

## Grisedale Grind 2005

Sixty hardy fellrunners braved the windy conditions to complete the classic route up and down the ridge of Grisedale Pike. The first runner reached the summit in approximately 21 minutes. To beat the record, he would have had to descend back to the Whinlatter visitor centre in under 7 minutes to break Alan Bowness's record. Perhaps it was a tactical race this year. Should we provide incentives for record-breaking runs? Watch next years press!

The summit marshall needed two large glasses of red wine to recover from being blasted by the strong south-westerly wind. Maybe the rewards should go to these guys who put up with adverse weather and speeding cars on the road crossing. Running the race is a comparative doddle!

Angela & Tony B-B

LOST PROPERTY = Grey Heli / Lifa top left in tree in car park. Phone us to reclaim.

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#### Final Results

Name	Club	Cat	Summit Posn	Time
1 Simon Booth	Borrowdale		2	29.31
2 Jonny Bland	Borrowdale		1	29.49
3 Nimrod Lockwood	Keswick		4	30.52
4 Ricky Lightfoot	Ellenborough		3	31.09
5 Andrew Schofield	Borrowdale		5	31.28
6 Paul Brittleton	Helm Hill		7	32.51
7 Paul Cornforth	Borrowdale	40	10	33.01
8 Ian Turnbull	Borrowdale		8	33.16
9 Kevin Hagley	SWRR	40	9	33.19
10 Michael Cunningham	Borrowdale		11	33.34
11 Pete Dawson	CFR	40	14	33.55
12 Dave Birch	Keswick		6	34.09
13 David Atkinson	CFR	40	13	34.13
14 Graeme Ives	Keswick		19	34.35
15 James Walker	Keswick	Junior	12	35.01
16 Chris Speight	Ambleside	40	21	35.07
17 Peter Hague	Keswick	40	17	35.15
18 Duncan Overton	Keswick	50	18	35.28
19 Rhett Harrison	CFR	40	16	35.37
20 Richard Unwin	Keswick	50	24	35.52
21 Andy Liddell	Keswick		23	36.00
22 Sean Madine	Ellenborough	Junior	25	36.21
23 Nicola Davies	Borrowdale	LV	20	36.24
24 Paul Tuson	Helm Hill	40	22	36.42
25 David Ward	CFR		28	36.54
26 David Owens	Keswick	40	32	37.08
27 Stephen Hartley	Eden		30	37.11
28 Philip Bent	U/A		31	37.12

29	Richard Scott	Keswick	40	27	37.25
30	Kate Beaty	CFR	40	29	38.08
31	Keith Loan	Keswick	40	38	38.44
32	John Boyle	CFR		26	38.48
33	Neil Thompson	Keswick		36	38.55
34	Rick Cooper	Keswick	40	35	38.58
35	Jim Downie	Keswick	50	33	39.20
36	Steven O'Keefe	CFR		34	40.29
37	Martin Mikkleson-Barron	Keswick		15	40.30
38	Paul Johnston	Ellenborough		41	40.46
39	Mark Graham	CFR	40	40	40.53
40	Chris Knox	Keswick	50	46	41.46
41	Stephen Strachan	U/A		39	41.55
42	Steve Cook	FRA	40	37	42.53
43	Dan Fawcett	Keswick		50	42.57
44	David Harrison	Keswick	60	48	42.59
45	Richard Baker	Ambleside	50	44	43.02
46	David Porter	Keswick	40	47	43.05
47	Jane Fletcher	Borrowdale	L	43	43.19
48	Stella Lewsley	Keswick	LV	42	44.00
49	Patric Gilchrist	Keswick	50	53	44.25
50	Chris Harrison	U/A		51	44.35
51	Rhiannon Jones	CFR	L	52	44.49
52	Dave Lees	CFR	50	49	44.58
53	Lindsay Buck	CFR	LV	45	45.11
54	Cathy Colam	Keswick	LV	54	45.47
55	Joanne Moore	Keswick	L	55	45.54
56	Penny Bibby	Keswick	LV	56	47.21
57	Pat Richards	Keswick	LV	57	50.55
58	Jonathan Crowe	U/A		58	51.16
59	John Rutter	Keswick	60	60	55.59
60	Gill Brown	Keswick	LV	59	56.19