

Pos	Name	Category	Club	Time
1	Math Roberts		Calder Valley	01:03:31
2	Richard Roberts		Eryri	01:04:48
3	Jez Brown		Buckley	01:08:07
4	Dylan Lewis		Sarn Helen	01:09:13
5	Mark Davies		NWRRC	01:11:04
6	Karl Steinegger		Ambleside	01:11:06
7	Simon Adney		Mercia	01:11:25
8	Aled Edward			01:13:43
9	Dylan Griffiths		Hebog	01:14:26
10	Simon Edwards		Buckley	01:16:24
11	Miranda Grant		Eryri	01:16:40
12	Simon Roberts		Buckley	01:16:51
13	Steve Toogood		Buckley	01:17:13
14	Andy Pritchard		Buckley	01:20:53
15	Twm Morgan		Hebog	01:23:10
16	Sian Williams		Hebog	01:23:28
17	James Adney		Mercia	01:24:35
18	Aled Owen		Eryri	01:25:00
19	Leon Davies		NWRRC	01:26:52
20	Richard Bourne		Mysteruns	01:28:40
21	Lisa Grantham		Pensby	01:29:19
22	David Marham		Leighton Buzzard	01:29:42
23	Gemma Moore		NWRRC	01:30:18
24	Gary P Jones		Eryri	01:30:44
25	Brian Sherry		Eryri	01:31:04
26	Keane Rowlands		Eryri	01:31:30
27	Steffan Evans		Eryri	01:33:50
28	Emma Collins		Denbigh	01:34:13
29	Huw Lewis		Denbigh	01:34:21
30	Jenny Towill		Eryri	01:36:01
31	Tim Hargreaves		Buckley	01:36:10
32	Rory Shaw			01:37:04
33	Sam Cluer			01:37:21
34	Dave Broach		Eryri	01:37:42
35	Jenny Heming		Eryri	01:38:16
36	Mick Kelly		Leighton Buzzard	01:38:26
37	Tom Albiston			01:40:58
38	Jim Jones		Helsby	01:41:20
39	Catherine Higgs			01:41:30
40	Arthur Connell			01:41:30
41	Jeremy Williams		Eryri	01:43:12

42	Graham McVie			01:46:00
43	John Marris		Buckley	01:47:14
44	Barry Davies			01:48:31
45	Ellie Salisbury		Eryri	01:49:23
46	Adrian Moir		MDC	01:50:08
47	Emyr Davies		Hebog	01:50:30
48	Suz Heppenstall		Buckley	01:51:02
49	Alwyn Oliver		Eryri	01:54:22
50	Nina Bentley		Eryri	DNF