

# 54th Three Peaks Fell Race 2008

21:27:27

## Course: Long

Pos	No	Name	Club	Cat	Novice	1 Pen-Y-Ghent	2 Ribbleshead	3 Wharfedale	4 Hill Inn	5 Ingleborough	6 FINISH
1	645	Jethro Lennox	Shettleston Harriers	M	Nov	0:28:36 (28:36)	1:14:34 (45:58)	1:42:42 (28:08)	1:58:46 (16:04)	2:25:12 (26:26)	2:53:39 (28:27)
2	531	Thomas Owens	Mercia Fell RC	M		0:29:05 (29:05)	1:16:13 (47:08)	1:44:53 (28:40)	2:00:37 (15:44)	2:27:17 (26:40)	2:54:16 (26:59)
3	44	Mitja Kosovelj	SLO MR team	Mu25	Nov	0:28:16 (28:16)	1:14:21 (46:05)	1:42:11 (27:50)	1:59:54 (17:43)	2:26:53 (26:59)	2:57:36 (30:43)
4	137	Rob Jebb	Bingley Harriers & AC	M		0:28:18 (28:18)	1:15:32 (47:14)	1:44:15 (28:43)	2:01:16 (17:01)	2:28:20 (27:04)	2:59:13 (30:53)
5	579	Rob Hope	Pudsey & Bramley AC	M		0:28:42 (28:42)	1:15:26 (46:44)	1:44:30 (29:04)	2:01:19 (16:49)	2:29:23 (28:04)	2:59:51 (30:28)
6	350	Ricky Lightfoot	Ellenborough AC	Mu25	Nov	0:28:44 (28:44)	1:16:08 (47:24)	1:45:34 (29:26)	2:02:40 (17:06)	2:31:16 (28:36)	3:00:25 (29:09)
7	195	Karl Gray	Calder Valley Fell Runner	M		0:30:10 (30:10)	1:19:12 (49:02)	1:49:05 (29:53)	2:05:53 (16:48)	2:33:58 (28:05)	3:01:24 (27:26)
8	61	Billy Burns	Salford Harriers & AC	M	Nov	0:28:01 (28:01)	1:14:44 (46:43)	1:43:20 (28:36)	2:01:13 (17:53)	2:29:18 (28:05)	3:02:44 (33:26)
9	495	Joe Symonds	Kendal AAC	Mu25	Nov	0:29:33 (29:33)	1:16:35 (47:02)	1:45:36 (29:01)	2:03:19 (17:43)	2:32:04 (28:45)	3:03:38 (31:34)
10	143	Andrew Peace	Bingley Harriers & AC	M				1:43:36 (103:36)	2:01:16 (17:40)	2:31:08 (29:52)	3:04:47 (33:39)
11	166	Jim Davies	Borrowdale Fell Runners	MV40		0:30:28 (30:28)	1:20:15 (49:47)	1:50:14 (29:59)	2:07:35 (17:21)	2:36:00 (28:25)	3:05:03 (29:03)
12	578	John Heneghan	Pudsey & Bramley AC	M		0:28:38 (28:38)	1:15:24 (46:46)	1:46:36 (31:12)	2:04:18 (17:42)	2:34:23 (30:05)	3:05:30 (31:07)
13	167	Morgan Donnelly	Borrowdale Fell Runners	M		0:30:21 (30:21)	1:18:55 (48:34)	1:49:07 (30:12)	2:07:36 (18:29)	2:36:01 (28:25)	3:06:45 (30:44)
14	323	Lloyd Taggart	Dark Peak Fell Runners C	M		0:28:36 (28:36)	1:17:32 (48:56)	1:44:52 (27:20)	2:03:33 (18:41)	2:31:57 (28:24)	3:06:49 (34:52)
15	109	Nick Sharp	Ambleside AC	M		0:32:44 (32:44)	1:20:58 (48:14)	1:50:40 (29:42)	2:08:35 (17:55)	2:37:21 (28:46)	3:07:06 (29:45)
16	427	David Milliken	Horwich RMI Harriers	MV40	Nov	0:30:48 (30:48)	1:19:15 (48:27)	1:50:05 (30:50)	2:07:37 (17:32)	2:37:14 (29:37)	3:07:38 (30:24)
17	532	Pete Vale	Mercia Fell RC	M		0:30:10 (30:10)	1:19:41 (49:31)	1:49:53 (30:12)	2:07:47 (17:54)	2:37:32 (29:45)	3:08:10 (30:38)
18	25	Jon Tvedt	GULAR IL	MV40	Nov	0:28:22 (28:22)	1:17:14 (48:52)	1:44:41 (27:27)	2:05:20 (20:39)	2:32:34 (27:14)	3:08:53 (36:19)
19	312	John Hunt	Dark Peak Fell Runners C	MV40		0:30:46 (30:46)	1:18:56 (48:10)	1:50:10 (31:14)	2:08:33 (18:23)	2:38:37 (30:04)	3:09:13 (30:36)
20	533	Tim Werrett	Mercia Fell RC	M		0:29:55 (29:55)	1:20:00 (50:05)	1:50:20 (30:20)	2:08:15 (17:55)	2:38:36 (30:21)	3:09:18 (30:42)
21	425	Russell Maddams	Horwich RMI Harriers	M	Nov	0:31:47 (31:47)	1:21:41 (49:54)	1:52:58 (31:17)	2:10:20 (17:22)	2:40:38 (30:18)	3:09:20 (28:42)
22	581	Nicholas Leigh	Pudsey & Bramley AC	M	Nov	0:31:16 (31:16)	1:20:54 (49:38)	1:51:57 (31:03)	2:08:58 (17:01)	2:39:46 (30:48)	3:10:32 (30:46)
23	135	Ian Holmes	Bingley Harriers & AC	MV40		0:28:56 (28:56)	1:14:30 (45:34)	1:45:56 (31:26)	2:04:21 (18:25)	2:40:42 (36:21)	3:11:39 (30:57)
24	140	Robin Lawrence	Bingley Harriers & AC	M		0:32:00 (32:00)	1:21:50 (49:50)	1:53:32 (31:42)	2:11:30 (17:58)	2:42:45 (31:15)	3:12:12 (29:27)
25	51	Juan Antonio Ruiz G	RUNNING TEAM	M	Nov	0:30:47 (30:47)	1:20:57 (50:10)	1:52:51 (31:54)	2:10:18 (17:27)	2:41:45 (31:27)	3:12:26 (30:41)
26	191	Adam Breaks	Calder Valley Fell Runner	M		0:31:44 (31:44)	1:22:56 (51:12)	1:54:54 (31:58)	2:13:26 (18:32)	2:42:57 (29:31)	3:12:53 (29:56)
27	550	Charles Stead	Northumberland Fell Run	M		0:31:04 (31:04)	1:21:23 (50:19)	1:52:49 (31:26)	2:11:38 (18:49)	2:41:59 (30:21)	3:12:56 (30:57)

28	424	James Logue	Horwich RMI Harriers	M		0:31:38	(31:38)	1:22:24	(50:46)	1:54:42	(32:18)	2:12:23	(17:41)	2:43:32	(31:09)	3:13:19	(29:47)
29	529	Andrew Davies	Mercia Fell RC	M	Nov	0:31:17	(31:17)	1:21:08	(49:51)	1:51:15	(30:07)	2:09:04	(17:49)	2:41:05	(32:01)	3:13:30	(32:25)
30	667	Stephen Pyke	Staffordshire Moorlands A	MV40	Nov	0:31:48	(31:48)	1:22:37	(50:49)	1:54:14	(31:37)	2:12:48	(18:34)	2:43:22	(30:34)	3:13:40	(30:18)
31	540	Des Woods	Mourne Runners	MV40	Nov	0:30:53	(30:53)	1:21:48	(50:55)	1:52:43	(30:55)	2:12:13	(19:30)	2:42:22	(30:09)	3:14:23	(32:01)
32	76	Anna Pichrtova	X-Air Ostrava/ La Sportiva	F	Nov	0:30:54	(30:54)	1:22:33	(51:39)	1:54:21	(31:48)	2:13:04	(18:43)	2:43:12	(30:08)	3:14:43	(31:31)
33	111	Simon Stainer	Ambleside AC	M		0:31:01	(31:01)	1:20:52	(49:51)	1:52:04	(31:12)	2:10:28	(18:24)	2:42:00	(31:32)	3:15:16	(33:16)
34	585	Graham Pearce	Pudsey & Bramley AC	M		0:32:11	(32:11)	1:24:23	(52:12)	1:55:44	(31:21)	2:14:00	(18:16)	2:44:19	(30:19)	3:15:20	(31:01)
35	64	Jason Bryant	La Sportiva Mountain Run	M	Nov	0:30:15	(30:15)	1:21:38	(51:23)	1:52:43	(31:05)	2:11:47	(19:04)	2:43:19	(31:32)	3:15:26	(32:07)
36	575	Gary Devine	Pudsey & Bramley AC	MV40		0:30:24	(30:24)	1:19:28	(49:04)	1:51:30	(32:02)	2:09:23	(17:53)	2:42:56	(33:33)	3:16:09	(33:13)
37	582	Ian Nixon	Pudsey & Bramley AC	M	Nov	0:31:50	(31:50)	1:23:53	(52:03)	1:55:51	(31:58)	2:14:04	(18:13)	2:45:20	(31:16)	3:16:15	(30:55)
38	580	Danny Hope	Pudsey & Bramley AC	M	Nov	0:30:59	(30:59)	1:22:05	(51:06)	1:52:32	(30:27)	2:11:13	(18:41)	2:42:05	(30:52)	3:16:32	(34:27)
39	58	Daniel Bolt	LC Meilen	M	Nov	0:30:12	(30:12)	1:17:10	(46:58)	1:47:44	(30:34)	2:04:13	(16:29)	2:39:06	(34:53)	3:17:02	(37:56)
40	172	Chris Steele	Borrowdale Fell Runners	M	Nov	0:30:25	(30:25)	1:18:59	(48:34)	1:51:24	(32:25)	2:09:46	(18:22)	2:42:42	(32:56)	3:17:37	(34:55)
41	174	Barry Wilkinson	Borrowdale Fell Runners	MV40	Nov	0:33:30	(33:30)	1:26:27	(52:57)	1:58:51	(32:24)	2:16:44	(17:53)	2:47:20	(30:36)	3:17:50	(30:30)
42	511	Chris Birchall	Leeds City AC	M	Nov	0:29:27	(29:27)	1:20:28	(51:01)	1:51:53	(31:25)	2:13:21	(21:28)	2:45:18	(31:57)	3:18:53	(33:35)
43	316	Jon Morgan	Dark Peak Fell Runners C	MV40	Nov	0:31:19	(31:19)	1:24:05	(52:46)	1:55:49	(31:44)	2:13:56	(18:07)	2:45:26	(31:30)	3:19:08	(33:42)
44	476	Christopher Loftus	Keighley & Craven AC	M		0:31:27	(31:27)	1:23:43	(52:16)	1:56:14	(32:31)	2:16:06	(19:52)	2:48:22	(32:16)	3:20:38	(32:16)
45	694	Christopher Smale	Todmorden Harriers & AC	MV40	Nov	0:32:08	(32:08)	1:24:49	(52:41)	1:55:25	(30:36)	2:15:39	(20:14)	2:47:03	(31:24)	3:20:48	(33:45)
46	805	Angela Mudge	Carnethy Hill RC	F		0:31:52	(31:52)	1:24:10	(52:18)	1:55:28	(31:18)	2:15:37	(20:09)	2:46:37	(31:00)	3:20:53	(34:16)
47	697	Jonathan Wright	Todmorden Harriers & AC	M		0:32:08	(32:08)	1:24:52	(52:44)	1:57:01	(32:09)	2:16:02	(19:01)	2:48:58	(32:56)	3:21:05	(32:07)
48	107	Jonathan Deegan	Ambleside AC	MV40		0:32:17	(32:17)	1:23:03	(50:46)	1:56:32	(33:29)	2:16:08	(19:36)	2:48:13	(32:05)	3:21:28	(33:15)
49	155	Thomas Cornthwaite	Blackburn Harriers & AC	Mu25	Nov	0:29:19	(29:19)	1:17:19	(48:00)	1:49:23	(32:04)	2:09:49	(20:26)	2:44:48	(34:59)	3:21:31	(36:43)
50	202	Ben Mounsey	Calder Valley Fell Runner	M	Nov	0:31:43	(31:43)	1:23:44	(52:01)	1:55:23	(31:39)	2:14:35	(19:12)	2:47:14	(32:39)	3:23:14	(36:00)
51	584	Richard Pattinson	Pudsey & Bramley AC	MV40		0:31:30	(31:30)	1:22:17	(50:47)	1:53:48	(31:31)	2:13:04	(19:16)	2:47:47	(34:43)	3:23:24	(35:37)
52	24	John Winsbury	Australian Mountain Runni	M	Nov	0:30:05	(30:05)	1:18:59	(48:54)	1:51:39	(32:40)	2:10:50	(19:11)	2:48:24	(37:34)	3:24:03	(35:39)
53	186	Michael Whyatt	Bowland Fell Runners	MV40		0:30:52	(30:52)	1:22:19	(51:27)	1:54:58	(32:39)	2:15:15	(20:17)	2:47:42	(32:27)	3:24:31	(36:49)
54	178	Quentin Harding	Bowland Fell Runners	MV40		0:34:29	(34:29)	1:28:34	(54:05)	2:01:48	(33:14)	2:21:42	(19:54)	2:53:05	(31:23)	3:24:32	(31:27)
55	171	Andrew Schofield	Borrowdale Fell Runners	MV40		0:31:22	(31:22)	1:23:04	(51:42)	1:54:49	(31:45)	2:14:07	(19:18)	2:47:34	(33:27)	3:24:36	(37:02)
56	437	Dan Gay	Hunters Bog Trotters	M	Nov	0:32:05	(32:05)	1:24:03	(51:58)	1:58:56	(34:53)	2:19:27	(20:31)	2:51:54	(32:27)	3:24:42	(32:48)
57	2	Barry Keem	Australian Mountain Runni	M	Nov	0:29:22	(29:22)	1:21:22	(52:00)	1:53:30	(32:08)	2:14:54	(21:24)	2:46:58	(32:04)	3:24:59	(38:01)
58	573	Stephen Bottomley	Pudsey & Bramley AC	MV40		0:32:50	(32:50)	1:26:50	(54:00)	1:59:02	(32:12)	2:18:52	(19:50)	2:49:55	(31:03)	3:25:13	(35:18)
59	40	Alexander Falenkov	Parsec Club Russia	Mu25	Nov	0:30:11	(30:11)	1:21:20	(51:09)	1:55:20	(34:00)	2:17:42	(22:22)	2:51:21	(33:39)	3:25:21	(34:00)
60	724	Ted Mason	Wharfedale Harriers	M	Nov	0:30:49	(30:49)	1:19:52	(49:03)	1:53:28	(33:36)	2:10:55	(17:27)	2:48:34	(37:39)	3:25:32	(36:58)

61	69	Angela Bateup	Australian Mountain Runni	F	Nov	0:33:39	(33:39)	1:26:52	(53:13)	2:00:01	(33:09)	2:20:28	(20:27)	2:52:53	(32:25)	3:25:33	(32:40)
62	700	Nigel Bunn	Tring RC	MV40		0:33:38	(33:38)	1:25:50	(52:12)	2:00:14	(34:24)	2:18:52	(18:38)	2:53:01	(34:09)	3:25:49	(32:48)
63	78	Anna Frost	New Zealand	F	Nov	0:33:26	(33:26)	1:28:21	(54:55)	2:01:19	(32:58)	2:21:51	(20:32)	2:52:25	(30:34)	3:26:13	(33:48)
64	338	Paul Ward	Dewsbury Road Runners	M	Nov	0:31:24	(31:24)	1:24:43	(53:19)	1:58:11	(33:28)	2:18:31	(20:20)	2:51:43	(33:12)	3:26:33	(34:50)
65	126	Lee Athersmith	Bingley Harriers & AC	M		0:31:28	(31:28)	1:20:39	(49:11)	1:53:15	(32:36)	2:10:24	(17:09)	2:51:28	(41:04)	3:26:43	(35:15)
66	537	Gary Bailey	Mourne Runners	M	Nov	0:33:10	(33:10)	1:25:55	(52:45)	1:59:17	(33:22)	2:19:37	(20:20)	2:52:41	(33:04)	3:27:24	(34:43)
67	701	Kevin Harding	Tring RC	MV40		0:33:20	(33:20)	1:26:52	(53:32)	2:01:37	(34:45)	2:21:44	(20:07)	2:54:23	(32:39)	3:27:43	(33:20)
68	304	Joe Blackett	Dark Peak Fell Runners C	MV40		0:34:02	(34:02)	1:26:57	(52:55)	1:59:20	(32:23)	2:18:30	(19:10)	2:52:38	(34:08)	3:28:05	(35:27)
69	16	Mohamad Ahansal	MTV Ingolstadt- Germany	M	Nov	0:29:25	(29:25)	1:21:22	(51:57)	1:52:54	(31:32)	2:13:24	(20:30)	2:50:25	(37:01)	3:28:35	(38:10)
70	307	Mike Egner	Dark Peak Fell Runners C	MV50		0:32:58	(32:58)	1:26:03	(53:05)	2:00:06	(34:03)	2:20:06	(20:00)	2:54:03	(33:57)	3:28:50	(34:47)
71	160	Matthew Nuttall	Blackburn Harriers & AC	M		0:32:08	(32:08)	1:22:05	(49:57)	1:56:40	(34:35)	2:17:16	(20:36)	2:51:59	(34:43)	3:29:02	(37:03)
72	282	Lewis Banton	Clowne Roadrunners	M		0:33:11	(33:11)	1:26:56	(53:45)	2:00:21	(33:25)	2:22:33	(22:12)	2:54:36	(32:03)	3:29:06	(34:30)
73	237	Dominic Raby	Chorley Harriers	M		0:32:49	(32:49)	1:24:56	(52:07)	1:59:24	(34:28)	2:18:38	(19:14)	2:54:24	(35:46)	3:29:07	(34:43)
74	179	Richard Mellon	Bowland Fell Runners	M	Nov	0:33:21	(33:21)	1:27:11	(53:50)	2:01:39	(34:28)	2:21:18	(19:39)	2:56:13	(34:55)	3:29:21	(33:08)
75	496	David Birch	Keswick AC	M	Nov	0:34:41	(34:41)	1:29:17	(54:36)	2:03:51	(34:34)	2:23:28	(19:37)	2:56:17	(32:49)	3:29:25	(33:08)
76	301	Steve Bell	Dark Peak Fell Runners C	MV40		0:33:12	(33:12)	1:28:19	(55:07)	2:01:11	(32:52)	2:22:31	(21:20)	2:54:45	(32:14)	3:29:37	(34:52)
77	15	Tucker Murphy	Oxford University	M	Nov	0:32:59	(32:59)	1:25:44	(52:45)	1:58:30	(32:46)	2:17:44	(19:14)	2:53:16	(35:32)	3:29:45	(36:29)
78	226	Bill Fairmaner	Cheshire Hill Racers	MV40	Nov	0:34:38	(34:38)	1:29:16	(54:38)	2:03:03	(33:47)	2:23:07	(20:04)	2:56:18	(33:11)	3:29:51	(33:33)
79	583	Jamie Noon	Pudsey & Bramley AC	M	Nov	0:32:27	(32:27)	1:25:21	(52:54)	1:59:26	(34:05)	2:19:50	(20:24)	2:53:49	(33:59)	3:29:53	(36:04)
80	405	Tom Brunt	Holmfirth Harriers AC	M		0:33:19	(33:19)	1:27:13	(53:54)	2:01:17	(34:04)	2:21:46	(20:29)	2:54:49	(33:03)	3:30:06	(35:17)
81	509	David Eiser	Knavesmire Harriers	M		0:34:05	(34:05)	1:27:44	(53:39)	2:01:41	(33:57)	2:21:03	(19:22)	2:53:19	(32:16)	3:30:21	(37:02)
82	112	Gary Thorpe	Ambleside AC	MV40		0:33:03	(33:03)	1:28:17	(55:14)	2:02:42	(34:25)	2:23:02	(20:20)	2:55:34	(32:32)	3:30:53	(35:19)
83	347	Derek Hurton	Eden Runners	MV40		0:33:08	(33:08)	1:27:01	(53:53)	2:00:07	(33:06)	2:20:27	(20:20)	2:52:45	(32:18)	3:30:59	(38:14)
84	549	Aengus McCullough	Northumberland Fell Run	M	Nov	0:34:43	(34:43)	1:30:32	(55:49)	2:06:16	(35:44)	2:25:53	(19:37)	3:00:17	(34:24)	3:31:04	(30:47)
85	181	Andy Mouncey	Bowland Fell Runners	MV40		0:34:37	(34:37)	1:28:40	(54:03)	2:03:47	(35:07)	2:22:07	(18:20)	2:57:06	(34:59)	3:31:05	(33:59)
86	37	David Naughton	Unattached	MV40		0:36:34	(36:34)	1:31:43	(55:09)	2:05:17	(33:34)	2:24:40	(19:23)	2:57:38	(32:58)	3:31:14	(33:36)
87	110	Anthony Smith	Ambleside AC	M		0:32:45	(32:45)	1:25:15	(52:30)	1:59:40	(34:25)	2:19:24	(19:44)	2:55:57	(36:33)	3:31:16	(35:19)
88	280	Garry Wilkinson	Clayton-le-Moors Harriers	MV40		0:33:53	(33:53)	1:28:18	(54:25)	2:02:25	(34:07)	2:22:22	(19:57)	2:56:38	(34:16)	3:31:19	(34:41)
89	662	Gregory Deacon	Springfield Striders RC	M		0:34:55	(34:55)	1:28:17	(53:22)	2:02:45	(34:28)	2:23:31	(20:46)	2:58:09	(34:38)	3:31:35	(33:26)
90	498	Steve Hebblethwaite	Keswick AC	M	Nov	0:36:07	(36:07)	1:31:55	(55:48)	2:05:22	(33:27)	2:25:03	(19:41)	2:58:17	(33:14)	3:32:01	(33:44)
91	553	Matthew Cox	Otley AC	M		0:32:18	(32:18)	1:25:22	(53:04)	1:59:05	(33:43)	2:19:52	(20:47)	2:56:23	(36:31)	3:32:26	(36:03)
92	718	Owen Beilby	Wharfedale Harriers	M	Nov	0:33:21	(33:21)	1:25:02	(51:41)	1:58:04	(33:02)	2:17:24	(19:20)	2:52:01	(34:37)	3:32:34	(40:33)
93	641	Alex Pilkington	Settle Harriers	M		0:34:50	(34:50)	1:28:52	(54:02)	2:03:37	(34:45)	2:22:16	(18:39)	2:59:09	(36:53)	3:32:48	(33:39)

94	182	Christopher Reade	Bowland Fell Runners	MV40			0:33:59	(33:59)	1:28:52	(54:53)	2:03:14	(34:22)	2:23:24	(20:10)	2:58:40	(35:16)	3:32:56	(34:16)
95	59	Dan Uebersax	LC Uster	M	Nov		0:30:34	(30:34)	1:22:33	(51:59)	1:56:32	(33:59)	2:19:00	(22:28)	2:52:50	(33:50)	3:33:33	(40:43)
96	318	Mike Robinson	Dark Peak Fell Runners C	M	Nov		0:34:56	(34:56)	1:30:57	(56:01)	2:06:24	(35:27)	2:26:51	(20:27)	3:00:36	(33:45)	3:33:34	(32:58)
97	265	Dave Nuttall	Clayton-le-Moors Harriers	MV40			0:35:19	(35:19)	1:31:04	(55:45)	2:06:27	(35:23)	2:26:35	(20:08)	3:01:14	(34:39)	3:33:37	(32:23)
98	393	Mark Richards	Goyt Valley Striders	MV40			0:33:02	(33:02)	1:26:59	(53:57)	2:00:54	(33:55)	2:22:31	(21:37)	2:56:21	(33:50)	3:33:52	(37:31)
98	591	Charlie Johnson	Pudsey Pacers RC	M	Nov		0:35:13	(35:13)	1:30:27	(55:14)	2:05:26	(34:59)	2:25:20	(19:54)	3:00:18	(34:58)	3:33:52	(33:34)
100	786	Sharon Taylor	Bingley Harriers & AC	F			0:35:06	(35:06)	1:30:43	(55:37)	2:06:48	(36:05)	2:26:32	(19:44)	3:01:15	(34:43)	3:34:15	(33:00)
101	352	Jackie Winn	Ellenborough AC	MV50	Nov		0:34:52	(34:52)	1:29:58	(55:06)	2:06:12	(36:14)	2:25:48	(19:36)	3:00:53	(35:05)	3:34:16	(33:23)
102	209	Jason Stevens	Calder Valley Fell Runner	M			0:34:17	(34:17)	1:29:19	(55:02)	2:05:20	(36:01)	2:26:05	(20:45)	3:00:23	(34:18)	3:34:31	(34:08)
103	84	Elena Rukhlyada	Parsec Club Russia	Fu25	Nov		0:31:34	(31:34)	1:25:23	(53:49)	1:58:06	(32:43)	2:20:24	(22:18)	2:55:59	(35:35)	3:34:35	(38:36)
104	43	Vasily Tverdokhvalov	Parsec Club Russia	Mu25	Nov		0:27:46	(27:46)	1:16:36	(48:50)	1:54:54	(38:18)	2:19:59	(25:05)	2:54:39	(34:40)	3:35:06	(40:27)
105	314	Robert Little	Dark Peak Fell Runners C	Mu25			0:29:10	(29:10)	1:17:14	(48:04)	1:48:11	(30:57)	2:06:40	(18:29)	2:40:13	(33:33)	3:35:08	(54:55)
106	516	Mick Green	Lostock AC	MV40			0:35:22	(35:22)	1:30:59	(55:37)	2:07:31	(36:32)	2:26:45	(19:14)	3:01:59	(35:14)	3:35:19	(33:20)
107	355	Neil Holmes	Erme Valley Harriers	MV40	Nov		0:31:49	(31:49)	1:25:28	(53:39)	2:00:33	(35:05)	2:21:58	(21:25)	2:58:43	(36:45)	3:35:34	(36:51)
108	82	Evgeniya Danilova	Parsec Club Russia	F	Nov		0:32:48	(32:48)	1:27:40	(54:52)	2:02:20	(34:40)	2:24:27	(22:07)	2:58:03	(33:36)	3:35:36	(37:33)
109	229	Darren Holloway	Pennine Fell Runners	M	Nov		0:35:10	(35:10)	1:30:22	(55:12)	2:05:36	(35:14)	2:25:58	(20:22)	3:00:33	(34:35)	3:35:47	(35:14)
110	122	Phil Hinchliffe	Barnsley Harriers	M			0:34:24	(34:24)	1:29:13	(54:49)	2:03:22	(34:09)	2:24:28	(21:06)	2:59:17	(34:49)	3:35:49	(36:32)
111	415	Brendan Bolland	Horwich RMI Harriers	MV40			0:33:10	(33:10)	1:31:29	(58:19)	2:08:02	(36:33)	2:28:48	(20:46)	3:01:14	(32:26)	3:35:53	(34:39)
112	266	Andrew Orr	Clayton-le-Moors Harriers	M			0:35:46	(35:46)	1:31:04	(55:18)	2:06:50	(35:46)	2:26:43	(19:53)	3:01:52	(35:09)	3:36:24	(34:32)
113	12	Sebastian Shepley	Tipton Harriers	MV40			0:31:38	(31:38)	1:25:22	(53:44)	1:59:12	(33:50)	2:21:44	(22:32)	2:59:00	(37:16)	3:37:16	(38:16)
114	380	Mark Keane	FRA	MV40			0:33:08	(33:08)	1:25:24	(52:16)	1:59:42	(34:18)	2:21:55	(22:13)	2:57:01	(35:06)	3:37:22	(40:21)
115	335	Andrew Cottier	Dewsbury Road Runners	M	Nov		0:33:45	(33:45)	1:29:37	(55:52)	2:05:12	(35:35)	2:26:21	(21:09)	3:00:46	(34:25)	3:37:45	(36:59)
116	278	Mike Wallis	Clayton-le-Moors Harriers	MV50			0:33:47	(33:47)	1:32:57	(59:10)	2:08:16	(35:19)	2:28:30	(20:14)	3:03:06	(34:36)	3:38:26	(35:20)
117	492	Paul Dugdale	Kendal AAC	MV40			0:33:50	(33:50)	1:27:23	(53:33)	2:02:58	(35:35)	2:23:46	(20:48)	3:01:21	(37:35)	3:38:38	(37:17)
118	793	Helen Fines	Calder Valley Fell Runner	F	Nov		0:36:23	(36:23)	1:33:04	(56:41)	2:09:47	(36:43)	2:29:08	(19:21)	3:05:02	(35:54)	3:38:42	(33:40)
119	55	Rickard Seger	Ladonia Mountain Trophy	Mu25	Nov		0:35:12	(35:12)	1:30:59	(55:47)	2:05:58	(34:59)	2:27:47	(21:49)	3:00:44	(32:57)	3:38:58	(38:14)
120	196	Richard Greenwood	Calder Valley Fell Runner	MV40			0:35:26	(35:26)	1:32:04	(56:38)	2:07:20	(35:16)	2:28:16	(20:56)	3:04:45	(36:29)	3:38:59	(34:14)
121	326	Thomas Webb	Dark Peak Fell Runners C	M	Nov		0:34:21	(34:21)	1:29:00	(54:39)	2:05:50	(36:50)	2:26:42	(20:52)	3:03:23	(36:41)	3:39:13	(35:50)
122	232	Tom Mcgaff	Cheshire Hill Racers	MV50			0:33:23	(33:23)	1:27:41	(54:18)	2:02:56	(35:15)	2:24:52	(21:56)	2:59:24	(34:32)	3:39:18	(39:54)
123	302	James Bell	Dark Peak Fell Runners C	MV40			0:36:12	(36:12)	1:34:15	(58:03)	2:09:37	(35:22)	2:30:42	(21:05)	3:04:16	(33:34)	3:39:43	(35:27)
124	862	Fiona Maxwell	Mourne Runners	FV40	Nov		0:35:19	(35:19)	1:32:06	(56:47)	2:07:35	(35:29)	2:29:14	(21:39)	3:03:26	(34:12)	3:39:52	(36:26)
125	49	Luis Marcos Silvestre	RUNNING TEAM	MV40	Nov		0:34:43	(34:43)	1:30:23	(55:40)	2:05:45	(35:22)	2:26:35	(20:50)	3:04:58	(38:23)	3:40:24	(35:26)
126	321	Steve Storey	Dark Peak Fell Runners C	MV50			0:37:01	(37:01)	1:34:11	(57:10)	2:11:07	(36:56)	2:32:07	(21:00)	3:07:25	(35:18)	3:41:10	(33:45)

127	419	Philip Dewhurst	Horwich RMI Harriers	MV40		0:35:52	(35:52)	1:31:03	(55:11)	2:06:39	(35:36)	2:28:12	(21:33)	3:04:01	(35:49)	3:41:14	(37:13)
128	413	Andrew Wright	Mercia Fell RC	MV40		0:33:06	(33:06)	1:27:28	(54:22)	2:01:22	(33:54)	2:23:19	(21:57)	3:00:13	(36:54)	3:41:27	(41:14)
129	1	Trevor Jacobs	Australian Mountain Runni	MV50	Nov	0:33:50	(33:50)	1:29:54	(56:04)	2:04:41	(34:47)	2:26:40	(21:59)	3:04:06	(37:26)	3:42:24	(38:18)
130	542	Andrew Rankin	Muddy Mucky Monkeys	M	Nov	0:33:32	(33:32)	1:27:38	(54:06)	2:02:29	(34:51)	2:24:32	(22:03)	3:03:14	(38:42)	3:42:45	(39:31)
131	169	Martin Holroyd	Borrowdale Fell Runners	MV40		0:36:56	(36:56)	1:34:56	(58:00)	2:12:22	(37:26)	2:31:19	(18:57)	3:08:16	(36:57)	3:42:46	(34:30)
132	294	Jerry Dawson	Cumberland Fell Runners	MV40	Nov	0:38:21	(38:21)	1:36:25	(58:04)	2:12:37	(36:12)	2:33:10	(20:33)	3:07:51	(34:41)	3:42:48	(34:57)
133	563	Geoff Briggs	Pennine Fell Runners	MV40	Nov	0:35:37	(35:37)	1:30:33	(54:56)	2:06:55	(36:22)	2:27:36	(20:41)	3:05:39	(38:03)	3:42:50	(37:11)
134	429	Graham Schofield	Horwich RMI Harriers	MV50		0:38:06	(38:06)	1:36:59	(58:53)	2:13:52	(36:53)	2:33:35	(19:43)	3:09:58	(36:23)	3:42:58	(33:00)
135	699	Rick Ansell	Tring RC	MV40		0:35:32	(35:32)	1:32:40	(57:08)	2:08:11	(35:31)	2:29:47	(21:36)	3:06:13	(36:26)	3:43:03	(36:50)
136	106	Neil Ashcroft	Ambleside AC	MV40		0:33:03	(33:03)	1:26:04	(53:01)	2:04:39	(38:35)	2:24:52	(20:13)	3:05:44	(40:52)	3:43:18	(37:34)
137	320	Mick Stenton	Dark Peak Fell Runners C	MV40		0:34:21	(34:21)	1:30:07	(55:46)	2:05:33	(35:26)	2:27:56	(22:23)	3:03:25	(35:29)	3:43:38	(40:13)
138	745	Edward Cadogan	Unattached	M		0:35:43	(35:43)	1:31:55	(56:12)	2:07:44	(35:49)	2:28:25	(20:41)	3:04:48	(36:23)	3:43:47	(38:59)
139	504	David White	Kilmarnock Harriers	MV40	Nov	0:35:39	(35:39)	1:31:51	(56:12)	2:06:47	(34:56)	2:26:47	(20:00)	3:07:15	(40:28)	3:43:49	(36:34)
140	428	Alastair Murray	Horwich RMI Harriers	M	Nov	0:34:56	(34:56)	1:30:56	(56:00)	2:06:24	(35:28)	2:27:59	(21:35)	3:05:01	(37:02)	3:43:50	(38:49)
141	83	Ekaterina Nechunaev	Parsec Club Russia	Fu25	Nov	0:34:40	(34:40)	1:33:10	(58:30)	2:09:11	(36:01)	2:32:02	(22:51)	3:07:15	(35:13)	3:43:52	(36:37)
142	490	Mark Wilkinson	Keighley & Craven AC	M		0:33:44	(33:44)	1:28:24	(54:40)	2:04:27	(36:03)	2:24:48	(20:21)	3:00:39	(35:51)	3:44:01	(43:22)
143	284	James Pearce	Congleton Harriers & AC	M		0:37:27	(37:27)	1:35:11	(57:44)	2:11:28	(36:17)	2:32:25	(20:57)	3:08:27	(36:02)	3:44:21	(35:54)
144	554	Edward Davies	Otley AC	M		0:34:13	(34:13)	1:30:08	(55:55)	2:06:11	(36:03)	2:28:59	(22:48)	3:03:16	(34:17)	3:44:33	(41:17)
145	293	Peter Crompton	Cumberland Fell Runners	MV50		0:35:09	(35:09)	1:31:18	(56:09)	2:07:33	(36:15)	2:29:11	(21:38)	3:06:47	(37:36)	3:44:58	(38:11)
146	726	Lucas Payne	Wharfedale Harriers	M		0:36:54	(36:54)	1:37:00	(60:06)	2:12:28	(35:28)	2:34:15	(21:47)	3:08:09	(33:54)	3:45:00	(36:51)
147	230	Stephen Lang	Cheshire Hill Racers	M	Nov	0:36:30	(36:30)	1:36:20	(59:50)	2:12:52	(36:32)	2:34:00	(21:08)	3:08:23	(34:23)	3:45:04	(36:41)
148	105	David Crayston	Ambleside AC	MV40	Nov	0:35:39	(35:39)	1:31:52	(56:13)	2:09:32	(37:40)	2:30:14	(20:42)	3:07:42	(37:28)	3:45:12	(37:30)
149	523	Stephen Watts	Macclesfield Harriers & A	MV40	Nov	0:35:45	(35:45)	1:33:23	(57:38)	2:08:55	(35:32)	2:31:06	(22:11)	3:07:07	(36:01)	3:45:23	(38:16)
150	308	Ron Fawcett	Dark Peak Fell Runners C	MV50		0:35:47	(35:47)	1:32:38	(56:51)	2:09:40	(37:02)	2:30:39	(20:59)	3:07:58	(37:19)	3:45:42	(37:44)
151	241	Christopher Balderso	Clayton-le-Moors Harriers	MV40		0:34:55	(34:55)	1:31:51	(56:56)	2:08:23	(36:32)	2:30:11	(21:48)	3:07:55	(37:44)	3:46:08	(38:13)
152	131	Stephen Fry	Bingley Harriers & AC	MV40		0:35:08	(35:08)	1:30:45	(55:37)	2:07:50	(37:05)	2:32:47	(24:57)	3:09:37	(36:50)	3:46:53	(37:16)
153	142	Andrew Nicoll	Bingley Harriers & AC	M		0:35:10	(35:10)	1:32:01	(56:51)	2:11:14	(39:13)	2:33:09	(21:55)	3:11:20	(38:11)	3:47:00	(35:40)
154	798	Sally Newman	Calder Valley Fell Runner	FV40		0:36:51	(36:51)	1:34:18	(57:27)	2:11:15	(36:57)	2:32:24	(21:09)	3:09:40	(37:16)	3:47:04	(37:24)
155	539	Jim Patterson	Mourne Runners	MV60	Nov	0:37:01	(37:01)	1:35:30	(58:29)	2:12:21	(36:51)	2:34:37	(22:16)	3:10:19	(35:42)	3:47:35	(37:16)
156	407	John Ewart	Holmfirth Harriers AC	MV50		0:35:28	(35:28)	1:32:09	(56:41)	2:08:30	(36:21)	2:29:32	(21:02)	3:08:54	(39:22)	3:47:37	(38:43)
157	491	Phil Clark	Kendal AAC	MV50		0:36:07	(36:07)	1:35:21	(59:14)	2:12:09	(36:48)	2:33:38	(21:29)	3:10:18	(36:40)	3:47:43	(37:25)
158	803	Jo Waites	Calder Valley Fell Runner	F	Nov	0:36:12	(36:12)	1:35:26	(59:14)	2:14:03	(38:37)	2:35:58	(21:55)	3:12:58	(37:00)	3:47:55	(34:57)
159	721	Jason Hemsley	Wharfedale Harriers	M		0:37:09	(37:09)	1:36:01	(58:52)	2:12:09	(36:08)	2:33:45	(21:36)	3:09:09	(35:24)	3:48:06	(38:57)

160	90	Keri Nelson	La Sportiva Mountain Run	F	Nov	0:36:25	(36:25)	1:34:29	(58:04)	2:10:19	(35:50)	2:32:10	(21:51)	3:08:52	(36:42)	3:48:13	(39:21)
161	629	John Dryden	Settle Harriers	MV40		0:35:19	(35:19)	1:31:47	(56:28)	2:11:04	(39:17)	2:32:05	(21:01)	3:11:16	(39:11)	3:48:29	(37:13)
162	683	Dave Collins	Todmorden Harriers & AC	MV50		0:37:48	(37:48)	1:36:58	(59:10)	2:14:21	(37:23)	2:35:25	(21:04)	3:11:37	(36:12)	3:48:47	(37:10)
163	514	Sam Barron	Lonsdale Fellrunners	M		0:36:48	(36:48)	1:34:46	(57:58)	2:12:16	(37:30)	2:33:28	(21:12)	3:11:04	(37:36)	3:48:51	(37:47)
164	612	Kenneth Taylor	Rosendale Harriers & A	MV60		0:35:34	(35:34)	1:30:47	(55:13)	2:08:14	(37:27)	2:29:52	(21:38)	3:10:35	(40:43)	3:49:02	(38:27)
165	146	Jamie Robinson	Bingley Harriers & AC	M		0:34:41	(34:41)	1:29:46	(55:05)	2:06:59	(37:13)	2:28:51	(21:52)	3:08:24	(39:33)	3:49:18	(40:54)
166	398	Rob Blyth	Helm Hill Runners	MV40		0:36:04	(36:04)	1:34:04	(58:00)	2:10:23	(36:19)	2:32:08	(21:45)	3:10:39	(38:31)	3:49:19	(38:40)
167	569	Steven Bamber	Preston Harriers	MV40		0:37:58	(37:58)	1:37:27	(59:29)	2:14:18	(36:51)	2:35:23	(21:05)	3:12:25	(37:02)	3:49:22	(36:57)
168	402	Ross Bannerman	Highland Hill Runners	M	Nov	0:37:03	(37:03)	1:34:56	(57:53)	2:12:23	(37:27)	2:34:18	(21:55)	3:13:01	(38:43)	3:49:24	(36:23)
169	185	Ali Welsh	Bowland Fell Runners	MV40		0:36:06	(36:06)	1:33:42	(57:36)	2:10:57	(37:15)	2:32:50	(21:53)	3:11:07	(38:17)	3:49:44	(38:37)
170	279	Stephen Whitaker	Clayton-le-Moors Harriers	MV40		0:35:44	(35:44)	1:33:04	(57:20)	2:10:57	(37:53)	2:31:59	(21:02)	3:11:38	(39:39)	3:49:59	(38:21)
171	260	Brian Horrocks	Clayton-le-Moors Harriers	MV40		0:37:42	(37:42)	1:37:17	(59:35)	2:14:42	(37:25)	2:36:34	(21:52)	3:13:53	(37:19)	3:50:08	(36:15)
172	822	Judith Jepson	Dark Peak Fell Runners C	FV40	Nov	0:36:23	(36:23)	1:36:35	(60:12)	2:13:31	(36:56)	2:36:08	(22:37)	3:11:51	(35:43)	3:50:20	(38:29)
173	244	Pete Booth	Clayton-le-Moors Harriers	MV50		0:38:43	(38:43)	1:37:11	(58:28)	2:14:43	(37:32)	2:35:57	(21:14)	3:14:06	(38:09)	3:50:52	(36:46)
174	291	Andy Beaty	Cumberland Fell Runners	MV50		0:36:11	(36:11)	1:34:27	(58:16)	2:12:37	(38:10)	2:33:48	(21:11)	3:12:00	(38:12)	3:50:57	(38:57)
175	704	Mick Loftus	Valley Striders AC	MV40		0:36:52	(36:52)	1:34:32	(57:40)	2:10:53	(36:21)	2:31:26	(20:33)	3:14:03	(42:37)	3:51:03	(37:00)
176	290	Dennis McDonald	Cosmic Hillbashers	MV40	Nov	0:37:42	(37:42)	1:36:48	(59:06)	2:14:35	(37:47)	2:36:47	(22:12)	3:14:14	(37:27)	3:51:04	(36:50)
177	552	John Armitstead	Otley AC	MV40		0:38:51	(38:51)	1:39:20	(60:29)	2:17:28	(38:08)	2:38:13	(20:45)	3:14:59	(36:46)	3:51:12	(36:13)
178	228	Ed Gamble	Cheshire Hill Racers	MV40		0:35:53	(35:53)	1:30:33	(54:40)	2:05:29	(34:56)	2:25:41	(20:12)	3:06:05	(40:24)	3:51:23	(45:18)
179	348	David Sargent	Eden Runners	MV40	Nov	0:35:06	(35:06)	1:30:57	(55:51)	2:07:09	(36:12)	2:28:36	(21:27)	3:08:31	(39:55)	3:51:36	(43:05)
180	572	Neil Armitage	Pudsey & Bramley AC	M		0:38:04	(38:04)	1:36:54	(58:50)	2:11:24	(34:30)	2:33:33	(22:09)	3:08:18	(34:45)	3:51:42	(43:24)
181	199	Kerry Jenkin	Calder Valley Fell Runner	M		0:38:29	(38:29)	1:37:29	(59:00)	2:15:52	(38:23)	2:38:05	(22:13)	3:14:57	(36:52)	3:52:05	(37:08)
182	396	Jonathan Whitaker	Harrogate Harriers & AC	MV40		0:36:37	(36:37)	1:35:37	(59:00)	2:13:51	(38:14)	2:36:19	(22:28)	3:13:21	(37:02)	3:52:23	(39:02)
183	306	Thomas Edwards	Dark Peak Fell Runners C	Mu25		0:37:32	(37:32)	1:37:56	(60:24)	2:16:30	(38:34)	2:38:59	(22:29)	3:16:43	(37:44)	3:52:29	(35:46)
184	368	Tom Scott	Fife AC	MV50	Nov	0:38:21	(38:21)	1:38:09	(59:48)	2:17:05	(38:56)	2:39:45	(22:40)	3:17:07	(37:22)	3:52:47	(35:40)
185	158	Paul Guinan	Blackburn Harriers & AC	M	Nov	0:33:08	(33:08)	1:26:03	(52:55)	2:00:47	(34:44)	2:22:28	(21:41)	3:05:43	(43:15)	3:53:01	(47:18)
186	621	Philip Pearson	Saltwell Harriers	MV40		0:38:31	(38:31)	1:37:11	(58:40)	2:16:05	(38:54)	2:38:13	(22:08)	3:15:36	(37:23)	3:53:31	(37:55)
187	525	Jonathan Newey	Malvern Joggers	M		0:33:40	(33:40)	1:27:00	(53:20)	2:01:33	(34:33)	2:23:28	(21:55)	3:06:13	(42:45)	3:53:52	(47:39)
188	391	Mark Ollerenshaw	Glossopdale Harriers	M		0:37:18	(37:18)	1:36:12	(58:54)	2:14:16	(38:04)	2:37:28	(23:12)	3:16:03	(38:35)	3:53:56	(37:53)
189	395	Bernard Grant	Harrogate Harriers & AC	MV50		0:33:59	(33:59)	1:29:03	(55:04)	2:06:57	(37:54)	2:30:20	(23:23)	3:10:15	(39:55)	3:53:58	(43:43)
190	565	Alan Kirk	Pennine Fell Runners	MV40		0:37:03	(37:03)	1:37:14	(60:11)	2:15:23	(38:09)	2:41:45	(26:22)	3:16:11	(34:26)	3:54:11	(38:00)
191	555	Dale Foster	Otley AC	M		0:35:08	(35:08)	1:28:11	(53:03)	2:06:40	(38:29)	2:27:23	(20:43)	3:16:06	(48:43)	3:54:13	(38:07)
192	456	Dave Wilby	Ilkley Harriers AC	M		0:34:03	(34:03)	1:29:51	(55:48)	2:06:52	(37:01)	2:30:28	(23:36)	3:13:09	(42:41)	3:54:32	(41:23)

193	577	Shane Green	Pudsey & Bramley AC	MV40	Nov	0:34:17	(34:17)	1:30:41	(56:24)	2:08:05	(37:24)	2:33:44	(25:39)	3:11:26	(37:42)	3:54:49	(43:23)
194	271	Colin Shuttleworth	Clayton-le-Moors Harriers	MV40		0:35:12	(35:12)	1:30:46	(55:34)	2:06:07	(35:21)	2:30:18	(24:11)	3:07:04	(36:46)	3:54:56	(47:52)
195	86	Mateja Sustarsic	SLO MR team	F	Nov	0:35:38	(35:38)	1:37:39	(62:01)	2:17:14	(39:35)	2:41:47	(24:33)	3:15:59	(34:12)	3:54:58	(38:59)
196	358	Andrew Trigg	Erme Valley Harriers	MV40	Nov	0:38:02	(38:02)	1:36:43	(58:41)	2:13:47	(37:04)	2:35:18	(21:31)	3:13:45	(38:27)	3:55:07	(41:22)
197	842	Emma Barclay	Ilkley Harriers AC	FV40		0:37:14	(37:14)	1:36:09	(58:55)	2:14:58	(38:49)	2:37:45	(22:47)	3:16:12	(38:27)	3:55:15	(39:03)
198	322	Nick Swift	Dark Peak Fell Runners C	M	Nov	0:33:13	(33:13)	1:28:01	(54:48)	2:04:43	(36:42)	2:29:39	(24:56)	3:13:06	(43:27)	3:55:27	(42:21)
199	501	David Owens	Keswick AC	MV50		0:38:33	(38:33)	1:38:01	(59:28)	2:16:34	(38:33)	2:39:05	(22:31)	3:16:25	(37:20)	3:55:37	(39:12)
200	677	Dave Sykes	Tattenhall Runners	M		0:37:08	(37:08)	1:35:58	(58:50)	2:15:15	(39:17)	2:37:30	(22:15)	3:16:05	(38:35)	3:55:39	(39:34)
201	62	James Harrison	Wharfedale Harriers	M	Nov	0:39:50	(39:50)	1:39:04	(59:14)	2:17:46	(38:42)	2:38:26	(20:40)	3:16:15	(37:49)	3:55:51	(39:36)
202	341	Paul Kelly	Durham Fell Runners	MV50		0:37:24	(37:24)	1:37:48	(60:24)	2:15:12	(37:24)	2:39:05	(23:53)	3:16:25	(37:20)	3:56:01	(39:36)
203	720	Paul Harlowe	Wharfedale Harriers	MV50	Nov	0:35:57	(35:57)	1:35:40	(59:43)	2:14:18	(38:38)	2:38:56	(24:38)	3:16:51	(37:55)	3:56:04	(39:13)
204	248	Kieran Carr	Clayton-le-Moors Harriers	MV60		0:38:47	(38:47)	1:37:27	(58:40)	2:16:12	(38:45)	2:37:40	(21:28)	3:18:15	(40:35)	3:56:06	(37:51)
205	709	Stephen Burthem	Warrington AC	MV40		0:37:04	(37:04)	1:35:30	(58:26)	2:13:02	(37:32)	2:35:20	(22:18)	3:15:02	(39:42)	3:56:18	(41:16)
206	687	Andrew Horsfall	Todmorden Harriers & AC	MV40		0:36:29	(36:29)	1:35:09	(58:40)	2:14:40	(39:31)	2:37:18	(22:38)	3:17:11	(39:53)	3:56:22	(39:11)
207	655	Martin Farrar	Skyrac AC	MV40		0:38:51	(38:51)	1:38:04	(59:13)	2:17:22	(39:18)	2:38:53	(21:31)	3:18:58	(40:05)	3:56:23	(37:25)
208	72	Fleur Flanery	Australian Mountain Runni	F	Nov	0:35:35	(35:35)	1:37:13	(61:38)	2:15:07	(37:54)	2:39:30	(24:23)	3:16:53	(37:23)	3:56:24	(39:31)
209	95	Brian Goodison	Abbey Runners Leeds	MV50		0:37:22	(37:22)	1:35:43	(58:21)	2:14:45	(39:02)	2:37:25	(22:40)	3:17:44	(40:19)	3:56:33	(38:49)
210	518	Barry Blyth	Macclesfield Harriers & A	MV60		0:37:07	(37:07)	1:36:14	(59:07)	2:15:03	(38:49)	2:36:55	(21:52)	3:16:27	(39:32)	3:56:36	(40:09)
211	872	Anna Lupton	Radcliffe AC	F		0:38:44	(38:44)	1:38:53	(60:09)	2:17:57	(39:04)	2:40:21	(22:24)	3:18:24	(38:03)	3:56:54	(38:30)
212	503	David Spedding	Keswick AC	MV60		0:38:16	(38:16)	1:38:52	(60:36)	2:17:07	(38:15)	2:39:26	(22:19)	3:18:16	(38:50)	3:56:56	(38:40)
213	856	Louise Roberts	Keswick AC	F		0:37:49	(37:49)	1:38:48	(60:59)	2:16:28	(37:40)	2:39:02	(22:34)	3:16:24	(37:22)	3:56:57	(40:33)
214	468	Des Fretwell	Keighley & Craven AC	MV50		0:36:07	(36:07)	1:35:41	(59:34)	2:14:51	(39:10)	2:37:48	(22:57)	3:16:02	(38:14)	3:57:04	(41:02)
215	201	Jonathan Moore	Calder Valley Fell Runner	MV40		0:38:36	(38:36)	1:38:45	(60:09)	2:17:19	(38:34)	2:39:07	(21:48)	3:18:18	(39:11)	3:57:23	(39:05)
216	356	Andrew Perry	Erme Valley Harriers	MV40	Nov	0:37:57	(37:57)	1:37:34	(59:37)	2:17:39	(40:05)	2:42:13	(24:34)	3:20:10	(37:57)	3:57:26	(37:16)
217	611	Craig Stansfield	Rossendale Harriers & A	MV40	Nov	0:38:56	(38:56)	1:39:28	(60:32)	2:17:40	(38:12)	2:39:42	(22:02)	3:18:38	(38:56)	3:57:29	(38:51)
218	638	John Osborne	Settle Harriers	MV40		0:36:26	(36:26)	1:34:32	(58:06)	2:12:29	(37:57)	2:36:02	(23:33)	3:13:43	(37:41)	3:57:36	(43:53)
219	246	Martin Brady	Clayton-le-Moors Harriers	MV40		0:38:12	(38:12)	1:38:05	(59:53)	2:18:17	(40:12)	2:40:32	(22:15)	3:20:48	(40:16)	3:57:43	(36:55)
220	183	Neil Shepherd	Bowland Fell Runners	MV40	Nov	0:36:58	(36:58)	1:37:24	(60:26)	2:15:54	(38:30)	2:40:40	(24:46)	3:18:42	(38:02)	3:57:49	(39:07)
221	161	Gary Pearse	Blackburn Harriers & AC	MV40	Nov	0:40:07	(40:07)	1:42:18	(62:11)	2:20:26	(38:08)	2:42:28	(22:02)	3:20:04	(37:36)	3:57:54	(37:50)
222	472	Paul Hindle	Keighley & Craven AC	MV40		0:37:55	(37:55)	1:37:59	(60:04)	2:18:01	(40:02)	2:39:47	(21:46)	3:20:11	(40:24)	3:58:02	(37:51)
223	263	Kieron Mitchell	Clayton-le-Moors Harriers	M		0:38:29	(38:29)	1:38:07	(59:38)	2:18:08	(40:01)	2:40:47	(22:39)	3:20:28	(39:41)	3:58:05	(37:37)
224	257	Simon Halliday	Clayton-le-Moors Harriers	M		0:38:57	(38:57)	1:40:14	(61:17)	2:21:48	(41:34)	2:43:32	(21:44)	3:23:31	(39:59)	3:58:13	(34:42)
225	262	Andrew Mcwade	Clayton-le-Moors Harriers	Mu25	Nov	0:37:10	(37:10)	1:34:13	(57:03)	2:13:57	(39:44)	2:36:31	(22:34)	3:18:55	(42:24)	3:58:21	(39:26)

226	564	Andy Butler	Pennine Fell Runners	MV50			0:38:54	(38:54)	1:41:51	(62:57)	2:21:31	(39:40)	2:44:18	(22:47)	3:19:46	(35:28)	3:58:25	(38:39)
227	897	Catherine Farrow	Valley Striders AC	F	Nov		0:36:04	(36:04)	1:34:41	(58:37)	2:12:26	(37:45)	2:36:25	(23:59)	3:16:06	(39:41)	3:58:36	(42:30)
228	270	Jon Sharples	Clayton-le-Moors Harriers	MV50			0:42:52	(42:52)	1:46:25	(63:33)	2:26:13	(39:48)	2:48:10	(21:57)	3:24:15	(36:05)	3:58:41	(34:26)
229	404	Gavin Baxter	Holmfirth Harriers AC	M	Nov		0:35:50	(35:50)	1:34:28	(58:38)	2:13:26	(38:58)	2:36:40	(23:14)	3:16:58	(40:18)	3:58:52	(41:54)
230	508	Barry Atkinson	Knivesmire Harriers	MV40			0:35:45	(35:45)	1:32:58	(57:13)	2:14:53	(41:55)	2:38:30	(23:37)	3:20:34	(42:04)	3:58:53	(38:19)
231	524	Tom Horton	Malvern Hash	M			0:36:38	(36:38)	1:34:00	(57:22)	2:11:16	(37:16)	2:33:20	(22:04)	3:19:08	(45:48)	3:58:54	(39:46)
232	590	Nick Hart	Pudsey Pacers RC	M	Nov		0:35:51	(35:51)	1:34:29	(58:38)	2:13:17	(38:48)	2:40:30	(27:13)	3:17:41	(37:11)	3:59:00	(41:19)
233	418	Michael Crook	Horwich RMI Harriers	MV60			0:38:56	(38:56)	1:38:48	(59:52)	2:17:35	(38:47)	2:39:57	(22:22)	3:20:07	(40:10)	3:59:26	(39:19)
234	261	Andrew Mcfarlane	Clayton-le-Moors Harriers	MV40			0:34:27	(34:27)	1:30:21	(55:54)	2:06:05	(35:44)	2:29:36	(23:31)	3:10:27	(40:51)	3:59:43	(49:16)
235	421	Chris Heys	Horwich RMI Harriers	M	Nov		0:39:00	(39:00)	1:42:16	(63:16)	2:25:14	(42:58)	2:51:01	(25:47)	3:31:29	(40:28)	3:59:58	(28:29)
236	640	Adrian Pickles	Settle Harriers	MV50			0:35:12	(35:12)	1:29:45	(54:33)	2:04:31	(34:46)	2:25:39	(21:08)	3:08:48	(43:09)	4:00:05	(51:17)
237	33	Bernard Fortune	Sliabh Bhuidhe Rovers	M	Nov		0:34:58	(34:58)	1:31:11	(56:13)	2:08:31	(37:20)	2:30:52	(22:21)	3:15:16	(44:24)	4:00:15	(44:59)
238	50	J.Carlos Marquina G	RUNNING TEAM	M	Nov		0:32:42	(32:42)	1:28:29	(55:47)	2:09:47	(41:18)	2:34:50	(25:03)	3:20:15	(45:25)	4:00:20	(40:05)
239	463	Tim Clegg	Keighley & Craven AC	MV40	Nov		0:38:26	(38:26)	1:38:11	(59:45)	2:18:45	(40:34)	2:41:29	(22:44)	3:21:14	(39:45)	4:00:29	(39:15)
240	691	Andrew McFie	Todmorden Harriers & AC	M			0:37:31	(37:31)	1:37:10	(59:39)	2:17:44	(40:34)	2:40:00	(22:16)	3:20:45	(40:45)	4:00:30	(39:45)
241	145	David Potter	Bingley Harriers & AC	MV40	Nov		0:36:08	(36:08)	1:35:13	(59:05)	2:14:31	(39:18)	2:37:36	(23:05)	3:18:47	(41:11)	4:00:35	(41:48)
242	208	Stephen Smithies	Calder Valley Fell Runner	MV40			0:38:16	(38:16)	1:39:11	(60:55)	2:19:13	(40:02)	2:42:26	(23:13)	3:20:56	(38:30)	4:00:39	(39:43)
243	60	Crawford Oliphant	Pudsey & Bramley AC	M			0:34:11	(34:11)	1:29:44	(55:33)	2:05:23	(35:39)	2:28:30	(23:07)	3:16:21	(47:51)	4:00:42	(44:21)
244	705	Simon Vallance	Valley Striders AC	MV40			0:38:05	(38:05)	1:40:02	(61:57)	2:19:02	(39:00)	2:43:06	(24:04)	3:21:19	(38:13)	4:00:50	(39:31)
245	403	Francis Williams	Highland Hill Runners	M	Nov		0:40:11	(40:11)	1:42:17	(62:06)	2:19:37	(37:20)	2:42:13	(22:36)	3:20:35	(38:22)	4:01:27	(40:52)
246	235	Mark Ellithorn	Chorley Harriers	MV40	Nov		0:36:26	(36:26)	1:35:32	(59:06)	2:16:01	(40:29)	2:39:41	(23:40)	3:23:03	(43:22)	4:01:48	(38:45)
247	484	Paul Smithson	Keighley & Craven AC	MV40			0:39:16	(39:16)	1:41:47	(62:31)	2:20:11	(38:24)	2:43:17	(23:06)	3:21:59	(38:42)	4:01:55	(39:56)
248	249	Sean Clare	Clayton-le-Moors Harriers	MV40			0:38:54	(38:54)	1:39:37	(60:43)	2:19:48	(40:11)	2:42:15	(22:27)	3:22:05	(39:50)	4:01:59	(39:54)
249	70	Isobel Bepalov	Australian Mountain Runni	F			0:41:16	(41:16)	1:42:30	(61:14)	2:21:36	(39:06)	2:44:44	(23:08)	3:22:02	(37:18)	4:02:03	(40:01)
250	224	Matthew Lawson	Chepstow Harriers	M	Nov		0:40:21	(40:21)	1:43:26	(63:05)	2:21:52	(38:26)	2:44:39	(22:47)	3:21:38	(36:59)	4:02:11	(40:33)
251	500	Duncan Overton	Keswick AC	MV60			0:36:33	(36:33)	1:35:42	(59:09)	2:12:05	(36:23)	2:34:36	(22:31)	3:15:56	(41:20)	4:02:25	(46:29)
252	420	Robert Green	Horwich RMI Harriers	MV40			0:39:54	(39:54)	1:42:27	(62:33)	2:22:19	(39:52)	2:44:42	(22:23)	3:24:20	(39:38)	4:02:31	(38:11)
253	189	Andrew Staveley	Burden Road Runners	MV40			0:37:35	(37:35)	1:38:02	(60:27)	2:16:56	(38:54)	2:40:30	(23:34)	3:21:07	(40:37)	4:02:32	(41:25)
254	449	Brian Melia	Ilkley Harriers AC	MV40			0:38:39	(38:39)	1:40:50	(62:11)	2:22:09	(41:19)	2:45:04	(22:55)	3:24:45	(39:41)	4:02:36	(37:51)
255	637	John Murfin	Settle Harriers	M			0:35:17	(35:17)	1:33:39	(58:22)	2:12:00	(38:21)	2:34:29	(22:29)	3:18:25	(43:56)	4:02:54	(44:29)
256	450	Roy Ruddle	Ilkley Harriers AC	MV40			0:39:47	(39:47)	1:42:30	(62:43)	2:22:46	(40:16)	2:46:03	(23:17)	3:24:20	(38:17)	4:02:58	(38:38)
257	319	Ian Shaw	Dark Peak Fell Runners C	MV40			0:39:09	(39:09)	1:40:55	(61:46)	2:20:42	(39:47)	2:43:26	(22:44)	3:21:25	(37:59)	4:03:05	(41:40)
258	340	Andrew Henderson	Durham Fell Runners	MV40	Nov		0:40:35	(40:35)	1:41:05	(60:30)	2:19:10	(38:05)	2:43:55	(24:45)	3:23:17	(39:22)	4:03:07	(39:50)



259	331	Gary Taylor	Darwen Dashers RC	MV40		0:37:42	(37:42)	1:37:41	(59:59)	2:17:06	(39:25)	2:40:14	(23:08)	3:19:56	(39:42)	4:03:21	(43:25)
260	725	Mark McGoldrick	Wharfedale Harriers	M		0:34:36	(34:36)	1:30:48	(56:12)	2:11:47	(40:59)	2:34:09	(22:22)	3:23:47	(49:38)	4:03:46	(39:59)
261	298	Trevor Wilkinson	Cumberland Fell Runners	MV40		0:40:32	(40:32)	1:42:40	(62:08)	2:22:38	(39:58)	2:45:21	(22:43)	3:24:47	(39:26)	4:03:49	(39:02)
262	101	Dave Powell	Aberystwyth AC	MV40		0:39:28	(39:28)	1:42:48	(63:20)	2:22:34	(39:46)	2:46:05	(23:31)	3:24:46	(38:41)	4:04:01	(39:15)
263	665	Robin Britton	Staffordshire Moorlands A	MV50		0:40:26	(40:26)	1:43:54	(63:28)	2:23:22	(39:28)	2:47:29	(24:07)	3:24:28	(36:59)	4:04:25	(39:57)
264	36	Kevin Grogan	Unattached	MV50	Nov	0:40:03	(40:03)	1:44:02	(63:59)	2:24:57	(40:55)	2:49:04	(24:07)	3:26:35	(37:31)	4:04:29	(37:54)
265	729	Sam Watson	Wharfedale Harriers	Mu25	Nov	0:36:46	(36:46)	1:34:10	(57:24)	2:14:14	(40:04)	2:40:03	(25:49)	3:22:31	(42:28)	4:04:41	(42:10)
266	157	Craig Greenough	Blackburn Harriers & AC	M	Nov	0:37:48	(37:48)	1:39:24	(61:36)	2:15:45	(36:21)	2:42:14	(26:29)	3:18:44	(36:30)	4:05:04	(46:20)
267	752	Robert Johnson	Unattached	MV50		0:39:30	(39:30)	1:41:14	(61:44)	2:22:33	(41:19)	2:45:24	(22:51)	3:26:42	(41:18)	4:05:14	(38:32)
268	296	Rob James	Cumberland Fell Runners	MV50		0:38:46	(38:46)	1:40:02	(61:16)	2:21:07	(41:05)	2:44:16	(23:09)	3:25:12	(40:56)	4:05:43	(40:31)
269	841	Geraldine Walkington	Horwich RMI Harriers	FV50		0:39:58	(39:58)	1:43:07	(63:09)	2:23:39	(40:32)	2:47:28	(23:49)	3:26:55	(39:27)	4:05:47	(38:52)
270	123	David Ewart	BARF	M	Nov	0:39:28	(39:28)	1:41:13	(61:45)	2:21:09	(39:56)	2:44:16	(23:07)	3:24:58	(40:42)	4:06:00	(41:02)
271	97	Mark Hetherington	Abbey Runners Leeds	MV40		0:40:07	(40:07)	1:42:06	(61:59)	2:23:01	(40:55)	2:47:16	(24:15)	3:26:44	(39:28)	4:06:36	(39:52)
272	528	Andrew Sutton	Marshall Milton Keynes A	M		0:39:19	(39:19)	1:43:53	(64:34)	2:24:41	(40:48)	2:48:45	(24:04)	3:25:35	(36:50)	4:06:37	(41:02)
273	91	Kelli Lusk	Team Inov-8 USA	F	Nov	0:35:47	(35:47)	1:35:13	(59:26)	2:14:50	(39:37)	2:40:58	(26:08)	3:20:50	(39:52)	4:06:39	(45:49)
274	460	Mick Berry	Keighley & Craven AC	MV40		0:40:10	(40:10)	1:42:59	(62:49)	2:23:16	(40:17)	2:46:01	(22:45)	3:26:40	(40:39)	4:06:49	(40:09)
275	781	Helen Johnson	Bingley Harriers & AC	FV40		0:39:03	(39:03)	1:39:17	(60:14)	2:20:46	(41:29)	2:43:36	(22:50)	3:27:47	(44:11)	4:06:54	(39:07)
276	686	Phil Hodgson	Todmorden Harriers & AC	MV50		0:41:40	(41:40)	1:46:34	(64:54)	2:27:42	(41:08)	2:49:30	(21:48)	3:29:21	(39:51)	4:07:01	(37:40)
277	154	Michael Blackburn	Blackburn Harriers & AC	M	Nov	0:40:07	(40:07)	1:42:15	(62:08)	2:21:14	(38:59)	2:45:03	(23:49)	3:25:06	(40:03)	4:07:05	(41:59)
278	309	Roy Gibson	Dark Peak Fell Runners C	MV40		0:40:10	(40:10)	1:43:04	(62:54)	2:23:19	(40:15)	2:47:36	(24:17)	3:24:59	(37:23)	4:07:16	(42:17)
279	451	James Ryder	Ilkley Harriers AC	MV40		0:39:47	(39:47)	1:42:08	(62:21)	2:22:16	(40:08)	2:45:37	(23:21)	3:24:54	(39:17)	4:07:23	(42:29)
280	853	Evelyn Dugdale	Kendal AAC	FV40	Nov	0:40:06	(40:06)	1:42:39	(62:33)	2:21:45	(39:06)	2:47:21	(25:36)	3:26:07	(38:46)	4:07:25	(41:18)
281	870	Nicky Spinks	Penistone Footpath Runn	FV40		0:42:04	(42:04)	1:48:07	(66:03)	2:27:03	(38:56)	2:49:44	(22:41)	3:29:29	(39:45)	4:07:33	(38:04)
282	163	Peter Chaffer	Blaydon Harriers & AC	MV40		0:37:34	(37:34)	1:39:02	(61:28)	2:18:07	(39:05)	2:43:27	(25:20)	3:22:11	(38:44)	4:07:58	(45:47)
283	268	John Rusius	Clayton-le-Moors Harriers	MV50		0:39:14	(39:14)	1:41:31	(62:17)	2:21:36	(40:05)	2:45:22	(23:46)	3:26:06	(40:44)	4:08:19	(42:13)
284	801	Gayle Sugden	Calder Valley Fell Runner	F		0:40:26	(40:26)	1:46:28	(66:02)	2:27:38	(41:10)	2:49:07	(21:29)	3:29:43	(40:36)	4:08:30	(38:47)
285	65	Aaron Saft	La Sportiva Mountain Run	M	Nov	0:29:14	(29:14)	1:19:16	(50:02)	1:53:01	(33:45)	2:19:10	(26:09)	3:09:13	(50:03)	4:08:41	(59:28)
286	868	Karen Robertson	Northumberland Fell Run	F	Nov	0:39:47	(39:47)	1:42:33	(62:46)	2:24:29	(41:56)	2:48:07	(23:38)	3:29:16	(41:09)	4:08:46	(39:30)
287	310	Keith G Holmes	Dark Peak Fell Runners C	MV50		0:38:02	(38:02)	1:41:15	(63:13)	2:21:57	(40:42)	2:47:25	(25:28)	3:27:34	(40:09)	4:08:53	(41:19)
288	176	Mark Chippendale	Bowland Fell Runners	M		0:34:04	(34:04)	1:29:02	(54:58)	2:04:57	(35:55)	2:26:44	(21:47)	3:28:45	(62:01)	4:09:01	(40:16)
289	804	Helene Diamantides	Carnethy Hill RC	FV40		0:38:20	(38:20)	1:45:03	(66:43)	2:26:09	(41:06)	2:53:20	(27:11)	3:31:33	(38:13)	4:09:18	(37:45)
290	324	David Tait	Dark Peak Fell Runners C	MV60		0:38:02	(38:02)	1:38:50	(60:48)	2:19:25	(40:35)	2:43:41	(24:16)	3:27:53	(44:12)	4:09:21	(41:28)
290	846	Alison Eagle	Ilkley Harriers AC	FV40		0:40:20	(40:20)	1:46:14	(65:54)	2:27:22	(41:08)	2:51:18	(23:56)	3:30:12	(38:54)	4:09:21	(39:09)

292	820	Kirsty Hewitson	Cumberland Fell Runners	F	Nov	0:40:35	(40:35)	1:45:05	(64:30)	2:24:56	(39:51)	2:50:03	(25:07)	3:29:44	(39:41)	4:09:38	(39:54)
293	369	Matthew Barnes	FRA	MV40	Nov	0:39:01	(39:01)	1:42:19	(63:18)	2:24:38	(42:19)	2:49:02	(24:24)	3:30:08	(41:06)	4:09:46	(39:38)
294	722	Andrew Hirst	Wharfedale Harriers	MV40		0:39:50	(39:50)	1:43:01	(63:11)	2:24:34	(41:33)	2:48:45	(24:11)	3:30:03	(41:18)	4:09:55	(39:52)
295	712	Gordon Robinson	Westerlands Cross Count	MV60		0:40:23	(40:23)	1:42:54	(62:31)	2:24:20	(41:26)	2:48:08	(23:48)	3:30:32	(42:24)	4:10:04	(39:32)
296	253	David Edmondson	Clayton-le-Moors Harriers	MV40	Nov	0:39:24	(39:24)	1:40:54	(61:30)	2:20:38	(39:44)	2:44:06	(23:28)	3:25:37	(41:31)	4:10:21	(44:44)
297	497	David Burton	Keswick AC	MV40	Nov	0:38:39	(38:39)	1:40:33	(61:54)	2:21:10	(40:37)	2:46:00	(24:50)	3:25:34	(39:34)	4:10:31	(44:57)
298	600	Michael Taylor	Retford AC	M		0:42:02	(42:02)	1:45:20	(63:18)	2:27:34	(42:14)	2:52:04	(24:30)	3:30:53	(38:49)	4:10:49	(39:56)
299	864	Alwynne Shannon	Newcastle AC	FV40		0:40:07	(40:07)	1:45:14	(65:07)	2:26:24	(41:10)	2:51:35	(25:11)	3:30:44	(39:09)	4:10:58	(40:14)
300	203	Adrian Muir	Calder Valley Fell Runner	MV40		0:38:13	(38:13)	1:37:22	(59:09)	2:19:23	(42:01)	2:44:08	(24:45)	3:29:04	(44:56)	4:11:07	(42:03)
301	719	Bruce Elsworth	Wharfedale Harriers	M	Nov	0:33:56	(33:56)	1:30:29	(56:33)	2:09:44	(39:15)	2:37:13	(27:29)	3:18:36	(41:23)	4:11:28	(52:52)
302	541	Bill Maxwell	Mourne Runners	MV40	Nov	0:39:36	(39:36)	1:41:04	(61:28)	2:21:39	(40:35)	2:46:01	(24:22)	3:26:54	(40:53)	4:11:30	(44:36)
303	221	Leon Mabire	Central Lancashire Univer	M	Nov	0:34:27	(34:27)	1:33:28	(59:01)	2:13:16	(39:48)	2:40:37	(27:21)	3:22:58	(42:21)	4:11:41	(48:43)
304	285	Andrew Roberts	Congleton Harriers & AC	M	Nov	0:38:54	(38:54)	1:39:22	(60:28)	2:21:34	(42:12)	2:46:06	(24:32)	3:30:51	(44:45)	4:11:53	(41:02)
305	625	Neil Scruton	Scarborough AC	MV60	Nov	0:39:55	(39:55)	1:42:12	(62:17)	2:23:14	(41:02)	2:47:35	(24:21)	3:31:11	(43:36)	4:12:05	(40:54)
306	113	Malcolm Roweth	Arena 80 AC	MV40	Nov	0:40:54	(40:54)	1:45:44	(64:50)	2:27:27	(41:43)	2:54:19	(26:52)	3:34:29	(40:10)	4:12:26	(37:57)
307	774	Louise Barker	Aberystwyth AC	F	Nov	0:41:57	(41:57)	1:46:38	(64:41)	2:28:00	(41:22)	2:52:18	(24:18)	3:31:42	(39:24)	4:12:37	(40:55)
308	519	Philip Colville	Macclesfield Harriers & A	MV50	Nov	0:43:38	(43:38)	1:46:18	(62:40)	2:25:49	(39:31)	2:49:04	(23:15)	3:29:45	(40:41)	4:12:39	(42:54)
309	409	Andy Hauser	Holmfirth Harriers AC	MV50		0:40:32	(40:32)	1:45:31	(64:59)	2:28:28	(42:57)	2:53:55	(25:27)	3:33:12	(39:17)	4:12:41	(39:29)
310	702	Alan Whelan	Tring RC	MV40		0:39:19	(39:19)	1:41:04	(61:45)	2:24:06	(43:02)	2:49:17	(25:11)	3:31:58	(42:41)	4:12:44	(40:46)
311	94	John Fortescue	Abbey Runners Leeds	MV40		0:37:30	(37:30)	1:38:03	(60:33)	2:18:41	(40:38)	2:42:51	(24:10)	3:28:21	(45:30)	4:12:52	(44:31)
312	556	Hugh Pearson	Otley AC	MV40	Nov	0:38:00	(38:00)	1:38:54	(60:54)	2:17:24	(38:30)	2:42:52	(25:28)	3:23:55	(41:03)	4:13:03	(49:08)
313	434	Brian Walton	Horwich RMI Harriers	MV50		0:37:19	(37:19)	1:37:16	(59:57)	2:14:25	(37:09)	2:37:51	(23:26)	3:21:03	(43:12)	4:13:17	(52:14)
314	631	Andrew Hinde	Settle Harriers	MV50		0:40:50	(40:50)	1:44:04	(63:14)	2:24:59	(40:55)	2:48:27	(23:28)	3:29:12	(40:45)	4:13:43	(44:31)
315	627	Ian Sharman	Serpentine RC	M	Nov	0:40:25	(40:25)	1:37:26	(57:01)	2:17:58	(40:32)	2:38:38	(20:40)	3:24:45	(46:07)	4:13:45	(49:00)
316	770	James Wright	Unattached	M	Nov	0:39:54	(39:54)	1:41:02	(61:08)	2:21:59	(40:57)	2:48:26	(26:27)	3:28:36	(40:10)	4:13:47	(45:11)
317	893	Christine Preston	Todmorden Harriers & AC	FV40		0:42:28	(42:28)	1:46:42	(64:14)	2:30:11	(43:29)	2:53:44	(23:33)	3:34:47	(41:03)	4:13:55	(39:08)
318	674	Chris Jameson	Swaledale Road Runners	M	Nov	0:42:18	(42:18)	1:45:34	(63:16)	2:27:34	(42:00)	2:50:24	(22:50)	3:31:54	(41:30)	4:14:03	(42:09)
319	258	Paul Hesketh	Clayton-le-Moors Harriers	MV40		0:39:14	(39:14)	1:45:54	(66:40)	2:28:17	(42:23)	2:54:16	(25:59)	3:34:18	(40:02)	4:14:06	(39:48)
320	711	John Donnelly	Westerlands Cross Count	MV40		0:40:47	(40:47)	1:45:32	(64:45)	2:28:47	(43:15)	2:53:02	(24:15)	3:33:48	(40:46)	4:14:07	(40:19)
321	871	Karen Nash	Preston Harriers	FV40	Nov	0:41:06	(41:06)	1:44:49	(63:43)	2:27:24	(42:35)	2:51:40	(24:16)	3:32:58	(41:18)	4:14:12	(41:14)
322	814	Wendy Dodds	Clayton-le-Moors Harriers	FV50		0:41:56	(41:56)	1:46:35	(64:39)	2:28:41	(42:06)	2:53:27	(24:46)	3:33:59	(40:32)	4:14:26	(40:27)
323	231	Graham McAra	Cheshire Hill Racers	MV50		0:36:27	(36:27)	1:36:42	(60:15)	2:17:20	(40:38)	2:43:45	(26:25)	3:26:45	(43:00)	4:14:47	(48:02)
324	619	Andrew Yates	Sale Harriers Manchester	MV40		0:39:07	(39:07)	1:43:28	(64:21)	2:23:07	(39:39)	2:49:37	(26:30)	3:28:10	(38:33)	4:14:49	(46:39)

325	400	Michael Wilson	Helm Hill Runners	MV50		0:39:16	(39:16)	1:40:53	(61:37)	2:24:15	(43:22)	2:48:33	(24:18)	3:32:23	(43:50)	4:14:56	(42:33)
326	345	Gary Whiting	East Hull Harriers & AC	MV50	Nov	0:38:48	(38:48)	1:40:25	(61:37)	2:20:37	(40:12)	2:44:40	(24:03)	3:27:02	(42:22)	4:14:58	(47:56)
327	250	Ian Connell	Clayton-le-Moors Harriers	MV40		0:41:12	(41:12)	1:46:26	(65:14)	2:27:58	(41:32)	2:52:21	(24:23)	3:33:35	(41:14)	4:15:06	(41:31)
327	397	Jim Londesborough	Hatton Darts RC	MV40	Nov	0:40:48	(40:48)	1:42:00	(61:12)	2:22:57	(40:57)	2:46:39	(23:42)	3:31:03	(44:24)	4:15:06	(44:03)
329	56	Mats Nord	Ladonia Mountain Trophy	M	Nov	0:39:33	(39:33)	1:44:06	(64:33)	2:25:05	(40:59)	2:50:47	(25:42)	3:32:38	(41:51)	4:15:23	(42:45)
330	353	Richard Hyde	Erewash Valley RC	MV40		0:39:32	(39:32)	1:42:09	(62:37)	2:22:04	(39:55)	2:46:10	(24:06)	3:27:54	(41:44)	4:15:24	(47:30)
331	213	Johnnie Watson	Calder Valley Fell Runner	M	Nov	0:40:53	(40:53)	1:45:05	(64:12)	2:26:43	(41:38)	2:50:35	(23:52)	3:32:33	(41:58)	4:15:37	(43:04)
332	394	Michael Fryer	Halifax Harriers & AC	MV40		0:36:22	(36:22)	1:35:10	(58:48)	2:17:17	(42:07)	2:42:32	(25:15)	3:27:00	(44:28)	4:15:44	(48:44)
333	639	Simon Oxley	Settle Harriers	MV40		0:41:30	(41:30)	1:43:19	(61:49)	2:26:39	(43:20)	2:52:17	(25:38)	3:35:10	(42:53)	4:15:51	(40:41)
334	303	Russell Beresford	Dark Peak Fell Runners C	MV40		0:40:23	(40:23)	1:43:05	(62:42)	2:25:02	(41:57)	2:49:44	(24:42)	3:33:40	(43:56)	4:15:57	(42:17)
334	603	Paul Leary	Rochdale Harriers & AC	MV40	Nov	0:40:37	(40:37)	1:43:33	(62:56)	2:25:32	(41:59)	2:51:06	(25:34)	3:32:47	(41:41)	4:15:57	(43:10)
336	844	Heather Dawe	Ilkley Harriers AC	F	Nov	0:41:28	(41:28)	1:48:22	(66:54)	2:30:06	(41:44)	2:54:24	(24:18)	3:33:27	(39:03)	4:16:04	(42:37)
337	827	Ian Hepburn	Horwich RMI Harriers	M	Nov	0:42:30	(42:30)	1:45:18	(62:48)	2:26:27	(41:09)	2:50:20	(23:53)	3:31:43	(41:23)	4:16:05	(44:22)
338	673	Jean-Marc Lawton	Stornoway R & AC	MV40		0:39:06	(39:06)	1:44:47	(65:41)	2:27:16	(42:29)	2:54:23	(27:07)	3:33:57	(39:34)	4:16:12	(42:15)
339	459	Richard Ballantine	Keighley & Craven AC	MV40		0:38:43	(38:43)	1:40:33	(61:50)	2:22:43	(42:10)	2:46:56	(24:13)	3:31:31	(44:35)	4:16:16	(44:45)
340	359	Paul Howarth	Eryri Harriers	MV40		0:36:49	(36:49)	1:37:22	(60:33)	2:17:12	(39:50)	2:42:23	(25:11)	3:30:44	(48:21)	4:16:24	(45:40)
341	648	John Thompson	Skelmersdale Boundary H	M		0:38:47	(38:47)	1:39:55	(61:08)	2:21:48	(41:53)	2:47:16	(25:28)	3:30:41	(43:25)	4:16:35	(45:54)
342	598	Peter McNulty	Radcliffe AC	MV50	Nov	0:40:21	(40:21)	1:42:38	(62:17)	2:22:47	(40:09)	2:46:33	(23:46)	3:28:27	(41:54)	4:16:41	(48:14)
343	474	John-Paul Hopkinson	Keighley & Craven AC	M	Nov	0:38:42	(38:42)	1:43:14	(64:32)	2:27:04	(43:50)	2:53:21	(26:17)	3:37:10	(43:49)	4:16:53	(39:43)
344	384	Huw Price	FRA	MV40		0:38:49	(38:49)	1:38:53	(60:04)	2:22:29	(43:36)	2:46:53	(24:24)	3:34:16	(47:23)	4:16:57	(42:41)
345	443	Dan Goodey	Ilkley Harriers AC	M		0:39:57	(39:57)	1:44:29	(64:32)	2:24:38	(40:09)	2:47:56	(23:18)	3:31:50	(43:54)	4:17:17	(45:27)
346	440	Graham Arthur	Ilkley Harriers AC	MV60		0:41:15	(41:15)	1:43:24	(62:09)	2:28:26	(45:02)	2:52:14	(23:48)	3:37:14	(45:00)	4:17:50	(40:36)
347	703	Anthony Fryer	Valley Striders AC	M	Nov	0:39:05	(39:05)	1:42:24	(63:19)	2:25:06	(42:42)	2:50:45	(25:39)	3:32:33	(41:48)	4:17:52	(45:19)
348	863	Ruth Whitehead	Bingley Harriers & AC	F	Nov	0:43:30	(43:30)	1:51:01	(67:31)	2:32:36	(41:35)	2:56:05	(23:29)	3:36:25	(40:20)	4:18:01	(41:36)
349	894	Alison Richards	Todmorden Harriers & AC	F		0:40:16	(40:16)	1:43:50	(63:34)	2:24:26	(40:36)	2:49:03	(24:37)	3:31:00	(41:57)	4:18:17	(47:17)
350	444	Bob Hamilton	Ilkley Harriers AC	MV50		0:38:24	(38:24)			2:20:55	(102:31)	2:46:09	(25:14)	3:26:39	(40:30)	4:18:21	(51:42)
351	121	Christopher Deacon	Barnsley Harriers	MV40		0:40:11	(40:11)	1:42:20	(62:09)	2:23:37	(41:17)	2:50:18	(26:41)	3:33:33	(43:15)	4:18:24	(44:51)
352	346	Robin Gillespie	Eden Runners	MV40		0:40:17	(40:17)	1:43:55	(63:38)	2:26:26	(42:31)	2:51:24	(24:58)	3:34:41	(43:17)	4:18:39	(43:58)
353	616	Nigel Coates	Saffron Striders RC	MV40	Nov	0:39:01	(39:01)	1:42:16	(63:15)	2:24:48	(42:32)	2:50:24	(25:36)	3:33:36	(43:12)	4:18:54	(45:18)
354	317	Mike Nolan	Dark Peak Fell Runners C	MV40	Nov	0:34:33	(34:33)	1:30:25	(55:52)	2:06:33	(36:08)	2:32:55	(26:22)	3:19:53	(46:58)	4:18:57	(59:04)
355	88	Eva-Maria Kissling	Laeufergruppe Kerzers	FV50		0:38:27	(38:27)	1:42:01	(63:34)	2:22:13	(40:12)	2:49:13	(27:00)	3:31:29	(42:16)	4:19:16	(47:47)
356	744	Mark Brogden	Unattached	MV40		0:39:21	(39:21)	1:41:59	(62:38)	2:22:04	(40:05)	2:46:09	(24:05)	3:30:17	(44:08)	4:19:22	(49:05)
357	622	Chris Clayton	Scarborough AC	MV40	Nov	0:40:42	(40:42)	1:44:35	(63:53)	2:25:10	(40:35)	2:50:17	(25:07)	3:34:42	(44:25)	4:19:28	(44:46)

358	93	Mike Ayers	Abbey Runners Leeds	MV50		0:40:02	(40:02)	1:43:47	(63:45)	2:27:49	(44:02)	2:53:18	(25:29)	3:37:28	(44:10)	4:19:39	(42:11)
359	243	David Barrowclough	Clayton-le-Moors Harriers	MV40		0:41:02	(41:02)	1:45:54	(64:52)	2:28:00	(42:06)	2:54:15	(26:15)	3:34:43	(40:28)	4:19:41	(44:58)
359	900	Deborah Wright	Wigan Phoenix	F	Nov	0:40:01	(40:01)	1:44:04	(64:03)	2:27:14	(43:10)	2:52:50	(25:36)	3:35:43	(42:53)	4:19:41	(43:58)
361	779	Amanda Clarke	Bingley Harriers & AC	F		0:42:35	(42:35)	1:51:04	(68:29)	2:31:56	(40:52)	2:57:48	(25:52)	3:37:44	(39:56)	4:19:44	(42:00)
362	714	Richard Bewell	Wetherby Runners	MV40	Nov	0:37:49	(37:49)	1:38:11	(60:22)	2:17:53	(39:42)	2:43:11	(25:18)	3:30:34	(47:23)	4:19:46	(49:12)
363	891	Kathleen Brierley	Todmorden Harriers & AC	FV40	Nov	0:43:27	(43:27)	1:50:43	(67:16)	2:33:49	(43:06)	2:57:01	(23:12)	3:39:41	(42:40)	4:19:51	(40:10)
364	571	Michael McLoughlin	Preston Harriers	MV50		0:41:25	(41:25)	1:46:47	(65:22)	2:31:00	(44:13)	2:55:20	(24:20)	3:38:05	(42:45)	4:20:00	(41:55)
365	435	Jon Richardson	Howgill Harriers	M		0:44:43	(44:43)	1:48:29	(63:46)	2:30:41	(42:12)	2:55:32	(24:51)	3:38:38	(43:06)	4:20:18	(41:40)
366	693	Martin Roberts	Todmorden Harriers & AC	MV50		0:39:03	(39:03)	1:42:59	(63:56)	2:27:39	(44:40)	2:53:46	(26:07)	3:37:20	(43:34)	4:20:19	(42:59)
367	372	Michael Cottam	FRA	MV40		0:41:37	(41:37)	1:44:56	(63:19)	2:26:17	(41:21)	2:49:36	(23:19)	3:32:46	(43:10)	4:20:28	(47:42)
368	223	Greg Brock	Cheddar Running Club	M		0:39:27	(39:27)	1:42:46	(63:19)	2:25:51	(43:05)	2:51:34	(25:43)	3:34:20	(42:46)	4:20:31	(46:11)
369	716	Chris Plews	Wetherby Runners	M	Nov	0:39:10	(39:10)	1:41:01	(61:51)	2:24:46	(43:45)	2:51:43	(26:57)	3:35:39	(43:56)	4:20:44	(45:05)
370	99	Barry Mc Dermott	Abbey Runners Leeds	MV40		0:38:43	(38:43)	1:39:59	(61:16)	2:25:01	(45:02)	2:50:11	(25:10)	3:37:49	(47:38)	4:21:30	(43:41)
371	4	Martin Kaindl	TEAM TOUR DE TIROL	MV40	Nov	0:35:54	(35:54)	1:37:04	(61:10)	2:20:50	(43:46)	2:47:47	(26:57)	3:33:56	(46:09)	4:22:06	(48:10)
372	207	Rob Sharratt	Calder Valley Fell Runner	M	Nov	0:39:42	(39:42)	1:43:50	(64:08)	2:28:34	(44:44)	2:55:14	(26:40)	3:39:07	(43:53)	4:22:17	(43:10)
373	364	Brian Stallwood	Fell Ponies	MV50		0:40:20	(40:20)	1:45:41	(65:21)	2:29:07	(43:26)	2:54:18	(25:11)	3:38:40	(44:22)	4:22:23	(43:43)
374	675	Ainsley Baker	Tattenhall Runners	M		0:43:29	(43:29)	1:49:38	(66:09)	2:33:59	(44:21)	2:58:21	(24:22)	3:41:23	(43:02)	4:22:26	(41:03)
375	457	Morgan Williams	Ilkley Harriers AC	MV40		0:40:31	(40:31)	1:46:45	(66:14)	2:29:17	(42:32)	2:53:41	(24:24)	3:38:01	(44:20)	4:22:42	(44:41)
376	757	Mike McKenzie	Unattached	MV40		0:38:58	(38:58)	1:42:44	(63:46)	2:26:49	(44:05)	2:52:00	(25:11)	3:38:42	(46:42)	4:22:43	(44:01)
377	854	Angela Brand-Barker	Keswick AC	FV40		0:41:57	(41:57)	1:47:30	(65:33)	2:31:49	(44:19)	2:55:52	(24:03)	3:39:05	(43:13)	4:22:51	(43:46)
378	276	Colin Urmston	Clayton-le-Moors Harriers	MV40		0:40:40	(40:40)	1:43:07	(62:27)	2:29:32	(46:25)	2:53:37	(24:05)	3:41:00	(47:23)	4:22:59	(41:59)
379	80	Moire O'Sullivan	IMRA	F	Nov	0:42:46	(42:46)	1:52:07	(69:21)	2:35:57	(43:50)	2:59:51	(23:54)	3:42:06	(42:15)	4:23:01	(40:55)
380	825	Joanne O'Dowd	Eden Runners	FV40		0:41:51	(41:51)	1:47:51	(66:00)	2:31:11	(43:20)	2:56:20	(25:09)	3:37:43	(41:23)	4:23:21	(45:38)
381	829	Louise Burt	Fife AC	FV40	Nov	0:41:47	(41:47)	1:48:20	(66:33)	2:31:06	(42:46)	2:57:35	(26:29)	3:39:23	(41:48)	4:23:35	(44:12)
382	692	James Riley	Todmorden Harriers & AC	M	Nov	0:42:24	(42:24)	1:48:38	(66:14)	2:33:47	(45:09)	2:58:07	(24:20)	3:41:19	(43:12)	4:23:36	(42:17)
383	236	Paul Jackson	Chorley Harriers	MV40		0:42:55	(42:55)	1:47:36	(64:41)	2:29:48	(42:12)	2:55:01	(25:13)	3:38:43	(43:42)	4:23:53	(45:10)
384	735	Gareth Hardman	Winchester & District AC	MV40	Nov	0:42:45	(42:45)	1:47:44	(64:59)	2:28:20	(40:36)	2:55:09	(26:49)	3:38:19	(43:10)	4:24:02	(45:43)
385	850	Alison Weston	Ilkley Harriers AC	FV40		0:42:49	(42:49)	1:50:00	(67:11)	2:34:14	(44:14)	2:59:03	(24:49)	3:42:41	(43:38)	4:24:21	(41:40)
386	406	Jan Danilo-Garbacki	Holmfirth Harriers AC	M	Nov	0:39:44	(39:44)	1:43:59	(64:15)	2:26:55	(42:56)	2:53:24	(26:29)	3:43:36	(50:12)	4:24:28	(40:52)
386	446	Geoffrey Howard	Ilkley Harriers AC	MV60		0:41:29	(41:29)	1:46:46	(65:17)	2:29:48	(43:02)	2:57:32	(27:44)	3:40:16	(42:44)	4:24:28	(44:12)
388	867	Cath Worth	North Yorks Moors AC	FV50		0:41:12	(41:12)	1:46:59	(65:47)	2:32:07	(45:08)	2:58:27	(26:20)	3:42:29	(44:02)	4:24:33	(42:04)
389	378	Kevin Holmes	FRA	MV40	Nov	0:40:13	(40:13)	1:46:47	(66:34)	2:30:14	(43:27)	2:54:20	(24:06)	3:38:41	(44:21)	4:24:36	(45:55)
390	469	Andrew Green	Keighley & Craven AC	MV50		0:40:36	(40:36)	1:45:13	(64:37)	2:28:44	(43:31)	2:55:10	(26:26)	3:39:51	(44:41)	4:24:48	(44:57)

391	615	Adrian Walker	Royal Navy AC	MV40		0:39:04	(39:04)	1:42:09	(63:05)	2:23:19	(41:10)	2:50:15	(26:56)	3:33:29	(43:14)	4:24:53	(51:24)
392	647	Andrew Dalton	Skelmersdale Boundary H	MV40	Nov	0:42:05	(42:05)	1:47:49	(65:44)	2:33:29	(45:40)	2:57:56	(24:27)	3:42:21	(44:25)	4:25:03	(42:42)
393	210	William Stiegeler	Calder Valley Fell Runner	M		0:40:14	(40:14)	1:46:56	(66:42)	2:31:19	(44:23)	2:59:16	(27:57)	3:41:46	(42:30)	4:25:15	(43:29)
394	159	Anton Krige	Blackburn Harriers & AC	M	Nov	0:40:46	(40:46)	1:45:16	(64:30)	2:28:10	(42:54)	2:55:20	(27:10)	3:39:15	(43:55)	4:25:25	(46:10)
395	748	Martin Eadon	Unattached	MV40		0:37:07	(37:07)	1:39:37	(62:30)	2:20:34	(40:57)	2:47:30	(26:56)	3:29:32	(42:02)	4:25:33	(56:01)
396	527	Richard Harrison	Marshall Milton Keynes A	MV50	Nov	0:40:13	(40:13)	1:42:24	(62:11)	2:25:02	(42:38)	2:49:47	(24:45)	3:35:56	(46:09)	4:25:35	(49:39)
397	669	Paul Rawlinson	Stainland Lions RC	M		0:39:41	(39:41)	1:43:50	(64:09)	2:27:54	(44:04)	2:53:08	(25:14)	3:38:47	(45:39)	4:25:45	(46:58)
398	668	Mark Jones	Stainland Lions RC	M	Nov	0:39:38	(39:38)	1:41:42	(62:04)	2:25:28	(43:46)	2:51:01	(25:33)	3:34:03	(43:02)	4:25:46	(51:43)
399	389	Mark Whittaker	FRA	M	Nov	0:40:03	(40:03)	1:48:08	(68:05)	2:33:53	(45:45)	2:58:09	(24:16)	3:43:34	(45:25)	4:25:53	(42:19)
400	175	Simon Bland	Bowland Fell Runners	MV40		0:40:25	(40:25)	1:47:46	(67:21)	2:30:18	(42:32)	2:56:59	(26:41)	3:41:08	(44:09)	4:26:03	(44:55)
401	656	Robert Pritchard	Skyrac AC	MV50		0:38:54	(38:54)	1:42:24	(63:30)	2:26:27	(44:03)	2:53:41	(27:14)	3:37:57	(44:16)	4:26:08	(48:11)
402	869	Louise Wilkinson	Northumberland Fell Run	F		0:43:50	(43:50)	1:49:40	(65:50)	2:35:42	(46:02)	3:02:04	(26:22)	3:45:38	(43:34)	4:26:10	(40:32)
403	252	Mike Eddleston	Clayton-le-Moors Harriers	MV50		0:38:58	(38:58)	1:41:31	(62:33)	2:22:58	(41:27)	2:50:19	(27:21)	3:36:15	(45:56)	4:26:23	(50:08)
404	31	Liam Dunne	Otley AC	M	Nov	0:35:48	(35:48)	1:34:18	(58:30)	2:18:04	(43:46)	2:45:45	(27:41)	3:37:28	(51:43)	4:26:47	(49:19)
405	329	Duncan Nield	Darwen Dashers RC	MV40	Nov	0:42:15	(42:15)	1:47:54	(65:39)	2:32:28	(44:34)	2:57:53	(25:25)	3:41:58	(44:05)	4:26:57	(44:59)
406	464	Paul Crabtree	Keighley & Craven AC	MV40		0:43:33	(43:33)	1:47:17	(63:44)	2:28:29	(41:12)	2:51:20	(22:51)	3:39:59	(48:39)	4:27:01	(47:02)
407	831	Lisa Gamble	Fife AC	F	Nov	0:43:13	(43:13)	1:48:51	(65:38)	2:33:10	(44:19)	2:59:52	(26:42)	3:42:22	(42:30)	4:27:08	(44:46)
408	401	Phil Gillard	Helsby (BICC) RC	MV40	Nov	0:42:59	(42:59)	1:50:26	(67:27)	2:34:10	(43:44)	2:59:56	(25:46)	3:44:24	(44:28)	4:27:16	(42:52)
409	7	Rene Borg	Crusaders AC	M	Nov	0:39:08	(39:08)	1:41:09	(62:01)	2:21:23	(40:14)	2:50:55	(29:32)	3:36:54	(45:59)	4:27:22	(50:28)
410	512	David Gorst	Lonsdale Fell Runners	MV40		0:42:30	(42:30)	1:48:43	(66:13)	2:31:18	(42:35)	2:58:26	(27:08)	3:41:34	(43:08)	4:27:35	(46:01)
411	439	Tony Wimbush	IDLE AC	MV50		0:45:19	(45:19)	1:54:28	(69:09)	2:37:50	(43:22)	3:03:45	(25:55)	3:47:05	(43:20)	4:27:40	(40:35)
412	898	Tamara Hird	Wharfedale Harriers	F		0:41:43	(41:43)	1:48:56	(67:13)	2:33:52	(44:56)	3:01:41	(27:49)	3:47:23	(45:42)	4:27:45	(40:22)
413	29	Mick Hanney	IMRA	M	Nov	0:38:29	(38:29)	1:39:25	(60:56)	2:22:47	(43:22)	2:49:48	(27:01)	3:35:21	(45:33)	4:27:57	(52:36)
414	855	Joanne Moore	Keswick AC	F	Nov	0:44:56	(44:56)	1:51:45	(66:49)	2:35:31	(43:46)	3:01:46	(26:15)	3:43:30	(41:44)	4:28:08	(44:38)
415	26	Eirik Stangnes	OK Silsand Norway	M	Nov	0:38:03	(38:03)	1:41:28	(63:25)	2:28:24	(46:56)	2:53:33	(25:09)	3:45:34	(52:01)	4:28:21	(42:47)
416	128	John Egan	Bingley Harriers & AC	M		0:41:18	(41:18)	1:50:29	(69:11)	2:36:40	(46:11)	3:01:07	(24:27)	3:47:18	(46:11)	4:28:25	(41:07)
417	288	Colin Larmour	Cosmic Hillbashers	MV40	Nov	0:40:56	(40:56)	1:48:33	(67:37)	2:33:43	(45:10)	3:02:50	(29:07)	3:45:48	(42:58)	4:28:29	(42:41)
418	812	Jacqueline Redmayn	Chorley Harriers	F		0:43:11	(43:11)	1:49:58	(66:47)	2:34:05	(44:07)	2:59:14	(25:09)	3:44:49	(45:35)	4:28:38	(43:49)
419	343	David Cowey	East Hull Harriers & AC	MV50		0:43:59	(43:59)	1:49:12	(65:13)	2:34:10	(44:58)	2:59:02	(24:52)	3:44:37	(45:35)	4:28:41	(44:04)
420	743	Paul Brindle	Unattached	M	Nov	0:43:44	(43:44)	1:51:05	(67:21)	2:36:20	(45:15)	3:01:58	(25:38)	3:45:00	(43:02)	4:28:44	(43:44)
421	783	Pauline Munro	Bingley Harriers & AC	F	Nov	0:43:30	(43:30)	1:51:01	(67:31)	2:34:52	(43:51)	3:01:55	(27:03)	3:44:35	(42:40)	4:28:45	(44:10)
422	281	Neil Worswick	Clayton-le-Moors Harriers	MV40		0:39:39	(39:39)	1:43:00	(63:21)	2:27:57	(44:57)	2:54:52	(26:55)	3:42:06	(47:14)	4:28:48	(46:42)
423	354	Alan Ayres	Erme Valley Harriers	MV40		0:39:23	(39:23)	1:42:44	(63:21)	2:25:54	(43:10)	2:52:53	(26:59)	3:37:32	(44:39)	4:28:53	(51:21)

424	649	Phil Evans	Skipton AC	MV40		0:40:50	(40:50)	1:46:23	(65:33)	2:30:51	(44:28)	2:56:09	(25:18)	3:42:11	(46:02)	4:28:58	(46:47)
425	54	Fredrik Hedin	Ladonia Mountain Trophy	MV40		0:42:42	(42:42)	1:50:40	(67:58)	2:34:20	(43:40)	2:59:51	(25:31)	3:43:39	(43:48)	4:28:59	(45:20)
426	295	Jo Grove	Cumberland Fell Runners	MV40		0:42:52	(42:52)	1:48:16	(65:24)	2:35:01	(46:45)	2:59:55	(24:54)	3:45:38	(45:43)	4:29:02	(43:24)
427	642	Ed Robinson	Settle Harriers	M		0:41:22	(41:22)	1:46:54	(65:32)	2:29:37	(42:43)	2:56:47	(27:10)	3:41:26	(44:39)	4:29:16	(47:50)
428	283	John Bushby	Congleton Harriers & AC	MV40	Nov	0:41:35	(41:35)	1:44:04	(62:29)	2:26:20	(42:16)	2:50:51	(24:31)	3:36:19	(45:28)	4:29:17	(52:58)
429	486	Adrian Thomas	Keighley & Craven AC	M		0:43:24	(43:24)	1:53:16	(69:52)	2:36:36	(43:20)	3:03:00	(26:24)	3:46:48	(43:48)	4:29:19	(42:31)
430	152	Simon Wright	Bingley Harriers & AC	MV40		0:43:32	(43:32)	1:51:11	(67:39)	2:34:47	(43:36)	3:01:57	(27:10)	3:45:46	(43:49)	4:29:20	(43:34)
431	661	Steven Moss	Spenborough & District A	MV50		0:41:01	(41:01)	1:47:26	(66:25)	2:30:03	(42:37)	2:58:20	(28:17)	3:41:21	(43:01)	4:29:27	(48:06)
432	417	Ian Charters	Horwich RMI Harriers	MV50		0:42:15	(42:15)	1:46:08	(63:53)	2:29:45	(43:37)	2:57:22	(27:37)	3:43:03	(45:41)	4:29:29	(46:26)
433	688	Michael Howard	Todmorden Harriers & AC	MV40		0:43:36	(43:36)	1:53:49	(70:13)	2:40:51	(47:02)	3:06:50	(25:59)	3:48:20	(41:30)	4:29:32	(41:12)
434	239	John Ketley	City of Hull AC	MV40	Nov	0:37:38	(37:38)	1:42:53	(65:15)	2:23:34	(40:41)	2:52:40	(29:06)	3:34:50	(42:10)	4:29:38	(54:48)
435	695	Rhys Watkins	Todmorden Harriers & AC	MV40		0:42:58	(42:58)	1:50:01	(67:03)	2:35:23	(45:22)	3:01:07	(25:44)	3:45:36	(44:29)	4:29:48	(44:12)
436	755	Philip Mayo	Unattached	MV40		0:40:46	(40:46)	1:46:16	(65:30)	2:29:12	(42:56)	2:55:50	(26:38)	3:43:11	(47:21)	4:30:15	(47:04)
437	630	Pete Ellwood	Settle Harriers	MV40	Nov	0:43:34	(43:34)	1:52:01	(68:27)	2:38:25	(46:24)	3:03:12	(24:47)	3:48:14	(45:02)	4:30:22	(42:08)
438	810	Natasha Fellowes	Chorley Harriers	FV40	Nov	0:45:00	(45:00)	1:54:27	(69:27)	2:39:55	(45:28)	3:04:03	(24:08)	3:48:29	(44:26)	4:30:26	(41:57)
439	273	Peter Thompson	Clayton-le-Moors Harriers	MV40		0:41:44	(41:44)	1:46:06	(64:22)	2:31:25	(45:19)	2:57:33	(26:08)	3:44:27	(46:54)	4:30:38	(46:11)
440	362	Andy Hartley	Fat Boys RC	MV40	Nov	0:40:04	(40:04)	1:44:00	(63:56)	2:27:21	(43:21)	2:54:04	(26:43)	3:39:55	(45:51)	4:30:42	(50:47)
441	442	Mike Baldwin	Ilkley Harriers AC	MV50		0:42:41	(42:41)	1:50:00	(67:19)	2:37:18	(47:18)	3:05:06	(27:48)	3:50:07	(45:01)	4:31:16	(41:09)
442	797	Anne Johnson	Calder Valley Fell Runner	FV40	Nov	0:42:10	(42:10)	1:48:36	(66:26)	2:35:04	(46:28)	3:01:13	(26:09)	3:46:26	(45:13)	4:31:30	(45:04)
443	371	Phil Conner	FRA	MV40	Nov	0:42:28	(42:28)	1:47:56	(65:28)	2:33:56	(46:00)	3:00:47	(26:51)	3:47:23	(46:36)	4:31:50	(44:27)
444	452	Peter Shields	Ilkley Harriers AC	MV60		0:43:57	(43:57)	1:52:01	(68:04)	2:36:23	(44:22)	3:02:57	(26:34)	3:48:18	(45:21)	4:32:20	(44:02)
445	388	Richard Vecqueray	FRA	M	Nov	0:42:38	(42:38)	1:49:45	(67:07)	2:37:54	(48:09)	3:03:45	(25:51)	3:51:05	(47:20)	4:32:46	(41:41)
446	653	Graham Breeze	Skyrac AC	MV60		0:42:00	(42:00)	1:50:44	(68:44)	2:38:21	(47:37)	3:04:21	(26:00)	3:49:11	(44:50)	4:33:10	(43:59)
447	337	Russell Thomas	Dewsbury Road Runners	MV40		0:43:37	(43:37)	1:52:25	(68:48)	2:37:03	(44:38)	3:03:53	(26:50)	3:48:13	(44:20)	4:33:11	(44:58)
448	785	Sharron Smith	Bingley Harriers & AC	F		0:43:26	(43:26)	1:48:57	(65:31)	2:32:55	(43:58)	2:58:43	(25:48)	3:47:46	(49:03)	4:33:12	(45:26)
449	664	Mike Troup	St. Edmunds Pacers	MV50	Nov	0:42:52	(42:52)	1:50:04	(67:12)	2:34:01	(43:57)	3:02:58	(28:57)	3:47:13	(44:15)	4:33:14	(46:01)
450	780	Mary Green	Bingley Harriers & AC	FV50		0:44:06	(44:06)	1:53:20	(69:14)	2:40:12	(46:52)	3:04:50	(24:38)	3:50:52	(46:02)	4:33:18	(42:26)
451	505	Martyn Hewitt	Kippax & District Harriers	M	Nov	0:41:18	(41:18)	1:47:19	(66:01)	2:32:36	(45:17)	2:59:44	(27:08)	3:46:57	(47:13)	4:33:19	(46:22)
452	879	Jessica Cunliffe	Settle Harriers	F	Nov	0:42:08	(42:08)	1:49:27	(67:19)	2:34:19	(44:52)	3:02:08	(27:49)	3:47:17	(45:09)	4:33:36	(46:19)
453	367	Tom Bowie	Fife AC	MV60	Nov	0:42:27	(42:27)	1:47:58	(65:31)	2:29:23	(41:25)	2:54:44	(25:21)	3:38:51	(44:07)	4:33:37	(54:46)
454	834	Jocelyn Scott	Fife AC	FV50	Nov	0:43:55	(43:55)	1:53:09	(69:14)	2:36:32	(43:23)	3:03:46	(27:14)	3:48:46	(45:00)	4:33:40	(44:54)
455	723	Peter Jackson	Wharfedale Harriers	MV50		0:40:41	(40:41)	1:45:01	(64:20)	2:31:15	(46:14)	2:56:01	(24:46)	3:43:57	(47:56)	4:33:53	(49:56)
456	342	Paul Jacobs	Easingwold RC	MV50	Nov	0:41:26	(41:26)	1:47:31	(66:05)	2:32:02	(44:31)	2:58:08	(26:06)	3:44:44	(46:36)	4:34:06	(49:22)

457	885	Helen Lambert	Stainland Lions RC	F	Nov	0:43:47	(43:47)	1:53:53	(70:06)	2:38:29	(44:36)	3:04:49	(26:20)	3:48:50	(44:01)	4:34:17	(45:27)
458	597	Wadd Nick	Quakers RC	MV40		0:42:23	(42:23)	1:50:29	(68:06)	2:35:21	(44:52)	3:02:08	(26:47)	3:48:50	(46:42)	4:34:21	(45:31)
459	681	Andrew Bibby	Todmorden Harriers & AC	MV50	Nov	0:41:33	(41:33)	1:49:11	(67:38)	2:34:12	(45:01)	3:01:08	(26:56)	3:47:34	(46:26)	4:34:31	(46:57)
460	386	Martin Smillie	FRA	MV50		0:43:21	(43:21)	1:51:07	(67:46)	2:35:59	(44:52)	3:04:24	(28:25)	3:49:17	(44:53)	4:35:24	(46:07)
461	526	David Findel-Hawkins	Marshall Milton Keynes A	MV50		0:43:18	(43:18)	1:53:02	(69:44)	2:36:33	(43:31)	3:03:44	(27:11)	3:48:40	(44:56)	4:35:27	(46:47)
462	254	Andrew Firth	Clayton-le-Moors Harriers	MV50		0:42:35	(42:35)	1:50:20	(67:45)	2:36:17	(45:57)	3:01:44	(25:27)	3:48:34	(46:50)	4:35:48	(47:14)
463	659	Steve Carter	Spensborough & District A	MV50	Nov	0:41:44	(41:44)	1:47:13	(65:29)	2:33:34	(46:21)	2:59:36	(26:02)	3:50:07	(50:31)	4:35:54	(45:47)
464	385	Stephen Ross	FRA	MV40	Nov	0:41:51	(41:51)	1:50:36	(68:45)	2:36:42	(46:06)	3:04:59	(28:17)	3:48:52	(43:53)	4:36:05	(47:13)
465	327	Ian Winterburn	Dark Peak Fell Runners C	MV40		0:41:42	(41:42)	1:46:20	(64:38)	2:33:00	(46:40)	2:59:47	(26:47)	3:48:44	(48:57)	4:36:08	(47:24)
466	658	David Hindley	South Cheshire Harriers	M	Nov	0:43:47	(43:47)	1:51:01	(67:14)	2:37:32	(46:31)	3:03:42	(26:10)	3:49:22	(45:40)	4:36:09	(46:47)
467	828	Gerry Dewhurst	Fell Ponies	F		0:45:56	(45:56)	1:53:55	(67:59)	2:43:05	(49:10)	3:07:29	(24:24)	3:53:09	(45:40)	4:36:38	(43:29)
468	134	Philip Helliwell	Bingley Harriers & AC	MV60		0:44:30	(44:30)	1:56:19	(71:49)	2:41:28	(45:09)	3:06:39	(25:11)	3:50:22	(43:43)	4:36:44	(46:22)
469	749	Barry Edwards	Unattached	MV50		0:43:57	(43:57)	1:52:08	(68:11)	2:39:02	(46:54)	3:06:07	(27:05)	3:53:21	(47:14)	4:37:04	(43:43)
470	399	Andrew Conner	Helm Hill Runners	MV40		0:44:02	(44:02)	1:52:05	(68:03)	2:40:46	(48:41)	3:07:08	(26:22)	3:53:23	(46:15)	4:37:09	(43:46)
471	336	Martin Kaye	Dewsbury Road Runners	M	Nov	0:43:05	(43:05)	1:52:37	(69:32)	2:36:55	(44:18)	3:03:39	(26:44)	3:48:28	(44:49)	4:37:41	(49:13)
472	543	David Dedman	North Yorks Moors AC	MV40	Nov	0:43:30	(43:30)	1:51:22	(67:52)	2:37:37	(46:15)	3:03:41	(26:04)	3:49:33	(45:52)	4:37:45	(48:12)
473	601	Norman Eames	Rochdale Harriers & AC	MV50		0:40:21	(40:21)	1:44:43	(64:22)	2:27:06	(42:23)	2:53:21	(26:15)	3:43:18	(49:57)	4:37:46	(54:28)
474	349	Paul Johnston	Ellenborough AC	M		0:44:23	(44:23)	1:51:44	(67:21)	2:37:39	(45:55)	3:04:29	(26:50)	3:52:48	(48:19)	4:37:50	(45:02)
475	646	William Harris	Shropshire Shufflers	MV40		0:39:22	(39:22)	1:40:25	(61:03)	2:23:54	(43:29)	2:49:00	(25:06)	3:40:32	(51:32)	4:38:07	(57:35)
476	374	Simon Froude	FRA	MV40		0:43:11	(43:11)	1:50:00	(66:49)	2:36:14	(46:14)	3:03:57	(27:43)	3:52:04	(48:07)	4:38:17	(46:13)
477	264	David Naylor	Clayton-le-Moors Harriers	MV50		0:45:53	(45:53)	1:58:36	(72:43)	2:45:13	(46:37)	3:11:59	(26:46)	3:55:16	(43:17)	4:38:20	(43:04)
478	375	Martin Hartley	FRA	M	Nov	0:40:57	(40:57)	1:46:02	(65:05)	2:32:53	(46:51)	3:00:11	(27:18)	3:49:27	(49:16)	4:38:24	(48:57)
479	764	William Titley	Unattached	MV40	Nov	0:47:04	(47:04)	1:57:46	(70:42)	2:45:22	(47:36)	3:10:51	(25:29)	3:55:59	(45:08)	4:38:26	(42:27)
480	737	Sandy Presly	Wolds Veteran RC	MV50		0:41:21	(41:21)	1:47:20	(65:59)	2:32:45	(45:25)	2:59:11	(26:26)	3:44:05	(44:54)	4:38:33	(54:28)
481	292	Chris Cripps	Cumberland Fell Runners	M	Nov	0:46:14	(46:14)	1:57:37	(71:23)	2:43:44	(46:07)	3:10:51	(27:07)	3:54:50	(43:59)	4:38:37	(43:47)
482	811	Nicola Raby	Chorley Harriers	F	Nov	0:44:38	(44:38)	1:52:49	(68:11)	2:41:58	(49:09)	3:07:45	(25:47)	3:54:02	(46:17)	4:38:46	(44:44)
483	274	Mick Tomlinson	Clayton-le-Moors Harriers	MV40	Nov	0:42:48	(42:48)	1:47:05	(64:17)	2:32:51	(45:46)	3:02:30	(29:39)	3:50:49	(48:19)	4:38:48	(47:59)
484	216	Tim Darlow	Carnethy Hill RC	M		0:41:21	(41:21)	1:46:44	(65:23)	2:31:40	(44:56)	2:59:35	(27:55)	3:47:43	(48:08)	4:38:52	(51:09)
485	289	Bruce Manning	Cosmic Hillbashers	MV50	Nov	0:42:26	(42:26)	1:50:09	(67:43)	2:34:42	(44:33)	3:02:54	(28:12)	3:49:11	(46:17)	4:39:17	(50:06)
486	334	David Binns	Dewsbury Road Runners	MV40		0:38:52	(38:52)	1:46:17	(67:25)	2:31:22	(45:05)	2:58:43	(27:21)	3:46:53	(48:10)	4:39:24	(52:31)
487	759	David Parker	Unattached	MV40		0:42:20	(42:20)	1:47:19	(64:59)	2:33:00	(45:41)	3:01:22	(28:22)	3:48:33	(47:11)	4:39:43	(51:10)
488	162	Richard Taylor	Blackburn Harriers & AC	MV40	Nov	0:41:52	(41:52)	1:46:42	(64:50)	2:33:19	(46:37)	3:05:40	(32:21)	3:53:56	(48:16)	4:39:48	(45:52)
489	197	Allan Greenwood	Calder Valley Fell Runner	MV40		0:41:39	(41:39)	1:50:07	(68:28)	2:36:25	(46:18)	3:04:37	(28:12)	3:50:50	(46:13)	4:40:03	(49:13)

490	670	Toby Underwood	Stainland Lions RC	MV40		0:39:12	(39:12)	1:42:13	(63:01)	2:28:07	(45:54)	2:55:24	(27:17)	3:46:08	(50:44)	4:40:05	(53:57)
491	441	Phil Atkinson	Ilkley Harriers AC	MV40		0:41:47	(41:47)	1:48:22	(66:35)	2:36:16	(47:54)	3:04:16	(28:00)	3:51:20	(47:04)	4:40:12	(48:52)
492	129	Peter Ellwood	Bingley Harriers & AC	MV40		0:42:11	(42:11)	1:50:13	(68:02)	2:37:35	(47:22)	3:05:35	(28:00)	3:55:31	(49:56)	4:40:24	(44:53)
493	98	Alan Hiron	Abbey Runners Leeds	MV40		0:39:23	(39:23)	1:46:36	(67:13)	2:30:49	(44:13)	3:00:47	(29:58)	3:49:55	(49:08)	4:40:27	(50:32)
494	493	Matt Foxwell	Kendal AAC	M		0:40:05	(40:05)	1:43:57	(63:52)	2:28:14	(44:17)	2:53:45	(25:31)	3:46:59	(53:14)	4:40:31	(53:32)
495	17	Ingo Zoller	TV Haibach	M	Nov	0:39:52	(39:52)	1:45:59	(66:07)	2:32:38	(46:39)	3:01:33	(28:55)	3:49:02	(47:29)	4:40:34	(51:32)
496	690	Thomas Leo McClus	Todmorden Harriers & AC	MV50	Nov	0:40:46	(40:46)	1:47:46	(67:00)	2:32:44	(44:58)	3:02:30	(29:46)	3:49:54	(47:24)	4:40:44	(50:50)
497	561	Peter Stanley	Penistone Footpath Runn	MV50		0:42:00	(42:00)	1:51:04	(69:04)	2:37:59	(46:55)	3:07:23	(29:24)	3:54:58	(47:35)	4:40:46	(45:48)
498	628	Gary Allsopp	Settle Harriers	MV40		0:44:10	(44:10)	1:52:46	(68:36)	2:37:35	(44:49)	3:04:12	(26:37)	3:54:05	(49:53)	4:40:56	(46:51)
499	470	Adie Greenwood	Keighley & Craven AC	MV40		0:43:25	(43:25)	1:55:17	(71:52)	2:41:32	(46:15)	3:09:58	(28:26)	3:54:17	(44:19)	4:40:58	(46:41)
500	477	Charles Marshall	Keighley & Craven AC	MV50		0:43:13	(43:13)	1:54:54	(71:41)	2:41:55	(47:01)	3:09:56	(28:01)	3:54:19	(44:23)	4:40:59	(46:40)
501	149	Dave Stephenson	Bingley Harriers & AC	MV40		0:44:47	(44:47)	1:54:55	(70:08)	2:41:38	(46:43)	3:09:45	(28:07)	3:57:39	(47:54)	4:41:05	(43:26)
502	18	Andy Beutenmuller	Unattached	M		0:40:43	(40:43)	1:45:24	(64:41)	2:36:20	(50:56)	3:05:43	(29:23)	3:56:18	(50:35)	4:41:14	(44:56)
502	455	Bryan Websdale	Ilkley Harriers AC	M		0:40:35	(40:35)	1:46:20	(65:45)	2:33:08	(46:48)	3:02:34	(29:26)	3:51:25	(48:51)	4:41:14	(49:49)
504	560	Mark Pearce	Penistone Footpath Runn	MV40	Nov	0:45:29	(45:29)	1:57:32	(72:03)	2:45:37	(48:05)	3:12:28	(26:51)	3:58:43	(46:15)	4:41:22	(42:39)
505	462	David Claxton	Keighley & Craven AC	M		0:46:16	(46:16)	1:56:22	(70:06)	2:42:29	(46:07)	3:10:03	(27:34)	3:54:24	(44:21)	4:41:27	(47:03)
505	623	Mark Kendall-Lansell	Scarborough AC	MV40		0:40:09	(40:09)	1:45:24	(65:15)	2:30:44	(45:20)	3:02:13	(31:29)	3:48:33	(46:20)	4:41:27	(52:54)
507	866	Caroline Pollard	North Yorks Moors AC	FV40		0:44:48	(44:48)	1:57:55	(73:07)	2:43:39	(45:44)	3:11:06	(27:27)	3:55:52	(44:46)	4:41:56	(46:04)
508	776	Britta Sendlhofer	Ambleside AC	F		0:45:09	(45:09)	1:56:19	(71:10)	2:43:27	(47:08)	3:12:45	(29:18)	3:56:46	(44:01)	4:41:58	(45:12)
509	626	James Adams	Serpentine RC	M	Nov	0:44:55	(44:55)	1:56:12	(71:17)	2:42:50	(46:38)	3:11:22	(28:32)	3:55:07	(43:45)	4:41:59	(46:52)
510	330	Jonathan Stubbs	Darwen Dashers RC	MV40	Nov	0:44:26	(44:26)	1:53:12	(68:46)	2:39:59	(46:47)	3:07:32	(27:33)	3:55:16	(47:44)	4:42:11	(46:55)
511	715	Robert Gray	Wetherby Runners	MV40	Nov	0:42:38	(42:38)	1:50:17	(67:39)	2:37:15	(46:58)	3:05:14	(27:59)	3:54:09	(48:55)	4:42:16	(48:07)
512	839	Alison Wilson	Horsforth Fellandale Club	FV40		0:46:41	(46:41)	1:59:18	(72:37)	2:45:50	(46:32)	3:11:17	(25:27)	3:57:51	(46:34)	4:42:18	(44:27)
513	833	Hilary Ritchie	Fife AC	FV40	Nov	0:45:23	(45:23)	1:53:39	(68:16)	2:40:50	(47:11)	3:06:42	(25:52)	3:55:24	(48:42)	4:42:25	(47:01)
514	361	Dave Edmunds	Fatboys RC	M		0:43:04	(43:04)	1:52:59	(69:55)	2:38:58	(45:59)	3:06:03	(27:05)	3:51:46	(45:43)	4:42:39	(50:53)
515	588	Dave Burdon	Pudsey Pacers RC	MV50		0:42:20	(42:20)	1:50:27	(68:07)	2:38:57	(48:30)	3:06:43	(27:46)	3:56:19	(49:36)	4:42:51	(46:32)
516	453	Peter Sibley	Ilkley Harriers AC	M		0:44:53	(44:53)	1:53:21	(68:28)	2:38:45	(45:24)	3:06:11	(27:26)	3:53:54	(47:43)	4:42:55	(49:01)
517	139	Philip Knight	Bingley Harriers & AC	MV40	Nov	0:43:28	(43:28)	1:54:43	(71:15)	2:43:01	(48:18)	3:10:02	(27:01)	3:57:29	(47:27)	4:43:17	(45:48)
518	410	Bill Wade	Holmfirth Harriers AC	MV60		0:45:22	(45:22)	1:55:57	(70:35)	2:42:59	(47:02)	3:11:10	(28:11)	3:57:23	(46:13)	4:43:34	(46:11)
519	771	Kate Bell	Abbey Runners Leeds	F	Nov	0:45:27	(45:27)	1:56:19	(70:52)	2:41:55	(45:36)	3:09:23	(27:28)	3:55:34	(46:11)	4:43:38	(48:04)
520	899	Judy Howells	Wharfedale Harriers	F		0:44:27	(44:27)	1:57:05	(72:38)	2:41:36	(44:31)	3:10:56	(29:20)	3:54:20	(43:24)	4:43:53	(49:33)
521	177	Duncan Elliott	Bowland Fell Runners	MV50		0:43:25	(43:25)	1:50:25	(67:00)	2:40:31	(50:06)	3:10:57	(30:26)	3:58:48	(47:51)	4:44:10	(45:22)
521	663	Mark Williams	Springfield Striders RC	MV40		0:44:23	(44:23)	1:53:51	(69:28)	2:42:02	(48:11)	3:10:19	(28:17)	3:54:10	(43:51)	4:44:10	(50:00)



523	617	Steve White	Saffron Striders RC	MV40	Nov	0:43:00	(43:00)	1:51:14	(68:14)	2:40:40	(49:26)	3:07:54	(27:14)	3:59:12	(51:18)	4:44:23	(45:11)
524	483	Paul Sessford	Keighley & Craven AC	MV40		0:46:07	(46:07)	1:57:04	(70:57)	2:45:54	(48:50)	3:12:27	(26:33)	3:59:41	(47:14)	4:45:09	(45:28)
525	136	Peter Jagan	Bingley Harriers & AC	MV50		0:45:11	(45:11)	1:56:02	(70:51)	2:42:11	(46:09)	3:09:20	(27:09)	3:57:20	(48:00)	4:45:23	(48:03)
526	643	Gary Wilson	Settle Harriers	M	Nov	0:44:12	(44:12)	1:53:04	(68:52)	2:40:27	(47:23)	3:07:59	(27:32)	3:56:20	(48:21)	4:45:24	(49:04)
527	837	Jean Shotter	Holmfirth Harriers AC	FV40		0:43:33	(43:33)	1:54:18	(70:45)	2:40:38	(46:20)	3:09:25	(28:47)	3:56:50	(47:25)	4:45:36	(48:46)
528	698	David Egan	Totley AC	MV50		0:42:50	(42:50)	1:51:32	(68:42)	2:41:49	(50:17)	3:09:32	(27:43)	3:57:46	(48:14)	4:45:53	(48:07)
529	895	Jane Smith	Todmorden Harriers & AC	FV50		0:46:22	(46:22)	1:58:45	(72:23)	2:47:12	(48:27)	3:12:20	(25:08)	3:58:55	(46:35)	4:46:00	(47:05)
530	689	Richard Leonard	Todmorden Harriers & AC	MV40	Nov	0:43:52	(43:52)	1:54:59	(71:07)	2:40:37	(45:38)	3:09:20	(28:43)	3:56:57	(47:37)	4:46:01	(49:04)
531	859	Robyn Oldham	Knavesmire Harriers	F		0:41:18	(41:18)	1:49:15	(67:57)	2:34:52	(45:37)	3:04:57	(30:05)	3:53:03	(48:06)	4:46:02	(52:59)
532	275	Michael Toms	Clayton-le-Moors Harriers	MV40	Nov	0:42:56	(42:56)	1:52:30	(69:34)	2:41:51	(49:21)	3:10:25	(28:34)	3:59:16	(48:51)	4:46:22	(47:06)
533	433	Tony Varley	Horwich RMI Harriers	MV60		0:44:47	(44:47)	1:52:05	(67:18)	2:38:32	(46:27)	3:07:00	(28:28)	3:54:33	(47:33)	4:46:35	(52:02)
534	100	Stephen King	Aberystwyth AC	M	Nov	0:39:49	(39:49)	1:43:18	(63:29)	2:30:29	(47:11)	3:08:29	(38:00)	4:01:07	(52:38)	4:46:54	(45:47)
535	225	Don Bullough	Cheshire Hill Racers	MV50	Nov	0:41:22	(41:22)	1:47:13	(65:51)	2:34:16	(47:03)	3:03:40	(29:24)	3:52:11	(48:31)	4:47:02	(54:51)
536	53	Magnus Andersson	Ladonia Mountain Trophy	M	Nov	0:42:31	(42:31)	1:50:23	(67:52)	2:37:59	(47:36)	3:05:50	(27:51)	3:56:07	(50:17)	4:47:12	(51:05)
537	119	Andrew Waters	Barnsley AC	MV40		0:42:21	(42:21)	1:49:01	(66:40)	2:35:56	(46:55)	3:05:28	(29:32)	3:55:33	(50:05)	4:47:25	(51:52)
538	890	Melanie Blackhurst	Todmorden Harriers & AC	FV40	Nov	0:43:37	(43:37)	1:52:23	(68:46)	2:39:30	(47:07)	3:07:51	(28:21)	3:55:50	(47:59)	4:47:43	(51:53)
539	777	Norma Rea	BARF	F	Nov	0:47:17	(47:17)	2:04:23	(77:06)	2:50:05	(45:42)	3:16:33	(26:28)	4:02:26	(45:53)	4:47:45	(45:19)
540	366	Gary Forrester	Fenners Flyers	MV40		0:41:33	(41:33)	1:52:12	(70:39)	2:38:19	(46:07)	3:07:16	(28:57)	3:55:56	(48:40)	4:47:53	(51:57)
541	775	Cath Musetti	Ambleside AC	FV40	Nov	0:44:59	(44:59)	1:55:56	(70:57)	2:44:52	(48:56)	3:12:24	(27:32)	3:59:11	(46:47)	4:48:06	(48:55)
542	766	Neal Vaughan-Jones	Unattached	MV40	Nov	0:43:02	(43:02)	1:53:45	(70:43)	2:43:33	(49:48)	3:09:17	(25:44)	4:03:43	(54:26)	4:48:28	(44:45)
543	838	Anne Goudie	Horsforth Fellandale Club	F		0:45:58	(45:58)	1:57:53	(71:55)	2:48:03	(50:10)	3:17:11	(29:08)	4:05:12	(48:01)	4:48:37	(43:25)
544	753	David King	Unattached	M	Nov	0:42:50	(42:50)	1:48:59	(66:09)	2:35:09	(46:10)	3:07:53	(32:44)	3:56:29	(48:36)	4:48:44	(52:15)
545	332	Tim Malpass	Deal Tri	MV40	Nov	0:44:24	(44:24)	1:52:49	(68:25)	2:40:18	(47:29)	3:08:39	(28:21)	3:58:13	(49:34)	4:48:50	(50:37)
546	47	Thomas Brennan	Unattached	M	Nov	0:42:54	(42:54)	1:55:57	(73:03)	2:43:04	(47:07)	3:11:45	(28:41)	3:58:02	(46:17)	4:48:58	(50:56)
547	132	Ian Goodyear	Bingley Harriers & AC	MV50		0:43:53	(43:53)	1:53:23	(69:30)	2:40:25	(47:02)	3:07:55	(27:30)	3:58:08	(50:13)	4:49:27	(51:19)
548	605	John Mayall	Rochdale Harriers & AC	MV40		0:44:34	(44:34)	1:54:14	(69:40)	2:42:12	(47:58)	3:11:58	(29:46)	4:01:16	(49:18)	4:49:55	(48:39)
549	740	James Shemilt	York Acorn RC	MV60		0:40:51	(40:51)	1:46:19	(65:28)	2:31:52	(45:33)	3:03:05	(31:13)	3:55:10	(52:05)	4:50:04	(54:54)
550	30	Joe Lalor	IMRA	MV50	Nov	0:45:15	(45:15)	1:58:20	(73:05)	2:43:37	(45:17)	3:12:03	(28:26)	3:59:23	(47:20)	4:50:07	(50:44)
551	817	Anita Hamilton	Cosmic Hillbashers	FV50	Nov	0:45:32	(45:32)	1:56:10	(70:38)	2:43:44	(47:34)	3:11:35	(27:51)	3:59:10	(47:35)	4:50:50	(51:40)
552	660	Chris King	Spennborough & District A	M		0:46:12	(46:12)	1:56:23	(70:11)	2:45:32	(49:09)	3:13:03	(27:31)	4:01:34	(48:31)	4:51:12	(49:38)
553	357	Don Rigby	Erme Valley Harriers	M	Nov	0:42:11	(42:11)	1:54:46	(72:35)	2:45:10	(50:24)	3:11:08	(25:58)	4:01:22	(50:14)	4:51:13	(49:51)
554	816	Katy Thompson	Clayton-le-Moors Harriers	FV50		0:49:21	(49:21)	2:03:15	(73:54)	2:51:16	(48:01)	3:17:40	(26:24)	4:05:15	(47:35)	4:51:16	(46:01)
555	190	Dave Beston	Calder Valley Fell Runner	MV50		0:45:46	(45:46)	1:56:11	(70:25)	2:45:17	(49:06)	3:13:47	(28:30)	4:01:31	(47:44)	4:51:18	(49:47)

556	488	Brett Weeden	Keighley & Craven AC	MV50		0:42:23	(42:23)	1:47:33	(65:10)	2:30:17	(42:44)	3:01:04	(30:47)	3:48:47	(47:43)	4:51:19	(62:32)
557	478	Steve Curtis	Keighley & Craven AC	MV40		0:42:25	(42:25)	1:47:17	(64:52)	2:30:37	(43:20)	3:00:40	(30:03)	3:48:24	(47:44)	4:51:20	(62:56)
558	739	Shaun O'Keefe	Wreccsam Tri	M	Nov	0:43:03	(43:03)	1:51:36	(68:33)	2:41:44	(50:08)	3:15:31	(33:47)	4:02:34	(47:03)	4:51:21	(48:47)
559	408	Rod Futrell	Holmfirth Harriers AC	MV60		0:44:46	(44:46)	1:54:31	(69:45)	2:42:56	(48:25)	3:11:14	(28:18)	4:00:33	(49:19)	4:51:36	(51:03)
560	108	John Matthews	Ambleside AC	MV40		0:40:26	(40:26)	1:54:14	(73:48)	2:42:10	(47:56)	3:10:58	(28:48)	3:58:56	(47:58)	4:51:42	(52:46)
561	513	Stuart Aikman	Lonsdale Fellrunners	MV40		0:45:37	(45:37)	1:56:01	(70:24)	2:43:49	(47:48)	3:14:46	(30:57)	4:05:53	(51:07)	4:51:54	(46:01)
562	333	Kevin Otto	Deal Triathlon & RC	MV50	Nov	0:46:12	(46:12)	1:55:00	(68:48)	2:46:25	(51:25)	3:14:45	(28:20)	4:08:02	(53:17)	4:51:57	(43:55)
563	736	David Holmes	Wolds Veteran RC	MV50		0:39:44	(39:44)	1:46:39	(66:55)	2:33:03	(46:24)	3:00:29	(27:26)	3:53:57	(53:28)	4:52:32	(58:35)
564	835	Cathy Murray	Glossopdale Harriers	FV40	Nov	0:44:21	(44:21)	1:55:38	(71:17)	2:44:33	(48:55)	3:12:02	(27:29)	4:01:33	(49:31)	4:52:42	(51:09)
565	857	Debbie Thompson	Keswick AC	FV50		0:46:48	(46:48)	2:02:58	(76:10)	2:52:26	(49:28)	3:21:53	(29:27)	4:08:40	(46:47)	4:52:51	(44:11)
566	682	Richard Blakeley	Todmorden Harriers & AC	MV60		0:46:13	(46:13)	1:56:25	(70:12)	2:47:01	(50:36)	3:13:42	(26:41)	4:03:36	(49:54)	4:52:52	(49:16)
566	747	Mike Cottrill	Unattached	M		0:43:08	(43:08)	1:54:38	(71:30)	2:44:11	(49:33)	3:16:46	(32:35)	4:04:43	(47:57)	4:52:52	(48:09)
568	813	Jenny Wyles	Chorley Harriers	FV40		0:47:05	(47:05)	2:03:18	(76:13)	2:50:35	(47:17)	3:20:36	(30:01)	4:06:21	(45:45)	4:52:55	(46:34)
569	650	Phillip Hargraves	Skipton AC	MV40		0:46:09	(46:09)	1:58:33	(72:24)	2:45:34	(47:01)	3:13:45	(28:11)	4:01:36	(47:51)	4:53:03	(51:27)
570	815	Irene Roche	Clayton-le-Moors Harriers	FV50	Nov	0:46:53	(46:53)	2:00:36	(73:43)	2:51:05	(50:29)	3:19:10	(28:05)	4:06:36	(47:26)	4:53:11	(46:35)
571	41	Petr Kojine	Parsec Club Russia	MV40	Nov	0:38:43	(38:43)	1:45:11	(66:28)	2:33:44	(48:33)	3:07:03	(33:19)	3:54:57	(47:54)	4:53:24	(58:27)
572	42	Nikolay Kuzin	Parsec Club Russia	MV50	Nov	0:37:46	(37:46)	1:39:22	(61:36)	2:23:44	(44:22)	2:58:30	(34:46)	3:47:29	(48:59)	4:53:25	(65:56)
573	515	Paul Bates	Lonsdale Fellrunners	MV50		0:47:03	(47:03)	1:58:00	(70:57)	2:49:41	(51:41)	3:17:04	(27:23)	4:07:42	(50:38)	4:53:37	(45:55)
574	485	Peter Sutcliffe	Keighley & Craven AC	MV40	Nov	0:43:23	(43:23)	1:54:50	(71:27)	2:37:51	(43:01)	3:07:51	(30:00)	3:54:49	(46:58)	4:53:42	(58:53)
575	888	Jacqueline Keavney	Swaledale Road Runners	FV40	Nov	0:45:48	(45:48)	1:57:39	(71:51)	2:43:35	(45:56)	3:13:57	(30:22)	4:01:56	(47:59)	4:53:47	(51:51)
576	680	Alan Somers	Thirsk & Sowerby Harriers	MV50		0:45:11	(45:11)	1:54:12	(69:01)	2:43:02	(48:50)	3:13:08	(30:06)	4:02:31	(49:23)	4:54:14	(51:43)
577	767	Mark Wise	Unattached	MV40		0:46:49	(46:49)	1:57:37	(70:48)	2:47:45	(50:08)	3:14:59	(27:14)	4:03:55	(48:56)	4:54:33	(50:38)
578	148	Michael Smith	Bingley Harriers & AC	MV50		0:46:15	(46:15)	1:57:48	(71:33)	2:45:11	(47:23)	3:13:46	(28:35)	4:02:00	(48:14)	4:54:37	(52:37)
579	773	Catriona Purdy	Abbey Runners Leeds	F		0:45:44	(45:44)	1:57:30	(71:46)	2:45:26	(47:56)	3:15:02	(29:36)	4:03:01	(47:59)	4:54:45	(51:44)
580	475	Andrew Kitts	Keighley & Craven AC	MV40	Nov	0:46:17	(46:17)	2:01:36	(75:19)	2:47:37	(46:01)	3:16:26	(28:49)	4:02:41	(46:15)	4:55:00	(52:19)
581	847	Jo Foster	Ilkley Harriers AC	F		0:46:59	(46:59)	2:00:09	(73:10)	2:50:02	(49:53)	3:17:49	(27:47)	4:05:53	(48:04)	4:55:08	(49:15)
582	259	David Hindle	Clayton-le-Moors Harriers	MV50		0:47:34	(47:34)	2:02:36	(75:02)	2:51:18	(48:42)	3:19:14	(27:56)	4:06:16	(47:02)	4:55:50	(49:34)
583	222	Stephen Todd	Chapel Allerton Road Run	MV50	Nov	0:40:53	(40:53)	1:49:55	(69:02)	2:35:55	(46:00)	3:06:13	(30:18)	3:59:08	(52:55)	4:55:59	(56:51)
584	506	Simon Maskill	Kippax & District Harriers	M	Nov	0:43:23	(43:23)	1:53:05	(69:42)	2:41:45	(48:40)	3:12:09	(30:24)	4:02:41	(50:32)	4:56:01	(53:20)
585	133	Matt Hannam	Bingley Harriers & AC	MV40	Nov	0:42:49	(42:49)	1:52:23	(69:34)	2:44:29	(52:06)	3:14:50	(30:21)	4:05:27	(50:37)	4:56:04	(50:37)
586	124	John McBride	BARF	MV50	Nov	0:46:44	(46:44)	2:02:24	(75:40)	2:51:34	(49:10)	3:18:56	(27:22)	4:07:43	(48:47)	4:56:06	(48:23)
587	382	Thomas Owen	FRA	M	Nov	0:43:41	(43:41)	1:53:14	(69:33)	2:41:20	(48:06)	3:09:51	(28:31)	4:04:51	(55:00)	4:56:20	(51:29)
588	544	Sam Healy	North Yorks Moors AC	M		0:43:38	(43:38)	1:53:00	(69:22)	2:43:00	(50:00)	3:12:59	(29:59)	4:05:53	(52:54)	4:56:23	(50:30)

589	562	Shaun Walker	Penistone Footpath Runn	MV40	Nov	0:45:03	(45:03)	1:54:56	(69:53)	2:42:06	(47:10)	3:15:00	(32:54)	4:04:52	(49:52)	4:56:33	(51:41)
590	889	Carol Williams	Tattenhall Runners	F	Nov	0:45:45	(45:45)	1:58:58	(73:13)	2:47:15	(48:17)	3:17:09	(29:54)	4:06:42	(49:33)	4:56:38	(49:56)
591	383	Manhar Patel	FRA	MV40		0:43:20	(43:20)	1:54:58	(71:38)	2:42:10	(47:12)	3:12:52	(30:42)	4:01:55	(49:03)	4:56:46	(54:51)
592	479	Tony Minikin	Keighley & Craven AC	MV60		0:44:29	(44:29)	1:55:54	(71:25)	2:43:47	(47:53)	3:13:20	(29:33)	4:04:02	(50:42)	4:58:09	(54:07)
593	269	David Scott	Clayton-le-Moors Harriers	MV60		0:43:44	(43:44)	1:57:31	(73:47)	2:46:26	(48:55)	3:17:01	(30:35)	4:07:25	(50:24)	4:58:14	(50:49)
594	194	Stewart Gardner	Calder Valley Fell Runner	MV50		0:45:00	(45:00)	1:57:07	(72:07)	2:44:45	(47:38)	3:14:41	(29:56)	4:03:31	(48:50)	4:58:18	(54:47)
595	884	Tracy Dean	Stainland Lions RC	FV40	Nov	0:46:46	(46:46)	2:02:29	(75:43)	2:52:03	(49:34)	3:20:18	(28:15)	4:08:08	(47:50)	4:58:21	(50:13)
596	809	Anna Maria Crabtree	Chorley Harriers	FV40		0:46:11	(46:11)	1:59:20	(73:09)	2:51:28	(52:08)	3:18:59	(27:31)	4:10:27	(51:28)	4:58:42	(48:15)
597	880	Kirsten Hardiman	Settle Harriers	F	Nov	0:42:05	(42:05)	1:48:27	(66:22)	2:34:42	(46:15)	3:04:12	(29:30)	4:06:33	(62:21)	4:58:51	(52:18)
598	502	Iain Povey	Keswick AC	MV40		0:46:30	(46:30)	1:57:40	(71:10)	2:50:42	(53:02)	3:18:15	(27:33)	4:12:29	(54:14)	4:59:05	(46:36)
599	602	Stephen Leak	Rochdale Harriers & AC	MV40	Nov	0:44:37	(44:37)	1:55:54	(71:17)	2:42:20	(46:26)	3:13:01	(30:41)	4:04:14	(51:13)	4:59:14	(55:00)
600	9	Mike Vinegrad	East Hull Harriers & AC	M	Nov	0:42:08	(42:08)	1:54:54	(72:46)	2:47:18	(52:24)	3:18:36	(31:18)	4:07:55	(49:19)	4:59:16	(51:21)
601	287	John Colegrave	Cosmic Hillbashers	MV50	Nov	0:42:53	(42:53)	2:04:30	(81:37)	2:50:23	(45:53)	3:20:27	(30:04)	4:04:45	(44:18)	4:59:52	(55:07)
602	27	Christian Prestegaar	SK VIDAR	MV50	Nov	0:44:50	(44:50)	2:01:44	(76:54)	2:49:40	(47:56)	3:21:29	(31:49)	4:05:49	(44:20)	5:00:02	(54:13)
603	754	Philip Kujawa	Unattached	MV40		0:41:58	(41:58)	1:47:51	(65:53)	2:35:55	(48:04)	3:04:59	(29:04)	4:00:34	(55:35)	5:00:20	(59:46)
604	802	Gail Tombs	Calder Valley Fell Runner	FV50		0:46:28	(46:28)	1:58:40	(72:12)	2:51:03	(52:23)	3:18:11	(27:08)	4:12:23	(54:12)	5:00:44	(48:21)
605	666	Rod Campbell	Staffordshire Moorlands A	MV60	Nov	0:48:42	(48:42)	1:59:45	(71:03)	2:49:06	(49:21)	3:17:21	(28:15)	4:07:39	(50:18)	5:01:12	(53:33)
606	48	James Stirling	Maddogs International	M	Nov	0:38:36	(38:36)	1:46:56	(68:20)	2:36:15	(49:19)	3:10:32	(34:17)	4:05:41	(55:09)	5:01:21	(55:40)
607	92	Jean Foster	Unattached	F	Nov	0:48:00	(48:00)	2:02:38	(74:38)	2:51:56	(49:18)	3:19:54	(27:58)	4:09:51	(49:57)	5:01:26	(51:35)
608	559	Paul Wilson	Pendle AC	MV40	Nov	0:45:22	(45:22)	1:57:33	(72:11)	2:46:45	(49:12)	3:18:19	(31:34)	4:08:18	(49:59)	5:01:27	(53:09)
609	489	Mark Whitaker	Keighley & Craven AC	MV40		0:45:16	(45:16)	1:58:45	(73:29)	2:47:38	(48:53)	3:18:26	(30:48)	4:08:32	(50:06)	5:01:43	(53:11)
610	799	Joanna Porter	Calder Valley Fell Runner	F	Nov	0:47:26	(47:26)	2:01:46	(74:20)	2:54:51	(53:05)	3:20:55	(26:04)	4:15:09	(54:14)	5:01:47	(46:38)
611	818	Elaine Stewart	Cosmic Hillbashers	FV50	Nov	0:48:05	(48:05)	2:03:16	(75:11)	2:51:16	(48:00)	3:21:01	(29:45)	4:10:14	(49:13)	5:01:53	(51:39)
612	447	Ken Jaquiery	Ilkley Harriers AC	MV40	Nov	0:47:57	(47:57)	2:08:06	(80:09)	2:56:18	(48:12)	3:25:49	(29:31)	4:14:11	(48:22)	5:02:01	(47:50)
613	876	Sue Haslam	Scarborough AC	FV50	Nov	0:43:05	(43:05)	1:53:22	(70:17)	2:44:09	(50:47)	3:14:43	(30:34)	4:07:37	(52:54)	5:02:18	(54:41)
614	878	Annie Carrington	Settle Harriers	FV40		0:44:31	(44:31)	1:57:56	(73:25)	2:49:19	(51:23)	3:17:43	(28:24)	4:13:32	(55:49)	5:02:50	(49:18)
615	481	Ian Page	Keighley & Craven AC	MV40	Nov	0:40:40	(40:40)	1:47:03	(66:23)	2:32:32	(45:29)	3:09:02	(36:30)	4:00:13	(51:11)	5:03:03	(62:50)
616	473	Kevin Hopkinson	Keighley & Craven AC	MV50		0:45:25	(45:25)	1:57:36	(72:11)	2:48:17	(50:41)	3:19:28	(31:11)	4:12:13	(52:45)	5:03:05	(50:52)
617	22	Liam Mifsud	Unattached	MV40	Nov	0:44:51	(44:51)	1:54:55	(70:04)	2:46:00	(51:05)	3:16:31	(30:31)	4:11:01	(54:30)	5:03:06	(52:05)
618	832	Louise Provan	Fife AC	F	Nov	0:47:00	(47:00)	2:02:59	(75:59)	2:52:32	(49:33)	3:24:35	(32:03)	4:10:23	(45:48)	5:03:17	(52:54)
619	187	Patrick Day	Bridlington Road Runners	MV40	Nov	0:45:40	(45:40)	1:58:43	(73:03)	2:51:52	(53:09)	3:21:55	(30:03)	4:14:26	(52:31)	5:03:33	(49:07)
620	746	Mark Clayton	Unattached	MV40	Nov	0:44:08	(44:08)	1:55:48	(71:40)	2:48:04	(52:16)	3:20:50	(32:46)	4:10:09	(49:19)	5:03:48	(53:39)
621	482	Steve Robinson	Keighley & Craven AC	MV40	Nov	0:44:53	(44:53)	1:57:08	(72:15)	2:47:04	(49:56)	3:17:48	(30:44)	4:11:12	(53:24)	5:04:24	(53:12)

622	738	David Clancy	Woodkirk Striders	M		0:43:01	(43:01)	1:54:49	(71:48)	2:44:26	(49:37)	3:14:57	(30:31)	4:08:28	(53:31)	5:04:38	(56:10)
623	635	Adrian Leigh	Settle Harriers	MV50	Nov	0:43:47	(43:47)	1:56:00	(72:13)	2:44:58	(48:58)	3:17:30	(32:32)	4:08:45	(51:15)	5:04:40	(55:55)
624	772	Ann Hall	Abbey Runners Leeds	FV40		0:49:14	(49:14)	2:04:08	(74:54)	2:55:44	(51:36)	3:22:27	(26:43)	4:15:04	(52:37)	5:05:12	(50:08)
625	636	Stephen Moor	Settle Harriers	MV40		0:48:09	(48:09)	2:00:59	(72:50)	2:54:05	(53:06)	3:20:00	(25:55)	4:16:18	(56:18)	5:05:37	(49:19)
626	618	Roger Ashby	Sale Harriers Manchester	MV60		0:48:30	(48:30)	2:02:55	(74:25)	2:54:01	(51:06)	3:24:16	(30:15)	4:16:57	(52:41)	5:06:40	(49:43)
627	536	Raymond Hickman	Marshall Milton Keynes A	MV40	Nov	0:42:01	(42:01)	1:52:06	(70:05)	2:36:29	(44:23)	3:05:21	(28:52)	3:50:05	(44:44)	5:07:46	(77:41)
628	672	Nick Ham	Stockport Harriers & AC	MV40		0:47:59	(47:59)	2:02:45	(74:46)	2:52:59	(50:14)	3:24:23	(31:24)	4:15:24	(51:01)	5:08:09	(52:45)
629	534	Terence Whalley	Mid Essex Casuals	MV50		0:49:28	(49:28)	2:02:40	(73:12)	2:52:47	(50:07)	3:21:49	(29:02)	4:14:14	(52:25)	5:08:14	(54:00)
630	215	Ian Marshall	Cambridge Harriers	MV60	Nov	0:46:48	(46:48)	2:00:00	(73:12)	2:51:37	(51:37)	3:20:54	(29:17)	4:12:32	(51:38)	5:08:27	(55:55)
631	568	Ian Harmer	Pickering RC	MV50	Nov	0:47:24	(47:24)	2:02:44	(75:20)	2:51:42	(48:58)	3:20:33	(28:51)	4:14:32	(53:59)	5:08:44	(54:12)
632	902	Louise Outterson	Unattached	F	Nov	0:46:06	(46:06)	2:00:07	(74:01)	2:53:51	(53:44)	3:23:11	(29:20)	4:18:19	(55:08)	5:09:07	(50:48)
633	517	Robert Bloor	Lothian RC	MV40	Nov	0:44:18	(44:18)	1:56:08	(71:50)	2:47:34	(51:26)	3:15:47	(28:13)	4:11:30	(55:43)	5:09:21	(57:51)
634	373	Joe De Sousa	FRA	MV40	Nov	0:42:31	(42:31)	1:50:44	(68:13)	2:42:16	(51:32)	3:14:27	(32:11)	4:17:47	(63:20)	5:09:44	(51:57)
635	758	Richard Morris	Unattached	MV40	Nov	0:44:56	(44:56)	1:57:29	(72:33)	2:46:13	(48:44)	3:16:44	(30:31)	4:09:19	(52:35)	5:11:07	(61:48)
636	679	Jon Salmon	Thames Hare & Hounds	MV40	Nov	0:44:17	(44:17)	1:52:58	(68:41)	2:44:46	(51:48)	3:16:07	(31:21)	4:13:34	(57:27)	5:11:33	(57:59)
637	120	Robin Clough	Barnsley Harriers	M	Nov	0:47:28	(47:28)	2:05:14	(77:46)	2:57:03	(51:49)	3:28:40	(31:37)	4:21:30	(52:50)	5:11:48	(50:18)
638	67	Lon Hooson	Unattached	M	Nov	0:43:59	(43:59)	1:57:07	(73:08)	2:48:53	(51:46)	3:21:36	(32:43)	4:19:40	(58:04)	5:12:18	(52:38)
639	184	Wayne Peter Walsh	Bowland Fell Runners	MV40		0:49:40	(49:40)	2:04:26	(74:46)	2:56:21	(51:55)	3:23:38	(27:17)	4:18:47	(55:09)	5:12:23	(53:36)
640	412	Tim Joynson	Horsforth Fellandale Club	MV40		0:44:04	(44:04)	1:58:43	(74:39)	2:48:06	(49:23)	3:20:08	(32:02)	4:11:28	(51:20)	5:12:37	(61:09)
641	89	Regina Baschung	LauRa-Sport.ch	FV40	Nov	0:44:00	(44:00)	2:00:29	(76:29)	2:47:25	(46:56)	3:22:29	(35:04)	4:10:36	(48:07)	5:12:42	(62:06)
642	795	Linda Hayles	Calder Valley Fell Runner	FV50		0:49:56	(49:56)	2:08:14	(78:18)	2:59:29	(51:15)	3:30:19	(30:50)	4:20:18	(49:59)	5:13:01	(52:43)
643	156	Stuart Furness	Blackburn Harriers & AC	MV60		0:44:49	(44:49)	1:57:45	(72:56)	2:45:29	(47:44)	3:16:10	(30:41)	4:08:35	(52:25)	5:13:13	(64:38)
644	102	Stephen Ball	Accrington Road Runners	MV40		0:47:26	(47:26)	2:03:32	(76:06)	2:51:57	(48:25)	3:20:40	(28:43)	4:13:42	(53:02)	5:13:20	(59:38)
645	141	Adrian Netherwood	Bingley Harriers & AC	MV40		0:42:53	(42:53)	1:51:43	(68:50)	2:43:18	(51:35)	3:16:04	(32:46)	4:08:54	(52:50)	5:13:41	(64:47)
646	901	Joy Radford	Winchester & District AC	FV50	Nov	0:43:44	(43:44)	1:55:34	(71:50)	2:47:57	(52:23)	3:19:12	(31:15)	4:14:59	(55:47)	5:13:50	(58:51)
647	370	Michael Breslin	FRA	MV60		0:46:32	(46:32)	1:58:41	(72:09)	2:50:11	(51:30)	3:21:22	(31:11)	4:19:14	(57:52)	5:14:58	(55:44)
647	886	Linda Murgatroyd	Stainland Lions RC	FV40		0:46:45	(46:45)	2:02:55	(76:10)	2:57:13	(54:18)	3:26:11	(28:58)	4:20:12	(54:01)	5:14:58	(54:46)
649	763	David Timmins	Unattached	MV50	Nov	0:47:41	(47:41)	1:59:50	(72:09)	2:54:35	(54:45)	3:23:17	(28:42)	4:19:18	(56:01)	5:15:05	(55:47)
650	606	Peter Adams	Rolls Royce Harriers	MV40		0:46:55	(46:55)	2:00:11	(73:16)	2:50:41	(50:30)	3:24:32	(33:51)	4:20:32	(56:00)	5:15:08	(54:36)
651	875	Julie Clayton	Scarborough AC	FV40	Nov	0:46:55	(46:55)	2:01:33	(74:38)	2:52:24	(50:51)	3:21:35	(29:11)	4:20:06	(58:31)	5:15:16	(55:10)
652	595	Charles Bogg	Quakers RC	MV40	Nov	0:46:37	(46:37)	1:59:26	(72:49)	2:51:53	(52:27)	3:22:31	(30:38)	4:21:03	(58:32)	5:15:20	(54:17)
653	765	David Turner	Unattached	MV40	Nov	0:42:56	(42:56)	1:51:25	(68:29)	2:47:19	(55:54)	3:18:46	(31:27)	4:14:39	(55:53)	5:15:32	(60:53)
654	465	Tim Done	Keighley & Craven AC	MV40		0:44:15	(44:15)	1:58:32	(74:17)	2:51:44	(53:12)	3:26:44	(35:00)	4:21:51	(55:07)	5:15:46	(53:55)

655	411	Gary Burns	Horsforth Fellandale Club	MV40		0:46:09	(46:09)	2:00:51	(74:42)	2:55:07	(54:16)	3:27:52	(32:45)	4:27:05	(59:13)	5:17:51	(50:46)
656	800	Charlotte Roberts	Calder Valley Fell Runner	FV50		0:49:05	(49:05)	2:07:18	(78:13)	3:00:59	(53:41)	3:30:48	(29:49)	4:24:35	(53:47)	5:18:06	(53:31)
657	657	Peter Wade	Skyrac AC	MV50	Nov	0:45:49	(45:49)	1:58:54	(73:05)	2:51:11	(52:17)	3:24:05	(32:54)	4:23:05	(59:00)	5:18:54	(55:49)
658	200	Philip Jones	Calder Valley Fell Runner	MV50		0:47:30	(47:30)	2:02:41	(75:11)	2:54:23	(51:42)	3:24:17	(29:54)	4:20:28	(56:11)	5:19:09	(58:41)
659	644	Jan-Friedrich Wulf	Settle Harriers	M		0:45:43	(45:43)	1:57:59	(72:16)	2:50:37	(52:38)	3:20:42	(30:05)	4:19:01	(58:19)	5:19:26	(60:25)
660	376	Robert Haworth	FRA	MV50		0:49:42	(49:42)	2:04:56	(75:14)	2:59:45	(54:49)	3:28:04	(28:19)	4:25:10	(57:06)	5:20:02	(54:52)
661	651	Duncan Asquith	Skyrac AC	MV50		0:38:33	(38:33)	1:39:33	(61:00)	2:29:00	(49:27)	3:03:58	(34:58)	3:57:22	(53:24)	5:21:05	(83:43)
662	824	Helen Witham	Durham Fell Runners	FV40		0:49:23	(49:23)	2:07:44	(78:21)	2:59:34	(51:50)	3:30:18	(30:44)	4:25:04	(54:46)	5:21:49	(56:45)
663	881	Julia Murfin	Settle Harriers	F	Nov	0:47:07	(47:07)	2:03:36	(76:29)	2:57:58	(54:22)	3:28:06	(30:08)	4:22:21	(54:15)	5:22:50	(60:29)
664	548	Ray Gray	Northumberland Fell Run	MV60		0:47:13	(47:13)	2:05:05	(77:52)	2:55:57	(50:52)	3:28:29	(32:32)	4:21:48	(53:19)	5:22:52	(61:04)
665	546	David Thompson	North Yorks Moors AC	MV60		0:47:31	(47:31)	2:02:49	(75:18)	2:54:33	(51:44)	3:26:25	(31:52)	4:23:55	(57:30)	5:23:59	(60:04)
666	5	Jorge Clavijo	Wolds Veteran RC	MV40	Nov	0:48:20	(48:20)	2:04:34	(76:14)	2:57:29	(52:55)	3:29:00	(31:31)	4:24:00	(55:00)	5:24:08	(60:08)
667	845	Helena Deeney	Ilkley Harriers AC	F	Nov	0:49:09	(49:09)	2:06:54	(77:45)	2:59:06	(52:12)	3:27:04	(27:58)	4:29:51	(62:47)	5:24:35	(54:44)
668	21	John Clough	Unattached	MV50	Nov	0:45:41	(45:41)	1:58:41	(73:00)	2:55:49	(57:08)	3:26:24	(30:35)	4:27:55	(61:31)	5:24:59	(57:04)
669	117	Andrew Travis	Baildon Runners	M		0:47:30	(47:30)	2:05:14	(77:44)	3:01:39	(56:25)	3:29:48	(28:09)	4:31:52	(62:04)	5:25:28	(53:36)
670	87	Rachel Hagan	Ilkley Harriers AC	FV40		0:49:51	(49:51)	2:08:01	(78:10)	3:02:23	(54:22)	3:29:25	(27:02)	4:29:55	(60:30)	5:25:40	(55:45)
671	733	Mike Davies	Winchester & District AC	MV40	Nov	0:45:03	(45:03)	1:56:29	(71:26)	2:49:02	(52:33)	3:25:04	(36:02)	4:29:42	(64:38)	5:25:43	(56:01)
672	734	Steve Goodwin	Winchester & District AC	MV50	Nov	0:45:47	(45:47)	1:58:49	(73:02)	2:54:38	(55:49)	3:25:06	(30:28)	4:29:45	(64:39)	5:25:44	(55:59)
673	756	Dave McCarthy	Unattached	M	Nov	0:41:54	(41:54)	1:47:32	(65:38)	2:42:47	(55:15)	3:20:49	(38:02)	4:16:45	(55:56)	5:26:59	(70:14)
674	592	Rob Kilner	Pudsey Pacers RC	M		0:46:38	(46:38)	2:00:13	(73:35)	2:53:10	(52:57)	3:29:25	(36:15)	4:24:29	(55:04)	5:27:38	(63:09)
675	685	Peter Ehrhardt	Todmorden Harriers & AC	MV60	Nov	0:47:07	(47:07)	1:59:54	(72:47)	2:49:02	(49:08)	3:19:40	(30:38)	4:14:06	(54:26)	5:28:23	(74:17)
676	245	Stuart Boulton	Todmorden Harriers & AC	MV40		0:47:10	(47:10)	2:01:49	(74:39)	2:52:30	(50:41)	3:28:05	(35:35)	4:27:35	(59:30)	5:29:18	(61:43)
677	255	Andrew Graham	Clayton-le-Moors Harriers	M	Nov	0:46:52	(46:52)	2:03:02	(76:10)	3:01:37	(58:35)	3:30:30	(28:53)	4:30:08	(59:38)	5:31:32	(61:24)
678	706	Geoff Webster	Valley Striders AC	MV60		0:47:57	(47:57)	2:04:16	(76:19)	3:01:14	(56:58)	3:29:22	(28:08)	4:33:14	(63:52)	5:31:49	(58:35)
679	219	Chris Cammidge	Castle Point Joggers	MV40		0:49:49	(49:49)	2:07:53	(78:04)	3:00:26	(52:33)	3:31:37	(31:11)	4:26:13	(54:36)	5:33:11	(66:58)
680	761	Mark Smith	Unattached	M		0:47:34	(47:34)	2:02:48	(75:14)	2:55:41	(52:53)	3:25:54	(30:13)	4:31:37	(65:43)	5:33:13	(61:36)
681	379	Paul Hulbert	FRA	M		0:43:34	(43:34)	1:53:40	(70:06)	2:40:54	(47:14)	3:15:22	(34:28)	4:30:17	(74:55)	5:34:19	(64:02)
682	609	John McIntosh	Rosendale Harriers & A	MV50		0:46:14	(46:14)	2:01:46	(75:32)	2:53:52	(52:06)	3:25:39	(31:47)	4:31:20	(65:41)	5:36:57	(65:37)
683	607	Jeff Hignett	Rosendale Harriers & A	MV50	Nov	0:46:07	(46:07)	2:01:58	(75:51)	2:53:34	(51:36)	3:25:38	(32:04)	4:31:26	(65:48)	5:36:58	(65:32)
684	125	Ian Taylor	BARF	MV60		0:49:18	(49:18)	2:06:04	(76:46)	2:59:40	(53:36)	3:29:05	(29:25)	4:29:57	(60:52)	5:39:43	(69:46)
685	652	Stephen Batley	Skyrac AC	MV60		0:46:35	(46:35)	2:03:00	(76:25)	2:53:35	(50:35)	3:28:36	(35:01)	4:26:56	(58:20)	5:41:56	(75:00)
	10	Stephen Hall	Entente Athletique Grenob	M	Nov	0:37:14	(37:14)										
	11	Martin Cox	Team Inov-8	M	Nov	0:27:53	(27:53)	1:14:23	(46:30)	1:44:04	(29:41)	2:08:34	(24:30)				

34	Patrick Devine-Wrigh	Unattached	M		0:35:14	(35:14)						
46	Marjan Zupancic	SLO MR team	M	Nov	0:32:20	(32:20)	1:30:16	(57:56)				
57	Swen Kisslig	LauRa-Sport.ch	M	Nov	0:32:36	(32:36)	1:55:44	(83:08)				
66	Zachary Freudenburg	Unattached	M	Nov	0:27:29	(27:29)	1:19:34	(52:05)	1:54:21	(34:47)	2:32:18	(37:57)
73	Narelle Patrick	Australian Mountain Runni	FV40	Nov	0:40:54	(40:54)						
79	Anita Haakenstad Ev	Oystre Slidre IL	FV40	Nov	0:31:02	(31:02)						
103	Mark Hammond	Accrington Road Runners	M		0:47:26	(47:26)	2:03:34	(76:08)	3:00:47	(57:13)	3:33:47	(33:00)
114	Ian Ferris	Baildon Runners	MV40	Nov	0:49:42	(49:42)	2:11:53	(82:11)				
127	Bruce Duncan	Bingley Harriers & AC	MV50		0:46:33	(46:33)	2:02:41	(76:08)	2:58:44	(56:03)	3:37:40	(38:56)
144	Martin Peace	Bingley Harriers & AC	M		0:32:52	(32:52)	1:25:57	(53:05)	1:59:29	(33:32)	2:35:08	(35:39)
153	Mick Adams	Blackburn Harriers & AC	M		0:47:08	(47:08)	2:01:08	(74:00)	3:00:35	(59:27)	3:42:17	(41:42)
173	Dave Ward	Borrowdale Fell Runners	M	Nov	0:38:20	(38:20)	2:12:29	(94:09)				
180	Paul Morton	Bowland Fell Runners	M		0:40:28	(40:28)	1:47:04	(66:36)	2:28:37	(41:33)	2:57:00	(28:23)
193	Neil Croasdell	Calder Valley Fell Runner	MV50		0:50:28	(50:28)	2:31:14	(100:46)				
204	John Nunn	Calder Valley Fell Runner	MV40		0:48:17	(48:17)	2:07:35	(79:18)	3:04:42	(57:07)	3:42:17	(37:35)
211	Darren Sugden	Calder Valley Fell Runner	M		0:42:03	(42:03)	1:55:36	(73:33)	2:45:01	(49:25)	3:17:25	(32:24)
220	Nick McCullagh	Castle Point Joggers	MV50		0:50:51	(50:51)	2:08:56	(78:05)	3:00:52	(51:56)	3:34:46	(33:54)
234	John Swift	Chorley AC	MV60		0:49:04	(49:04)	2:08:09	(79:05)	2:57:38	(49:29)	3:37:20	(39:42)
247	Stephen Bury	Clayton-le-Moors Harriers	MV50		0:42:56	(42:56)	1:56:15	(73:19)	2:48:24	(52:09)	3:45:48	(57:24)
272	Andrew Stubbs	Clayton-le-Moors Harriers	MV40		0:34:05	(34:05)	1:27:37	(53:32)	2:06:43	(39:06)	2:28:34	(21:51)
286	Robert Brookes	Cosmic Hillbashers	M									
299	Stephen Wilson	Cumberland Fell Runners	MV40		0:43:11	(43:11)	1:54:00	(70:49)				
300	Tim Austin	Ambleside AC	M	Nov								
325	Darren Unwin	Dark Peak Fell Runners C	M		0:35:29	(35:29)	1:31:58	(56:29)	2:08:52	(36:54)	2:33:51	(24:59)
339	Colin Downey	Dudley Kingswrd RC	MV40	Nov	0:49:26	(49:26)	2:09:57	(80:31)				
392	Nikalas Cook	Goyt Valley Striders	M	Nov	0:35:50	(35:50)						
422	Steve Jackson	Horwich RMI Harriers	MV50		0:38:25	(38:25)	1:38:14	(59:49)	2:18:19	(40:05)	2:46:03	(27:44)
423	Darren Kay	Horwich RMI Harriers	M		0:30:51	(30:51)						
431	Ian Selby	Horwich RMI Harriers	MV40	Nov	0:35:03	(35:03)	1:30:38	(55:35)				
436	Stewart Barrie	Hunters Bog Trotters	MV40	Nov	0:44:50	(44:50)						
448	Philip Lincoln Jones	Ilkley Harriers AC	MV40		0:47:44	(47:44)	2:02:32	(74:48)	2:57:34	(55:02)	3:31:15	(33:41)
471	Richard Handford	Keighley & Craven AC	MV50	Nov	0:49:29	(49:29)	2:08:38	(79:09)	3:05:16	(56:38)	3:40:49	(35:33)
480	Peter Mitchell	Keighley & Craven AC	MV60		0:50:38	(50:38)	2:12:04	(81:26)				

494	Andy Symonds	Kendal AAC	M	Nov	0:29:58	(29:58)							
507	Craig Worley	Kippax & District Harriers	M	Nov	0:45:20	(45:20)							
522	David Walker	Macclesfield Harriers & A	MV50	Nov									
566	George Scott	Pennine Fell Runners	MV50		0:46:01	(46:01)							
570	David Holmes	Preston Harriers	MV50	Nov	0:40:12	(40:12)	1:45:10	(64:58)	2:30:35	(45:25)	2:57:58	(27:23)	
589	Shaun Denham	Pudsey Pacers RC	MV40		0:46:36	(46:36)	2:00:11	(73:35)	2:51:07	(50:56)	3:24:45	(33:38)	
596	Robert McSherry	Quakers RC	MV40		0:45:36	(45:36)	2:04:50	(79:14)					
599	David Tolson	Red Rose RRC	MV50		0:43:57	(43:57)							
620	John Brown	Salford Harriers & AC	M	Nov	0:28:39	(28:39)							
624	David Parke	Scarborough AC	MV50		0:51:33	(51:33)	2:11:51	(80:18)					
633	David Horsfall	Settle Harriers	MV40		0:36:40	(36:40)							
654	Roger Dawson	Skyrac AC	MV60		0:55:59	(55:59)	2:35:05	(99:06)					
696	Andrew Wrench	Todmorden Harriers & AC	MV40		0:31:53	(31:53)	1:23:05	(51:12)	1:57:44	(34:39)	2:28:02	(30:18)	
713	Richard Clives	westmoreland Triathlon C	MV60		0:54:19	(54:19)							
731	Chris Williams	White Peak Fell Runners	MV50		0:49:25	(49:25)	2:09:26	(80:01)					
732	Stephen Nicholls	Wigan Phoenix	M		0:36:27	(36:27)	1:33:32	(57:05)	2:13:36	(40:04)	2:47:18	(33:42)	
741	Danny Mills	York Postal Harriers	MV40		0:46:41	(46:41)	2:08:10	(81:29)	3:06:22	(58:12)	3:38:58	(32:36)	
742	Keith Bell	Unattached	MV50		0:48:37	(48:37)	2:11:11	(82:34)					
762	Kit Strange	Unattached	MV50		0:53:20	(53:20)							
768	Brian Worthington	Unattached	MV50	Nov	0:50:31	(50:31)							
769	Mick Wren	Unattached	MV40	Nov	0:45:43	(45:43)	1:57:28	(71:45)			3:46:42	(109:14)	
778	Sue Becconsall	Bingley Harriers & AC	FV40		0:37:39	(37:39)	1:36:20	(58:41)	2:15:48	(39:28)			
782	Tracey Marshall	Bingley Harriers & AC	FV40		0:49:17	(49:17)	2:06:06	(76:49)	3:03:22	(57:16)	3:37:42	(34:20)	
788	Natalie White	Bingley Harriers & AC	F	Nov									
790	Rebecca Cash	Ambleside AC	F		0:42:25	(42:25)							
792	Naomi Sharratt	Calder Valley Fell Runner	F		0:39:42	(39:42)							
794	Claire Hanson	Calder Valley Fell Runner	F	Nov	0:46:11	(46:11)	2:02:36	(76:25)					
821	Hazel Robinson	Ambleside AC	F		0:38:40	(38:40)	1:42:11	(63:31)	2:24:52	(42:41)	2:51:28	(26:36)	
823	Julia Steele	Durham Fell Runners	F		0:50:41	(50:41)	2:10:00	(79:19)					
836	Rosemary Lewis	Heathfield RRC	F	Nov	0:49:30	(49:30)	2:06:42	(77:12)					
843	Sue Booth	Ilkley Harriers AC	FV40	Nov	0:49:59	(49:59)	2:09:20	(79:21)	3:07:41	(58:21)	3:41:15	(33:34)	
865	Fliss Milner	North Derbyshire RC	FV40	Nov									
873	Sarah Massey	Radcliffe AC	F		0:42:06	(42:06)	1:52:31	(70:25)					

877	Sue Kendall-Lansell	Scarborough AC	FV40		0:50:45	(50:45)	2:10:30	(79:45)
882	Tracy Wilson	Settle Harriers	F	Nov	0:52:41	(52:41)	2:19:19	(86:38)
892	Mandy Goth	Todmorden Harriers & AC	FV40		0:51:16	(51:16)	2:11:31	(80:15)

*Results by SPORTident Timing: [www.sportident.co.uk](http://www.sportident.co.uk)*

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