

Individual Championship Medallists

| | 1st | 2nd | 3rd |
|---------------------|---|--|--|
| Men | | | |
| Open | Chris Arthur (Bowland Fell Runners) Carl Bell (Keswick AC) | | Mark Lamb (Keswick AC) |
| U23 | Joshua Jardine (Helm Hill Runners) | Ted Ferguson (Borrowdale Fell Runners) | Tom Saville (Dark Peak Fell Runners) |
| Vets O40 | Rob Hope (Pudsey & Bramley AC) | Phil Davies (Borrowdale Fell Runners) | Ben Bardsley (Borrowdale Fell Runners) |
| Vets O50 | Jim Davies (Borrowdale Fell Runners) | Mark Roberts (Borrowdale Fell Runners) | David Taylor (Dark Peak Fell Runners) |
| Vets O60 | William Procter (Helm Hill Runners) | Stephen Morran (Bolton United Harriers & AC) | Ben Grant (Harrogate Harriers & AC) |
| Women | | | |
| Open | Bronwen Jenkinson) (Rhedwyr Eryri) | Kelli-Jayne Roberts (Ambleside AC) Lou Roberts (Ambleside AC) | |
| U23 | Bronwen Jenkinson) (Rhedwyr Eryri) | Hannah Russell (Helm Hill Runners) | |
| Vets O40 | Lou Roberts (Ambleside AC) | Mel Price (Mercia Fell Runners) | Judith Jepson (Dark Peak Fell Runners) |
| Vets O50 | Judith Jepson (Dark Peak Fell Runners) | Elizabeth Batt (Dark Peak Fell Runners) | Anna-Jane Meeks (Borrowdale Fell Runners) |

Team Championship Medallists

| | 1st | 2nd | 3rd |
|-----------------|---|--|--|
| Men | | | |
| Open | Keswick AC Carl Bell, Mark Lamb, Sam Stead, Steven Hebblethwaite, Chris Edis, James Appleton (6) | Helm Hill Runners Tom Addison, Joshua Jardine, Mark Addison, Kieran Hodgson, Adam Perry, Michael Ainsworth, Ben Procter, Shane Ohly (8) | Borrowdale Fell Runners Kim Collison, Phil Davies, Morgan Donnelly, Martin Mikkelsen-Barron, Ben Bardsley, Jim Davies, Mark Roberts, Ted Ferguson (8) |
| Vets O40 | Borrowdale Fell Runners Phil Davies, Morgan Donnelly, Ben Bardsley, Jim Davies, Mark Roberts (5) | Calder Valley Fell Runners Gavin Mulholland, Darren Kay, Mark Taylor, Stephen Smithies, Karl Gray, Shaun Godsmann, Stephen Edwards (7) | Todmorden Harriers Jon Wright, Graeme Brown, Nick Barber, James Riley, Darren Tweed, Paul Hobbs (6) |
| Vets O50 | Borrowdale Fell Runners Jim Davies, Mark Roberts, Paul Cornforth (3) | Dark Peak Fell Runners David Taylor, Stephen Pyke, Jon Batt, John Hunt, Greg Rimmer (5) | Pennine Fell Runners Richard Houghton, Ian Warhurst, Dave Soles, Darran Hawkins (4) |
| Women | | | |
| Open | Ambleside AC Kelli-Jayne Roberts, Lou Roberts, Astrid Gibbs, Michelle Foxwell, Sarah McCormack (5) | Rhedwyr Eryri Miranda Grant, Bronwen Jenkinson, Louise Beetlestone, Sarah Harley, Nia Albiston (5) | Helm Hill Runners Hannah Russell, Catherine Niblock, Alison Richards, Sharon Taylor, Jayne Rigby (5) |
| Vets O40 | Ambleside AC Lou Roberts, Astrid Gibbs, Michelle Foxwell, Jane Reedy, Eleanor Knowles (5) | Todmorden Harriers Lucy Burnett, Claire Duffield, Rebecca Patrick, Melanie Blackhurst, Kate Mansell (5) | Helm Hill Runners Alison Richards, , Jayne Rigby, Carrie Gibson, Marie Robson, Bianca Dyer (5) |