

Pos	Name	Category	Club	Time
1	PALMER, Mark	Men >50	Achille Ratti	00:54:20
2	BROWN, Jez	Men >40	Buckley Runners	00:54:45
3	FORTES, Matthew	Men >40	Eryri Harriers	00:54:55
4	EVANS, Tristan	Senior Men	Meirionnydd Running Club	00:55:07
5	RICHARDS, Ifan	Senior Men	Cyclo Cymru	00:55:20
6	THOMAS, Dyfed	Men >40	Eryri Harriers	00:57:51
7	BELLAMY, Stewart	Men >40	Mercia Fell Runners	00:59:34
8	EDWARDS, Simon	Men >40	Buckley Runners	00:59:50
9	HESLETON, Darren	Men >40	Bro Dysynni AC	01:00:55
10	EVANS, Eilir	Senior Men	Rhedwyr Hebog	01:00:59
11	CARTER, Jimmy	Men >40	Meirionnydd Running Club	01:01:19
12	OHARA, Jim	Senior Men	Helsby	01:02:47
13	BEECHER, Katie	Senior Women	Les Croupiers	01:04:37
14	PRITCHARD, Andy	Men >40	Buckley Runners	01:04:46
15	DAVIES, Leon	Men >40	North Wales Road Running Club	01:05:54
16	EVANS, Hayley	Senior Women	Buckley Runners	01:05:58
17	MCGUINNESS, Sion Lloyd	Senior Men		01:06:32
18	POWELL, Dave	Men >50	Aberystwyth AC	01:06:47
19	ANTHONY, Richard	Men >40	Aberystwyth AC	01:07:42
20	ROBERTS, Emlyn	Men >50	Eryri Harriers	01:07:45
21	EDGAR, Iwan	Men >60	Eryri Harriers	01:07:49
22	HOLT, Andrew	Men >40	Harborough AC	01:08:00
23	PRESTON, Adam	Men >40	Meirionnydd Running Club	01:08:02
24	MOULD, Jonathan	Senior Men	Bournville Harriers	01:08:43
25	PRICE, Richard	Junior Men	Sedgley Striders	01:09:24
26	MITCHELL, Jay	Men >40		01:09:40
27	COLE, Katie	Senior Women	No-mad Running	01:10:20
28	TINGLE, James	Senior Men		01:12:01
29	WHITTEY, Dave	Men >60	Meirionnydd Running Club	01:12:06
30	JONES, Phil	Men >60		01:12:22
31	AP DYFRIG, Rhodri	Men >40		01:13:07
32	WELLS, Ben	Men >40	Meirionnydd Running Club	01:13:52
33	HINDLE, Neil	Men >60	Welsh Fell Running Association	01:13:54
34	WOODVINE, Dave	Men >40		01:13:58
35	BORNE, Richard	Men >50	Mysteruns	01:14:44
36	GREEN, Martin	Men >60	Maldwyn Harriers	01:14:49
37	DONOGHUE, Paul	Men >40	Buckley Runners	01:14:54
38	JONES, Jim	Men >50	Helsby	01:15:37
39	BUTLER, Paddy	Men >50	Hardley Runners	01:15:38
40	MORGAN-JONES, Hugh	Men >50	Fell Running Association	01:15:40
41	HIDE, Simon	Men >40	Rhedwyr Hebog	01:16:54

42	BARKER, Louise	Women >40	Aberystwyth AC	01:16:57
43	LAW, Becki	Senior Women	Eryri Harriers	01:18:22
44	CHALLENGER, Paul	Senior Men	Pensby Runners	01:18:30
45	WALKER, Richard	Men >40	Rhedwyr Hebog	01:19:08
46	ROWLANDS, Glyn	Men >50	Meirionnydd Running Club	01:19:11
47	STRINGER, Graeme	Men >50	Meirionnydd Running Club	01:20:32
48	NICHOLLS, Peter	Men >60	Meirionnydd Running Club	01:22:48
49	PILKINGTON, Justin	Men >40	Meirionnydd Running Club	01:22:58
50	LESNIAK, Eddie	Men >60		01:23:47
51	HOBBS, Edric	Men >50	Collett Park Dark Runners	01:24:00
52	PURVES, Amanda	Women >50	Mysteruns	01:24:16
53	DAVIES, Mark	Men >40	Mercia Fell Runners	01:24:35
54	OWEN, Kevin	Men >40		01:24:58
55	ROBERTS, Harri	Men >50	Eryri Harriers	01:26:37
56	COOPER, Gerald	Men >50	Cookham Running Club	01:29:40
57	INNES, Paul	Men >50		01:29:50
58	FENWICK, Allanah	Senior Women	Meirionnydd Running Club	01:31:39
59	FENWICK, Mat	Senior Men	Meirionnydd Running Club	01:31:39
60	GARNER, Amanda	Senior Women	Buckley Runners	01:31:57