



THE FRA NEWS

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Maitland & Broxap sweat it out in Italy. (Photo by unknown)

Record Attendance at AGM.

There was standing room only at Chapel Stile village hall for the AGM on 12th October. The decision to hold the AGM on the same day as both the final championship race and the Annual Dinner Dance obviously proved a popular one, helped no doubt by the glorious weather.

Danny Hughes, in his last report as chairman, having now completed three years, mentioned some of the more important matters of the past twelve months. He referred to the Scottish situation, the new Championship format, international fell running, (more details about which are given elsewhere in this newsletter), the birth of the bi-annual (for a start) FRA Newsletter and some other matters.

(Continued on p. 2)

WESTMORELAND GAZETTE,
OCTOBER 18, 1985.

MONEY & ATHLETICS

The explosion of both active and armchair interest in amateur athletics over the past decade was bound to produce growing pains and these are now becoming acute.

For while the world's big name amateurs and their agents have been amassing fortunes from their appearance money, record bonuses and lucrative advertising deals, the so-called professionals of rural Northern England and Scotland have been competing for mere pennies by comparison.

The difference has even been reflected in the local pastime of fell running, where the best amateurs now qualify for free kit and expenses paid international trips to the Continent, but the top professionals can barely cover their own travel costs to poorly supported guides events in obscure villages; and only the winners at the Grasmere and Ambleside Sports can look forward to a decent 'pay day'.

A simple love of running obviously motivates the followers of both codes and when the amateur governing body outlawed an amateur in the north of the county, for winning £2 in a professional race, a reaction was sure to follow.

That reaction took shape on Saturday at the annual meeting of the 2,500 strong British Amateur Fell Running Association in Langdale, when its members unanimously passed a motion demanding that the Amateur Athletic Association recognise that there is no difference between amateur and professional and that it should negotiate an end to the division.

As the AAA has sanctioned the vast earnings of Britain's top amateurs it had better listen to its rural cousin or risk a mountain top revolution that might be heard far beyond London SW1.

The only apparent hurdle to be crossed is the presence of bookmakers on the field at some of the bigger professional events, but as the amateur law-makers have already bent their own rules sufficiently to allow the growth of an elite corps of full-time athletes, surely this can be overcome.



Robin Bergstrand finishing 2nd in the Junior race. (Photo by Jon Broxap)

*On a clear day you
can see forever.*

by Jon Broxap

A record field of 439 runners set off from the old Dungeon Ghyll on Oct 13th in the last Championship race in ideal sunny conditions.

Kenny Stuart predictably gained his third consecutive British Fell Running Championship but not in quite his usual style with a win. Sharing the lead with Colin Donnelly on Blisco he took the notmans scenic route to cross the line fourth. Colin went one better not knowing there was a final control he took the directissimo to cross the line first only to be asked why he had two tallies left! The main ben-

(Continued on p. 2)

EDITORIAL

by Jon Broxap.

A motion at the AGM from Selwyn Wright (Ambleside A.C.) will hopefully bring an end to the hypocrisies and stupidities of the pro/amateur divide in fell running.

By asking Committee to recognise that in principle there is no difference between amateur and professional in our sport - and to seek an end to this distinction by means of negotiation with AAA or by any other appropriate means. The anomaly that exists in fell running in this era of trust funds will be indicated to the amateur authorities. Any objections from them will probably centre on control of the sport and who uses whose rules, rather than money. 'Arrangements' to overcome that particular objection could be easily made. It may be harder to convince the 'pros' that they have something to gain.

Any opening up of fell running will require the ready co-operation of the professionals. The organisers of many 'classic' pro races might have problems coping with a large influx and some runners might resent being 'relegated' in the larger field.

In short the F.R.A. needs to get into dialogue with the Professionals, as well as the AAA's and more urgently, if the laudable objective of 'open' fell running is to be achieved.

*("Record attendance at AGM"
continued from p. 1)*

In presenting the accounts John Reede stressed that, although our finances had improved over the past three years, there is no room for complacency: the income from the few thousand on investment account is a vital part of the overall income and should not be allowed to diminish. Taking account of increases in present items of expenditure and of further expense likely to be incurred in, for instance the Newsletter or say a third Fell Runner, and after hearing the decision of the AGM on some of the subsequent motions, John recommended a subscription for 1986 of £5. However an amendment of this proposal to £4 was carried by a small majority of 62 to 58.

There were eight motions tabled for the AGM and briefly, decisions were made: to change the constitution whereby in the event of dissolution of the Association funds are distributed among the membership, which has tax advantages; to refer to the committee the matter of providing insurance for all members to cover them while out running; to make an interest free loan of £2,000 to assist in the publication of Bill Smith's fell running

Category A Results Still Outstanding.

Statistician Kevin Shand reports 14 category A results not yet available to him. It would be much appreciated if race organisers could oblige but if anyone can supply, Kevin will be most grateful. Send to Kevin Shand, 13, Chichester Close, Smithy Bridge, Littleborough, Lancs. OL15 8QL.

The 14 are:-

Llanbedr, Black Combe, Annalong, Chevy Chase, Roseberry, Blake, Bradda, Kinniside, Slieve Donard, Black Mountains, Ramsey Gala, Three Shires, Elider Fawr, 2 Breweries.

'Stud Marks on the Summits'.

by Peter Knott.

Bill Smith's book is now (November) at the Printers and will be available for posting (or collection) to all who ordered before Christmas.

If you haven't ordered your copy yet, now is the time, using the order form enclosed with this issue of F.R.A. News.

The printer has quoted December 16th as delivery date. Clearly this will mean a risk that not all will get their copies before Christmas. If you are prepared to collect your copy on or after December 17th, from the address on the order form, you can also obtain your p & p charge of £1.50 refunded. Any queries phone 0772 683072 evenings/weekends.

book 'Stud Marks on the Summits', this loan to be repaid from first sales of the book; to have a Welsh Representative. elected at the AGM of the Welsh Regional Committee, as an ex-officio member of the committee; to recognise in principle that there is no difference between amateur and professional in our sport; to amend the constitution so that Clubs do not have votes in the election of the 3 individual representatives on committee.

Before electing officers and committee, a vote of thanks was proposed to all those who had served during the past year. As a special mark of appreciation for the marvellous work done by Dave Moulding as Fixture Secretary for the last ten years the meeting enthusiastically elected Dave an Honorary Life Member.

After the completion of the formal business of the meeting there was opportunity for other matters to be raised for discussion. Most importantly views were sought on the development of international fell racing and the Association's role in it. Comments were generally favorable towards involvement.

*("On a clear day"
continued from p.1)*

eficiary of the fun up front was Jack Maitland, who at last gained his first Championship win finishing in 2:00:31. (Colin crossed the line again in 12th place!)

John Nuttall took the o/40 prize but only by one place from Dave Spedding. Peter Hall the 1985 Veterans Champion, at last had a bad run to finish 8th Veteran. Bill Gould sealed the Super Veterans title with 4th place after a season long battle with George Brass (71st) and George Barrass (103rd), the last two reversing their championship placings.

Angela Carson took full advantage of the absence of Pauline Haworth to secure her runners up placing in the Championship.

Two new names to watch were second and fourth, Stephanie Quinn of Kendal and Winnie O'Neal of Keswick, who were split by orienteer Ruth Jones. Nearly 30 ladies ran, less than 1% of the total field, but the largest by far in a long Lakeland race this year. With 5 runners, Billy Bland (3rd) Kenny Stuart (4th) Rod Pilbeam (6th) Jon Broxap (7th) and 18 year old Mike Fanning (11th), in the first eleven Keswick demonstrated forcible why they had the British Team Championship wrapped by July. With veteran Dave Spedding they took the first two team places from

With the advent of an English Championship and a hopefully more representative British Championship it will be interesting to see if the same names appear in 1986.



This is your Newsletter. Please send your articles, opinions etc. to:-
Jon Broxap, 34, Burnside Road, Kendal, Cumbria. (By end March for next issue)

National Trust to vet Race Routes

by Jon Broxap.

At a meeting with the National Trust in late September the F.R.A. heard that 'the time has come' for the Trust to give formal approval for the use of their land for organised events. They said that they wished to address matters such as site, time of year, numbers, parking and any matter that impacts on the land, particularly the high fells. The Trust suggested an administrative fee of £5 per event to cover the cost of examining races, but when it was pointed out the insensitivity of such a sum being twice the insurance and entry fee for race organisers in the F.R.A. Calendar, a somewhat lower charge was considered. A further meeting with the Trust is planned for Spring 1986 when they wish to review the 1986 Calendar with a view to the adoption a procedure for gaining Trust approval for the use of their land for races in 1987.

The Trust claimed they did not wish to appear unduly restrictive and that money is not an issue but it is worrying to think that the major land owner in the Lakes might use its power to prevent some races from existing as we know them.

To date permission from and co-operation with individual farmers to cross pasture land has been all that is needed, there being no restrictions on the high fells in Lakeland. This may now be changed with permission required for organised events on the high fells, the Trust property.

Safety & Navigation Course - Sept. '85.

The 4th Annual Course was well attended and enjoyed by all. A similar programme of talks and navigational exercises were undertaken, this year in rather wet conditions and with a new orienteering map of Lingmoor, thanks to MEROC/LOC.

As usual the course concluded with the 11km, 650m climb 7 check point 'Silver Howe Chase'. Fastest round was Ken West in 79 minutes with just over half the completions round inside 2 hours

Organisers Peter Knott and John Gibbison wish to take the opportunity to thank all who assisted and particularly Ken Ledward without whose jovial skill the course would not be the same!

A more detailed account will hopefully appear in 'The Fell Runner' and

1985 Scottish Hill Running Championship Results.

Andy Curtis retained his title holding newcomer Alan Farningham's late challenge. Ann Curtis made it a family affair by dominating the Ladies races.

1. A. Curtis - Livingston	119 pts.
2. A. Farningham - Fife	103 pts.
3. D. Bell - H.E.L.P.	95 pts.
4. A. Spenceley - Carnethy	93 pts.
5. J. Maitland - Aberdeen	84 pts.

VETS.

1. M. Edwards - Aberdeen	56 pts.
2. R. Blamire - Stewartry	49 pts.
3. P. Brookes - Lochaber	47 pts.

LADIES.

1. A. Curtis - Livingston	34 pts.
2. C. Taylor - Bellahouston	18 pts.

JUNIORS.

1. R. Hope - Carnethy	24 pts.
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1985 Welsh Mountain Running Championship Results.

Hefyn Griffiths continued his development in 1985 as a fell runner of some class and coming out of the shadow of elder brother Glyn, wresting the Welsh title from 1984 winner Andy Darby. Colin Donnelly's arrival at RAF Valley will make 1986 an interesting year. Angela Carson easily won the Ladies title.

1. Hefyn Griffiths
2. Paul Stott.
3. Malcolm Jones.

1st Vet. D. Williams.

1st Super Vet. A. Clarke.

1st Lady. Angela Carson.

suffice to add that there will be a 5th course next year. It might be a new Lakeland venue.

Income over expenditure left a balance of about £40 this year, but most of this will be needed to restock the maps before next years course. (F.R.A. Treasurer please note!)

Next year the organisers will need more assistance and would like to see a larger number of committee members getting involved.

A 'Grand Slam' blue tracksuit top was left at Chapel Stile. Phone: 0772 683072.

1st World Cup in Mountain Running.

Mixed Fortunes for U.K. Competitors.

19th to 23rd September saw the first world cup in mountain running take place in Italy near the Austrian border. Jon Broxap reports that the weather was too hot for running, but the scenery superb. (Photo's on page 1).

1986 British Championships Format.

The F.R.A. Committee have decided to change the format of the Championship in an attempt to increase Welsh and Scottish participation. It will now consist of 2 races from England, Wales and Scotland from which a runner will need to run one short, one medium and one long race plus one of his choice, as well as one race from each country. The 1986 races are:- Gategill (E) and Eildon Two Hills (S), Moel Eilio (W) and Ben Nevis (S) and Wasdale (E) and Llanbedr to Blaenarvon (W) These are subject to the permission of race organisers.

1986 English Championships.

With the advent of a British Championship an English Championship will be held in 1986 with 9 races in total, 3 of each length. A runner will need to do 2 from each plus one other to maximise his score. The races are:- (subject to permission).

Short: Gategill, Wrekin, Mt. Famine.

Medium: Coniston, Pen-y-Ghent, Kinder Downfall.

Long: Wasdale, Borrowdale, Tour of Pendle.

Some U.K. performances as follows: (more details in the next issue of 'The Fell Runner').

Ladies 6K m.

9th Pauline Haworth - Eng.	29.14
15th Angela Carson - Wales	30.21

Juniors (u20) 6K m.

2nd Robin Bergstrand - Eng.	23.41
3ed Mica Wilson - Eng.	23.53
11th Ros Hope - Scot.	25.06
15th Sean Willis - Eng.	25.33

Senior Men 8.5K m.

1st Kenny Stuart - Eng.	32.58
8th Ray Owen - Eng.	35.09
9th Shaun Livesey - Eng.	35.20
11th Colin Donnelly - Scot.	35.33
12th Andy Darby - Wales	35.35
15th Hefyn Griffin - Wales	36.08
16th Jack Maitland - Scot.	36.16
17th Jon Broxap - Eng.	36.17
22nd Mike Lindsay - Scot.	37.19
24th A. Farningham - Scot.	37.20
25th Glyn Griffith - Wales	37.49
28th Paul Stott - Wales	39.46

Senior Men 14.6K m. Uphill.

5th Kenny Stuart - Eng.	1.10.38
15th Hugh Symonds - Eng.	1.14.00
16th Jack Maitland - Scot.	1.14.09
20th Andy Derby - Wales	1.16.43
21st Hefyn Griffith - Wales	
22nd Andrew Curtis - Scot.	
24th Colin Donnelly - Scot.	
25th Billy Bland - Eng.	

Race Results

5th Oct. Tour of Pendle.

1. D. Hall	Kendal	2.18.47
2. P. McWade	Clayton	2.19.36
3. A. Hamer	D.P.F.R.	2.19.52
4. G. Schofield	B'Burn	2.20.23
5. J. Robinson	Keswick	2.20.36
6. D. Woodhead	Horwich	2.21.24

5. J. Robinson

Ladies.

1. V. Brindle	Clayton	2.56.03
2. C. Walkington	Horwich	3.08.29
3. B. Carney	Bingley	3.15.13

V. o/40

D. Kay	Bolton	2.29.36
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V. o/50

G. Brass	Clayton	2.50.10
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5th Oct. Half Tour of Pendle.

1. D. Barnes	Bingley	68.19
2. M. Fanning	Keswick	69.07
3. M. Weedhall	Holmfirth	69.24.

Lady.

1. K. Taylor	Clayton	84.54
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5th Oct. Eccles Pike.

1. P. Hussein	Stockport	19.58
2. A. Hulme	Pennine	20.18
3. G. Cresswell	Pennine	20.38

Lady.

1. K. Whittle		24.59
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6th Oct. Moffat Chase.

1. Jack Maitland	Aberdeen	3.01.37
2. M. Rigby	Ambleside	3.02.54
3. A. Farningham	Fife	3.13.03
4. A. Richardson	Kendal	3.14.09
5. P. Haines	U/A	3.16.04
6. R. Hope	Carnethy	3.16.41

V. o/40

R. Blamire	Stewartry	3.18.50
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Lady

R. Evans	Lochaber	3.33.03
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12th Oct. Langdale Horseshoe.

1. J. Maitland	Pudsey	2.00.31
2. S. Livesey	Ribble	2.00.52
3. W. Bland	Keswick	2.01.11
4. K. Stuart	Keswick	2.03.12
5. K. West	Baslow	2.03.14
6. R. Pilbeam	Keswick	2.07.58

V. o/40

1. J. Nuttall	Clayton	2.15.41
2. D. Spedding	Keswick	2.17.36

V. o/50

W. Gould		2.25.55
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Lady.

1. A. Carson	Eryri	2.34.28
2. S. O'Neal	Kendal	2.44.17
3. R. Jones	Airienteers	2.49.41

13th Oct. Butter Crag.

1. K. Stuart	Keswick	12.22
2. S. Livesey	Ribble	
3. D. McGonnigal		
4. W. Bland	Keswick	
5. J. Broxap	Keswick	
6. J. Maitland	Pudsey	

Lady.

G. Wilkinson	Kendal	
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20th Oct. Meltham Cop.

1. A. Marsh	Holmfirth	42.12
2. R. Harbisher	Holmfirth	42.43
3. R. Pickup	Longwood	43.06

o/50

D. Lawson		44.00
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o/40

R. Asquith		44.40
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Lady.

J. Ratcliffe		57.22
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20th Oct. Three Towers.

1. D. Cartridge	Bolton	1.56.43
2. R. Owen	Horwich	1.58.04
3. A. Darby	My C.	1.59.05
4. J. Wild	C.F.R.A.	2.01.03
5. J. Maitland	Pudsey	2.01.29
6. J. Maltram	Leicester	2.01.41

Vets.

1. B. Little		2.08.52
2. D. Kay		2.10.07

27/28th Oct. Karrimor. I.M.M Troutbeck.

Elite Class.

1. K. Taylor/R. Bryson		12.13.42
2. D. Ratcliffe/P. Irwin		13.14.54
3. P. Haines/M. Garratt.		13.15.49
4. J. Broxap/P. Barron		13.22.13
5. P. Stott/S. Hughes		13.27.38
6. S. Bradshaw/M. Stone		13.35.15
7. R. Evans (L)/D. Rosen		13.38.24

A Class.

1. T. Barrett/R. Bergstrand		10.41.30
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B Class.

1. P. Hague/A. Kitchen		8.10.50
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C Class.

1. P. Stuart/D. Candy		7.59.13
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28th Oct. Gale Fell Race.

1. P. Dixon	Rossendale	24.22
2. M. Aspinall	Rossendale	24.24
3. P. McWade	Clayton	24.41

o/40

1. P. Jepson		27.50
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o/50

1. L. Sullivan		28.29
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o/60

1. J. Riley		38.15
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Lady.

1. B. Robinson		31.54
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3rd Nov. Black Lane Ends.

1. D. Cartridge	Bolton	29.25(Rec)
2. P. Dixon	Rossendale	31.15
3. C. Valentine	Keswick	31.58

Lady.

C. Walkington	Horwich	39.57
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o/40

D. Beresford	Clayton	33.57
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o/50

G. Spink	Bingley	35.52
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o/60

J. Nibblett	Horwich	
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Winter Fixtures

A.M.

26th Nov. Winter Hill. 11m/2650ft from Rivington and Blackrod High School, Horwich. 11a.m. £1.50 by Nov. 19th to John Nixon, 18, Bolton Rd., Adlington, Chorley, Lancs. Tel: 0257 480132.

B.S.

26th Dec. Whinberry Naze Dash. 4½m/750ft from Marl Pits Sports Centre, Rawtenstall. 11.30a.m. £1 by Dec. 20th to G. Wright, 16, Park Rd., Waterfoot, Rossendale. Fancy Dress.

C.S.

27th Dec. Guisborough Woods Hill Race. 5¾ m/700ft from Guisborough. 12 noon. 50p on the day.

A.S.

27th Dec. Wansfell. 3m/1500ft from Salutation Hotel. Changing at Ambleside Rugby Club. £1 on day. Also Juniors from 11a.m.

A.S.

1st Jan. Greenmantle Dash. 2m/900ft from Broughton by Biggar. 12 noon. £1 on day only.

B.S.

2nd Feb. Benson Knott Fell Race. 5m/900ft from Kendal Show Field. £1.30 on day.

A.M.

15th Feb. Carnethy Five Hill Race. 6m/2500ft from Penicuik. 2p.m. £2.50 indiv. by 25th Jan. to W.B. Scott, 49, Nevis Gardens, Penicuik, Midlothian. Tel: 0968 - 73729.

A.S.

22nd Feb. Titterstone Clee Race. 2½m/750ft from Cleeton St. Mary, near Cleebury, Mortimer. 1.30p.m. 50p by 21st Feb to E. Harwood, 1, Chesnut Close, Drakes Broughton, Pershore, Worcs. Tel: 0905 - 840074. £1.20 on the day. Also Juniors.

PETE BLAND SPORTS

F.R.A. T-SHIRTS AND TRACK SUIT BADGES.

A new batch of F.R.A. T-shirts has just arrived, short and long sleeved in navy, short sleeved only in grey.

Sizes: small, medium, large.

Prices: s/s £3.95 l/s £5.95

We stock all fell runners requirements.

FROM:



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Kendal,
Cumbria,
Tel: 0439 31012

TRACK SUIT BADGES.

Green logo on white background on a high quality tracksuit badge. 80p + S.A.E.

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