

**The Screes Fell Race - 24<sup>th</sup> October 2009**  
**from**  
**The Screes Inn, Nether Wasdale**

**R E S U L T S**

1.	Nick Fish - Borrowdale	43.28	22. V	Dave Atkinson - U/A	58.09
2. V	Chris Knowles - CFR	47.17	23.SV	Barry Hodgson - Ellenborough	58.52
3. V	Gary Thorpe - Ambleside	47.53	24. L	Julia Fish - Borrowdale	59.42
4. V	Brian Taylor - Ellenborough	48.06	25.SV	Michael Jewell - Black Combe	60.10
5.	Darren Block - CFR	48.14	26.SV	David Parminter - Black Combe	60.29
6.	Ian Davies - Keswick	48.17	27.	Peter Kay - Black Combe	60.59
7.	Simon Ford - Astley & Tyld.	48.23	28.SV	John Taylor - Bowland	61.34
8.SV	Jackie Winn - Ellenborough	48.30	29.SV	Philip Hawley - CFR	63.34
9.	Toby Cushion - Keswick	48.37	30.V	Nick Howard - Todmorden	64.10
10.	Nick Ray - Ellenborough	48.51	31. L	Janet Trevaskis - Cumberland	64.36
11. V	Colin Valentine - Keswick	50.54	32. V	Neil Cockbain - Cumberland	64.38
12.V	David Atkinson - CFR	52.14	33.	Stephen Baker - Helm Hill	65.57
13.	Hugh O'Donnell - Ambleside	52.28	34.SV	Tony Steward - Calder Valley	66.02
14.	Marcel Ellison - Rossendale	52.40	35.SV	Andy Fletcher - CFR	66.34
15.	Glenn Ainsworth - Ambleside	52.41	36.SV	Kevin Ainsworth - U/A	69.07
16.SV	Ian Ellmore - Scarborough	53.26	37.	Tom Southward - Hoad Hill	70.04
17.SV	Andrew Reid - Ellenborough	55.12	38. L	Barbara Haywood - CFR	73.38
18. V	Larry Abel - CFR	56.02	39. L	Lindsay Buck - CFR	77.05
19. L	Kate Cooker - CFR	56.28	40.	Mark Sammon - Horwich	77.14
20.	Ed Brown - U/A	57.43	41.SV	John Bright - U/A	88.32
21.	Chris Green - U/A	57.58		Retired: Christine Segnatelli - Darwen	

The Screes Race this year was not in the FRA Calendar, and the weather forecast was dreadful, so we were pleasantly surprised when 42 runners turned out on the day. The rain held off until after the start of the race but came down heavily on the return. This years race was won by Nick Fish (Borrowdale) and the first lady home was Kate Cooper (CFR), who had run over the fell from Eskdale to start the race! Ricky Lightfoot (Ellenborough), the winner of The Screes Race for the past few years, and the record holder, was running in the Mount Kinabalo Race in Borneo this weekend. Ellenborough, however, still managed to win the team prize, with CFR in second position.

Thanks to Nick and Karen Speed-Andrews (The Screes Inn) for providing the venue, the Tatle Pot and the prizes. Thanks to Jos Naylor for starting the race and presenting the prizes, including a copy of his biography "Joss" to the first lady.

The race was organised by the Hughes family and friends in memory of Danny Hughes who died earlier this year. Danny had organised the Screes and Middle Fell races for the past ten years.

**2010 Fell Races: Middle Fell - Saturday 20<sup>th</sup> March; The Screes - Saturday 23<sup>rd</sup> October**

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