

Pos	Name	Category	Club	Time
1	Gareth W. Hughes	U/40	Mercia	00:22:53
2	Tom Roberts	U/40	Meirioness	00:24:06
3	Math Fortes	O/40	Eryri	00:24:09
4	Sam Soles	U/16	Buxton	00:24:14
5	Rob Grantham	O/40	Pewsby	00:24:35
6	Number 91			00:24:41
7	John Parkinson	O/40	Eryri	00:24:48
8	Ifan Oldfield	U/16		00:24:53
9	Gavin Roberts	U/40	GOG	00:24:56
10	Dylan Griffiths	U/40	Hebog	00:25:02
11	Owain Williams			00:25:03
12	Thomas Wood	U/18	Eryri	00:25:06
13	John Rowley	U/40	Eryri	00:25:18
14	Aled Edwards	U/40		00:25:24
15	Mark Davies			00:25:47
16	Gethin Davis	U/16	Menai	00:26:02
17	Jon Walker	U/40	Penistone	00:26:06
18	Craig Number 151			00:26:12
19	David Penny	U/40		00:26:26
20	Rhiannon Kamink	U/18F	Colwyn Bay	00:26:28
21	Simon Edwards	O/40	Buckley	00:26:39
22	Steve Toogood	O/50	Buckley	00:26:42
23	Tomos Aldous	U/40	GOG	00:26:45
24	Carah Ridgeway	F40	Mercia	00:26:48
25	Paul Jones	O/40	Eryri	00:26:51
26	Callum O'Donnel	U/16	Menai	00:27:01
27	Daragh Reynolds	U/40	GOG	00:27:04
28	Tom Morgan			00:27:11
29	Sian Williams	F	Hebog	00:27:13
30	Number 144			00:27:28
31	Gethin Armstrong	U/40	Eryri	00:27:35
32	Annabelle McQueen	U/18	Eryri	00:27:44
33	Justin Edwards	U/16	Buckley	00:27:53
34	Dan Soles	U/18	Buxton	00:28:08
35	Number 139			00:28:15
36	Pete Mould	U/40		00:28:17
37	Ben Beecolm		Eryri	00:28:18
38	James Wan	U/40		00:28:29
39	Number 138			00:28:34
40	Lou Beetlestone	U/40	Eryri	00:28:52
41	Number 181			00:28:54

42	Ian Cooke	O/50	Leeds	00:29:01
43	Irfon Rowlands	O/40	Cybi	00:29:16
44	Henry Thompson	U/18	St Davids	00:29:21
45	Gemma Moore	F	NWRRC	00:29:33
46	Richard Bourne	O/40	Mysteruns	00:29:37
47	Gary Porter-Jones	O/40	Eryri	00:29:39
48	Number 149			00:29:41
49	Becky Law	F	Eryri	00:29:42
50	Rory Shaw	U/40		00:29:51
51	Tom Budesh	U/40		00:29:53
52	Daffy Lewis			00:30:01
53	Gareth W. Owen	O/40		00:30:01
54	Ron Edwards	O/40		00:30:03
55	SimonFawcett	U/40		00:30:05
56	Dewi Williams	U/40	JMC	00:30:14
57	Poppy Cooke	U/16F	Leeds	00:30:15
58	Dyfnaltt Huws	O/40	Cybi	00:30:26
59	Math Bickhall	U/40		00:30:34
60	EmlynRoberts	O/50	Eryri	00:30:35
61	SarahHarley	F	Eryri	00:30:41
62	EliwHaf	F	Eryri	00:30:52
63	IanMulligan	O/50	Cybi	00:31:01
64	TomosRichards	U/40		00:31:26
65	LesleyLawson	F		00:31:27
66	Number 119			00:31:37
67	GwynWilliams			00:31:42
68	WilliamJohnson	U/16	St Davids	00:31:44
69	TomAlbiston	U/40		00:32:01
70	JackRoberts	U/40	Eryri	00:32:14
71	SarahBarwen	F50	Eryri	00:32:14
72	AmyO'Hare	U/18F	GOG	00:32:28
73	ChrisMewes	O/40		00:32:33
74	Iwan Trefor	U/40	Hebog	00:32:35
75	Rhi Willmot	F	Cybi	00:32:44
76	Jenny Towill	F	Eryri	00:33:25
77	Helen Ashworth	F	Prestatin	00:33:38
78	Paul Baxendale	O/50	Now	00:33:44
79	Ian Jones	O/60		00:33:47
80	Steve Ward	U/40		00:33:55
81	Rhodri Williams	U/40		00:33:56
82	Alistair Wood	O/50	Eryri	00:33:56
83	Harri Roberts	O/50	Eryri	00:33:56
84	Number 127			00:34:01
85	Aaron Griffiths	U/40		00:34:03

86	Jenny Williamson	F	Eryri	00:34:05
87	Tomos Land	U/16	Menai	00:34:15
88	Pat Cain	O/50		00:34:22
89	Hayley Turner	F	Eryri	00:34:31
90	Lucy	F	St Davids	00:34:35
91	Helen Blair	F40	Eryri	00:34:35
92	Chris Hughes	U/40	Eryri	00:34:37
93	John Humphries	O/50	Mysteruns	00:35:08
94	Ellie Sailsbury	F50	Eryri	00:35:28
95	Number 137			00:35:33
96	Rowland Sharp	O/50	Hebog	00:36:04
97	William Evans	O/40		00:36:04
98	Elin Stevenson	F	Eryri	00:36:16
99	Gwion Evans	U/16	Eryri	00:36:22
100	Celt Jones	U/16	St Davids	00:36:28
101	Gwyn Evans	O/50	Eryri	00:36:31
102	Elin Harlow	F		00:36:31
103	Jon Oldfield	O/40	Wrexham	00:37:03
104	Number 162			00:37:24
105	Barry Davies	O/40		00:37:27
106	Alex Fletcher	F	Eryri	00:37:35
107	Number 126			00:37:55
108	Tina Usherwood	F50	Canicross	00:40:57
109	Jayne P-Jones	F50	Prestatin	00:43:05
110	Julie Logan	F40	Prestatin	00:45:02
111	Tracey Colligan	F40		00:47:05
112	CatrinDonnell	U/16F	Menai	32
113	Susan Calvent	F50	Abergele	DNF