

| Postion | Number | Name | Cat | Club | Time |
|---------|--------|------------------|-----|-----------------------|-------|
| 1 | 145 | Marc Hartley | M | Preston Harriers | 31.01 |
| 2 | 26 | Paul Guinan | M | Blackburn Harriers | 31.32 |
| 3 | 230 | Andrew Stubbs | M40 | Clayton le Moors | 31.59 |
| 4 | 77 | Gary Shaw | M | Clayton Le Moors | 32.10 |
| 5 | 214 | K Livesey | M | Wharfedale Harriers | 32.19 |
| 6 | 36 | Mark Aspinall | M45 | Clayton Le Moors | 32.48 |
| 7 | 57 | Kieran Horrigan | M45 | Unattached | 32.55 |
| 8 | 78 | Mike Wallis | M50 | Clayton Le Moors | 33.15 |
| 9 | 192 | Mark McGoldrick | M | Wharfedale Harriers | 33.48 |
| 10 | 66 | Ian Pudge | M | Fell Ponies | 33.53 |
| 11 | 200 | Dave Naughton | M45 | Darwen Dashers | 34.06 |
| 12 | 49 | Andrew Orr | M | Clayton Le Moors | 34.08 |
| 13 | 236 | Adrian Pickles | M | Settle | 34.13 |
| 14 | 6 | Barry Brock | M40 | Clayton Le Moors | 34.25 |
| 15 | 222 | John Roche | M45 | Clayton le Moors | 34.33 |
| 16 | 33 | Mark Ellithorn | M40 | Chorley Harriers | 34.33 |
| 17 | 213 | Andrew Black | M40 | Wharfedale Harriers | 34.38 |
| 18 | 40 | Brian Horrocks | M45 | Clayton Le Moors | 34.45 |
| 19 | 229 | Hardy Matamala | M | St Bede's | 35.16 |
| 20 | 227 | Paul Archer | M40 | Clayton le Moors | 35.19 |
| 21 | 180 | Sean Clare | M40 | Clayton Le Moors | 35.26 |
| 22 | 211 | Dick Ballantine | M40 | Keighley | 35.36 |
| 23 | 110 | Wil Garner | M40 | Preston Harriers | 35.38 |
| 24 | 73 | Neil Worswick | M40 | Clayton Le Moors | 35.46 |
| 25 | 217 | Jack Smith | U20 | Wharfedale Harriers | 35.55 |
| 26 | 163 | Paul Hesketh | M | Clayton Le Moors | 36.02 |
| 27 | 216 | Andrew Smith | M | Wharfedale Harriers | 36.15 |
| 28 | 174 | Kevin Davies | M45 | Clayton Le Moors | 36.22 |
| 29 | 119 | Mark Whightman | M45 | Clayton Le Moors | 36.33 |
| 30 | 118 | Paul Halstead | M | Wharfedale Harriers | 36.44 |
| 31 | 201 | Stephen Whitaker | M45 | Clayton le Moors | 36.50 |
| 32 | 210 | Paul Crabtree | M40 | Keighley | 36.58 |
| 33 | 121 | Darren Holland | M | Clayton Le Moors | 37.05 |
| 34 | 126 | Dean Ralphson | M | Trawden AC | 37.15 |
| 35 | 243 | Dave Tate | M60 | Dark Peak Fell Runner | 37.35 |
| 36 | 206 | Michael Toms | M40 | Clayton le Moors | 37.37 |
| 37 | 189 | Peter Thompson | M45 | Clayton le Moors | 37.41 |
| 38 | 239 | Gordon Barrett | M45 | Clayton le Moors | 37.45 |
| 39 | 234 | Jeffery Pickup | M55 | Clayton le Moors | 37.55 |
| 40 | 153 | Daniel Ashworth | MJ | Clayton Le Moors | 38.18 |
| 41 | 39 | David Horrocks | M45 | Clayton Le Moors | 38.37 |
| 42 | 168 | Jamie Southworth | M | Unattached | 38.47 |
| 43 | 152 | Andrew Foster | M40 | Clayton Le Moors | 38.54 |
| 44 | 226 | Paul Carman | M | Wharfedale Harriers | 39.00 |
| 45 | 4 | Geoff Haworth | M45 | Red Rose Road Runners | 39.06 |
| 46 | 116 | Stephen Bury | M50 | Clayton Le Moors | 39.15 |
| 47 | 175 | John Robertshaw | M | Trawden AC | 39.20 |

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| 48 | 238 | Chris Thompson | M | Unattached | 39.25 |
| 49 | 94 | I Hargreaves | M45 | Unattached | 39.39 |
| 50 | 169 | David Motley | M | Unattached | 39.53 |
| 51 | 154 | James North | M | Lancashire Constabulary | 40.02 |
| 52 | 235 | Peter Stobbs | M45 | Trawden AC | 40.10 |
| 53 | 212 | Kevin Rogan | M50 | Wharfedale Harriers | 40.22 |
| 54 | 170 | Ian Greaves | M50 | Northern Vets AC | 40.32 |
| 55 | 240 | Alister Shingler | M | Rosendale Harriers | 40.44 |
| 56 | 96 | Chris Barnes | M | Accrington Road Runner | 40.50 |
| 57 | 53 | David Scott | M65 | Clayton Le Moors | 40.56 |
| 58 | 25 | John Beswick | M55 | Wharfedale Harriers | 40.59 |
| 59 | 245 | Johnathan Gibson | M | Unattached | 41.03 |
| 60 | 104 | Neil Morville | M | Unattached | 41.05 |
| 61 | 130 | Mick O'Rourke | M45 | Clayton Le Moors | 41.08 |
| 62 | 173 | Anthony Hall | M | Trawden AC | 41.09 |
| 63 | 232 | Andrew Kettles | M | Springfield | 41.16 |
| 64 | 54 | Robert Hanson | M | Unattached | 41.34 |
| 65 | 198 | Martin Stott | M | Unattached | 41.42 |
| 66 | 209 | Scott Robinson | M | Unattached | 41.43 |
| 67 | 166 | Jez Toon | M | Clayton Le Moors | 41.45 |
| 68 | 135 | Ian Hollas | M | Unattached | 41.48 |
| 69 | 203 | Chris Crabtree | M | Trawden AC | 42.18 |
| 70 | 228 | Dave Armstrong | M55 | St Bede's | 42.20 |
| 71 | 218 | Paul Barwick | M | Unattached | 42.23 |
| 72 | 89 | Andrew Graham | M | Clayton Le Moors | 42.24 |
| 73 | 233 | Neil Bradley | M50 | Springfield | 42.25 |
| 74 | 140 | Michael Herret | M45 | Burnley AC | 42.26 |
| 75 | 75 | Brian Wildman | M40 | Clayton Le Moors | 42.27 |
| 76 | 44 | John McDonald | M40 | Unattached | 42.28 |
| 77 | 7 | Phil Watson | M50 | Clayton Le Moors | 42.36 |
| 78 | 28 | Robert Russell | M55 | Clayton Le Moors | 42.40 |
| 79 | 199 | Dan Hulme | M | Unattached | 42.43 |
| 80 | 215 | Paul Wilson | M45 | Pendle | 42.50 |
| 81 | 58 | Mark Hammond | M | Accrington Road Runner | 43.01 |
| 82 | 35 | Dave Cummings | M45 | Trawden AC | 43.06 |
| 83 | 146 | Ron Chappell | M60 | Clayton Le Moors | 43.27 |
| 84 | 231 | John Williams | M55 | Springfield | 43.58 |
| 85 | 144 | David Stobbs | M55 | Unattached | 44.04 |
| 86 | 139 | Stuart Hartley | M50 | Burnley AC | 44.17 |
| 87 | 220 | C.Ainsworth | M50 | Unattached | 45.08 |
| 88 | 133 | Martin O'Rourke | M45 | Clayton Le Moors | 45.09 |
| 89 | 52 | Vinny Brodrick | M45 | Clayton Le Moors | 45.30 |
| 90 | 93 | Paul Walsh | M60 | Bowland | 45.37 |
| 91 | 93 | Doug Munroe | M60 | Clayton Le Moors | 45.40 |
| 92 | 187 | Jim Towers | M55 | Nidd Valley | 45.58 |
| 93 | 221 | John Thompson | M50 | Wharfedale Harriers | 46.17 |
| 94 | 19 | Keiron Woodward | M45 | Clayton Le Moors H | 46.34 |
| 95 | 242 | John McNabb | M50 | Clayton Le Moors | 46.39 |

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| 96 | 131 | Robert Hirst | M55 | Clayton Le Moors | 47.06 |
| 97 | 244 | Richard Lawson | M65 | Clayton le Moors | 47.23 |
| 98 | 12 | Peter Blackledge | M55 | Accrington Road Runner | 47.33 |
| 99 | 80 | Anthony Macro | M50 | Trawden AC | 49.27 |
| 100 | 237 | Karl Riding | M | Unattached | 49.38 |
| 101 | 51 | Alan Smith | M50 | Unattached | 49.48 |
| 102 | 24 | Martin Ritson | M55 | Clayton le Moors | 50.40 |
| 103 | 156 | Ross Jaques | M70 | Clayton le Moors Harrier | 51.48 |
| 104 | 241 | Chris Wilkinson | U20 | Unattached | 52.09 |
| 105 | 10 | Harry Manning | M65 | Clayton le Moors | 53.03 |
| 106 | 79 | Kevin Macro | M50 | Trawden AC | 54.20 |
| 107 | 197 | Derek Stott | M55 | Clayton le Moors | 55.48 |
| 108 | 129 | Jack McGuire | M50 | Clayton le Moors | 56.50 |
| 109 | 162 | Brian Leathley | M75 | Clayton le Moors Harr | 57.49 |