



F.R.A. NEWS

Issue No. 4, May 1986

Open Fellrunning - the debate

Keswick amateur athletic club

An open letter to the General Secretary of AAA

Dear Sir

On 26th January I received a letter from Guy Russell of Ambleside AC, which was presented to the Keswick AAC Committee on 26th March.

The background behind the letter is that Guy has apparently been competing in a series of Winter races organised by the Lakeland Sports Promoters Association, a body normally associated with 'professional' fell races held at Lakeland Shows during the Summer season. One of these events on 29th December was subsequently reported in the Westmorland Gazette, Guy finished 2nd and was mentioned in print, with the end result being that he was subsequently banned (together with his clubmate Steve Hicks) for breaking AAA rules by the District 3 Committee of the NCAA.

The Secretary of District 3, Mr. E. Lacey of Milnthorpe, Cumbria confirmed that Messrs. Russell and Hicks were "banned for running in unsanctioned races" by a telephone call to me on March 15th, followed in writing by a letter received on March 28th notifying all clubs not to accept any entries from Russell or Hicks until they have been re-instated.

Guy writes in his letter: "I personally use these events as good Winter training, much in the same way as I use your club Winter runs" . . . "it does seem hypocritical that I should be banned and classed as a professional for competing in an event where there were no prizes on offer, whilst the likes of Miss Budd can receive £90,000 and still be classed as an amateur". Guy concludes his letter by asking us to "stand up and be counted" whilst finally announcing that "I intend turning up for competition at all Keswick AAC races and will ask you to accept my entry".

Keswick AAC have therefore been placed in a dilemma, as an amateur athletic club affiliated to NCAA we have accepted that Guy Russell and anyone else classed by NCAA as 'professional' cannot be allowed to enter any of our club promotions as we have a duty to protect the amateur status of all the members of our club over the fell, road, cross country or track. We must, and will operate within the existing framework of these rules. And yet, to a man, every member of our Committee as individual runners applaud the stand that Guy Russell is making and agree that fell runners ought to be able to run on the fells against whoever they like as long as no prize money is on offer, that is in OPEN fell race competition.

This might seem a very small problem to you, but it is becoming a major issue both in Cumbria and for many local clubs, as there is a worrying amount of personal confrontation and bitterness being provoked by this case, which directly affects us. We are the leading fell running club in the country and have been national team champions for the past three seasons, currently having five fell running Internationals amongst our membership. A large proportion of our athletes are fell runners.

The Fell Runners Association, a body we are affiliated to, have attempted to approach the AAA via your Finance and General Purposes Committee to discuss the motion which was unanimously passed at their AGM in October with yourself in attendance, that "In principle, there is no difference between amateur and professional in our sport and to seek an end to this distinction by means of negotiation with the AAA". Your Committee decided there will be no such negotiation.

We ask therefore that the AAA would look sympathetically towards talks with the FRA to help resolve this problem and hope that you will listen to the FRA proposals for our sport of fell running. We further ask that the FRA is the body that such matters should be forwarded through and not through district and area organisations who have little knowledge and even less understanding of fell running and its traditions.

OPEN FELL-RUNNING

It looks as if we're going to meet the AAA after all, folks! Chairman Norman Berry attended a recent AAA General Committee meeting (apparently Norman, himself a vet, was the youngest man in the room by several generations!) and persuaded them to give us a hearing. A cynic might think that Chris Brasher's revelation that he, an I.A.A.F. committee man, is himself a 'pro', was quite persuasive too!

Your committee decided at Kentmere to aim for total abolition of the relevant sections of the AAA Rule 1. The sections declare that if you've competed in an unregistered race or against runner you know to be ineligible (i.e. 'pro') then you're ineligible (i.e. 'pro') yourself.

Meanwhile another Ambleside runner has been banned by the Cumbria AAA - he's not won anything either! Together with Guy Russell he was courageously allowed to run at Blisco in spite of the AAA directive to the contrary. Solidarity with the pair has been shown by over 60 runners who have so far signed a declaration that they too are 'pros' according to AAA laws. They include 4 FRA committee members and 2 former fell runners of the year; 15 clubs are represented. 'Rumour had it', that Ambleside club was split down the middle on the issue - that's far from the case. The two banned athletes remain members of the club in spite of AAA pressure and 21 club members have signed the declaration. This may mean that Ambleside races may go 'open' this year.

It's a shame that we have to go to these lengths for the AAA to recognise our seriousness. The issue is quite straightforward and has nothing to do with money. Fell-runners simply will not have outsiders telling us where we can run and where we can't.

Selwyn Wright
Ambleside AAC

COMMENT

The saga continues - one runner still banned, several seeking to be banned for the same reason and one reinstated.

Two distinct lines of action are evolving as illustrated here by the pieces from Keswick AAC Committee and Selwyn Wright of Ambleside. These are the obvious routes of negotiation and confrontation. The AAA has asked the FRA Committee to "submit rules changes for consideration" but Committee sees direct talks a necessity and has requested these. Recent mumbblings suggest 'they' may not all be dyed in the wool blazered types - "We are well aware that some of the rules are not in the 20th century and we are anxious to try and put things right". How long can AAA's hide behind IAAF rules? Cannot AAA's accept that a special case should be made for fell running just as it has been made for mass participation fun runs allowing professional sportsmen to run? How many runners will AAA's ban before they realise the inequity of the situation and remove this outdated distinction? Who is really the governing body of fell running? Did we make the wrong decision rather than going independent like B.O.F.? Answers on a postcard please to Selwyn Wright.



Dave Hodgson, Horsforth Fellandale, first over 50 at Kentmere descending to the Garburn Pass.

Dave, the FRA's treasurer reports that up until the end of this financial year the Association will have a working surplus of around £800 and balance of £8200, after this newsletter and the next Fellrunner have been paid for. This newsletter cost £270 to print, postage was a further £300. The postage was paid for by Metlex, sponsors of the Rydal Round, in return for the inclusion of their mail-shot. A further £90 was raised from advertising.

Until it is possible to produce more than 2 magazines a year 2 copies of FRA news will appear in the 'intervals' in May and September, and sent to all members.

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INTERNATIONAL FELLRUNNING

At its last meeting at Coniston the Committee decided to adopt the policy given below on international fell running. The reason for defining a policy in this matter is to set out a background and reference against which decisions can better be made by the Committee.

The need arises from the Committee's unease at the prospect of making one off decisions which might have far reaching and perhaps unexpected consequences prejudicial to maintaining the traditional atmosphere of fell running/racing. By publicising the policy to the membership the committee hopes to provide the means of assessing the opinion of the membership at large.

POLICY:

1 The FRA aims to encourage and promote international fell racing because:

1.1 As the governing body of Fellrunning (England & Wales?) it has a duty to do so.

1.2 It recognizes that international events have and will continue anyway.

1.3 It recognizes that top athletes in the sport should rightly aspire to international honours.

1.4 It recognizes that some athletes desire opportunities to compete/participate in international events.

2 The FRA will seek to achieve these aims by:

2.1 Acting as the body responsible for international competition (England and Wales?). Affiliating to appropriate international bodies.

2.2 Appointing representative(s) to such bodies to inject our own perceptions of fellracing, among other things.

2.3 Appointing a working party for international affairs which will keep appraised of international opportunities, publicise information, be involved in advisory/organizing capacity for events where appropriate, etc.

2.4 Appointing a selection committee.

3 The FRA will seek to maintain the standards and character of fellrunning already established in the UK as far as these are compatible with reasonable acceptance of international requirements.

At the meeting the committee set up a working party(2.3)consisting of Andy Styan, Danny Hughes, John Blair-Fish, a 'Welsh person', and 3 principal officers Norman Berry, Dave Hodgson and John Broxap.

International Matches 1986

The FRA committee have to date been notified of two matches this year, at Snowdon on July 27th and provisionally a World Cup again in Italy on Sept. 27th. Selection for the England team for these will be based on English and British championship races, of applicable distance, up to 3 weeks prior to these matches - i.e., for Snowdon up to and including Mount Famine, for the World Cup up to and including Ben Nevis. Notable performances in other races will be taken into account as necessary (teams - Snowdon 4 men; World Cup 4 seniors, short race; 4 seniors medium race; 4 juniors and 4 women according to funding). Teams from Scotland, N.Ireland and Wales will be selected by SHRA, NIFRA and Welsh Regional Committee respectively.

Holidaying Abroad

Most of us have heard of the Sierre Zinal race in Switzerland but its only the pinnacle of the European 'mountain running' scene. A host of races are held under the C.I.M.E. (Coupe Internationale de la Montagne) banner throughout Europe but obviously mainly in the Alpine areas of France, Switzerland, Germany and Austria.

Combining several of these provides a worthwhile excuse for touring about if one is needed. Copies of the C.I.M.E. calendar and advice on the better races can be obtained from John Blair-Fish, 28 Howdenhall Crescent, Edinburgh EH16 6UR (031 664 8425).

John is also the FRA's publicity officer and sees his main role as providing accurate, informative statements when necessary and correcting spurious ones as they arise. It is not his, or Committees, intention that the publicity officer act as a catalyst for growth. With fields of 398 at Carnethy, 436 at Kentmere, 435 at Kinder Downfall and 560 at Coniston the opposite seems more appropriate. Will we have to return to pre-entries and limits as pressure of such growth impacts?

Dear Secretary,
We would like to put forward our views regarding the FRA's involvement in international fellrunning:

We think that the FRA should work towards developing the international side of our sport just as it deals with other aspects. Therefore the FRA should develop a structure for:

- Processing invitations for national teams
- Selection of team members
- Appointing team management
- Organising suitable coaching
- Arranging for AAA's and other funding of national teams
- Assisting individual team member with grant applications and dealing with various other related tasks.

The best method of organising this may be to form a squad along the lines of the British Orienteering Squad (B.O.S.). The B.O.S. has a management+ selection committee of three people which is answerable to the B.O.F. international sub-committee. The B.O.S. receives the majority of its funding from the Sports Council with the balance raised by contributions from team members and funds raised by the Squad. The only cost to B.O.F. is some administration costs of work carried out by the B.O.F. National Office on behalf of the Squad. We would like to emphasise the the FRA must cater for male, female and junior internationals.

The FRA should also play a part in encouraging race organisers in the UK to hold internationals in conjunction with British races. It is essential that Britain is involved in the early development of international fell races at an official level with the full backing of the FRA as only then can we expect the virtues of British fell running to be incorporated into international competition.

Jack Maitland, Malcolm Patterson, Dave Cartridge, Ray Owen, Shaun Livesey, Alison Wright, Stephanie Quirk and others.



The CLOSING DATE for entries has been brought forward for the BEN NEVIS race to JUNE 7th. The lack of a sponsor and hence need to raise money earlier is given as the reason. Seems a bit much though 3 months before the race!



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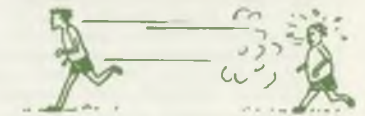
STUD MARKS ON THE SUMMITS

About 1100 books have now (end of April) been sold and the time is rapidly approaching when the basic costs will have been covered. The publisher (Bill Smith, Peter Gildersleve and Peter Knott) consider the project to have been a great success.

The book has been well received and the publisher would like to thank everyone who has bought a copy and particularly the many people who have helped to

advertise and/or market the book.

There are still around 700 copies available and this constitutes a very significant potential finance for the sport if it can be realised. So if you haven't bought one yet now is the time. Also anyone who can advertise or market books we would like to hear from you. It would be a pity not to turn the remaining books into money for the FRA and Bob Graham Club, etc., as intended. P. G. Knott



KENNY 'LEAVES' US

Kenny Stuart, 3 times British Fell Running Champion has decided to express his undoubted talents 'along the yellow brick road'. He gained his first GB vest in a half marathon at the Hague, Netherlands on 6th April, proximity of the race to London being an obvious factor in his selection. Not one to let anyone down Kenny finished 2nd in a tremendous 62.55. Despite being seen drooling at P.B.'s recently his aims are to run sub 29 mins for 10k a.s.a.p. and debut at the marathon in the autumn. Recent local postings of 29.05 and 29.11 show he's well on course although it's yet to be seen how the latest victims cope with the virulent epidemic of childbirth that's broken out amongst Keswick AAC members!



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The Trust does not agree with the interpretation of its meeting with the Fell Runners Association as outlined by Mr Broxap in the Fell Runner Association News of 3rd November 1985. There can be few visitors to the Lake District who are not aware of the massive erosion of footpaths that has occurred over the past ten years and I hope some of your readers have noticed the efforts of the Park Authority and of the National Trust to set matters to rights. Of course all erosion has small beginnings usually where pressure along a single line produces unbearable wear and tear on the vegetation.

The National Trust as owner and caretaker of nearly a third of the Lake District, most of central fells where this pressure is felt the most severely has to find the human and financial resources to carry out the necessary repair work on its land. Obviously it is preferable to avoid the damage occurring at all.

The Trust also has a multiplicity of interests to co-ordinate: Farming, nature conservation, walking and running, climbing, landscape preservation, to name only a few. No single interest can expect to be allowed to do what it likes where it like without concern for other users of the land. Freedom of access must surely imply an acceptance of the principle that it is wrong to carry out an activity, knowing it to be to someone else's disadvantage.

This is the thinking behind the Trust's request to be notified of all fell races across its land. The Trust's growing concern stems from the current changes in fell running; the increase in the number of races and the growing tendency for routes to be flagged rather than being left to the choice of the competitor. Flagging a route leads to the pressure on a single line which causes damage.

It is over these new races that the Trust feels it must, in all fairness, be consulted. It has no intention of restricting the old races so long as they are run on traditional lines.

It may be appropriate to note that the Trust already has long standing and friendly schemes of registration with many similar bodies such as The Orienteering Federation. Through this registration any problems, for example of damage to Sites of Special Scientific Interest, can be avoided.

The Trust looks forward to renewing its discussion with the Fell Runners Association when, it is hoped, a mutually advantageous understanding can be achieved.

Yours faithfully
N J R Sale, Regional Information Officer.

COMMENT:

The FRA has agreed to meet the National Trust to discuss further the points raised above and acknowledges the importance of minimising the impact that fell running has on the environment.

Your article "National Trust to vet Race Routes" in the November Newsletter raises important issues about which we should all be concerned. The most worrying aspect is that the National Trust is pressing for the adoption of a procedure for gaining Trust approval for the use of their land for races, where they would "address any matter that impacts on the land, particularly the high fells." As you point out, this could lead to some races ceasing to exist as we know them. They also propose making a charge per event.

We have a long established tradition of not paying for access to the high fells - one of which I hope we shall always maintain. Under whatever guise the payment were demanded - in this case to cover the cost of examining routes - it would be invidious.

The Trust claim that money is not an issue, and when it comes down to it, it is the principle of having to seek permission to run and walk on the high fells that is unacceptable.

Of course it is the holding of organised events which concerns the Trust, but races cause no more foot-pounding on the fells than do the boots of walkers who are also making proper use of the hills.

The article also brings into question the attitude of the Trust. It is anachronistic for the Trust to think of fells as "their land", "their fells" and "Trust property". Even if one accepts "ownership" of large areas of land, it is implicit in the name that the National Trust is a custodian of land for the people of the nation. As such, the National Trust have the right - indeed the duty - to impose restrictions on some activities such as quarrying, road-building and motor-cycling which conflict with more peaceful enjoyment of the hills, but surely there can be no justification for imposing restrictions on the freedom sport of fellrunning.

Where would it end?

Yours sincerely,
Geoff Carter.

N.I.F.R.A. SEEK AFFILIATION

At the recent AGM of Northern Ireland Fell Runners Association a resolution was passed to affiliate to Northern Ireland AAA and gain parallel status to FRA. With member also voting to become the Northern Irish branch of the FRA a further step was taken to assist FRA's claim to be governing body of fell running in UK when UKAAA come about.

The NIFRA issues a calendar of events which can be obtained from Jim Hayes at 14 Longlands Drive, Comber BT23 5AZ. S.A.E. please. For events in Eire contact Douglas Barry, 26 Sidmarton Court, Bray, Co. Wicklaw, Eire.

Both countries provide great low key races in superb mountains and of course unrivalled Guinness afterwards - good holiday possibility!

NORTH OF THE BORDER

COMMONWEALTH GAMES HIGHLAND GAMES

SHRA are organising a race up Arthur's Seat on behalf of Commonwealth Games Council on Tues. 29th July at 7.45 p.m. The race is by invitation only but if in Edinburgh for the Games it might be worth contacting Robin Morris for a run. If invited accommodation but not travelling expenses will be provided. Another catch - it starts and finishes in front of a crowd of 8,000!

IN EDINBURGH FOR THE GAMES - 2

Although hardly fell running the Seven Hills of Edinburgh contains a fair amount in common with the sport - 2,200ft of ascent in 14 miles and a lot of route choice. Six checkpoints must be visited in order but apart from Arthur's Seat (poor Arthur's getting some hammer during the Games) the route choice is yours - people's Grannies have been known to quickly open and close doors to save them going round the block. The race is on Sunday 20th July; full details from Graham Tiso's at 13 Wellington Place, Leith EH6 7JD.

With Anglo-Scots Colin Donnelly and Jack Maitland cleaning up down south a bit of retaliatory action has been taking place over the Border. Led by Colin 'I love the Pentlands' Valentine's win at Carnethy the front end of races in Scotland have produced little luck for the Scots. Bob Whitfield showed a welcome return to form by winning Criffel on 16th March.

The nearest to a home win came at an inhospitable Chapelgill Broughton on 22 March when Irishman Dermot McGonigle of Dundee Hawkhill triumphed over Donald Lee, CFRA and, you guessed it, Colin Valentine. Dermot's win in 20 min. 51 secs. was a useful reminder to Scottish selectors as he now has a residency qualification which should prove no problem if John Robison's indecently hasty reinstatement as a Scot is anything to go by. He also leads the Scottish Championship. First lady was Christine Menhennet from Bellahouston Harriers in 28 min. 22 secs.

Appearing in cold but rather better conditions than at Carnethy or Chapelgill Colin Valentine survived a 'stewards inquiry' concerning out of bounds areas to win the Pentlands Skyline on April 6th by over 4 mins. from Alan Farningham, Aberdeen, 2.33.13 to 2.37.16. The race visits 14 tops (16 check points) in the east Pentlands starting and finishing at Hillend Ski Centre on the outskirts of Edinburgh and is a welcome addition to the calendar especially if it can entice some more runners away from Kentmere.

To obtain details of more Scottish races than appear in FRA calendar (for various dubious reasons) send a large S.A.E. to Robin Morris, 33 Morningside Road, Edinburgh.

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Paul Duedale finally descends the Garburn Pass, Kentmere. Other members of Jack Maitland's map reading class in the background include Bob Ashworth, Rod Pilbeam, Jack himself and Sean Livesey.

Photo: Fell & Road Race Photo's

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Calendar Update

CORRECTIONS:

- 1 Dollar Hill Race:** The race has been brought forward one week from the originally stated date and will now take place on **Saturday June 7th**. Other details same.
- 2 Ben Nevis:** The closing date for entry has been brought forward to **June 7th**.
- 3 Royal Dockray Fell Race:** The date has been altered and the race will now take place a week later on **June 21st**. Other details same.
- 4 Bamford Fell Race:** Will be held as stated in the calendar on **Wednesday July 16th** and not the 15th as listed in the summary.
- 5 Three Shires Fell Race:** Will take place on **Saturday September 20th** and not 21st as previously listed.

LATE ADDITIONS:

- N Sun May 25. TWO LADS FELL RACE.** 4½m/800' from Bridge Hotel, Horwich. 12 noon. Obvious route. £1 on day. Details - R Edwards, 20 Snowdon Drive, Horwich. Tel: 0204 697208. Over 16. Carnival.
- N Sat May 31. ALWINTON FELL RACES.** 14m/2500' from Rose and Thistle, Alwinton, Rothbury, Northumberland. 11.30 a.m. Navigational skills. £1.50 by May 17th to I White, 1 Side Lane, Hepscoth, Morpeth, Northumberland, NE61 6LS. Tel: 0670 514617. £2 on day. Over 18. Also Over 15, 11.45 a.m. 6m, other details same as main race. Ceilidh in evening.
- BS Wed June 4. OTLEY CHEVIN FELL RACE.** 3½m/1000' from Otley Market Square. 7.30 p.m. Marked course. £1.50 to Mrs J Williams C/O R Harris, 7 Westgate, Otley or £1.50 on night before 7.00 p.m. Over 17.

- AL Sun June 8. CHEVY CHASE FELL RACE.** 17m/4000' from Wooler Youth Hostel. 11.15 a.m. Record: 2 hrs 8.05 A Styan. Navigational skills. £2 by May 10th or £2.25 on day. Entries to or details from L Heslop, The Youth Hostel, 107 Jesmond Road, Jesmond, Newcastle Upon Tyne, NEZ 1NJ. Tel: 091 2812570. Over 21.
- N Wed 11 June. THE BLENCATHRA FELL RACE.** 8m/2700' from Mill Inn, Mungrisedale, Cumbria. 7.15 p.m. Route: Bowscale Fell, Blencathra and Southerfell. Entries £1 by Wed 4th June to John Stout, 32 School Road, Thursby, Carlisle CA5 6PN.
- N Tues 24 June. LUNESDALE 'MIDSUMMERS NIGHT' FELL RACE.** 10m/3000' from Recreation Ground, Tebay, 1m from J.38 M6, 60m Preston. Route: Rispa Pike, Uldale Head, Linghaw, Bleas Fell. Navigational skills. Entry £1.50 on the day.
- N Sat 10 August. KIELDER YOMP.** 17m/4000' from Kielder Village. Navigational skills. Details: Forestry Commission, West View, Bellingham, Hexham, Northumberland NE48 2AJ. Tel: 0660 20242.

NOTE TO RACE ORGANISERS:

Due to the increasing number of events now listed in the fixture calendar (200 inc. the eight above), it would be appreciated if the race registration forms could be returned as soon as possible.

These will be sent to all races currently appearing in the calendar (including the above) during October. Anyone wishing to register a new race should send me a S.A.E. during October.

Any race organiser yet to pay the registration fee for the 1986 calendar please do so NOW. For £2.50 you get comprehensive insurance which costs £2.00, the remainder goes towards production costs. Not a bad deal.

Tony Hulme, Fixtures Secretary, 140 Altrincham Road, Wilmslow, Cheshire SK9 5NQ. Tel: 0625 529874.



5th October 1986

EVENT:

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UNIVERSITY CHALLENGE

Mark Rigby
with Bamber Gascoigne

Cambridge University is one of very few that has a Fell Running Club named as such; it certainly is the one with the least appropriate training terrain!

However, we are an active bunch, especially in the vacations, and would appreciate some competition with other student teams. Previous attempts to organise direct competitions have come to nothing; more appropriate, we have decided, would be an informal competition within the context of an already established fell race, with, say, teams of three and scores decided by aggregate times.

There are fell running members of several other universities and colleges in the UK, who should be able to persuade their cross-country and athletic club team colleagues to take to the hills competitively.

We should like to announce here that, with the permission of the organiser, we shall be fielding a team at the Downham Village Fell Race (A - medium) on August 9th. So, Durham, Edinburgh, Sheffield, Dundee, Leeds and the rest of you - see you there!

If anyone wants to meet us at any other races in the summer, please contact our secretary, J. Forster, Emmanuel College, Cambridge.

RACE RESULTS

KINDER DOWNFALL

1 R. Owen, Horwich	67.02
2 S. Livesey, Rossendale	67.12
3 S. Carey, Sheffield Uni	67.20
4 D. Cartridge, Bolton	67.29
5 B. Ashworth, Rossendale	67.36
6 M. Wilson, Hallamshire	67.42
7 R. Bergstrand, Rochdale	67.53
8 P. Irwin, Rossendale	68.08
9 B. Brindle, Horwich	68.59
10 M. Paterson, DPF	69.41
1st Team: Rossendale	

VETS

1 D. Davies, Eryri	70.42
2 P. Hall, Barrow	70.49
3 D. Cartwright, Pennistone	71.20

LADIES

1 C. Haigh, Holmfirth	79.46
2 S. Quirk, Kendal	84.32
3 W. O'Neal, Keswick	84.42

CONISTON FELL RACE

1 R. Pilbeam, Keswick	1.09.11
2 S. Livesey, Rossendale	1.09.17
3 R. Owen, Horwich	1.09.35
4 D. Cartridge, Bolton	1.09.35
5 B. Ashworth, Rossendale	1.09.59
6 R. Rawlinson, Rossendale	1.10.08
7 M. Paterson, DPF	1.10.21
8 P. Irwin, Rossendale	1.11.21
9 W. Bland, Keswick	1.11.23
10 G. Devine, Skyrac	1.11.31
1st Team: Rossendale	

VETS:

1 D. Kay, Bolton	1.13.51
2 D. Cartwright, Pennistone	1.15.03
3 J. Williams, Mandale	1.15.14

LADIES:

1 D. Ellerton, Newcastle	1.29.07
2 S. Quirk, Kendal	1.31.34

An in-form Rod Pilbeam got the route off the Old Man right thus getting the better of Sean, Ray and Dave. Sean has the consolation of being the early leader of the English Championship. Rossendale with 5 in 17 dominated the team race just as they had at Kinder. As at Kinder there was a large ladies field. Di Ellerton here being a clear winner but 2nd placed Stephanie Quirk leads the Championship.

THREE PEAKS

1 S. Livesey, Rossendale	2.56.46
2 B. Brindle, Horwich	2.59.26
3 F. LoRus, Horwich	3.01.55
4 D. Cartridge, Bolton	3.02.17
5 S. Breckell, Blackburn	3.03.17
6 P. Irwin, Rossendale	3.03.40
7 R. Whitfield, Kendal	3.04.16
8 M. Short, Horwich	3.07.08
9 R. Ashworth, Rossendale	3.07.49
10 K. Taylor, Rossendale	3.08.28
1st Team: Rossendale	9.08.15
2nd Team: Horwich	9.08.29

VETS o/40:

1 D. Kay, Bolton	3.15.50
2 D. Quinlan, Bingley	3.22.08
3 J. Nuttall, Clayton	3.23.14

VETS o/50:

1 G. Brass, Clayton	3.46.39
2 P. Carmichael, Morpeth	3.48.28
1 C. Walkington, Horwich	3.49.12
2 J. Smith, DPF	3.50.42

Sean Livesey tore the field apart from the Hill Inn to lead by the whole of the Ingleborough plateau - and back - nearly 6 mins. He obviously coasted in as Brent Brindle ate away at his lead. Only the first 2 dipped under 3hrs as heavy conditions and an even longer route took their toll - add much more on and it will be a B!

BLISCO DASH

1 R. Pilbeam, Keswick	38.57
2 R. Whitfield, Kendal	39.27
3 C. Valentine, Keswick	39.33
4 D. McGonigal, Dundee	40.07
5 J. Broxap, Keswick	41.15
6 A. Styan, Holmfirth	41.30
1st Team: Keswick	

1st Vet:

D. Spedding, Keswick	42.20
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1st Lady:

Elaine Wright, Ambleside	59.12
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