

Borrowdale Fell Race 2009 - Results

Position	No	1st name	Surname	Club	Cat	time
1	56	Rob	Jebb	Bingley Harriers	M	2.51.54
2	117	Ben	Bardsley	Borrowdale FR	M	2.52.44
3	345	Pete	Vale	Mercia FR	M	2.55.17
4	112	Simon	Booth	Borrowdale FR	M40	2.56.54
5	97	Morgan	Donnelly	Borrowdale FR	M	2.59.10
6	89	Ben	Abdelnoor	Ambleside AC	M	2.59.30
7	10	Ian	Holmes	Bingley Harriers	M40	3.06.13
8	99	Jim	Davies	Borrowdale FR	M40	3.08.22
9	320	Dan	Golding	Ambleside AC	M	3.14.22
10	46	Matthew	Hulley	Dark Peak FR	M	3.14.39
11	262	Martin	Mikkelsen-Barron	Borrowdale FR	M	3.16.13
12	328	Rick	Stuart	Kendal AC	M45	3.16.59
13	221	Mike	Robinson	Dark Peak FR	M	3.17.17
14	207	Paul	Thompson	Clayton-le-Moors Harriers	M	3.20.38
15	75	Paul	Cornforth	Borrowdale FR	M45	3.21.51
16	66	Jon	Ascroft	Carnethy HRC	M	3.23.47
17	22	Dave	Aucott	Dark Peak FR	M	3.24.44
18	264	Peter	Taylor	Tattenhall Runners	M	3.28.12
19	331	Richard	Mellon	Bowland FR	M	3.28.18
20	230	Nick	Dawes	FRA	M40	3.28.22
21	85	Andrew	Jebb	Bingley Harriers	M	3.28.24
22	290	Richard	Pattinson	Pudsey & Bramley AC	M40	3.28.26
23	311	Brian	Stevenson	Pudsey & Bramley AC	M45	3.30.46
24	71	Gareth	Jones	Bitton Road Runners	M	3.30.54
24	83	Simon	Harding	Macclesfield Harriers	M	3.30.54
26	69	Jon	Coe	Dark Peak FR	M	3.31.02
27	105	John	Boyle	Dark Peak FR	M40	3.32.02
28	346	Jackie	Winn	Ellenborough AC	M55	3.33.52
29	233	Colin	Moses	Wharfedale Harriers	M40	3.34.05
30	126	Mark	Chippendale	Bowland FR	M40	3.35.01
31	8	Michael	Cunningham	Borrowdale FR	M	3.35.08
32	144	John	Dryden	Settle Harriers	M40	3.36.02
33	24	Martin	Holroyd	Borrowdale FR	M40	3.36.41
34	335	Mike	Johnson	Bowland FR	M40	3.36.46
35	334	Chris	Reade	Bowland FR	M45	3.36.56
36	349	Dave	Nuttall	Clayton-le-Moors Harriers	M40	3.38.18
37	351	Dave	Ward	Borrowdale FR	M	3.38.23
38	96	Mark	Denham-Smith	Keswick AC	M40	3.38.31
39	268	Shaun	Wilkinson	Keighley & Craven AC	M45	3.39.26
40	225	Sam	Watson	Wharfedale Harriers	M	3.41.42
41	359	Ross	Litherland	Macclesfield Harriers	M	3.42.07
42	249	Bruce	Poll	Lochaber AC	M	3.43.00
43	316	Will	Veitch	Keswick AC	M	3.43.06
44	327	Roy	Scott	Springfield Striders	M	3.43.18
45	41	Darren	Holloway	Pennine FR	M	3.43.23
46	118	Andy	Kitchin	Lothian RC	M40	3.43.39
47	92	Gavin	Bland	Borrowdale FR	M	3.43.47
48	52	Willie	Bell	Cumberland FR	M50	3.44.40
49	347	Gavin	Pattison	Cumberland FR	M	3.45.11
50	344	Steve	Turland	Ilkley Harriers	M40	3.46.29
51	241	James	Luxmoore	Keswick AC	M	3.47.52
52	368	Simon	Hunter	Cumberland FR	M40	3.48.01

53	285	Craig	Smith	Keswick AC	M40	3.48.23
54	215	Gavin	Baxter	Holmfirth Harriers	M	3.48.35
55	214	Dave	Sykes	Dark Peak FR	M	3.49.41
56	29	Geoff	Briggs	Pennine FR	M50	3.49.51
57	362	Ian	Symington	Macclesfield Harriers	M	3.50.20
58	27	Mark	Ellithorn	Chorley Harriers	M40	3.50.51
59	289	Anthony	Labram	Eden Runners	M40	3.51.42
60	236	Lee	Procter	Helm Hill Runners	M	3.51.47
61	360	David	Loan	Keswick AC	M55	3.51.54
62	223	Chris	Newman	Wharfedale Harriers	M	3.53.39
63	136	Ed	Bailey	Great Western Runners	M	3.53.40
64	326	Dave	Walker	Clayton-le-Moors Harriers	M	3.53.47
65	350	Nick	Ray	Ellenborough AC	M	3.54.21
66	250	Tim	Oakes	Unattached	M	3.55.47
67	329	Kieron	Mitchell	Clayton-le-Moors Harriers	M	3.56.17
68	318	Mark	Ollerenshaw	Glossopdale Harriers	M	3.56.30
69	274	Phil	Pearson	Saltwell Harriers	M45	3.58.14
70	342	Nick	Ogden	Keswick AC	M40	3.58.24
71	300	Stefan	Phillips	Woo Har Runners	M	3.58.36
72	23	Peter	Keron	Wharfedale Harriers	M	3.58.41
73	238	Andrew	McFarlane	Clayton-le-Moors Harriers	M40	4.00.05
74	146	Hodge	Grayson	Ambleside AC	M	4.00.07
75	292	Mary	Gillie	Clwydian Range Runners	F	4.00.24
76	102	John	Hewitt	Glossopdale Harriers	M45	4.02.50
77	90	Paul	Crabtree	Keighley & Craven AC	M40	4.02.57
78	271	Muir	Morton	Pennine FR	M	4.03.10
79	211	Dicky	Wilkinson	Long Eaton RC	M45	4.04.15
80	332	Mike	Meadowcroft	Bowland FR	M	4.04.33
81	280	Leigh	Warburton	Bowland FR	M50	4.04.34
82	307	Andy	Staveley	Burnden RR	M45	4.04.44
83	239	Peter	Stobbs	Trawden AC	M45	4.04.48
84	341	Peter	Toaig	Borrowdale FR	M40	4.05.04
85	142	Donald	Ferguson	Unattached	M40	4.05.07
86	283	Colin	Valentine	Keswick AC	M45	4.05.13
87	25	Richard	Bellarries	Clayton-le-Moors Harriers	M55	4.05.16
88	147	Robert	Harper	Unattached	M	4.05.20
89	60	Gavin	Fisher	Unattached	M40	4.05.34
90	213	John	Ewart	Holmfirth Harriers	M50	4.05.51
91	114	Shaun	Butler	Kendal AC	M45	4.06.04
92	149	Ashley	Kay	Dark Peak FR	M45	4.06.16
93	333	Roger	Taylor	Preston Harriers	M40	4.06.23
94	127	Derek	Fuller	Unattached	M	4.06.29
95	130	Anthony	Fryer	Valley Striders	M	4.06.42
96	295	Thomas	Waldman	JRTX	M	4.06.45
97	255	Aengus	McCullough	Northumberland FR	M	4.06.52
98	278	Nicky	Spinks	Dark Peak FR	F40	4.07.02
99	272	Richard	Unwin	Keswick AC	M50	4.07.14
100	372	Samual	Stell	Unattached	M	4.07.23
101	251	Tim	Raffle	Unattached	M45	4.07.53
102	339	Andrew	Wainwright	Unattached	M40	4.08.10
103	206	James	Smith	Unattached	M	4.08.14
104	70	Robin	Gillespie	Eden Runners	M40	4.08.26
105	343	Ben	Farrell	Unattached	M	4.09.24
106	26	Stuart	Hunn	Skipton AC	M	4.09.36
107	364	Marek	Petecki	Unattached	M	4.09.42
108	21	Andrew	Hirst	Wharfedale Harriers	M45	4.09.48

109	248	Martin	Stocks	Dark Peak FR	M45	4.09.52
110	310	Mark	Nutter	Clayton-le-Moors Harriers	M45	4.10.40
111	287	Stuart	Stoddart	Eden Runners	M40	4.11.03
112	348	Mark	Messenger	Macclesfield Harriers	M40	4.11.20
113	139	John	Beetham	Keswick AC	M	4.12.09
114	352	Eirik	Stangnes	Valley Striders	M	4.13.05
115	259	David	White	Helm Hill Runners	M	4.13.18
116	94	Paul	Barnes	Borrowdale FR	M	4.13.55
117	220	Hazel	Robinson	Ambleside AC	F	4.14.33
118	301	Simon	Roberts	Buckley Runners	M	4.14.39
119	19	Pete	Booth	Clayton-le-Moors Harriers	M55	4.14.45
120	95	Kevin	Holmes	Knavesmire Harriers	M45	4.15.09
121	116	Jim	Galbraith	Giffnock North	M50	4.15.20
122	143	Craig	Dring	Keswick AC	M45	4.15.48
123	64	Steve	Briggs	Unattached	M45	4.15.56
124	86	Paul	Jennings	Cumberland FR	M40	4.16.06
125	49	Simon	Deakin	North York Moors AC	M	4.16.39
126	243	Ruth	Metcalfe	Eryri Harriers	F	4.16.45
127	319	Tim	Taylor	Pudsey & Bramley AC	M40	4.16.48
128	231	Jacqueline	Redmayne	Chorley Harriers	F	4.16.56
129	80	Tosh	Brannan	Lothian RC	M45	4.17.10
130	145	Anna	Forrest	Ambleside AC	F40	4.17.14
131	128	Alan	Brentnall	Pennine FR	M60	4.17.29
132	135	Liz	Cowell	Borrowdale FR	F45	4.17.33
133	281	Ian	Winterburn	Dark Peak FR	M40	4.17.37
134	47	Ian	Cowie	Mercia FR	M50	4.17.53
135	324	Philip	Swan	Glossopdale Harriers	M	4.18.07
136	229	Alison	Weston	Ilkley Harriers	F40	4.18.14
137	72	Andrew	Firth	Clayton-le-Moors Harriers	M50	4.18.37
138	103	Jan	Danilo-Garbacki	Dark Peak FR	M40	4.19.13
139	137	Rob	Hitchings	Unattached	M40	4.19.27
140	216	Adrian	Lowery	Unattached	M	4.19.32
141	134	Stephen	Hartley	Eden Runners	M40	4.19.48
142	266	Huw	Price	Bowland FR	M45	4.19.55
143	140	Adam	Jackson	Keswick AC	M	4.20.53
144	12	Michael	Fryer	Halifax Harriers	M45	4.20.57
145	340	Nathan	Martin	Unattached	M	4.21.05
146	204	Jim	Londesborough	Hatton Darts RC	M45	4.21.09
147	43	Daniel	Grose	Kendal AC	M40	4.21.28
148	45	Andrew	Hearle	Mercia FR	M50	4.21.43
149	367	Charles	Mason	Cumberland FR	M45	4.22.04
150	87	Matt	Foxwell	Kendal AC	M	4.22.08
151	263	Karen	Nash	Preston Harriers	F45	4.22.27
152	4	Phil	Abbott	Long Eaton RC	M	4.23.12
153	54	Kenneth	Gofton	Rugeley Runners	M55	4.23.37
154	81	Nicholas	Charlesworth	Unattached	M40	4.23.46
155	68	Karl	Edwards	Fell Ponies	M50	4.23.59
156	252	Richard	Mavin	Unattached	M45	4.24.18
157	93	Chris	Green	Unattached	M	4.24.23
158	107	Rebecca	Cash	Ambleside AC	F	4.24.47
159	7	Dick	Ballantine	Keighley & Craven AC	M40	4.25.36
160	63	Ian	Hayden	Aurora Harriers	M	4.25.55
161	361	Steve	Monaghan	Achille Ratti CC	M45	4.26.09
162	74	Kerry	Cornforth	Borrowdale FR	F	4.26.13
163	209	James	Titmuss	Unattached	M	4.26.20
164	33	Andy	Howie	Pennine FR	M50	4.26.32

165	222	Michael	McLoughlin	Preston Harriers	M55	4.26.52
166	208	Ian	Page	Keighley & Craven AC	M45	4.27.02
167	260	Mick	Wilson	Helm Hill Runners	M55	4.27.43
168	265	Mark	Smith	Tattenhall Runners	M	4.27.59
169	121	Jo	Gillyon	Keswick AC	F	4.28.46
170	57	Steven	Foster	Fell Ponies	M40	4.28.52
171	235	Ian	Charters	Horwich RMI Harriers	M50	4.29.21
172	373	Dave	Harvey	Pennine FR	M40	4.29.28
173	42	David	Banks	Kendal AC	M45	4.30.13
173	67	Gregor	Heron	Carnethy HRC	M	4.30.13
175	309	Michael	Toman	Rossendale Harriers	M40	4.30.34
176	59	David	Johnston	Mercia FR	M50	4.30.38
177	315	Philip	Metcalf	Unattached	M	4.31.04
178	150	Andrew	Hinde	Settle Harriers	M50	4.31.10
179	125	Simon	Cox	Unattached	M45	4.31.26
180	370	Tom	Westgate	Dark	M45	4.32.49
181	337	Quentin	Merritt	Keswick AC	M45	4.33.43
182	245	Jim	Thompson	Saltwell Harriers	M40	4.34.27
183	226	Simon	Oxley	Settle Harriers	M45	4.35.18
184	369	Dave	Roberts	Unattached	M40	4.35.39
185	6	Ian	Adkin	Long Eaton RC	M40	4.35.43
186	288	Alan	Maplethorpe	Long Eaton RC	M45	4.36.26
187	227	Simon	Templeman	Ochil HR	M40	4.37.09
188	15	Phil	Bellamy	Saltwell Harriers	M45	4.38.54
189	88	John	Brownell	Unattached	M45	4.39.11
190	3	Anthony	Alexander	Horwich RMI Harriers	M40	4.39.22
191	28	Joe	Faulkner	Northumberland FR	M45	4.39.24
192	371	Edward	Lesniak	Achille Ratti CC	M50	4.40.03
193	261	John	Rainford	Preston Harriers	M45	4.40.52
194	16	Allan	Greenwood	Calder Valley FR	M45	4.42.47
195	78	Matt	Dumenil	London Heathside	M	4.43.51
196	365	Kevin	Smith	Darwen Dashers	M40	4.44.22
197	84	Paul	Archer	Clayton-le-Moors Harriers	M40	4.44.27
198	65	Ian	Haigh	Southwell RC	M	4.44.45
199	303	Geoff	Smith	Clayton-le-Moors Harriers	M	4.44.54
200	330	Tracy	Mitchell	Clayton-le-Moors Harriers	F	4.45.00
201	148	Andrew	Knowles	Blackburn RR	M40	4.45.23
202	267	Sarah	Massey	Bowland FR	F	4.45.31
203	257	John	Mitchell	Carnethy HRC	M	4.45.45
204	100	Charles	Frankland	Unattached	M40	4.45.53
205	129	Judy	Howells	Wharfedale Harriers	F	4.45.56
206	282	Cameron	Scott	Carnethy HRC	M45	4.46.10
207	275	Michael	Sanderson	Unattached	M	4.46.33
208	355	Allon	Welsh	Northumberland FR	M45	4.46.37
209	138	Paul	Atkinson	Unattached	M40	4.46.54
210	62	John	Hazell	Unattached	M50	4.47.28
211	358	Marcus	Lancastle	Lincoln & District Runners	M40	4.47.32
212	119	Robyn	Anderson	Preston Harriers	F	4.47.38
213	302	Brian	Stallwood	Unattached	M50	4.47.52
214	115	Billy	Craig	Stockport Harriers	M40	4.48.05
215	322	Anne	Wilson	Eden Runners	F	4.48.24
216	246	Heather	Marshall	Unattached	F	4.48.35
216	247	Todd	Steggles	CLC Striders	M	4.48.35
218	357	Roger	Slater	Dark Peak FR	M50	4.48.40
219	366	Peter	Murphy	Darwen Dashers	M50	4.49.03
220	141	Alasdair	Harrison	Waddington FR	M	4.50.09

221	55	Stephen	Coope	Unattached	M45	4.50.32
222	14	Colin	Dilks	Claremont RR	M45	4.51.05
223	9	Andy	Colegate	Long Eaton RC	M	4.51.10
224	110	Ian	Horne	Eden Runners	M45	4.51.14
225	36	Keith	Douglas	Bowland FR	M50	4.52.10
226	61	Mark	Graham	Cumberland FR	M50	4.52.19
227	104	Peter	Ferris	Cumberland FR	M45	4.53.13
228	106	Sheelagh	King	Keswick AC	F	4.54.03
229	210	Philip	Walters	Dark Peak FR	M40	4.55.17
230	124	Michael	Ayers	Abbey Runners	M50	4.55.57
231	270	Steve	White	Saffron Striders	M40	4.56.23
232	336	Ivan	Scrase	Unattached	M	4.56.35
233	53	Richard	Andrews	Unattached	M40	4.56.59
234	2	Phil	Green	Northumberland FR	M40	4.57.29
235	38	Tom	Bowie	Fife AC	M60	4.58.00
236	325	Edwin	Sherstone	Southport Waterloo AC	M40	4.58.13
237	297	Paul	Lydon	Totley AC	M	4.59.45
238	232	Lawrence	Rowland	Unattached	M	4.59.55
239	44	Joe	Hutchinson	Unattached	M	4.59.57
240	18	Andrew	Callcott	Borrowdale FR	M45	5.00.00
241	237	Trevor	Milner	Dark Peak FR	M50	5.00.33
242	277	Nigel	Priestley	Annan & District AC	M50	5.00.47
243	304	Britta	Sendlhofer	Ambleside AC	F	5.00.48
244	219	Richard	Townsend	Saltwell Harriers	M45	5.01.30
245	313	Lindsay	Palmer	Glossopdale Harriers	F40	5.01.31
246	293	Ginny	Willey	Middleton Harriers	F	5.01.53
247	77	Jenny	Brown	Rochdale Harriers	F	5.02.12
248	35	Phil	James	Saltwell Harriers	M50	5.02.51
249	82	Victor	Belshaw	Clwydian Range Runners	M45	5.03.10
250	98	David	Johnson	Northumberland FR	M50	5.03.23
251	108	Joanne	Armistead	Dark Peak FR	F	5.04.18
252	242	Alan	Yates	Dark Peak FR	M60	5.04.39
253	269	Rachel	Metcalfe	Horwich RMI Harriers	F	5.04.46
254	286	Graeme	Mactavish	Unattached	M40	5.04.47
255	353	John	Shedwick	Unattached	M	5.05.00
256	123	Lindsey	Berends	Preston Harriers	F	5.05.12
257	317	John	Littlewood	Carnethy HRC	M70	5.06.25
258	314	Jamie	Rackham	Cumberland FR	M	5.07.08
259	256	Rob	Shepherd	Unattached	M40	5.08.19
260	284	John	Sealby	Unattached	M40	5.08.43
261	240	Gary	Wilson	Settle Harriers	M	5.09.42
262	356	Marcus	Saunders	Lincoln & District Runners	M40	5.10.17
263	203	John	Wilcock	Unattached	M45	5.12.28
264	1	Ken	Jones	Dark Peak FR	M60	5.12.43
265	299	Roger	Whitaker	Cumberland FR	M60	5.12.59
266	34	Jonathan	Kennedy	Saltwell Harriers	M	5.15.17
267	32	Paul	Jackson	Chorley Harriers	M40	5.16.11
268	5	Andy	Fletcher	Cumberland FR	M45	5.17.28
269	48	Richard	Clarke	North York Moors AC	M65	5.17.51
270	37	Philip	Barnes	Macclesfield Harriers	M50	5.19.38
271	218	Ian	Moss	Dark Peak FR	M45	5.23.13
272	101	Jane	Davies	Borrowdale FR	F	5.23.28
273	122	Lucy	Dunn	Keswick AC	F	5.23.33
274	111	Eddie	Dealtry	Ochil HR	M60	5.23.58
275	79	Peter	Calladine	Saddleworth RC	M55	5.24.09
276	296	Edward	Mathieson	Long Eaton RC	M	5.25.16

277	120	Lucy	Bennett	Unattached	F	5.25.45
278	13	Russell	Fairhurst	Keighley & Craven AC	M45	5.25.50
279	30	Kevin	Ayre	South Shields Harriers	M45	5.26.45
280	50	Julie	Clayton	Scarborough AC	F40	5.27.45
281	51	Chris	Clayton	Scarborough AC	M40	5.27.46
282	91	Martin	Kaye	Dewsbury RR	M	5.28.07
283	212	Martin	Walsh	Lytham St Annes RR	M60	5.28.51
284	76	Christopher	Deacon	Penistone FR	M45	5.29.11
285	205	Gerrard	Moss	Stockport Harriers	M55	5.29.44
286	323	Tony	Steward	Calder Valley FR	M55	5.30.31
287	217	Ian	Smith	Keighley & Craven AC	M50	5.30.55
288	132	Simon	Griffiths	Unattached	M	5.31.13
289	305	Russell	Thomas	Ilkley Harriers	M45	5.31.42
290	258	Mark	Newell	Cambridge Harriers	M50	5.32.22
291	11	Colin	Bostock	Long Eaton RC	M50	5.34.08
292	133	Andrew	Dobson	Cumbria Constabulary	M	5.34.32
293	244	Mick	Robinson	Notts AC	M50	5.36.26
294	31	Emma	Gregory	Preston Harriers	F	5.39.53
295	58	Allan	Buckley	Keswick AC	M65	5.40.29
296	279	Peter	Mullarkey	Saltwell Harriers	M50	5.41.49
297	308	Tony	Varley	Horwich RMI Harriers	M60	5.42.35
298	109	Stephen	Dixon	Valley Striders	M55	5.43.29
299	228	Ian	Marshall	Cambridge Harriers	M60	5.47.10
300	338	Hilary	Lane	Abbey Runners	F45	5.55.13
301	39	Brian	Belfield	Staffs Moorlands AC	M60	5.57.13
	298	Michael	Whyatt	Bowland FR	M45	RET
	273	John	Osborne	Settle Harriers	M45	RET
	363	Gary	Thorpe	Ambleside AC	M40	RET
	20	Kieron	Ashworth	Wharfedale Harriers	M40	RET
	40	David	Black	Clayton-le-Moors Harriers	M40	RET
	224	Peter	Thompson	Clayton-le-Moors Harriers	M45	RET
	113	Helen	Hodgkinson	Todmorden Harriers	F	RET
	276	Gary	Mitchell	Darwen Dashers	M45	RET
	306	Albert	Sunter	Horwich RMI Harriers	M45	RET
	291	Andrew	Waters	Barnsley AC	M50	RET
	234	Adrian	Leigh	Settle Harriers	M50	RET
	17	Stephen	Kennaugh	Manx FR	M	TO
	73	Jane	Hartog	White Peak	F45	TO
	131	Simon	Cartledge	Macclesfield Harriers	M40	TO
	253	Helen	Mavin	Cumbria Constabulary	F40	TO
	254	Joanne	O'Dowd	Unattached	F45	TO
	294	Alison	Wainwright	Unattached	F40	TO
	312	Pauline	Miller	NORC	F45	TO
	321	Kevin	Otto	Keswick AC	M50	TO
	354	David	Walker	Macclesfield Harriers	M55	TO

TO = timed out
RET = retired