

**21ST APRIL 2009****BUNNY RUN THREE – Time and tide waits for no man, unless you're Ian! 3MILE/300FT**

Ian Holmes' first ever Bunny win came way back in 1994, when this years FU14 winner Bo Haywood hadn't even been born, and neither had probably a good quarter of the field! In that year 1994 Ian won three races outright and of course the series, 15 years on and he has clinched this years series, with two wins and a 4th, the saying is time and tide waits for no man, unless of course your name is Ian Holmes. The Bunny Governor as Ian is known eased to his 27<sup>th</sup> Bunny win, and fifth series win, but he didn't have things all his own way as Cumbrian international Tom Addison, the recent winner of the prestigious Pendle Hill race held his nerve to take the Egg Stage prize. Tom could literally hear Ian breathing down his neck as he won in 3-25 ahead of the 270 strong field on the sunny evening. 'The Egg Stage win would have been a bonus, but Tom was so determined and kicked just at the right time. If I'd have kicked with him I'd have been in so much oxygen debt for the rest of the race, I probably wouldn't have won,' said Ian. Tom eventually finished 5<sup>th</sup> a minute down on Ian's 15-10 winning time, second was Ilkley's Tom Adams, breaking the 16 minute barrier for the first time, while Graham Pearce finished third in 15-42. Bingley Harriers once again won the team with Ian 1st, Tim Midgeley 6th and 47 year old John Convery 8th. 12 year old William Smith of Wharfedale finished 31<sup>st</sup> overall and bettered his BR1 time by 45 seconds to win the U14, but did have team mate Ben Johnstone for company most of the way. At the other end of the age scale, 77 year old Brian Leathley just managed to enter in time, but missed the start by one minute, we felt it only fair and proper to adjust his finishing time accordingly, after all he is our very own V70 record holder! 17 year old Blue Haywood won for the sixth time and the series for a third, and next year will be immortalised on the Bunny Beer label along with Ian. Blue recorded 17-31, an improvement of 18 seconds displaying a mature head on young shoulders, she also won the Egg Stage for a fourth time in the second fastest ever, 4 minutes dead, only a second shy of Mary Wilkinson's milestone 3-59. Second in 17-59 was 23 year old Emily Klee who overhauled Helen Glover on the final climb, Bunny regular Mel Hyder improved her own FU16 record to 18-19, an improvement of 16 seconds, while in 5<sup>th</sup> Sally Morley improved her own FV35 record by 21 seconds, close on all these girls heels was FU14 winner, 12 year old, Bo Haywood who recorded a time of 19-04. Normal Bunny madness resumed at the Old Sun Hotel, with a special presentation and thank you to Steph and Stuart Thompson who each week take time out to video the race, Stuart sets off with the camera and does a nifty hand over to Steph, which enabled him this week to finish 2<sup>nd</sup> V60. All this is done so you Bunny fiends can relive the race by watching yourselves on the tv sweating and straining round the course.

1	IAN HOLMES	V40	BINGLEY	15.10	IAN
2	TOM ADAMS		ILKLEY	15.27	103
3	GRAHAM PEARCE		P&B	15.42	94
4	MATTHEW LOCKYER		P&B	15.56	115
5	TOM ADDISON		HELM HILL	16.00	152
6	TIM MIDGELEY		BINGLEY	16.06	77
7	SAM TOSH		ROSSENDALE	16.10	147
8	JOHN CONVERY	V40	BINGLEY	16.12	140
9	STEPHEN BROADMENT		BINGLEY	16.16	158
10	JONNIE BRADSHAW		WHARFEDAILE	16.17	123
11	QUINTEN LEWIS		BAILDON	16.19	10
12	JORDAN BEARD		ROSSENDALE	16.20	62
13	MARTIN PEACE	V40	BINGLEY	16.26	192
14	JACK SMITH		WHARFEDAILE	16.27	203
15	ASHLEY KAY		ROSSENDALE	16.30	61
16	LEE MORLEY		ILKLEY	16.31	237
17	MARC SCOTT	U16	RICHMOND & ZET.	16.33	
18	BRUCE ELSWORTH		WHARFEDAILE	16.36	184
19	RORY ADDISON	U16	HELM HILL	16.40	
20	BEN CROWTHER		HALIFAX	16.43	23
21	JAMIE ROBINSON		BINGLEY	16.46	108
22	TOM SESSFORD		KLY & C	16.57	136
23	TOM HALTON	U16	HOLMFIRTH	16.59	
24	BEN MARRIOTT	U16	BINGLEY	17.08	
25	PAUL MITCHELL	V40	BINGLEY	17.13	111
26	SHAUN WILKINSON	V40	KLY & C	17.15	165
27	CHRIS NEEDHAM		LEEDS CITY	17.17	54
28	DAVID SHAW	V40	KLY & C	17.23	179
29	JOE CROSSFIELD	U16	HALIFAX	17.29	
30	BLUE HAYWOOD	F	LINCOLN WELL	17.31	BLUE

31	WILLIAM SMITH	U14	WHARFEDAILE	17.32	198
32	GARETH MOYLES		V. STRIDERS	17.34	189
33	BEN JOHNSTONE	U14	WHARFEDAILE	17.42	
34	JIM RYDER	V40	ILKLEY	17.43	264
35	GEORGE STEVENS		ILKLEY	17.44	172
36	MARTYN SPEIGHT	V40	WHARFEDAILE	17.49	27
37	STEPHEN FRY	V40	BINGLEY	17.50	247
38	JACK THROUP	U16	BINGLEY	17.51	
39	MARK KNOWLES		KLY & C	17.51	219
40	IAN ROWBOTHAM	V50	ILKLEY	17.53	19
41	DICK BALLANTINE	V40	KLY & C	17.54	79
42	JOS ADDISON		HELM HILL	17.55	151
43	SAM STELL		UA	17.58	257
44	EMILY KLEE	F	LEEDS CITY	17.59	116
45	ROBIN BRADBURY		UA	18.00	242
46	JOE STANSFIELD		TODMORDEN	18.01	171
47	JAMES HALL	U14	BINGLEY	18.03	
48	OLIVER FUTRELL	U16	HOLMFIRTH	18.07	
49	HELEN GLOVER	F	KLY & C	18.09	238
50	MARC SPRINGER	V50	HORSFORTH	18.16	254
51	MELANIE HYDER	FU16	HELM HILL	18.19 R	
52	CRAIG STANSFIELD	V40	TODMORDEN	18.21	9
53	VINCENT PROCTER		KLY & C	18.23	78
54	MATTHEW DYKES		KLY & C	18.30	182
55	HARRY DOWDELL	V50	NIDD VALLEY	18.32	51
56	SEAN MURPHY		ILKLEY	18.34	132
57	SVEN SHAW		UA	18.35	34
58	JIM SHENTON	V40	UA	18.43	229
59	SEAN THOMPSON	V40	KLY & C	18.45	216
60	ROBBIE SWIFT		SKIPTON	18.48	89

61	NENG WILDMAN	U14	PENDLE	18.5	
62	PAUL BURNETT		TODMORDEN	18.52	39
63	ANDREW BRETT	V40	KLY & C	18.56	74
<b>64</b>	<b>SALLY MORLEY</b>	<b>FV35</b>	<b>ILKLEY</b>	<b>18.57 R</b>	<b>236</b>
65	ALEX SPEIGHT	U14	WHARFEDAILE	18.59	
66	JOHN WOOD		LEEDS CITY	19.00	63
67	DECLAN BULMER	U14	PENDLE	19.01	
68	OWEN WHELAN	U16	BINGLEY	19.03	
<b>69</b>	<b>BO HAYWOOD</b>	<b>FU14</b>	<b>LINCOLN WELL</b>	<b>19.04</b>	
70	MARTIN ROBERTS	V50	TODMORDEN	19.05	176
71	GRAHAM BIRD	V40	LEEDS BRAD TRI	19.07	161
72	PHIL DONE	U14	KLY & C	19.08	
73	JOHN EGAN		BINGLEY	19.09	252
74	SAM CONVERY	U14	BINGLEY	19.10	
75	KEVIN WHITE	V40	WHARFEDAILE	19.13	42
76	NEIL ALDERMAN	V40	TRAWDEN	19.20	57
77	NIGEL CROSSFIELD		HALIFAX	19.26	15
78	PHIL MASON	V40	UA	19.35	85
79	DAN TAYLOR		TODMORDEN	19.36	170
80	OLLIE WATSON	U14	LEEDS CARNEGIE	19.39	
81	HOLLY WILLIAMS	F	KLY & C	19.40	206
82	NATHAN MARTIN		FRA	19.42	52
83	NEIL HINDLE	V50	UA	19.43	97
84	LLOYD DAVIES	U14	WHARFEDAILE	19.47	
85	PETER GALLAGHER		BAILDON	19.48	73
86	TAMARA HIRD	F	WHARFEDAILE	19.51	11
<b>87</b>	<b>GILL MYERS</b>	<b>FV40</b>	<b>FRA</b>	<b>19.56</b>	<b>175</b>
88	JAMES RILEY		TODMORDEN	20.00	96
89	NEVILLE WHITTINGHAM	V40	KLY & C	20.03	205
90	ADAM DYKES		UA	20.04	183
91	DAVE COLLINS	V50	TODMORDEN	20.07	196
92	ROSIE HELLAWELL	FU16	KLY & C	20.08	
93	LUCY GRIFFITHS	F	HOLMFIRTH	20.13	53
94	CHARLIE LOWRIE	U14	WHARFEDAILE	20.15	
95	KEITH BINNS	V40	UA	20.18	239
96	CHRIS JONES	V40	SPEN	20.18	36
97	MARK WESTMAN	V50	BINGLEY	20.21	104
98	BOBBY ADAMSON		UA	20.23	82
99	PHIL HODGSON	V50	TODMORDEN	20.24	119
100	TIM DONE	V40	KLY & C	20.25	127
<b>101</b>	<b>DAVE TAIT</b>	<b>V60</b>	<b>DARK PEAK</b>	<b>20.27</b>	<b>126</b>
102	RUTH WHITEHEAD	FV35	BINGLEY	20.28	201
103	PAUL SMITHSON	V40	KLY & C	20.30	225
104	BRYAN PARKINSON	V50	BINGLEY	20.31	30
105	PIPPA BARRETT	FU14	KLY & C	20.33	
106	CAROL MORGAN	FV35	NIDD VALLEY	20.35	250
107	PAUL TAYLOR	V40	UA	20.36	255
108	PETER CLARKE	V50	BINGLEY	20.37	160
109	PETER WALKER	U16	CALDER	20.42	
110	SHAUN LENNON	V40	IDLE	20.43	113

111	ANDREW WOOD		BINGLEY	20.45	197
112	JAMES HOWGELL		BINGLEY	20.48	33
113	BOB WIGHTMAN	V50	ILKLEY	20.51	156
114	MARK LATHAM	V40	BINGLEY	20.54	164
115	CHARLES SMITH	U14	ILKLEY	20.57	
116	SIMON BOWENS	V40	BAILDON	20.59	227
117	STUART THOMPSON	V60	BINGLEY	21.02	149
118	ALEX BROWN	U16	SETTLE	21.04	
119	JOSH CRANE	U16	ILKLEY	21.07	
120	SCOTT BAISTOW	U16	WHARFEDAILE	21.09	
121	ROBBIE JOHNSTONE	U14	WHARFEDAILE	21.12	
122	GORDON WEIGHT	U14	BINGLEY	21.13	
123	PHIL ROUTH	V40	IDLE	21.14	114
124	DAVID SPENCER	V40	PENDLE	21.18	210
125	ALISON EAGLE	FV40	ILKLEY	21.19	231
126	DAVID LEWIS	V50	IDLE	21.20	243
127	BRADLEY CHAPMAN	U16	ILKLEY	21.22	
128	PAUL WHELAN	V40	BINGLEY	21.24	215
129	DAVID BROADBENT		UA	21.26	159
130	ROBERT WEBB		BINGLEY	21.27	21
131	PETER THOMPSON	V40	KLY & C	21.28	199
132	MELISSA BERRY	FU16	PENDLE	21.30	
133	ALISON ATHROLL	FV40	CLAYTON	21.37	107
134	SAM HAGGAR	U14	ILKLEY	21.38	
135	SHARON WILLIAMS	FV40	ABBEY	21.45	241
136	CATH WOLFENDEN	F	WHARFEDAILE	21.47	41
<b>137</b>	<b>VAL KERR</b>	<b>FV50</b>	<b>ILKLEY</b>	<b>21.49</b>	<b>112</b>
138	EMILY WILSON	FU16	PENDLE	21.49	
139	PAUL SESSFORD	V40	KLY & C	21.50	135
140	MICHAEL SHERRATT	U14	PENDLE	21.51	
141	HUGH FIRMAN	V50	UA	21.53	87
142	ELLIOT DOWLEY	U14	ILKLEY	22.00	
143	EMMA VANDER GUGHT	F	KLY & C	22.04	262
144	MARCUS SWIFT	U14	KLY & C	22.05	
145	ANNIE ROBERTS	FU16	KLY & C	22.06	
146	ROD FUTRELL	V60	HOLMFIRTH	22.07	65
147	ERIKA CARTER	FU16	KLY & C	22.08	
148	ANDREW ROPER	V40	UA	22.10	212
149	ANIA SROKA	FV40	KLY & C	22.12	16
150	BOB BAKER	V50	OTLEY	22.14	17
151	ROBERT THOMPSON	U14	KLY & C	22.16	
152	LUCY ALDERMAN	FU14	PENDLE	22.19	
153	JIM GODDARD	V40	BAILDON	22.20	261
154	ROBIN SLATER		UA	22.22	58
155	SEAN O'DRISCOLL		KLY & C	22.23	169
156	PHILIP THACKRAY	V60	UA	22.25	13
157	NICOLE NAREY	FU14	BINGLEY	22.27	
158	PHILLIP MOORHOUSE		UA	22.31	48
159	JAMES ROWE		UA	22.32	263
160	JANE HODGSON	FV40	SADDLEWORTH	22.33	18

161	RICHARD BRISCOE		BURNLEY	22.35	253
162	MATTHEW JONES	U14	SPEN	22.36	
163	STEPHEN BELL	U16	KLY & C	22.42	
164	MICK FORD	V50	BINGLEY	22.46	180
165	LINDA BOSTOCK	FV50	CLAYTON	22.48	88
166	BECKY WEIGHT	FV50	BINGLEY	22.51	218
167	DAVID COPPING	V40	UA	22.54	204
168	EMMA KICKS	F	NIDD VALLEY	22.56	251
169	SALLY MORLEY	V60	V. STRIDERS	22.57	3
170	SUE MORLEY	FV50	ILKLEY	23.02	7
171	CRAIG ALDERMAN	V40	UA	23.07	55
172	MARGARET JAGAN	FV50	UA	23.11	142
173	OLIVER SPENCER	U14	PENDLE	23.13	
174	EMMA OSENTON	F	TODMORDEN	23.15	118
175	FREYA JAGAN	F	UA	23.16	143
176	ARTHUR LENG	V60	KLY & C	23.17	109
177	ROGER HALL	V60	BINGLEY	23.21	28
178	HELEN HODGKINSON	FV35	TODMORDEN	23.22	8
179	RICHARD PIERSON	V50	UA	23.23	162
180	FAYE PINKER	F	AIRE	23.25	233
181	LOUISE ABDY	FV40	TODMORDEN	23.28	125
182	AMANDA NEWHAM	FV40	ILKLEY	23.28	102
183	GARETH BYRNE	V40	UA	23.29	214
184	CHARLOTTE COX	FU14	KLY & C	23.30	
185	EMILY WHITEHEAD	FV35	KLY & C	23.34	191
186	SOPHIE BROWN	FV35	ILKLEY	23.35	146
187	ROYCE CARTER		UA	23.41	157
188	STUART JOHNSTONE	V40	WHARFEDAILE	23.48	47
189	JOHN CRABTREE	V50	BAILDON	23.51	260
190	ZARA KNAPPY	FU14	KLY & C	24.01	
191	RHYS NORTH	V40	BINGLEY	24.03	188
192	MARTHA TAYLOR	F	AIRE	24.05	234
193	ROBERT HIRST	V50	CLAYTON	24.21	67
194	DIANE WHITEOAK	FV40	UA	24.27	248
195	ALISON FOWLER	F	CHORLEY	24.27	101
196	VAL DONE	FV40	KLY & C	24.34	128
197	STEVEN KENT		UA	24.43	245
198	SUE ROBERTS	FV40	TODMORDEN	24.49	178
199	CAMILLE ASKINS	FV40	KLY & C	24.52	213
200	SUE NAREY	FV40	BINGLEY	24.55	37
201	ZOE BAISTOW	FU14	WHARFEDAILE	24.56	
202	MARIE DEWHURST	FV40	CHORLEY	24.59	43
203	TONY HART	V40	ST. BEDES	25.00	266
204	ANDREW BIDDLE	V50	W. PENNINE	25.02	93
205	JAMES TUGGEY		UA	25.02	4
206	JANET CHAPLIN	FV40	CHORLEY	25.07	45
207	DONNA SIBERRY	F	UA	25.08	228
208	PETER GILHAM	V60	CHORLEY	25.16	122
209	HOLLY CARTER	FU14	KLY & C	25.18	
210	GEORGE HERBERT	U14	KLY & C	25.32	
211	<b>JAN ATKINS</b>	<b>FV60</b>	<b>CHORLEY</b>	<b>25.36</b>	<b>44</b>
212	MARTIN CUTHBERT		UA	25.47	223
213	KATE WALTER	FV40	BAILDON	25.51	258
214	SUZIE COATES	FV60	BAILDON	25.59	226
215	CAROLYN HARGREAVES	FV50	BAILDON	26.01	224
216	BEN FARRAR	U14	KLY & C	26.03	
217	CHRIS TORDOFF	V60	BINGLEY	26.04	106
218	LISA DAVENPORT	F	IDLE	26.08	240

219	EMILY THROUP	FU16	WHARFEDAILE	26.10	
220	HARRY SESSFORD	U14	KLY & C	26.10	
221	EMMA DOOKS	FV40	KLY & C	26.24	194
222	MANDY GOTH	FV40	TODMORDEN	26.29	120
223	JULIE NAREY	FV40	UA	26.29	235
224	JAYNE HART	FV50	ST. BEDES	26.44	265
225	WENDY BARRETT	FV40	KLY & C	26.47	155
226	FIONA MURPHY	FV40	HALIFAX	26.49	12
227	HANNAH GODDEN	FU16	UA	26.50	
228	RACHEL JOHNSTON	FV40	UA	26.53	256
229	MARK KERR	V50	ILKLEY	27.05	181
230	DEBBIE COX	FV40	KLY & C	27.32	138
231	LYDIA WARREN	F	UA	27.46	32
232	HELEN TAYLOR	F	KLY & C	27.48	267
233	RAJ MADHAS	V40	WHARFEDAILE	27.53	71
234	KEITH SHARKEY	V40	UA	27.56	84
235	LOGAN HARGREAVES-MADHAS	U14	ILKLEY	27.59	
236	SIMA GOLDSMITH	FV40	UA	28.07	145
237	JOHN BALDING		UA	28.11	246
238	CAREN CRABTREE	F	KLY & C	28.25	5
239	LISA McKEVITT	F	UA	28.33	173
240	ALISON BRITLAND	FV40	KLY & C	28.34	98
241	HELEN BRETT	FV40	KLY & C	28.37	75
242	ALAN SCHOLEY	V50	UA	28.46	221
243	TAMSIN STEPHENSON	F	ROTHWELL	29.08	208
244	GARY CAMPBELL	V40	ROTHWELL	29.09	207
245	CHELSEY HOLDER	FU14	KLY & C	29.10	
246	LILY DOOKS	FU14	KLY & C	29.11	
247	CHRISTINE LEATHLEY	FV60	CLAYTON	29.19	268
248	SAMANTHA KNOWLES	F	KLY & C	29.20	220
249	NEIL RUSSELL	V50	BAILDON	29.23	60
250	AMY FORD	F	UA	29.31	222
251	BILL HORNE	V60	UA	29.42	249
252	DIANE RUNDLE	FV40	UA	29.44	100
253	ANDREA MARSHALL	FV40	KLY & C	29.46	20
254	MELANIE TAYLOR	FV35	UA	29.54	40
255	JACK McGUIRE	V50	CLAYTON	29.58	133
256	MARK FIRTH		FRA	30.05	137
257	LYNDA HARGREAVES	FV40	WHARFEDAILE	30.41	72
258	ROSIE FARRAR	FU14	KLY & C	31.24	
259	SIMON FARRAR	V40	KLY & C	31.25	166
260	SHAKON HEEX	FV40	ECCLESHILL	32.33	121
261	VICTORIA WADSWORTH	F	KLY & C	33.12	202
262	KAREN BALLANTINE	FV35	KLY & C	33.14	80
263	JILL BELL	FV40	KLY & C	33.20	69
264	ANASTASIA LINCOLN	FV50	IDLE	33.53	185
265	<b>BRIAN LEATHLEY</b>	<b>V70</b>	<b>CLAYTON</b>	<b>35.44</b>	<b>269</b>
266	ROBERT ADAMSON	V50	BINGLEY	36.01	83
267	LESLEY HISLOP	FV40	BINGLEY	36.44	163
3 RETIREMENTS					

<b>MENS TEAM</b>	
<b>1</b>	<b>BINGLEY 1, 6, 8 = 15</b>
<b>LADIES TEAM</b>	
<b>1</b>	<b>KLY &amp; C 3, 7, 10 = 20</b>

EGG STAGE WINNERS				
M	TOM ADDISON	3.25	HELM HILL	2009
F	BLUE HAYWOOD	4.00	LINCOLN WELL.	2009

BUNNY RECORDS				
M	JORGE THOMAS	14.41	CARDIFF	2009
V40	IAN HOLMES	15.00	BINGLEY	2007
V50	ANDY NORMANDEALE	17.41	YORK ACORN	2009
V60	DAVE TAIT	20.02	DARK PEAK	2008
V70	BRIAN LEATHLEY	31.14	CLAYTON	2008
U16	MARC SCOTT	16-19	RICHMOND & ZET	2009
U14	MARC SCOTT	16-58	RICHMOND & ZET	2007
F	MARY WILKINSON	17-20	BINGLEY	2007
FV35	SALLY MORLEY	18.57	ILKLEY	2009
FV40	ALISON BENNETT	19-45	ILKLEY	2007
FV50	MARY GREEN	20.53	BINGLEY	2008
FV60	JAN ATKINS	24-52	CHORLEY	2007
FU16	MEL HYDER	18.19	HELM HILL	2009
FU14	MEL HYDER	18-35	DALLAM	2007

EGG STAGE RECORDS				
M	ANDI JONES	3.23	SALFORD	2009
	JACK THOMPSON	3.23	PENDLE	2009
F	MARY WILKINSON	3.59	BINGLEY	2007