

**TRIAL RACE FOR THE GREAT BRITAIN MOUNTAIN RUNNING TEAM HELD ON  
19<sup>TH</sup> JUNE 2005, LLANBERIS, GWYNEDD**

**DISTANCE 6.8 MILES (11KM) CLIMB 3563FEET (1086M)**

**SENIOR MEN RESULTS**

1	Andi Jones	Salford	51.45
2	Steve Vernon	Stockport	53.07
3	Tim Davies	Mercia	53.50
4	William Levett	Bedford & County	54.52
5	Andy Norman	Altringham A C	56.15
6	Ian Fisher	Aire Valley Runners	56.40
7	Rob Hope	Pudsey & Bramley	57.24
8	Matt Shaw	Salford	57.52
9	Seb Shepley	Tipton Harriers	58.10
10	John Brown	Salford	59.17
11	Matthew Collins	MDC	60.34
12	Phil Sheard	Pudsey & Bramley	60.44
13	Chris Leigh	Trafford	61.30
14	James McQueen	Eryri	66.30
15	Arwel Lewis (V40)	Eryri	66.44
16	Ian Houston	Wrexham	67.38
17	Thomas Morgan (V40)	Mynydd Du	69.11
18	Matthew Gilbert	Wrexham	69.20
19	John Montgomery (V40)	Buckley Runners	69.56
20	Dyfed Whiteside Thomas	Eryri	72.10
21	Iwan Norton	Eryri	72.46
22	Dylan Owen (V40)	Eryri	72.47
23	Charles Ashley (V40)	Wrexham	72.53
24	Stephen Jones	Wrexham	74.13
25	Edward Reid (V40)	Abergele Harriers	75.24
26	Adrian Orringe (V50)	Mynydd Du	75.31
27	Huw Lewis (V40)	Buckley Runners	78.11
28	Tony Hulme (V50)	Cheshire Hill Racers	80.05
29	Martin Williams (V50)	Eryri	86.11
30	Dilwyn Rowlands	Eryri	86.41
31	Stephen Paul (V40)	Buckley Runners	87.19
32	Mike Blake (V50)	Eryri	89.55
33	Pete Norman (V60)	Wrexham	90.22
34	Michael Edwards (V60)	Wrexham	98.05
35	Iorwerth Roberts (V60)	Eryri	

DNF Alun Vaughan Eryri

**SENIOR WOMEN**

1	Mary Wilkinson	Skipton AC	64.47
2	Lyn Wilson	Carnethy	65.11
3	Angela Mudge	Carnethy	65.31
4	Victoria Wilkinson	Bingley	66.02
5	Ann Frost	New Zealand	66.31
6	Christine Howard	Matlock AC	68.49
7	Jane Clark	Pudsey & Bramley	69.11
8	Clare McKittrick	Charnwood AC	70.25
9	Louise Roberts	Keswick	71.19
10	Angela Jones	Mynydd Du	78.20
11	Nicki Thompson	Charnwood AC	78.43
12	Sam Gray	Bristol AC	83.13
13	Angela Brand Barker (V40)	Keswick	83.38
14	Allison Donnelly	Eryri	92.49
15	*Stel Farrar (V40) started late	Eryri	1Hr 50m