

43 year old fell running legend and Bunny Governor Bingley Harrier Ian Holmes incredibly won his 26th Bunny Run beating 3 times winner Keighley & Craven's Willy Smith in an enthralling battle with 249 runners taking on the challenge of the 3 mile route. But first Pendle AC's numero uno athlete Jack Thompson set his sights on the Egg Stage, and not only convincingly won it but equaled the course record of 3-23 set by Andi Jones last week. On the dry but overcast evening Ian and Willy were locked together, shoulder to shoulder even at this early point with no quarter given as the training partners battled for supremacy. As the route roller coasted out of Penistone Hill Quarry, Willy had the edge but couldn't break the iron will of Holmsey who has won races like the Ben Nevis, 3 Peaks, Bens of Jura, Mount Snowdon and Scafell Pike on several occasions. It was only in the last 400 metres which involves a swift descent and climb that Ian opened the winning margin, 'I couldn't have Willy beat me, not again after the Bradford 10K, and especially not on a fell course', said a triumphant Ian. 'I tried my hardest, and really wanted it, but Ian just timed it perfectly, getting away on the descent, on the climb I tried to push, but was just treading water, my legs had gone. You can't help but like Ian, but if I hear "you're only as good as your last race" again I won't be responsible for my actions!' said Sport Camps director Willy. This quote came about when Ian was asked by a youngster at Keighley and Cravens recent presentation evening, who is the best between you and Willy, to which Ian had replied, "you're only as good as your last race". With Haworth international Andy Peace 3rd and twin brother Martin 7th along with Holmsey, Bingley Harriers won the team chocolate. Richmond and Zetland athlete Marc Scott who already holds the U14 record at 16-58 set 2 years ago added the U16's record taking an impressive 31 seconds off Thomas Sessford's old time, Ross Inglis the second U16 also was inside the old mark with 16-26 both these finishing 6th and 9th overall respectively. Junior England international Blue Haywood won the ladies race for the 5th time and improved last weeks time by 14 seconds, and won the Egg Stage again, this time only 2 seconds outside Mary Wilkinson's 3-59 record, Blue's sister, Bo, the Notts. X Country champion won the FU14 for the second week. Former junior England international Helen Glover finished 2nd again, but did improve her time by 34 seconds, and had Blue in her sights all the way. Katie Walshaw finished 3rd again, and Mel Hyder finished first FU16 in 4th while in 5th was last years BR4 winner Emma Spencer. Keighley and Craven ladies with Helen 2nd, Holly Williams 9th and Rosie Hellawell 12th won the team chocolate eggs for the second week. What's the attraction? - is it the easy, fast and flattish 3 mile route, that sons and daughters can beat mums and dads, for juniors to see how many seniors they can beat, or the other way round, for the spectator participation, the vast mountain of chocolate on the prize table, or having chocolate raining down on you which is the finale to each weeks Bunny, goodness knows, but it works!

1	IAN HOLMES	V40	BINGLEY	15.02	11
2	WILLY SMITH		KLY & C	15.14	WILL
3	ANDY PEACE	V40	BINGLEY	15.18	123
4	MATTHEW LOCKYER		P&B	16.08	73
5	TOM ADAMS		ILKLEY	16.16	200
6	MARC SCOTT	U16	RICH & ZET	16.19 R	
7	MARTIN PEACE	V40	BINGLEY	16.24	124
8	JOHN CONVERY	V40	BINGLEY	16.25	56
9	ROSS INGLIS	U16	PENDLE	16.26	
10	JAMES MOUNTAIN		SKIPTON	16.34	74
11	TOM SESSFORD		KLY & C	16.38	95
12	BRUCE ELSWORTH		WHARFEDAILE	16.40	114
13	JACK SMITH		WHARFEDAILE	16.41	224
14	LEE PASSCO		BLACKBURN	16.43	90
15	JONNIE BRADSHAW		WHARFEDAILE	16.52	135
16	JOHN SUTTON		BLACKBURN	16.56	108
17	GRAHAM MOFFATT	V40	DARK PEAK	17.03	103
18	NEIL ARMITAGE		P&B	17.05	12
19	PETER HAWORTH		BANGOR UNI.	17.05	68
20	JACK THOMPSON		PENDLE	17.14	250
21	JOE CROSSFIELD	U16	HALIFAX	17.31	
22	DAVID SHAW	V40	KLY & C	17.33	150
23	NICK BARBER		TODMORDEN	17.37	71
24	ALEX SINCLAIR		SKIPTON	17.39	158
25	DAVID WALKER		CLAYTON	17.41	118
26	PAUL CRABTREE	V40	KLY & C	17.42	96
27	DAVID WILBY		ILKLEY	17.44	110
28	JIM RYDER	V40	ILKLEY	17.44	129
29	BLUE HAYWOOD	F	LINCOLN WELL	17.49	BLUE
30	JAMES HALL	U14	BINGLEY	17.50	

31	IAN ROWBOTHAM	V50	ILKLEY	17.51	19
32	DANIEL EVANS		PENDLE	18.00	251
33	HELEN GLOVER	F	KLY & C	18.02	256
34	ROBIN BRADBURY		UA	18.08	172
35	ROB THACKRAY		LBT	18.11	59
36	BEN MARRIOTT	U16	BINGLEY	18.16	
37	MATTY BARNES	V40	UA	18.18	116
38	BEN JOHNSTONE	U14	WHARFEDAILE	18.19	
39	MARK KNOWLES		KLY & C	18.21	120
40	JOE STANSFIELD		TODMORDEN	18.33	206
41	KATIE WALSHAW	F	HOLMFIRTH	18.34	31
42	STEVE WATKINS		BAILDON	18.35	163
43	DAVID BLACK	V40	CLAYTON	18.39	7
44	MARC SPRINGER	V50	HORSFORTH	18.41	104
45	SEAN THOMPSON	V40	KLY & C	18.42	84
46	SEAN MURPHY		ILKLEY	18.44	93
47	MARK HUTCHISON	V40	LEEDS BRAD TRI	18.48	33
48	MELANIE HYDER	FU16	HELM HILL	18.49	
49	MARTIN ROBERTS	V50	TODMORDEN	18.54	46
50	HAYDN KEITH		UA	18.55	222
51	SVEN SHAW		UA	19.00	245
52	STEPHEN BROCK		KLY & C	19.03	216
53	DECLAN BULMER	U14	PENDLE	19.10	
54	EMMA SPENCER	FU16	PENDLE	19.15	
55	JOHN EGAN		BINGLEY	19.18	177
56	DICK BALLANTINE	V40	KLY & C	19.22	112
57	OWEN WHELAN	U16	BINGLEY	19.22	
58	KEITH BINNS	V40	FELL PONIES	19.23	213
59	ALEX SPEIGHT	U14	WHARFEDAILE	19.24	
60	TAMARA HIRD	F	WHARFEDAILE	19.25	70

61	NATHAN MARTIN		FRA	19.27	58
62	JOHN WOOD		LEEDS CITY	19.29	83
63	PHILIP MASON	V40	UA	19.35	18
64	WILLIAM SMITH	U14	WHARFEDAILE	19.36	
65	PHIL DONE	U14	KLY & C	19.4	
66	HOLLY PAGE	F	HALIFAX	19.44	182
67	NEIL SMITH	V40	ILKLEY	19.45	60
68	SAM CONVERY	U14	BINGLEY	19.46	
69	JONNIE BUTLER	V50	KLY & C	19.51	191
70	BO HAYWOOD	FU14	LINCOLN WELL	19.55	
71	NEIL CROSSFIELD	V40	HALIFAX	19.58	15
72	HOLLY WILLIAMS	F	KLY & C	19.59	98
73	CHRIS JONES	V40	SPEN	19.59	78
74	JAMES CONSTANTINE		UA	20.02	249
75	LUCY GRIFFITHS	F	HOLMFIRTH	20.09	55
76	JOSH CRANE	U16	ILKLEY	20.12	
77	RUTH WHITEHEAD	FV35	BINGLEY	20.16	215
78	ROSIE HELLAWELL	FU16	KLY & C	20.20	
79	SHAUN LENNON	V40	IDLE	20.22	174
80	JAMES RILEY		TODMORDEN	20.25	72
81	ALEX BROWN	U16	UA	20.27	
82	LEE NAYLOR		STAINLAND	20.28	37
83	KELLY HARRISON	F	ILKLEY	20.29	32
84	STEVE MOSS	V60	SPEN	20.31	115
85	MATTHEW JONES	U14	SPEN	20.35	
86	LUKE RONSON		PENDLE	20.38	253
87	TIM DONE	V40	KLY & C	20.39	140
88	SAM RICHARDS		PENDLE	20.40	43
89	PAUL TAYLOR	V40	UA	20.41	219
90	PHIL HODGSON	V50	TODMORDEN	20.43	202
91	PETER CLARKE	V50	BINGLEY	20.45	38
92	DAVE TAIT	V60	DARK PEAK	20.46	6
93	BEN SWINTON	U14	ILKLEY	20.47	
94	RICHARD HENDERSON	V40	UA	20.48	258
95	GORDON WEIGHT	U14	BINGLEY	20.49	
96	JADE LORD	FU16	PENDLE	20.49	
97	CHARLIE LOWRIE	U14	WHARFEDAILE	20.52	
98	CHARLIE MARSHALL	V50	KLY & C	20.53	207
99	ALISON EAGLE	FV40	ILKLEY	20.54	152
100	GILL MYERS	FV40	FRA	20.56	159
101	DAVID DRUMMOND	V40	BANBURY	20.58	109
102	ADAM SWINTON	U14	ILKLEY	21.01	
103	BOBBY ADAMSON		UA	21.02	54
104	DAVID SPENCER	V40	PENDLE	21.02	42
105	JOHN METCALF	V40	TODMORDEN	21.03	134
106	JOE MARSHALL		KLY & C	21.04	208
107	BRADLEY CHAPMAN	U16	ILKLEY	21.05	
108	PAUL WILSON	V40	BINGLEY	21.06	262
109	AARON PUTHE	U14	UA	21.08	
110	STUART THOMPSON	V60	BINGLEY	21.09	241

111	ADRIAN DIXON	V60	FRA	21.11	67
112	DAVID SWINTON	V50	UA	21.13	50
113	HOLLY CRABTREE	FU16	PENDLE	21.16	
114	DAVE CUMMINGS	V40	ILKLEY	21.18	169
115	LUCY ALDERMAN	FU14	PENDLE	21.22	
116	DAN TAYLOR		TODMORDEN	21.24	176
117	JACK CUMMINGS	U14	ILKLEY	21.27	
118	NEIL REED	V40	UA	21.29	198
119	MALCOLM COLES	V60	V. STRIDERS	21.31	13
120	DAVID LEWIS	V50	IDLE	21.34	192
121	HARRY ATKINSON	V50	BINGLEY	21.40	199
122	EMILY WILSON	FU16	PENDLE	21.44	
123	TARA BLEASDALE	F	CHORLEY	21.49	99
124	PETER JAGAN	V50	BINGLEY	21.57	148
125	SARAH WARBURTON	FV35	TODMORDEN	22.00	203
126	PHIL ROUTH	V40	IDLE	22.04	173
127	ANNIE ROBERTS	FU16	KLY & C	22.06	
128	ASA KITCHINER		UA	22.07	69
129	VAL KERR	FV50	ILKLEY	22.11	183
130	JIM TOWERS	V50	ILKLEY	22.13	122
131	MELISSA BERRY	FU16	PENDLE	22.15	
132	ELLIOT DOWLEY	U14	ILKLEY	22.16	
133	ANIA SROKA	FV40	KLY & C	22.17	16
134	PHILIP THACKRAY	V60	UA	22.17	61
135	TIM WRAGG	V40	SPEN	22.18	81
136	ALICE GARNETT	FU14	PENDLE	22.22	
137	PAUL WILSON	V50	PENDLE	22.26	165
138	ROBBIE JOHNSTONE	U14	WHARFEDAILE	22.31	
139	ALISON ATHROLL	FV40	CLAYTON	22.34	160
140	SCOTT BAISTOW	U16	WHARFEDAILE	22.39	
141	ANDREW ROPER	V40	UA	22.41	105
142	CHLOE RYAN	F	LEEDS CITY	22.43	82
143	SEAN O'DRISCOLL		KLY & C	22.44	39
144	ANDREW PRYSTAWSKY		UA	22.48	244
145	NICOLE NAREY	FU14	BINGLEY	22.53	
146	SIMON THROUP	V40	WHARFEDAILE	22.58	139
147	JANET WRIGHT	FV40	AIRE VALLEY	23.01	248
148	JIM GODDARD	V40	BAILDON	23.02	197
149	REBECCA MARSHALL	FV40	KLY & C	23.03	25
150	MARTYN HODGSON	V40	SADDLEWORTH	23.05	86
151	DAWN RICHARDS	FV40	CLAYTON	23.06	157
152	JANE HODGSON	FV40	SADDLEWORTH	23.08	89
153	MARCUS SWIFT	U14	KLY & C	23.09	
154	LINDA BOSTOCK	FV50	CLAYTON	23.12	22
155	DAVID COPPING	V40	UA	23.16	28
156	MARGARET JAGAN	FV50	UA	23.20	147
157	SUE MORLEY	FV50	ILKLEY	23.22	4
158	NATALIE BROWN	FU14	BINGLEY	23.23	
159	VICTORIA WADSWORTH	F	KLY & C	23.26	209
160	ERIKA CARTER	FU16	KLY & C	23.28	

161	MICHAEL SHERRATT	U14	UA	23.31	
162	JAMES ROWE		UA	23.34	221
163	IAN LEWIS		KLY & C	23.37	156
164	GEORGIA MALIR	FU14	ILKLEY	23.38	
165	GARETH BYRNE	V40	UA	23.39	29
166	EMILY WHITEHEAD	FV35	KLY & C	23.43	243
167	CHARLIE MORGAN	V40	UA	23.45	9
168	WESLIE LOWRIE		WHARFEDAILE	23.46	79
169	FREYA JAGAN	F	UA	23.47	146
170	ZARA KNAPPY	FU14	KLY & C	23.48	
171	ARTHUR LENG	V60	KLY & C	23.50	51
172	STUART JOHNSTONE	V40	WHARFEDAILE	23.54	188
173	SOPHIE BROWN	FV35	ILKLEY	23.57	102
174	ERIC MORLEY	V50	ILKLEY	24.05	66
175	AMANDA NEWHAM	FV40	ILKLEY	24.08	34
176	JAMES TUGGEY		UA	24.14	17
177	ZOE BAISTOW	FU14	WHARFEDAILE	24.16	
178	RHYS NORTH	V40	BINGLEY	24.26	217
179	NEIL FAIRBURN	V40	BAILDON	24.28	53
180	IAN HARTMAN	V50	FRA	24.39	30
181	VAL DONE	FV40	KLY & C	24.46	141
182	BOB PAYNE	V60	ILKLEY	24.50	107
183	SUE ROBERTS	FV40	TODMORDEN	24.52	47
184	EMILY THROUP	FU16	WHARFEDAILE	24.53	
185	TONY HART	V40	ST. BEDES	24.54	211
186	CHARLOTTE COX	FU14	KLY & C	24.55	
187	ALISON FOWLER	F	CHORLEY	25.01	23
188	JACKIE CARTER	FV40	SPEN	25.03	2
189	PETER EHRHARDT	V60	TODMORDEN	25.17	21
190	JANET CHAPLIN	FV40	CHORLEY	25.22	24
191	GRACE MALIR	FU14	ILKLEY	25.24	
192	CHRIS TORDOFF	V60	BINGLEY	25.25	194
193	CAMILLE ASKINS	FV40	KLY & C	25.26	126
194	MARIE DEWHIRST	FV40	CHORLEY	25.28	145
195	HARRY SESSFORD	U14	KLY & C	25.38	
196	KATE WALTER	FV40	BAILDON	25.43	171
197	JAN ATKINS	FV60	CHORLEY	25.45	106
198	VINCENT WEIGHT	U14	BINGLEY	25.54	
199	BECKY WEIGHT	FV50	BINGLEY	25.56	214
200	SUE NAREY	FV40	BINGLEY	25.57	136
201	CAROLYN HARGREAVES	FV50	BAILDON	26.18	244
202	DAVID WILSON	U16	PENDLE	26.19	
203	LISA DAVENPORT	F	IDLE	26.29	252
204	LOGAN HARGREAVES-MADHAS	U14	ILKLEY	26.31	
205	SUZIE COATES	FV60	BAILDON	26.33	247
206	RAJ MADHAS	V40	WHARFEDAILE	26.35	63
207	JANE ROWBOTHAM	FV50	HARROGATE	26.37	20
208	MANDY GOTH	FV40	TODMORDEN	26.40	201
209	STEPHEN BELL	U16	KLY & C	26.48	
210	KARIN GOSS	FV60	CLAYTON	26.50	76
211	HOLLY CARTER	FU14	KLY & C	26.55	
212	CHELSEY HOLDER	FU14	KLY & C	26.58	
213	MARTIN CUTHBERT		UA	26.59	161
214	GEORGE HERBERT	U14	KLY & C	27.02	
215	SUE EXON	FV50	TRAFFORD	27.07	91
216	LINDA CAREY	FV50	BAILDON	27.15	117
217	CLIVE BOOTHMAN	V60	BAILDON	27.16	254
218	MARK KERR	V50	ILKLEY	27.25	184

219	CAREN CRABTREE	F	KLY & C	27.33	97
220	HILARY ANDREWS	FV40	UA	27.43	35
221	JAYNE HART	FV50	ST. BEDES	27.44	212
222	DEBBIE COX	FV40	KLY & C	27.55	128
223	HOLLY ROBERTS	FU14	UA	28.02	
224	PAUL BURNETT		TODMORDEN	28.03	26
225	JIM ANDREWS	V40	UA	28.13	36
226	CLAIRE MACINA	FV35	ILKLEY	28.31	261
227	LIZ BOOTHMAN	FV50	BAILDON	28.49	255
228	HANNAH KUTNY	FU16	KLY & C	28.52	
229	JOE KUTNY	V40	KLY & C	28.53	154
230	DAVID DICKSON	V60	ROSSENDALE	29.05	8
231	BILL HORNE	V60	UA	29.09	178
232	STEVE BERESFORD	V60	SADDLEWORTH	29.20	92
233	CHRISTINE ROBINSON	FV50	UA	29.26	125
234	KIRSTEN AIRLIE	F	UA	29.40	220
235	LISA McKEVITT	F	UA	29.45	210
236	NEIL RUSSELL	V50	BAILDON	29.53	167
237	PATSY HALL	FV50	BINGLEY	29.55	88
238	TAMSIN STEPHENSON	F	ROTHWELL	30.07	204
239	GARY CAMPBELL	V40	ROTHWELL	30.08	205
240	SAMANTHA KNOWLES	F	KLY & C	30.29	181
241	LINDA HARGREAVES	FV40	WHARFEDAILE	30.49	64
242	ALAN SCHOLEY	V50	UA	31.03	113
243	HELEN BRETT	FV40	KLY & C	31.06	111
244	HENRY CARTER	U14	SPEN	31.22	
245	RACHEL BARLOW	F	UA	33.43	260
246	JILL BELL	FV40	KLY & C	34.19	132
247	ANASTASIA LINCOLN	FV50	IDLE	38.16	193
248	JACKIE BARLOW	FV40	UA	40.57	259
1 RETIREMENT					

MENS TEAM	
1	BINGLEY 1, 3, 7 = 11
LADIES TEAM	
1	KLY & C 2, 9, 12 = 23

EGG STAGE WINNERS				
M	JACK THOMPSON	3.23	PENDLE	2009
F	BLUE HAYWOOD	4.01	LINCOLN WELL.	2009

BUNNY RECORDS				
M	JORGE THOMAS	14.41	CARDIFF	2009
V40	IAN HOLMES	15-00	BINGLEY	2007
V50	ANDY NORMANDEALE	17.41	YORK ACORN	2009
V60	DAVE TAIT	20.02	DARK PEAK	2008
V70	BRIAN LEATHLEY	31.14	CLAYTON	2008
U16	MARC SCOTT	16-19	RICHMOND & ZET	2009
U14	MARC SCOTT	16-58	RICHMOND & ZET	2007
F	MARY WILKINSON	17-20	BINGLEY	2007
FV35	SALLY MORLEY	19.18	ILKLEY	2009
FV40	ALISON BENNETT	19-45	ILKLEY	2007
FV50	MARY GREEN	20.53	BINGLEY	2008
FV60	JAN ATKINS	24-52	CHORLEY	2007
FU16	MEL HYDER	18-35	DALLAM	2007
FU14	MEL HYDER	18-35	DALLAM	2007

EGG STAGE RECORDS				
M	ANDI JONES	3.23	SALFORD	2009
	JACK THOMPSON	3.23	PENDLE	2009
F	MARY WILKINSON	3.59	BINGLEY	2007