43:14
139	Thompson, Peter	Clayton	v50	0:43:16
140	Harlowe, Paul	Wharfedale Harriers	v55	0:43:17
141	Paterson, Jim	Newcastle AC	v60	0:43:19
142	Dickson, David William	Garscube Harriers	v50	0:43:30
143	O'Duffy, Declan	Bowland Fell Runners	v50	0:43:37
144	McAra, Graham	Cheshire Hill Racers	v55	0:43:41
145	Marston, Matthew	Shrewsbury AC	m23	0:43:45
146	Luxmoore, Jamie	Keswick AC	senior	0:43:46
147	Smithies, Stephen	Calder Valley	v40	0:43:50
148	Dylan Owen	Eryri Harriers		0:43:52
149	Waters, Chris	Ambleside AC	senior	0:43:55



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150	Crook, Michael	Horwich RMI	v60	0:43:58
151	Kelly, Paul	Durham Fell Runners	v50	0:43:59
152	Hewitt, John	Glossopdale Harriers	v45	0:44:00
153	Addison, Shaun	Helm Hill	v50	0:44:03
154	Worswich, Neil David	Clayton	v40	0:44:08
155	Trveman, Jim	Pennine	v45	0:44:15
156	Smith, Mark	Durham Old Boys	senior	0:44:31
157	Booth, Vincent	Cheshire Hill Racers	v45	0:44:34
158	Sharples, Jon	Clayton	v55	0:44:37
159	Johnson, Robert	Southport Waterloo AC	v55	0:44:41
160	Chadderton, Gary	Horwich RMI	v45	0:44:53
161	Clayton, Phil	FRA	v40	0:44:56
162	Shimwell, Lee	Calder Valley	senior	0:44:58
163	Carracher, Graeme	Carnethy HR	v45	0:45:06
164	Philpot, George	Sedbergh School	m23	0:45:19
165	Brentnall, Alan	Pennine	v60	0:45:20
166	Roberts, Martin	Todmorden Harriers	v50	0:45:25
167	Hodgson, Barry	Ellenborough AC	v55	0:45:32
168	Carr, Kieran	Clayton	v65	0:45:36
169	Powell, Ross	Mercia Fell Runners	v50	0:45:41
170	Cooper, Mike	Cheshire Hill Racers	v45	0:45:57
171	Dredge, Bob	Mercia Fell Runners	v50	0:46:01
172	Stuart, Rick	Helm Hill	v45	0:46:02
173	Noble, Mike	Pennine	v60	0:46:05
174	Wilkinson, Dicky	Dark Peak	v50	0:46:09
175	Hewitt, Nick	Bowland Fell Runners	v55	0:46:15
176	Bennett, Steve	North Derbyshire RC	v50	0:46:19
177	Rimmer, Greg	Dark Peak	v45	0:46:21
178	Bellarries, Richard	Clayton	v55	0:46:27
179	Foxwell, Matt	Kendal AAC	senior	0:46:37
180	Hodgson, Phil	Todmorden Harriers	v50	0:46:47
181	Ellithorn, Mark	Chorley AC	v45	0:47:01
182	George, Richard	Manx Fell Runners	senior	0:47:22
183	Horsley, Brian	Calder Valley	v60	0:47:26
184	Addison, Mike	Helm Hill	v45	0:47:30
185	Motley, Dave	Clayton	senior	0:47:46
186	Howarth, Andrew	Clayton	v50	0:47:56
187	Perry, Martin	York Acorn AC	senior	0:48:05
188	Dybeck, Nick	U/A	v50	0:48:07
189	Clarke, Peter	Todmorden Harriers	v55	0:48:08
190	Troup, Michael	Ambleside AC	v55	0:48:10
191	Riley, James	Todmorden Harriers	senior	0:48:21
192	Tait, David	Dark Peak	v60	0:48:23
193	Bush, Norman	Ilkley Harriers	v70*	0:48:28
194	Kershaw, David	Chorley AC	v50	0:48:29
195	Ayers, Mike	Abbey Runners	v50	0:48:30
196	Thornton, Clive	Esk Valley Fell Club	v45	0:48:31
197	McLoughlin, Michael	Preston Harriers	v55	0:48:53
198	Murray, Paul	Horwich RMI	v65	0:49:30
199	Blake, Mike	Eryri Harriers	v60	0:50:00



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200	Bolton, Simon	Cheshire Hill Racers	v45	0:50:32
201	Bell, Roger	Ambleside AC	v70	0:50:35
202	Hindle, Dave	Clayton	v55	0:50:39
203	Symonds, Trevor	FRA	v50	0:50:56
204	Whitaker, Roger	CFR	v65	0:52:02
205	Taylor, John	Bowland Fell Runners	v60	0:52:06
206	Williamson, Colin	Shropshire Shufflers	v65	0:52:14
207	Blakeley, Richard	Todmorden Harriers	v65	0:52:31
208	Leonard, Richard C	Todmorden Harriers	v50	0:52:36
209	May, Kevin	Howgill Harriers	v45	0:53:06
210	Rowlands, Dilwyn	Eryri Harriers	senior	0:53:18
211	Brown, Raymond	Penistone Footpath Ru	v65	0:53:19
212	Gibbs, Fred	Bingley Harriers	v70	0:53:21
213	Paul Jackson	Howgill Harriers		0:53:22
214	Raynor, Tim	Mansfield Harriers	v45	0:53:24
215	Ashby, Roger	Sale Harriers	v65	0:53:28
216	Dugdale, Peter	Clayton	v50	0:53:38
217	Coldwell, Jim	FRA	senior	0:54:07
218	Greenway, Brent	Buxton	v45	0:54:19
219	Jackson, Steve	Horwich RMI	v55	0:54:40
220	Woodward, Graeme	Calder Valley	v50	0:56:02
221	Thompson, George	Clayton	v60	0:56:08
222	Goldsmith, Neil	Pennine	v60	0:56:16
223	Walsh, Paul	Bowland Fell Runners	v65	0:56:19
224	McCluskey, Lee	Todmorden Harriers	v50	0:56:32
225	Groves, Steve	Holme Pierrepont	senior	0:56:54
226	Norman, Peter	Wrexham AC	v70	0:57:04
227	Clark, Chris	Keswick AC	v60	0:57:37
228	Wood, Denis	Borrowdale	v65	0:59:13
229	Bellingham, Adrian	Mansfield Harriers	v40	1:00:32
230	Clives, Richard	FRA	v65	1:03:00
231	Chapman, Barry	Todmorden Harriers	v60	1:03:38
232	Heywood, Kevin	Kendal AAC	v70	1:04:45
233	Davies, Steve	Accrington Road Runne	v70	1:07:10
234	O'Neill, Dave	Todmorden Harriers	v50	1:07:34
235	Arnold, George	Preston Harriers	v70	1:12:42