

Pos	Name	Category	Club	Time
1	Carl Bell	M	Keswick Ac	01:12:41
2	Chris Steele	M	Borrowdale Fell Runners	01:15:15
3	Danny Hope	MV40	Horwich Rmi Harriers	01:15:22
4	Phil Davies	MV40	Borrowdale Fell Runners	01:15:36
5	Matthew Lockyer	M	Pudsey & Bramley Ac	01:18:04
6	Garry Greenhow	M	Ambleside	01:18:15
7	John Heneghan	M	Pudsey & Bramley Ac	01:20:53
8	Ben Procter	M	Helm Hill Runners	01:21:32
9	Joe Mann	M	Ambleside	01:22:38
10	Tim Ripper	M	Black Combe Runners	01:23:31
11	Mark Chippendale	MV40	Bowland Fell Runners	01:24:24
12	Mark Taylor	MV40		01:24:47
13	Paul Cornforth	MV50	Borrowdale Fell Runners	01:25:03
14	James Harris	M	Black Combe Runners	01:25:08
15	Jack Simpson	M		01:25:26
16	Anna Lupton	F	Black Combe Runners	01:25:51
17	Harry Shuell	M	Ambleside	01:25:58
18	Simon Rodger	MV40	Black Combe Runners	01:26:14
19	Hannah Russell	FU23	Helm Hill Runners	01:26:41
20	Adrian Harvey	M	Howgill Harriers	01:26:53
21	Phil Archer	M	Cumberland Fell Runners	01:26:55
22	Andrew Jackson	MV40	Bowland Fell Runners	01:27:18
23	Paul Reilly	MV40	Helm Hill Runners	01:27:49
24	Nigel Wood	MV40	Helm Hill Runners	01:27:53
25	Jos Addison	M	Helm Hill Runners	01:28:18
26	Rick Stuart	MV50	Helm Hill Runners	01:28:23
27	William Procter	MV60	Helm Hill Runners	01:29:09
28	Chris Jackson	M	Pennine Fell Runners	01:29:32
29	Lee Knight	M	Ambleside	01:29:39
30	Andy Mcurdo	M	Pennine Fell Runners	01:29:41
31	Josh Hartley	M		01:30:12
32	Sam Green	M	Helm Hill Runners	01:30:26
33	Leigh Warburton	MV50	Bowland Fell Runners	01:30:50
34	Lou Roberts	FV40	Ambleside	01:31:26
35	John Rainford	MV50	Preston Harriers	01:31:27
36	John Millen	MV40	Black Combe Runners	01:32:08
37	Mike Egner	MV60	Settle Harriers	01:32:31
38	David Gregory	MV40		01:32:39
39	Gary Thorpe	MV50	Ambleside	01:32:45
40	John Brown	MV40	Ambleside	01:32:48
41	Craig Burrow	MV40	Helm Hill Runners	01:32:50

42	Sean Robinson	M	Howgill Harriers	01:33:15
43	Barry Wilkinson	MV50	Borrowdale Fell Runners	01:35:51
44	Paul Tierney	M	Ambleside	01:35:56
45	Mike Bernerslee	MV50		01:37:10
46	Matt Reedy	MV40	Ambleside	01:37:13
47	David White	MV40	Helm Hill Runners	01:40:37
48	David Griffin	MV50	Dallam Running Club	01:40:52
49	Col Rhodes	MV40	Cumberland Fell Runners	01:40:53
50	Jack Holt	MV60	Clayton Le Moors Harriers	01:40:56
51	Bill Williamson	MV50	Cumberland Fell Runners	01:41:03
52	John Helme	M	Ambleside	01:41:10
53	Stephen Storey	MV60	Penistone Footpath Runners Ac	01:41:12
54	Ed Poulter	M		01:41:15
55	Michael Smith	MV40	Dallam Running Club	01:41:19
56	Mark Midgley	M	Bowland Fell Runners	01:41:34
57	James Riley	MV40	Todmorden Harriers Ac	01:41:41
58	Roger Laycock	MV50	Settle Harriers	01:41:49
59	Peter Crompton	MV60	Cumberland Fell Runners	01:41:51
60	Paul Jennings	MV50	Cumberland Fell Runners	01:41:52
61	David Mcchesney	M		01:42:00
62	Ivan Whigham	MV50	Clayton Le Moors Harriers	01:42:42
63	Ben Hester	M		01:42:58
64	Steph Jones	F	Ambleside	01:43:12
65	Carol Evans	FV50	Settle Harriers	01:43:14
66	Gareth Brown	M	Black Combe Runners	01:43:35
67	Terry Houston	MV50	Bowland Fell Runners	01:43:54
68	John Robson	MV50	Helm Hill Runners	01:43:58
69	Andrew Pattinson	M	York Knavesmire Harriers	01:44:02
70	Kate Archer	F	Ilkley Harriers	01:44:28
71	Michael Toman	MV50	Rosendale Harriers & Ac	01:44:36
72	Nick Sebley	MV50	Black Combe Runners	01:44:43
73	Peter Mcavoy	MV40	Fell Runners Association	01:45:29
74	Ann Marie Jones	FV60	Altrincham & District Ac	01:45:32
75	Claire Russell	FV40	Cumberland Fell Runners	01:45:36
76	Andrew Harrison	M	Preston Harriers	01:45:46
77	Paul Simpson	MV50	Kendal Triathlon Club	01:45:53
78	Richard Wells	MV40	Howgill Harriers	01:46:00
79	John Hewitt	MV50	Glossopdale Harriers	01:46:03
80	Philip Devine	MV50	Kendal Triathlon Club	01:46:05
81	Ray Gill	MV50	Dallam Running Club	01:46:06
82	Phil Clayton	MV50	Black Combe Runners	01:46:10
83	Rowena Brown	FV50	Bowland Fell Runners	01:46:15
84	Tim Murray	MV50	Helm Hill Runners	01:46:20
85	Damian Jones	MV50	Glaxo Hoad Hill Harriers	01:47:36

86	Nick Barber	MV40	Todmorden Harriers Ac	01:47:38
87	Stephen Baker	MV40	Helm Hill Runners	01:47:49
88	Jean Brown	FV40	Clayton Le Moors Harriers	01:48:09
89	John Fletcher	MV50	Cumberland Fell Runners	01:48:31
90	Alice Swift	F	Chorlton Runners	01:48:49
91	Jennie Chatterley	FV40	Cumberland Fell Runners	01:49:41
92	William Coope	MV50	Helm Hill Runners	01:49:46
93	Peter Charnley	MV40	Bowland Fell Runners	01:49:47
94	Carrie Gibson	FV40	Helm Hill Runners	01:49:54
95	Michael Mcloughlin	MV60	Preston Harriers	01:50:01
96	Andy Quickfall	MV50	Newburgh Nomads	01:50:23
97	Kieran Carr	MV70	Clayton Le Moors Harriers	01:50:36
98	Ingrid Storm	F	Chorlton Runners	01:50:41
99	Sam Jackson	M	Bingley	01:50:51
100	Evelyn Dugdale	FV50	Helm Hill Runners	01:51:07
101	Marie Robson	FV40	Helm Hill Runners	01:51:09
102	Hannah Bradley	F	Cumberland Fell Runners	01:51:25
103	Karl Mason	M	Helm Hill Runners	01:51:29
104	John Revill	M	Cumberland Fell Runners	01:51:35
105	Heidi Dent	F	Howgill Harriers	01:51:38
106	Richard Stevens	MV40	Ambleside	01:51:38
107	Joe Todd	M		01:51:51
108	Lynn Murray	FV40	Black Combe Runners	01:51:54
109	Grace Leedham	FV40	Dallam Running Club	01:52:16
110	Beth Ripper	F	Black Combe Runners	01:52:41
111	Jo Wilcox	FV50	Helm Hill Runners	01:52:44
112	Helen Buchan	F	Calder Valley Fell Runners	01:53:35
113	Alison Weston	FV50	Illey Harriers	01:54:01
114	Simon Austin	M	Black Combe Runners	01:54:06
115	Chris Whiteoak	M	Clayton Le Moors Harriers	01:54:33
116	Tim Grimwood	M	Swaledale Road Runners	01:54:39
117	Francis Trueman	M		01:54:45
118	Edwin Sherstone	MV50	Southport Waterloo Ac	01:54:57
119	Wendy Dodds	FV60	Clayton Le Moors Harriers	01:55:12
120	Charles Mason	MV50	Cumberland Fell Runners	01:55:48
121	Jenn Bradley	FU23	Cumberland Fell Runners	01:56:07
122	Bill Beckett	MV50	Chorley Athletic & Triathlon Club	01:56:42
123	Peter Browning	MV50	Clayton Le Moors Harriers	01:56:44
124	Ann Cummings	FV50	Cumberland Fell Runners	01:57:11
125	Anita Barton	FV40	Cumberland Fell Runners	01:57:35
126	Andrew Howarth	MV50	Clayton Le Moors Harriers	01:57:43
127	Lorena Lozanosufrategui	F	North Leeds Fell Runners	01:58:02
128	Karon Forster	FV50	Calder Valley Fell Runners	01:58:06
129	Matthew Wilcock	MV40	Trawden Ac	01:58:09

130	Kerrie Anne Bretherton	FV40	Trawden Ac	01:58:12
131	Jim Coldwell	MV40	Swaledale Road Runners	01:58:13
132	Kevin Drew	M	North Leeds Fell Runners	01:58:22
133	Chris Snell	M	Clayton Le Moors Harriers	01:58:25
134	Martin Dalton	MV50	Rochdale Harriers & Ac	01:58:45
135	Mick Allen	M	Cumberland Fell Runners	01:58:52
136	Rebecca Barnett	F	Swaledale Road Runners	01:59:03
137	Andrew Bradley	MV50	Cumberland Fell Runners	01:59:28
138	Gregg Avery	MV40	Goyt Valley Striders	01:59:36
139	Steven Breeze	MV40	Cumberland Fell Runners	02:00:22
140	Sophie Fosker	F	Bowland Fell Runners	02:00:30
141	Tim Roe	M	Helm Hill Runners	02:00:43
142	Jo Taylor	FV50	Bowland Fell Runners	02:01:02
143	Paul Caine	MV40	Glaxo Hoad Hill Harriers	02:01:36
144	Allan Miller	MV50	Kendal Triathlon Club	02:02:08
145	Peter Ferris	MV50	Cumberland Fell Runners	02:04:32
146	Dominic Carr	MV40	Clayton Le Moors Harriers	02:05:40
147	Russell Cannon	MV50	Helm Hill Runners	02:06:10
148	Andrew Firth	MV50	Clayton Le Moors Harriers	02:06:37
149	Lindsay Buck	FV50	Cumberland Fell Runners	02:06:45
150	Zoe Pattinson	F	York Knavesmire Harriers	02:06:47
151	Graham Watson	MV50	Cumberland Fell Runners	02:06:48
152	Debs Cripps	FV40	Blengdale Runners	02:06:52
153	Richard Simpson	MV60	Dallam Running Club	02:07:09
154	Kenny Forster	MV50	Spectrum Striders Running Club	02:08:15
155	Nick Moore	MV50	Cumberland Fell Runners	02:09:14
156	John Armstrong	MV60	Rochdale Harriers & Ac	02:12:52
157	Mark Harris	MV40	Helm Hill Runners	02:13:36
158	Ryan Crellin	M	Cumberland Fell Runners	02:15:19
159	Ross Murdoch	M	Chorlton Runners	02:17:49
160	Lindsay Harrod	FV40	Helm Hill Runners	02:19:24
161	Sophie Cunningham	F	Chorlton Runners	02:20:15
162	Chris Bateson	MV40	Barlick Fell Runners	02:22:55
163	Rob Oliver	MV40	Cumberland Fell Runners	02:29:49
164	Martin Brady	MV50	Clayton Le Moors Harriers	02:29:49
165	Dot Patton	FV60	Cumberland Fell Runners	02:39:36
166	Jane Mottram	FV60	Cumberland Fell Runners	02:39:36
167	Mike Harrop	MV40		02:46:15
168	Jon Bailey	MV40		02:50:24
169	Harvey Lord	M	Black Combe Runners	Dnf
170	Jamie Mackintosh	M		Dnf
171	Chris Roberts	MV60	Black Combe Runners	Dnf
172	Mario Yeomans	M	Cumberland Fell Runners	Dnf
173	Peter Dugdale	MV60	Clayton Le Moors Harriers	Dnf

174	John Leech	MV50	Dallam Running Club	Dnf
175	Wayne Peter Walsh	MV50	Bowland Fell Runners	Dnf