

What a surprise package Bunny One had for us all, not only was it a record field of 286, which included 113 ladies, it was a perfect sunny evening and a Welsh Wizard won to boot! 26 year old Jorge Thomas who lives only 400 yards from the race, had the magic formula to claim the honour of taking home the perpetual cuddly bunny rabbit trophy, with an outstanding run which also set a new course record of 14.41. Welsh international Jorge who runs for Cardiff AC is the current Yorkshire Cross Country Champion, and has twice previous won the Welsh X-C Championship, but the Bunnies aren't totally new because in 2005 at BR3 he finished 2nd to Rob Jebb, and he did win the Bunny Egg Stage prize then. It was last years winner, Andi Jones who set a sizzling pace from the off, and claimed the Egg Stage prize in a new record of 3-23, which took a second off Mark Buckingham's time. Olympian Alistair Brownlee and Tom Sessford followed this boiling pace until they cracked, while Jorge was back with 25 times winner Ian Holmes. Andi was caught by Jorge in Penistone Hill Quarry, then it was neck and neck all the way back until the final climb before the drop into Dimple Lane Quarry. 'Andi made me work pretty hard on the descents and it was very fast. I'm strong on the hills, and kicked just off the top of the last climb. I have a real sweetie tooth and so does my girlfriend Amy, so all the chocolate prizes won't go to waste and we'll certainly enjoy them. My other passion is food, I would love to have been a chef, so the next best thing is running my own business called Swaledale Foods. This summer I hope to revise my pb's, especially my 1500m 3-45 and 14-40 5K times now having Ian Mitchell coach me' said the Welsh Wizard Jorge. Alistair Brownlee who during the Bunny series will be celebrating his 21st birthday finished 3rd, **will he ever win one?** Whilst Ian Holmes won the veteran Bunny trophy for the 6th time in 4th. In the ladies Blue Haywood returned after winning the Auld Lang Syne to win her 4th Bunny Run having previously won at BR4 2004 and 2005 BR1 and BR4, Blue also won the Egg Stage for the 2nd time in 4-04, but do remember the ladies Egg Stage only started in 2006, otherwise we're sure this little dynamo would have won more. Blue isn't the only Haywood dynamo, younger sister Bo took the FU14 honours in 6th overall. Second lady overall was recent Bradford 10K and Keighley 10K winner Helen Glover, who had the edge over Katie Walshaw and FU16 winner Mel Hyder who finished 3rd and 4th respectively. Ilkley Harrier Sally Morley in 5th set a new FV35 record of 19-18 taking 27 seconds off team mate Alison Bennett's 2007 record. The only other record on the night was by Andy Normandale of the York Acorn club who took a mere 2 seconds off his own 2007 record. One remarkable achievement was how 12 year old Haran Dunderdale picked himself up off the grass after stumbling at the start, and somehow worked his way through the 286 runners to win the U14 age group, and more impressively finish 32nd overall, only just behind Lincoln Wellington team mate Blue Haywood, but more importantly ahead of dad Andy who was 34th and 4 seconds behind. This showed great strength of character from one so young, the majority of us would have just either pulled out or jogged round. The Old Sun Hotel was again packed to the rafters with eager wide eyed happy Bunny Runners all waiting in anticipation of a magical chocolate frenzy prize giving, they weren't disappointed. This years new addition in the chocolate throw out is everyone's favourite – **poping candy, for your mum's and dad's that would be Space Dust.**

1	JORGE THOMAS		CARDIFF	14.41 R	33
2	ANDI JONES		SALFORD	14.48	ANDI
3	ALISTAIR BROWNLEE		BINGLEY	15.10	196
4	IAN HOLMES	V40	BINGLEY	15.12	190
5	ADAM OSBORNE		LEEDS CITY	15.29	56
6	WILLY SMITH		KLY & C	15.41	WILL
7	TOM ADDISON		HELM HILL	15.47	120
8	TIM MIDGELEY		BINGLEY	16.18	4
9	STEVE WORTHINGTON		LANCS & MORE	16.24	151
10	BEN PAGE		UA	16.38	37
11	JONNIE BRADSHAW		WHARFEDALE	16.43	208
12	JACK SMITH		WHARFEDALE	16.48	177
13	BEN CROWTHER		HALIFAX	16.49	103
14	JACK THOMPSON		PENDLE	16.54	10
15	LEE MORLEY		ILKLEY	16.59	60
16	PAUL THOMPSON		CLAYTON	17.04	199
17	QUINTEN LEWIS		BAILDON	17.08	23
18	LEE PASSCO		BLACKBURN	17.09	91
19	ROSS INGLIS	U16	PENDLE	17.13	
20	JOHN CONVERY	V40	BINGLEY	17.14	140
21	MARC SCOTT	U16	RICH & ZET	17.22	
22	BEN STEVENS		ILKLEY	17.35	179
23	SHAUN WILKINSON	V40	KLY & C	17.38	261
24	ANDY NORMANDEALE	V50	YORK ACORN	17.41 R	13
25	OLIVER FUTRELL	U16	HOLMFIRTH	17.44	
26	PAUL CRABTREE	V40	KLY & C	17.46	129
27	RORY ADDISON	U16	HELM HILL	17.51	
28	PAUL MITCHELL	V40	BINGLEY	17.55	221
29	NICK BARBER		TODMORDEN	18.02	269
30	BLUE HAYWOOD	F	LINCOLN WELL	18.03	160

31	GED WALSH	V40	ROSSENDALE	18.06	122
32	HARAN DUNDERDALE	U14	LINCOLN WELL	18.08	
33	TOM HALTON	U16	HOLMFIRTH	18.10	
34	ANDY DUNDERDALE	V40	LINCOLN WELL	18.12	163
35	WILLIAM SMITH	U14	WHARFEDALE	18.17	
36	IAN ROWBOTHAM	V50	ILKLEY	18.18	17
37	DAVE WALKER		CLAYTON	18.21	162
38	ROBIN BRADBURY		UA	18.24	7
39	TOM SESSFORD		KLY & C	18.26	209
40	BRIAN GOODISON	V50	ABBAY	18.27	8
41	JAMES HALL	U14	BINGLEY	18.35	
42	HELEN GLOVER	F	KLY & C	18.36	80
43	MARC SPRINGER	V50	HORSFORTH	18.40	155
44	STEVE LARGE	V40	HORSFORTH	18.43	34
45	KATIE WALSHAW	F	HOLMFIRTH	18.44	48
46	SAM RICHARDS		PENDLE	18.47	62
47	MARK ILEY	V40	ILKLEY	18.53	276
48	MELANIE HYDER	FU16	HELM HILL	18.53	
49	BEN JOHNSTONE	U14	WHARFEDALE	19.01	
50	DAVID EVANS		PENDLE	19.03	115
51	JOSEPH CROSSFIELD	U16	HALIFAX	19.06	
52	ROB THACKRAY		LBT	19.09	113
53	JIM SHENTON	V40	UA	19.12	114
54	NICHOLAS CHARLESWORTH	V40	UA	19.13	249
55	HAYDN KEITH		UA	19.13	81
56	DICK BALLANTINE	V40	KLY & C	19.14	197
57	MARTIN ROBERTS	V50	TODMORDEN	19.16	170
58	SALLY MORLEY	FV35	ILKLEY	19.18 R	59
59	ANNA ANDERSON	F	PENDLE	19.21	206
60	SVEN SHAW		UA	19.22	118

61	BO HAYWOOD	FU14	LINCOLN WELL	19.23	
62	SEAN THOMPSON	V40	KLY & C	19.25	96
63	DANNY WALSH	U14	ROSSENDALE	19.31	
64	DUNCAN COOPER	V40	ILKLEY	19.32	258
65	DECLAN BULMER	U14	PENDLE	19.35	
66	EMMA SPENCER	FU16	PENDLE	19.38	
67	TIM TAYLOR	V40	ROTHWELL	19.40	54
68	GRAHAM BIRD	V40	AIRE VALLEY	19.45	77
69	ANDREW BRETT	V40	KLY & C	19.57	134
70	NATHAN MARTIN		FRA	20.00	46
71	IAN FERGUSON	V40	HAWORTH AC	20.05	260
72	DAVID BLACK	V40	CLAYTON	20.07	11
73	NEIL ALDERMAN	V40	TRAWDEN	20.08	148
74	JOHN ANDERSON	V50	PENDLE	20.09	47
75	SEAN MURPHY		ILKLEY	20.10	259
76	NEIL SMITH	V40	ILKLEY	20.13	225
77	NIGEL CROSSFIELD		HALIFAX	20.16	135
78	KEITH BINNS	V40	UA	20.20	243
79	CHARLIE LOWRIE	U14	WHARFEDAILE	20.23	
80	CHRIS JONES	V40	SPEN	20.24	95
81	DAN TAYLOR		TODMORDEN	20.27	222
82	SHAUN LENNON	V40	IDLE	20.35	90
83	SAM CONVERY	U14	BINGLEY	20.38	
84	KATH BRIERLEY	FV40	TODMORDEN	20.41	223
85	RICHARD REEVE	V50	ILKLEY	20.43	279
86	JAMES RILEY		TODMORDEN	20.47	139
87	ROSIE HELLAWELL	FU16	KLY & C	20.52	
88	RUTH WHITEHEAD	FV35	BINGLEY	20.55	245
89	LUCY GRIFFITHS	F	HOLMFIRTH	20.58	270
90	GILL MYERS	FV40	FRA	20.59	247
91	PHIL DONE	U14	KLY & C	21.00	
92	DAVE TAIT	V60	DARK PEAK	21.02	26
93	HENRY HEAVISIDES	V50	ILKLEY	21.03	50
94	JADE LORD	FU16	PENDLE	21.05	
95	OLLIE WATSON	U14	LEEDS CARNEGIE	21.12	
96	PIPPA BARRETT	FU14	KLY & C	21.16	
97	STUART THOMPSON	V60	BINGLEY	21.19	61
98	CAROL MORGAN	FV35	NIDD VALLEY	21.21	274
99	PETER CLARKE	V50	BINGLEY	21.21	198
100	NEVILLE WHITTINGHAM	V40	KLY & C	21.22	214
101	GRAHAM BREEZE	V60	SKYRAC	21.26	29
102	DAVE CUMMINGS	V40	ILKLEY	21.30	87
103	BEN SWINTON	U14	ILKLEY	21.32	
104	ADAM SWINTON	U14	ILKLEY	21.33	
105	KELLY HARRISON	F	ILKLEY	21.38	79
106	DAVID SWINTON	V50	UA	21.40	73
107	DIANE HAGGAR	FV40	ILKLEY	21.43	256
108	ELLIOT DOWLEY	U14	ILKLEY	21.46	
109	DAVID SPENCER	V40	PENDLE	21.48	212
110	MARK LATHAM	V40	BINGLEY	21.49	63

111	PHIL HODGSON	V50	TODMORDEN	21.50	239
112	DAVID LEWIS	V50	IDLE	21.51	112
113	DAVID TOLSON	V50	RED ROSE	21.51	6
114	MATTHEW JONES	U14	SPEN	21.53	
115	JOHN ARMITAGE		HYDRO BUNNIES	21.54	20
116	PETER THOMPSON	V40	KLY & C	21.56	149
117	HOLLY CRABTREE	FU16	PENDLE	22.01	
118	VICTORIA STEVENS	F	ILKLEY	22.02	178
119	ROD FUTRELL	V60	HOLMFIRTH	22.04	153
120	TIM DONE	V40	KLY & C	22.06	181
121	FIONA RABY	F	KLY & C	22.12	109
122	ALEC ROUT		UA	22.13	277
123	MORGAN EVANS	U14	MENAI T&F	22.13	
124	KEITH WOOD	V40	ILKLEY	22.14	167
125	TARA BLEASDALE	F	CHORLEY	22.16	16
126	BRADLEY CHAPMAN	U16	ILKLEY	22.16	
127	PHILIP ROBINSON	V40	NIDD VALLEY	22.17	204
128	PAUL TAYLOR	V40	UA	22.17	273
129	LUCY ALDERMAN	FU14	PENDLE	22.20	
130	PHILIP JONES	V50	BAILDON	22.26	42
131	ALICE GARNETT	FU14	PENDLE	22.28	
132	JACK CUMMINGS	U14	ILKLEY	22.30	
133	ANNIE ROBERTS	FU16	KLY & C	22.31	
134	BOB BAKER	V50	OTLEY	22.32	105
135	SAM HAGGAR	U14	ILKLEY	22.33	
136	OLIVER KEATING	U14	KLY & C	22.34	
137	RICHARD GRIFFITHS	V50	HOLMFIRTH	22.35	228
138	EMMA OSENTON	F	TODMORDEN	22.36	240
139	EMILY WATSON	FU16	PENDLE	22.40	
140	HELEN HORTON	FV40	ILKLEY	22.42	78
141	CHRISTINE PRESTON	FV40	TODMORDEN	22.42	22
142	MADELEINE WATSON	FV40	THAMES H&H	22.45	246
143	NICOLE NAREY	FU14	BINGLEY	22.48	
144	VAL KERR	FV50	ILKLEY	22.50	156
145	JIM TOWERS	V50	ILKLEY	22.52	184
146	ANIA SROKA	FV40	KLY & C	22.57	5
147	PAUL SESSFORD	V40	KLY & C	22.58	211
148	TOM NORTH	U14	UA	22.59	
149	SCOTT BAISTOW	U16	WHARFEDAILE	23.00	
150	MARK DAVID	V40	NIDD VALLEY	23.01	157
151	ANDREW ROPER	V40	UA	23.03	53
152	NIGEL TAPPER	V40	ILKLEY	23.07	58
153	MICK FORD	V50	BINGLEY	23.12	110
154	ROBERT THOMPSON	U14	KLY & C	23.13	
155	PHIL ROUTH	V40	IDLE	23.17	89
156	MICHAEL SHERRATT	U14	PENDLE	23.19	
157	WESLIE LOWRIE		WHARFEDAILE	23.20	38
158	GILLIAN GASKIN	FV35	HORSFORTH	23.23	55
159	SAM WOOD	U14	ILKLEY	23.25	
160	LIZ ENSOR	F	UA	23.26	267

161	DAVID ENSOR		UA	23.27	266
162	ANDREW KICKS		UA	23.30	159
163	ERIKA CARTER	FU16	KLY & C	23.33	
164	JOHN METCALF	V40	TODMORDEN	23.36	21
165	DAWN RICHARDS	FV40	CLAYTON	23.40	64
166	JANN SMITH	FV35	ILKLEY	23.42	84
167	TOM LARGE		UA	23.43	35
168	EMMA KICKS	F	NIDD VALLEY	23.48	158
169	PHILIP THACKRAY	V60	UA	23.49	127
170	SEAN O'DRISCOLL		KLY & C	23.52	215
171	JANET WRIGHT	FV40	AIRE VALLEY	23.55	229
172	FRANCESCA GATENBY	F	UA	24.02	280
173	RHYS NORTH	V40	BINGLEY	24.09	67
174	SHAUN BEGGS	V40	UA	24.10	271
175	JIM GODDARD	V40	BAILDON	24.12	254
176	DON BUFFHAM	V50	OTLEY	24.14	104
177	IAN LEWIS		KLY & C	24.16	30
178	SALLY CARNEY	FV40	UA	24.19	270
179	LINDA BOSTOCK	FV50	CLAYTON	24.20	43
180	SIMON SMITH		NIDD VALLEY	24.20	27
181	SUE MORLEY	FV50	ILKLEY	24.21	131
182	NEIL BARTON		ECCLESHILL	24.24	205
183	GARETH BYRNE	V40	UA	24.25	52
184	GRAEME FLITCROFT		UA	24.30	123
185	RICHARD PIERSON	V50	UA	24.31	88
186	MELISSA BERRY	FU16	PENDLE	24.35	
187	GEORGIA MALIR	FU14	ILKLEY	24.38	
188	SOPHIE BROWN	FV35	ILKLEY	24.40	168
189	STEPHEN BELL	U16	KLY & C	24.41	
190	LOGAN HARGREAVES-MADHAS	U14	ILKLEY	24.43	
191	RAJ MADHAS	V40	WHARFEDALE	24.46	124
192	ANGELA DONLAN	FV35	PENDLE	24.48	101
193	CHARLOTTE COX	FU14	KLY & C	24.48	
194	JOANNE DEAKIN	F	UA	24.50	262
195	TONY BLYTHE	V50	IDLE	24.52	65
196	ROBERT HIRST	V50	CLAYTON	24.53	130
197	SUE ROBERTS	FV40	TODMORDEN	24.55	171
198	DAVID COPPING	V40	UA	24.56	119
199	JULIETTE GREGORY	FV40	HYDRO BUNNIES	25.08	146
200	SUE BICKERDIKE	FV40	ILKLEY	25.13	92
201	ROGER HALL	V60	BINGLEY	25.17	187
202	JACKIE CARTER	FV40	SPEN	25.21	235
203	BOB PAYNE	V60	ILKLEY	25.25	200
204	ANDY MOAKLER		IDLE	25.36	232
205	ZOE BAISTOW	FU14	WHARFEDALE	25.46	
206	DIANNE WHITTAKER	FV40	UA	25.49	99
207	CHRIS TORDOFF	V60	BINGLEY	25.50	24
208	JANET CHAPLIN	FV40	CHORLEY	25.53	142
209	VAL DONE	FV40	KLY & C	25.59	182
210	PETER YATES	V60	ROTHWELL	26.00	281
211	IAN HARTMAN	V50	FRA	26.01	9
212	GAENOR COY	FV35	ILKLEY	26.03	83
213	JAMES TUGGEY		UA	26.05	32
214	ALISON FOWLER	F	CHORLEY	26.06	19
215	JOHN MARSHALL	V50	ILKLEY	26.09	217
216	HOLLY CARTER	FU14	KLY & C	26.14	
217	SUE NAREY	FV40	BINGLEY	26.16	202
218	PAUL SUGDEN	V40	ILKLEY	26.24	86

219	PETER GILHAM	V60	CHORLEY	26.33	143
220	EMMA PAYNE	FV35	ILKLEY	26.41	201
221	FIONA MURPHY	FV40	HALIFAX	26.44	44
222	MARIE DEWHURST	FV40	CHORLEY	26.46	141
223	KAREN LARGE	FV40	HORSFORTH	26.50	36
224	CAROLYN HARGREAVES	FV50	BAILDON	26.52	224
225	KATE WALTER	FV40	BAILDON	26.54	106
226	GEORGE HERBERT	U14	KLY & C	26.58	
227	CHELSEY HOLDER	FU14	KLY & C	27.00	
228	DON MACRAE	V60	ILKLEY	27.03	248
229	SARAH McCARREY	FV40	UA	27.04	242
230	MANDY GOTH	FV40	TODMORDEN	27.06	241
231	STEPHEN REEDLER		UA	27.11	237
232	JULIE NAREY	FV40	UA	27.12	98
233	EMILY THROUP	FU16	WHARFEDALE	27.28	
234	HARRY SESSFORD	U14	KLY & C	27.30	
235	RACHEL JOHNSTON	FV40	UA	27.34	272
236	FIONA SCHNEIDER	FV40	ILKLEY	27.38	100
237	TONY HART	V40	ST. BEDES	27.40	283
238	EMMA O'LOONEY	FV40	ILKLEY	27.43	85
239	KARIN GOSS	FV60	CLAYTON	27.50	132
240	SUE STEVENS	FV50	ILKLEY	27.55	180
241	LINDA CAREY	FV50	BAILDON	28.12	186
242	DONNA SIBERRY	F	UA	28.21	45
243	JAYNE HART	FV50	ST. BEDES	28.26	282
244	MARTIN CUTHBERT		UA	28.32	253
245	CAREN CRABTREE	F	KLY & C	28.39	128
246	BETH REEDER	FU14	UA	28.41	
247	DEBBIE COX	FV40	KLY & C	28.49	193
248	HANNAH PEACOCK	F	IDLE	28.57	154
249	NICOLA WALTON	FV35	HYDRO BUNNIES	29.00	15
250	CHRISTINE BARRETT	FV40	HYDRO BUNNIES	29.10	14
251	DEBBIE SADLER	FV40	HYDRO BUNNIES	29.05	18
252	ANNIE BURNS	FV50	NIDD VALLEY	29.06	40
253	MICHELLE SMITH	FV35	NIDD VALLEY	29.07	28
254	JUDY GREENWOOD	FV50	NIDD VALLEY	29.07	41
255	SARAH MARTIN	F	UA	29.21	250
256	CHRISTINE LEATHLEY	FV60	CLAYTON	29.47	251
257	KIRSTEN AIRLIE	F	UA	29.52	116
258	ELLA BOWER	FU14	UA	29.55	
259	HELEN BRETT	FV40	KLY & C	29.58	133
260	ANDREA MARSHALL	FV40	KLY & C	30.06	195
261	SAMANTHA KNOWLES	F	KLY & C	30.37	191
262	BILL HORNE	V60	UA	30.41	257
263	LISA McKEWITT	F	UA	30.50	111
264	HENRY CARTER	U14	SPEN	31.16	
265	TAMSIN STEPHENSON	F	ROTHWELL	31.41	107
266	GARY CAMPBELL	V40	ROTHWELL	31.41	108
267	PATSY HALL	FV50	BINGLEY	31.42	189
268	LYN EDEN	FV60	ILKLEY	31.45	184
269	ALAN SCHOLEY	V50	UA	31.52	278
270	LINDA HARGREAVES	FV40	WHARFEDALE	32.06	125
271	AMANDA PEARSON	FV40	SPEN	33.49	234
272	MELANIE TAYLOR	F	UA	34.32	218
273	PAUL BURNETT		TODMORDEN	34.33	219
274	KELLI MULLIN	F	UA	35.01	71
275	REBECCA WRIGHT	F	UA	36.28	264
276	JILL BELL	FV40	KLY & C	36.40	137

277	ANASTASIA LINCOLN	FV50	IDLE	37.17	70
278	IRENE YATES	FV40	UA	37.59	265
279	LESLEY HISLOP	FV40	BINGLEY	38.34	216
280	DIANNE MURRAY	F	UA	41.45	176
281	VINCENT PROCTER		KLY & C	41.47	175
5 RETIREMENTS					

MENS TEAM	
1	BINGLEY 3,4,8 = 15
LADIES TEAM	
1	KLY & C 2,9,13 = 24

EGG STAGE WINNERS				
M	ANDI JONES	3.23 R	SALFORD	2009
F	BLUE HAYWOOD	4.04	LINCOLN WELL.	2009

BUNNY RECORDS				
M	JORGE THOMAS	14.41	CARDIFF	2009
V40	IAN HOLMES	15.00	BINGLEY	2007
V50	ANDY NORMANDEALE	17.41	YORK ACORN	2009
V60	DAVE TAIT	20.02	DARK PEAK	2008
V70	BRIAN LEATHLEY	31.14	CLAYTON	2008
U16	THOMAS SESSFORD	16-50	KLY & C	2008
U14	MARC SCOTT	16-58	RICHMOND	2007
F	MARY WILKINSON	17-20	BINGLEY	2007
FV35	SALLY MORLEY	19.18	ILKLEY	2009
FV40	ALISON BENNETT	19-45	ILKLEY	2007
FV50	MARY GREEN	20.53	BINGLEY	2008
FV60	JAN ATKINS	24-52	CHORLEY	2007
FU16	MEL HYDER	18-35	DALLAM	2007
FU14	MEL HYDER	18-35	DALLAM	2007

EGG STAGE RECORDS				
M	ANDI JONES	3.23	SALFORD	2009
F	MARY WILKINSON	3.59	BINGLEY	2007