

Pos	Name	Category	Club	Time
1	ADAM HOLLAND	SM	TAVISTOCK ATHLETIC CLUB	00:38:10
2	JAMES JACKSON	M40	DARTMOOR RUNNERS	00:38:22
3	PATRICK DEVINE-WRIGHT	M40	AXE VALLEY RUNNERS	00:38:26
4	LEE TREADGOLD	M40	TRURO RC	00:38:46
5	MARTIN EXLEY-DEANE	M50	TAVISTOCK ATHLETIC CLUB	00:39:40
6	JONATHAN SCOTT	SM		00:39:47
7	TOM WRIGHT	M40	TRURO RC	00:39:56
8	SAM LLOYD	SM		00:41:26
9	DAVID GOODSPEED	SM		00:41:54
10	COLIN KIRK-POTTER	M40	TAMAR TRAIL RUNNERS	00:41:59
11	JONATHAN CROOME	M50	EXMOUTH HARRIERS	00:42:01
12	STUART MUSSON	SM	TRURO RC	00:42:20
13	ROB JINMAN	SM	STORM PLYMOUTH	00:42:49
14	DAVID DERRY	M40		00:43:02
15	ROB PARKINSON	M60	DARTMOOR RUNNERS	00:43:12
16	JAMES MORRISON	M40	TIVERTON HARRIERS	00:43:56
17	CHARLIE LLOYD	M50		00:44:10
18	CHRIS SIMPSON	M40	SOUTH MOLTON STRUGGLERS	00:44:54
19	RACHAEL MALTHOUSE	SF	TAVISTOCK RUN PROJECT	00:44:57
20	STEVE COX	M40	TAMAR TRAIL RUNNERS	00:45:17
21	REBECCA MORGAN	F40	TRURO RC	00:45:18
22	ANNA KING	SF	ERME VALLEY HARRIERS	00:45:31
23	DUNCAN JAGO	M40	STORM PLYMOUTH	00:46:06
24	DARREN PETERS	M40		00:46:50
25	MIKE NITHAVRIANAKIS	M50	TAMAR TRAIL RUNNERS	00:46:51
26	STEVEN ROWE	M40	TAMAR TRAIL RUNNERS	00:47:09
27	CLAIRE FAITHFULL	SF	STORM PLYMOUTH	00:47:25
28	MICHAEL TOSSELL	SM	STORM PLYMOUTH	00:47:26
29	RICHARD ATKINSON	M50	STORM PLYMOUTH	00:47:38
30	KRIS JONES	SM	PLYMOUTH MUSKETEERS	00:49:32
31	ROBIN CARTER	F50	DARTMOOR RUNNERS	00:49:40
32	SAMUEL WHITE	SM	TAMAR TRAIL RUNNERS	00:50:04
33	PETE BAZLEY	M60	TAVISTOCK ATHLETIC CLUB	00:50:07
34	STUART QUEEN	M40	TAMAR TRAIL RUNNERS	00:50:17
35	BETH KEY	SF		00:50:20
36	MIKE MERRIN	M40	STORM PLYMOUTH	00:50:21
37	ROGER HEWITT	M60	TAMAR TRAIL RUNNERS	00:50:24
38	PAUL EVENDEN	M50	TAMAR TRAIL RUNNERS	00:50:28
39	MARK JONES	M40		00:50:57
40	HARRISON KIRKMAN	M17	TAMAR TRAIL RUNNERS	00:51:06
41	PAUL MCKENZIE	M40		00:53:21

42	ANDREW HOUGHTON	M60	TAMAR TRAIL RUNNERS	00:53:51
43	IAN LILLY	M50	PLYMOUTH STRIDERS	00:54:45
44	LAURA GOODSPEED	SF		00:54:47
45	SEAN FRIEND	M40	STORM PLYMOUTH	00:55:10
46	CATH DERRY	F40		00:55:54
47	SARAH HOLLAND	F40	TAMAR TRAIL RUNNERS	00:56:06
48	ANDREW MARTIN	F50	TAVISTOCK ATHLETIC CLUB	00:56:12
49	RICHARD WINDEMERE	M60	TAVISTOCK WHEELERS	00:56:49
50	Laura Rogers	SF		00:57:55
51	SAM MARTIN	F40	PLYMOUTH MUSKETEERS	00:58:03
52	GARY MARTIN	M40	PLYMOUTH MUSKETEERS	00:58:04
53	SARAH TIPPETT	F40	TAMAR TRAIL RUNNERS	00:59:05
54	SAM CLIFFORD	F40	TAMAR TRAIL RUNNERS	00:59:31
55	TRACEY GALAND	F40	STORM PLYMOUTH	01:00:23
56	PAUL BARLOW	M50		01:00:53
57	TAYLOR ELEANOR	F50	TEIGNBRIDGE TROTTERS	01:02:42
58	LISA BIRCH	F50	BERE ALSTON TREKKERS	01:03:05
59	DEBBIE ASHTON	F40	BERE ALSTON TREKKERS	01:03:08
60	PAUL ASHTON	M50	TAMAR TRAIL RUNNERS	01:03:09
61	JONAH TOSNEY	M40		01:03:09
62	MARTA KILLEY	F50	TAMAR TRAIL RUNNERS	01:04:49
63	SHAWN MCDERMOTT	M50		01:05:45
64	SEBASTIAN LEA	M23	PLYMOUTH MUSKETEERS	01:07:39
65	OLIVIA HILL	SF	PLYMOUTH HARRIERS	01:08:35
66	CLARE WELLFAIR	SF	PLYMOUTH HARRIERS	01:08:43
67	CHARLOTTE WALTON	F40	PLYMOUTH HARRIERS	01:08:45
68	LOUISE SHALDERS	SF	PLYMOUTH HARRIERS	01:10:14
69	SARAH MCQUARRY	F40	PLYMOUTH HARRIERS	01:10:15
70	ELAINE MEDWAY	F50		01:15:41
71	Jason Shipton	M40	TAMAR TRAIL RUNNERS	01:15:47