

Rainow 5, 8th June 2005.

Position	TIME	Category	Name	Club
1	31m40s	MV40	Andy Wilton	Buxton A.C.
2	32m57s	MV40	Malcolm Fowler	Cheshire Hill Racers
3	33m32s	M	Ed Gamble	Cheshire Hill Racers
4	33m55s	M	Tom Wild	Macclesfield Harriers
5	34m12s	M	Darren Dunn	Pennine
6	34m16s	MV40	Graham MacNeil	Cheshire Hill Racers
7	34m19s	MV40	Alan Kirk	Pennine
8	34m23s	MV40	Vinny Booth	Trafford A.C.
9	34m45s	M	Matt Stone	
10	34m55s	M	Jon Chapman	
11	35m29s	M	Andrew Carruthers	Crawley A.C.
12	36m20s	M	Julian Brown	Macclesfield Harriers
13	36m26s	M	Christofer Fredriksson	Sweden
14	36m32s	MV40	David Garner	Manchester YMCA Harriers
15	36m52s	MV50	Ben Gregory	Cheshire Hill Racers
16	36m57s	MV40	Jim Truemen	Pennine
17	36m58s	MV40	Andrew Anastosi	Glossopdale
18	36m59s	MV40	Stephen Watts	Macclesfield Harriers
19	37m00s	M	Nigel Critchlow	Buxton A.C.
20	37m07s	M	Warren Mason	Macclesfield Harriers
21	37m16s	M	Gary Cassidy	Altrincham
22	37m30s	M	Mark Norton	Altrincham
23	37m33s	MV40	Andy Butler	Goyt Valley Striders
24	37m37s	M	Joe Nuttall	Cheshire Hill Racers
25	37m39s	MV50	Graham McAra	Cheshire Hill Racers
26	37m49s	MV50	Geoff Hodges	Cheshire Hill Racers
27	38m02s	M	Jack Leech	
28	38m07s	M	Paul Rushworth	Macclesfield Harriers
29	38m11s	MV50	Michael Jones	Altrincham
30	38m23s	FV40	Cecelia Greasley	Cheshire Hill Racers
31	38m44s	M	Bob Wellings	
32	38m53s	M	Andy Brooks	Shelton Striders
33	30m02s	MV50	Martin Cortvriend	Macclesfield Harriers
34	39m08s	MV50	Hossein Yousefian	Stockport Harriers
35	30m18s	M	Jonathan Hull	Goyt Valley Striders
36	39m26s	M	Tim Stanley	
37	39m31s	MV40	Paul Flinn	Macclesfield Harriers
38	39m33s	M	Andy Pead	
39	39m40s	MV40	Simon Entwistle	Pennine
40	39m41s	M	Bruce Woolley	
41	39m44s	M	Mike Nelson	Macclesfield Harriers
42	39m48s	MV50	Mick Moorhouse	Matlock A.C.
43	39m53s	M	Graeme Bramwell	Buxton A.C.
44	40m00s	MV50	Richard Scottney	Pennine
45	40m01s	MV40	Richard Jones	Macclesfield Harriers
46	40m07s	MV40	Andy Wilkins	Glossopdale Harriers
47	40m08s	M	Peter Smith	
48	40m14s	F	Estelle McGuire	Stockport Harriers
49	40m15s	M	Martin Smith	
50	40m24s	MV40	Mark Wood	Mercia
51	40m31s	M	Peter Nielo	Macclesfield Harriers
52	40m46s	M	Robert Palmer	
53	40m50s	MV40	Peter Redhead	Macclesfield Harriers
54	40m53s	M	Geoff Spencer	Stockport Harriers
55	40m55s	M	Chris Bentley	Macclesfield Harriers

56	40m56s	M	John Davies	Buxton A.c.
57	41m03s	MV40	Geoff Whitehead	Buxton A.c.
58	41m10s	M	Andy Nurney	Stockport Harriers
59	41m18s	MV40	Brian Macfadyen	Macclesfield Harriers
60	41m22s	M	Nigel Oldham	Manchester YMCA
61	41m25s	MV50	Graham Barnes	
62	41m40s	M	Lee Barratt	
63	41m41s	M	Matt Kawalski-Hicks	Macclesfield Harriers
64	41m48s	MV50	Alan Bocking	Cheshire Hill Racers
65	41m50s	M	Anthony Johnson	Glossopdale Harriers
66	41m56s	MV40	Christopher Harding	
67	42m00s	MV50	David Smith	Stockport Harriers
68	42m06s	MV40	Brian Holland	Stockport Harriers
69	42m17s	M	David Madden	
70	42m20s	MV40	Nicholas Stone	City of Stock A.C.
71	42m26s	M	Stephen Symons	Manchester YMCA
72	42m45s	MV50	David Tucker	Macclesfield Harriers
73	42m48s	M	Leigh Wykes	Macclesfield Harriers
74	42m52s	MV40	Andrew Sinclair	Macclesfield Harriers
75	42m53s	F	Rebecca Avenessian	Manchester YMCA
76	43m11s	MJ	Andrew James Howat	
77	43m13s	MV60	Colin Ardron	Macclesfield Harriers
78	43m14s	M	Marc Bradford	Macclesfield Harriers
79	43m27s	MV40	Malcolm Stubbs	
80	43m35s	MV40	Kevan Underhill	Cheshire H.H.H.
81	43m37s	MV40	Rob McHarry	Spectrum Striders
82	43m40s	F	Cheryl Nield	Macclesfield Harriers
83	43m45s	MV40	Colin Wilshaw	Buxton A.C.
84	43m49s	MV40	Ian Thorpe	Stockport Harriers
85	43m58s	MV50	Nick Harris	Rossendale
86	44m00s	MV40	Robert Anderson	
87	44m14s	M	Stephen Walker	
88	44m17s	MV50	Nigel Chahther	
89	44m25s	MV40	Martin Rands	Macclesfield Harriers
90	44m27s	MJ	James Edward King	Glossopdale Harriers
91	44m30s	MV40	Ray Ski	Manchester Harriers
92	44m38s	MV50	Pete Coppack	Macclesfield Harriers
93	45m02s	MV50	John Leary	Manchester YMCA
94	45m05s	FV40	Angela Leonard	Manchester YMCA
95	45m09s	MV50	David Smith	Dallam Running Club
96	45m18s	MV50	Phil Cheek	Macclesfield Harriers
97	45m20s	MV60	Roger Ashby	Sale Harriers
98	45m27s	M	Terry Bland	
99	45m28s	MV50	Mark Wheelton	Macclesfield Harriers
100	45m31s	M	Robert Cooper	
101	45m33s	M	Jon Tatham	
102	45m35s	MV60	Robert Wignall	Altrincham A.C.
103	45m36s	MV40	Don Bullough	Cheshire Hill Racers
104	45m47s	MV50	Dave Walker	Glossopdale
105	45m49s	MV50	Andrew Addis	Macclesfield Harriers
106	45m50s	M	Shaun Coran	
107	46m02s	MV40	John Wardale	Macclesfield Harriers
108	46m07s	MV50	Robert Buckley	Altrincham
109	46m11s	M	Paul Heathcote	Buxton A.C.
110	46m27s	MV50	Colin Davies	Altrincham
111	46m56s	MV50	Pete Tapping	Dark Peak
112	46m57s	M	Lawrence Day	Macclesfield Harriers
113	47m02s	MV40	Steve Collier	Vale Royal A.C.
114	47m28s	F	Lindsay Palmer	Glossopdale
115	47m37s	MV50	Rob Foschtinski	

116	47m41s	F	Emma Wharton	Buxton A.C.
117	47m56s	MV50	Ken Jackson	Stockport Harriers
118	47m58s	MV40	Robert Thomas	
119	48m00s	MV50	Paul Beaver	Stockport Harriers
120	48m15s	MV40	Kevin Fitzgerald	
121	48m24s	MV50	Alan Dilkes	Stockport Harriers
122	48m25s	M	Lee Grant	
123	48m41s	FV40	Joanna Miles	Macclesfield Harriers
124	49m02s	MV40	Jon Martin	
125	40m06s	F	Karen McCrackle	Stockport Harriers
126	49m33s	M	Russ Tattersall	
127	40m55s	MV40	Russell Monkman	
128	50m20s	MV40	Simon Moorhouse	
129	50m31s	MV60	Malcolm Schofield	Altrincham
130	50m43s	MJ	Ian Manners	Manchester YMCA
131	50m55s	MV60	Brian Robinson	
132	50m56s	MV40	John Murphy	FRA
133	50m57s	FV40	Maggie Jones	Altrincham
134	51m10s	MV40	Alan Roberts	
135	51m23s	MV60	Mick Edwards	Dark Peak Fell Runners
136	51m27s	M	Anthony Griffin	
137	51m37s	MV50	Allan Armour	Allan Armour
138	51m44s	F	Christine Bradley	Horwich
139	51m50s	MV50	Tony Bray	MDOC
140	51m54s	M	Chris Edwards	Dark Peak Fell Runners
141	52m00s	M	Darren Wood	
142	52m32s	MV40	Peter Lancaster	
143	52m37s	FV40	Julie Savage	
144	53m22s	FV40	Mary Jeal	Macclesfield Harriers
145	53m32s	F	Sharon Goodier	
146	53m50s	F	Hannah Coram	
147	54m09s	FV50	Gill Bremner	Gill Bremner
148	54m27s	M	Michael Cooney	
149	55m06s	MV60	Trevor Faulkner	Wilmslow
150	55m15s	FV40	Alison Holt	Glossopdale Harriers
151	55m16s	F	Julie Fletcher	Macclesfield Harriers
152	55m18s	MV40	Craig Harwood	Macclesfield Harriers
153	55m22s	MV60	Allan Bourne	Clayton Newcastle Staffs
154	55m45s	FV40	Sue Holland	Stockport
155	56m33s	FV40	Ann Elizabeth Coulter	Vale Royal
156	56m37s	F	Fiona Pudge	Spectrum Striders
157	56m46s	FV40	Cath Hughes	
158	56m50s	FV50	Sheila Cook	
159	57m42s	F	Philippa Machin	
160	57m50s	MV50	Ron Wilkinson	
161	58m11s	FV50	Kathryn Smith	
162	58m12s	FV50	Jean Dolan	Altrincham
163	59m08s	FV40	Janet Bowyer	Stockport Harriers
164	60m07s	M	Tony Clare	
165	60m19s	FV40	Katharine Thorley	
166	60m28s	FV50	Janet Booker	Stockport Harriers
167	61m12s	MV50	Justin Guttman	
168	61m33s	FV50	Christine Jackson	
169		F	Frances Coughlan	

