

Pos	Name	Category	Club	Time
1	Rob Brown	MSEN	Keswick	02:12:26
2	Alistair Todd	MSEN	Northern Fells	02:13:10
3	John Holme	MV40	Ambleside	02:14:54
4	Harvey Lord	MSEN	Black Combe	02:15:13
5	Phil Mather	MSEN	Lonsdale Fell Runners	02:19:10
6	James Harris	MSEN	Black Combe	02:19:14
7	Dan Summers	MSEN	Westbury Harriers	02:21:39
8	Tobias Barthelmes	MU23	Keswick	02:22:22
9	James Edwards	MV40	Lonsdale Fell Runners	02:22:29
10	Philip Withnall	MSEN	Lonsdale Fell Runners	02:22:38
11	William Winter	MSEN		02:25:02
12	John Murfin	MV40	Settle Harriers	02:25:15
13	Stu Stoddart	MV40	Eden Runners	02:25:49
14	Matt Brindle	MV40		02:27:17
15	Philip Pearson	MV50	Northern Fells	02:27:43
16	Sam Harrison	MSEN	Bowland	02:28:06
17	Jonny Croston	MV40	Calder Valley	02:28:21
18	John Hobson	MV50	Ambleside	02:29:13
19	Craig Smith	MV50	Keswick	02:30:35
20	Jon Green	MV40	Preston Harriers	02:32:58
21	Phil Wells	MV40	Calder Valley	02:34:41
22	Rowan Wood	MSEN	Lonsdale Fell Runners	02:35:08
23	Claire Nance	WSEN	Lonsdale Fell Runners	02:35:59
24	John Duff	MV40	Northumberland FR	02:37:41
25	Will Buckden	MSEN	Ilkley Harriers	02:38:06
26	Josh Westwood	MSEN	Settle Harriers	02:38:10
27	Richard Snowden	MV50	Totley AC	02:38:13
28	John Messenger	MV40	Northern Fells	02:38:17
29	John Oakenden	MSEN	Bowland	02:39:33
30	Joseph Barker	MSEN	St Radegan R&D Club	02:41:11
31	David Griffin	MV50	FRA	02:44:08
32	Jim Bacon	MV50	Lonsdale Fell Runners	02:46:03
33	James Morrison	MV40	Tiverton Harriers	02:46:35
34	James Scott	MSEN	Keswick	02:47:40
35	John Osborne	MV50	Settle Harriers	02:48:45
36	Natalie Hawkrigg	WV40	Northern Fells	02:48:47
37	Mark Wharton	MV50	Calder Valley	02:49:10
38	Peter German	MSEN	Helm Hill	02:53:30
39	Jim Clapp	MV60	Durham Fell Runners	02:54:16
40	Paul Tynan	MV50	Lonsdale Fell Runners	02:54:28
41	Stuart Holmes	MV60	St Radegan R&D Club	02:54:31

42	Rebecca Howard	WSEN	Settle Harriers	02:54:36
43	Chris Thorpe	MV50	Ambleside	02:55:03
44	Ian Sutcliffe	MV40	Stadium Runners	02:55:43
45	Gareth Bradbury	MV40	Monross Trailblazers	02:56:26
46	Paul Heeley	MV40	Fellandale	02:56:45
47	Richard Smith	MSEN	Helm Hill	02:56:50
48	Kristy Guneratne	WSEN	St Radegan R&D Club	02:56:54
49	Toby Sydes	MV40	Calder Valley	02:59:24
50	Ian Handscomb	MSEN		02:59:49
51	Catherine Holden	WV40	Calder Valley	03:01:16
52	Freda Summerfield	WV40	Gateshead Harriers	03:04:21
53	David Dickinson	MV60	Westerlands	03:04:27
54	Nick Sebley	MV50	Black Combe	03:04:46
55	Dave Halliday	MV40	Barlick FR	03:04:53
56	Jane Reedy	WV40	Ambleside	03:05:20
57	David Bevan	MV50	Saddleworth Runners	03:05:21
58	Claire Wilshaw	WSEN	St Radegan R&D Club	03:05:25
59	Ian Cumpstey	MV40	Jesus Orienteering Club	03:06:36
60	Paul Nickells	MV50	Eden Runners	03:07:27
61	Kenneth Murphy	MV50	Lonsdale Fell Runners	03:07:57
62	John Robson	MV50	Helm Hill	03:08:32
63	Dermot Garvey	MV50		03:09:03
64	Gavin Roper	MV40	Calder Valley	03:09:08
65	Justin Tracey	MV40	Eden Runners	03:10:33
66	Edward Colby	MV40	St Radegan R&D Club	03:11:14
67	Rob Daley	MV40	Eden Runners	03:12:23
68	Simon Veitch	MV50	Keswick	03:12:58
69	Keeley Smith	WSEN	Helm Hill	03:14:51
70	James Cooke	MSEN	Calder Valley	03:17:11
71	Owen Mills	MV40	Keswick	03:17:48
72	Chris Howell	MV40	St Radegan R&D Club	03:18:09
73	Jane Greening	WV40		03:18:14
74	Paul Bates	MV60	Lonsdale Fell Runners	03:19:36
75	Mike Troup	MV60	Ambleside	03:19:48
76	Edwin Sherstone	MV50	Southport Waterloo	03:21:11
77	Jeremy Johnson	MV50	St Radegan R&D Club	03:23:29
78	Jenny Russell	WV40	Northern Fells	03:24:05
79	Tim Brooks	MV40	Calder Valley	03:24:19
80	Sarah Bowden	WV40	Northumberland FR	03:26:06
81	Allison Skillicorn	WSEN		03:26:55
82	Brian Thompson	MV60	Helm Hill	03:27:31
83	Eddie Dealtry	MV70	Kendal AC	03:28:15
84	Michael Mcloughlin	MV60	Preston Harriers	03:34:30
85	Jenny Simpson	WSEN	North Shields Poly	03:34:38

86	Malcolm Slater	MV50	Northumberland FR	03:36:04
87	Victoria Price	WSEN	St Radegan R&D Club	03:41:18
88	Patrick Gosling	MV40	St Radegan R&D Club	03:41:19
89	Christine Addison	WV50	Fellandale	03:44:32
90	Dan Briggs	MV40	Calder Valley	03:45:32
91	Jonathan Bailey	MV40	Black Combe	03:48:15
92	Charlotte Wetton	WSEN	Calder Valley	03:49:53
93	Carrie Gibson	WV40	Helm Hill	03:56:54
94	Laura Jane Winter	WSEN	St Radegan R&D Club	03:59:29
95	Tanya Shepherd	WSEN	Fellandale	04:02:25
96	Tom Lynch	MSEN	Otley AC	04:02:25
97	Graham Holden	MV60	Lonsdale Fell Runners	04:04:01
98	Jill Gates	WV50	Settle Harriers	04:32:31
99	Sarah Airey	WSEN	St Radegan R&D Club	04:42:24