

Pos	Name	Category	Club	Time
1	Sam Tosh	Man	Rosendale Harriers	00:29:25
2	Simon Bailey	Man	Mercia FR	00:29:53
3	Chris Arthur	Man	Bowland FR	00:29:58
4	Tom Adams	Man	Ilkley Harriers	00:30:02
5	Chris Holdsworth	Man	Clayton-le-Moors	00:30:03
6	John Spill	MU21	Pudsey & Bramley AC	00:30:14
7	Jack Wood	Man	Ilkley Harriers	00:30:18
8	Steven Hebblethwaite	Man	Keswick	00:30:22
9	Joe Baxter	Man	Pudsey & Bramley AC	00:30:47
10	Ben Mounsey	Man	Calder Valley FR	00:31:08
11	Carl Bell	Man	Keswick	00:31:13
12	Harry Holmes	Man	Pudsey & Bramley AC	00:31:43
13	Mark Lamb	Man	Keswick	00:31:46
14	Gavin Mulholland	MV45	Calder Valley FR	00:31:48
15	Peter Bray	Man	Ambleside AC	00:31:50
16	Darren Kay	MV45	Calder Valley FR	00:31:51
17	Matthew Elkington	MU23	Dark Peak FR	00:31:52
18	Tom Saville	MU23	Dark Peak FR	00:31:59
19	John Battrick	Man	Keswick	00:32:01
20	Sam Stead	Man	Keswick	00:32:06
21	Robert Little	Man	Dark Peak FR	00:32:08
22	Jim Davies	MV50	Borrowdale	00:32:22
23	Michael Ainsworth	Man	Helm Hill	00:32:24
24	Karl Gray	MV45	Calder Valley FR	00:32:27
25	Daniel Haworth	Man	Keswick	00:32:29
26	Adam Osborne	MV40	Leeds City AC	00:32:32
27	Alex Whitem	Man	Calder Valley FR	00:32:34
28	Adam Perry	Man	Helm Hill	00:32:39
29	Jonny Dry	Man	Windsor, Slough, Eton & Harlow AC	00:32:43
30	Ben Abdelnoor	Man	Ambleside AC	00:32:44
31	Shaun Godsman	MV45	Calder Valley FR	00:32:45
32	Nick Leigh	MV40	Horwich RMI Harriers	00:32:45
33	Phil Marsden	Man	Horwich RMI Harriers	00:32:46
34	Phil Winskill	MV40	Keswick	00:32:49
35	Jason Williams	MV40	Calder Valley FR	00:32:52
36	Jonny Malley	Man	Ambleside AC	00:32:56
37	Mark Roberts	MV55	Borrowdale	00:33:01
38	Peter Hodges	Man	Dark Peak FR	00:33:03
39	Jack Wright	Man	Ambleside AC	00:33:09
40	Alex Hinchcliffe	MU23	Vegan Running UK	00:33:13
41	Nicholas Barber	Man	Pennine FR	00:33:33

42	Steve Franklin	Man	Totley AC	00:33:36
43	Neil Northrop	Man	Dark Peak FR	00:33:39
44	Marcus Preedy	MU21	Rossendale Harriers	00:33:42
45	Michael Fanning	MV50	Holmfirth Harriers	00:33:50
46	Tim Cowin	MV40	Helm Hill	00:33:57
47	Tim Simpson	MU23	Ambleside AC	00:33:58
48	Ali Burns	Man	Wharfedale Harriers	00:34:06
49	Simon Stainer	MV45	Ambleside AC	00:34:28
50	John Atkinson	MV50	Ambleside AC	00:34:31
51	Todd Oates	Man	Ambleside AC	00:34:37
52	Lee Proctor	Man	Helm Hill	00:34:38
53	Paul Aitken	Man	Helm Hill	00:34:39
54	Jon Rylance	MV40	Ambleside AC	00:34:45
55	Nick Charlesworth	MV50	Wharfedale Harriers	00:35:07
56	William Neill	Man	Mercia FR	00:35:14
57	Paul Sorrell	MV40	Ripon Runners	00:35:20
58	Mark Burton	MV40	Pennine FR	00:35:23
59	Matthew Seddon	Man	Pudsey & Bramley AC	00:35:28
60	Marc Sennett	Man	Wharfedale Harriers	00:35:32
61	Jim Mann	MV40	Helm Hill	00:35:35
62	Steve Knowles	MV45	Pennine FR	00:35:36
63	Andrew Payne	MV40	Clayton-le-Moors	00:35:36
64	Noel Curtis	MV40	Pennine FR	00:35:39
65	Nick Barber	MV40	Todmorden Harriers	00:35:42
66	Damian Kilpin	MV40	Penistone Footpath Runners	00:35:44
67	Jon Wright	MV45	Todmorden Harriers	00:35:46
68	Tom Addison	Man	Helm Hill	00:35:52
69	Dan Croft	MV50	Macclesfield Harriers	00:35:54
70	Jos Addison	Man	Helm Hill	00:35:55
71	Paul Fauset	MV40	Dark Peak FR	00:35:59
72	Andy Thompson	Man	Helm Hill	00:36:04
73	Carl Helliwell	MV40	Clayton-le-Moors	00:36:06
74	Malcolm Fowler	MV50	Cheshire Hill Racers	00:36:16
75	Ben Kent	MU21	Helm Hill	00:36:21
76	Paul Cornforth	MV50	Borrowdale	00:36:25
77	Darren Fishwick	MV45	Chorley AC & Tri	00:36:37
78	Chris Jackson	Man	Pennine FR	00:36:47
79	Mark OConnor	Man	Calder Valley FR	00:36:53
80	Stefan Bramwell	MV45	Pennine FR	00:37:00
81	Andrew Robertshaw	MV45	Otley AC	00:37:07
82	Ed Gamble	MV50	Cheshire Hill Racers	00:37:09
83	Paul Reilly	MV40	Helm Hill	00:37:13
84	Josh Wade	MU23		00:37:18
85	Tom Cringle	Man	Manx Fell Runners	00:37:24

86	Peter Rigby	Man		00:37:32
87	Jon Deegan	MV50	Ambleside AC	00:37:40
88	Richard Stevens	MV40	Ambleside AC	00:37:42
89	James Byrne	MV40	Ambleside AC	00:37:45
90	Ethan Hassell	Man	Wharfedale Harriers	00:37:52
91	David Taggart	MV40	Bradford Airedale AC	00:37:54
92	Steve Turland	MV45	Ilkley Harriers	00:37:55
93	John Hunt	MV50	Dark Peak FR	00:37:56
94	Martin Howard	MU21	Calder Valley FR	00:37:57
95	Mark Rigby	MV55	Ambleside AC	00:37:59
96	Mark Walsh	MV45	Horwich RMI Harriers	00:38:03
97	Neil Ashcroft	MV45	Ambleside AC	00:38:06
98	Rob Furness	Man	Wharfedale Harriers	00:38:10
99	Stephen Nicholls	Man	Wigan & District Harriers	00:38:16
100	Martin Peace	MV45	Bingley Harriers	00:38:22
101	Craig Burrow	MV40	Helm Hill	00:38:23
102	Matthew Rooke	Man	Black Combe	00:38:24
103	Andrew Slattery	MV45	Keswick	00:38:24
104	Paul Hobbs	MV40	Todmorden Harriers	00:38:30
105	Neil Gerritx	Man	Newcastle AC	00:38:32
106	Antony Meanwell	MV45	Borrowdale	00:38:34
107	James Allard	Man		00:38:41
108	Tom Millard	Man	Wharfedale Harriers	00:38:47
109	Peter German	Man	Helm Hill	00:38:48
110	Carlos Bedson	MV45	Cheshire Hill Racers	00:38:50
111	Mark Wharton	MV50	Calder Valley FR	00:38:51
112	Andy Preedy	MV45	Rosendale Harriers	00:38:55
113	Simon Whittaker	Man	Helm Hill	00:38:57
114	Tom Lynch	Man	Otley AC	00:39:00
115	Joe Parsons	Man		00:39:04
116	Zach Jennings	MU21	Univesity Of Nottingham	00:39:12
117	Ian Willis	MV45	Keighley & Craven AC	00:39:18
118	Seb Bufton	Man	Saltwell Harriers	00:39:21
119	Jim Andrews	MV50	Helm Hill	00:39:33
120	Barry Wilkinson	MV50	Borrowdale	00:39:34
121	David Bagot	Man	Clayton-le-Moors	00:39:35
122	Dave McGuire	MV45	Wharfedale Harriers	00:39:42
123	George Lewis	MU21	East Cheshire Harriers	00:39:48
124	Chris Brewer	MV45	Keswick	00:39:49
125	James Leigh Baron	MV45	Helm Hill	00:39:53
126	Paul Jeggo	MV55	Springfield Striders	00:39:55
127	Andrew Britton	MV40	Wharfedale Harriers	00:39:59
128	William Procter	MV60	Helm Hill	00:40:01
129	Alfie Walker	MV40	Keighley & Craven AC	00:40:06

130	Jonny Marchant	MV45	Helm Hill	00:40:08
131	Philip Shaw	MV50	Mansfield Harriers	00:40:17
132	Neil Armitage	MV45	Pudsey & Bramley AC	00:40:18
133	Keith Wood	MV55	Saltwell Harriers	00:40:19
134	Robert William	Man	Bingley Harriers	00:40:20
135	Micahel Reynolds	MV50	Mercia FR	00:40:20
136	Graham Schofield	MV60	Horwich RMI Harriers	00:40:25
137	Adam Gibson	MU21	Wharfedale Harriers	00:40:28
138	John Beetham	MV40	Keswick	00:40:29
139	Garry Wilkinson	MV50	Clayton-le-Moors	00:40:39
140	Andy Barnett	MV55	Dark Peak FR	00:40:41
141	Peter Crompton	MV60	Cumberland FR	00:40:44
142	Barry Atkinson	MV55	York Knavesmire Harriers	00:40:54
143	Huw Jones	MV50	Birmingham Running, Athletics & Triathlon	00:40:58
144	Stepen Morran	MV60	Bolton AC	00:41:02
145	Tristan Langlois	MV45	Todmorden Harriers	00:41:05
146	Andrew Harris	MV40	Nidd Valley Road Runners	00:41:08
147	Steve Webb	MV55	Valley Striders	00:41:12
148	Matty Barnes	MV50		00:41:14
149	Andrew Bradley	MV50	Cumberland FR	00:41:17
150	Bill Williamson	MV50	Cumberland FR	00:41:33
151	Chris Davies	MV60	Saddleworth RC	00:41:35
152	Mike Calvert	MV50	Howgill Harriers	00:41:37
153	Paul Haigh	Man	Calder Valley FR	00:41:39
154	Peter Jackson	MV60	Barlick FR	00:41:53
155	Ian Warhurst	MV55	Pennine FR	00:41:54
156	Matthew Ray	Man	Calder Valley FR	00:42:04
157	Ian Charlesworth	MV50	Penistone Footpath Runners	00:42:12
158	Will Duggan	MV45	Bingley Harriers	00:42:20
159	Kev Saville	MV50	Dark Peak FR	00:42:29
160	Rob Browne	Man	Black Combe	00:42:30
161	Brian Walton	MV60	Horwich RMI Harriers	00:42:34
162	Roger Laycock	MV55	Settle Harriers	00:42:41
163	John Boothman	MV55	Barlick FR	00:42:50
164	Wilfred Bell	MV60	Howgill Harriers	00:42:53
165	Paul Jennings	MV50	Cumberland FR	00:42:54
166	Pete Marston	MV40	Helm Hill	00:42:59
167	Nick Sebley	MV55	Black Combe	00:43:02
168	Mark Cropper	MV40	Helm Hill	00:43:03
169	Daniel Hurd	Man		00:43:04
170	David Keeling	MV55	Cheshire Hill Racers	00:43:04
171	Neil Sidaway	MV55	Cumberland FR	00:43:05
172	Stephen Storey	MV60	Penistone Footpath Runners	00:43:06
173	Dave Safranauskas	MV50	Cheshire Hill Racers	00:43:10

174	Ian Race	MV55	Helm Hill	00:43:15
175	Steven Robinson	MV40	Otley AC	00:43:23
176	Shaun Addison	MV55	Helm Hill	00:43:37
177	John Robson	MV50	Helm Hill	00:43:48
178	John Conroy	MV40	Keighley & Craven AC	00:44:03
179	Vincent Booth	MV50	Cheshire Hill Racers	00:44:06
180	Paul Kelly	MV60	Durham Fell Runners	00:44:09
181	Jonathan Whitaker	MV50		00:44:11
182	Steve Wathall	MV55	Retford AC	00:44:13
183	Adrian Walker	MV50	Settle Harriers	00:44:16
184	Christopher Kelsey	MV60	Wells City Harriers	00:44:17
185	Bill Beckett	MV50	Chorley AC & Tri	00:44:18
186	Calvin Ferguson	Man	Calder Valley FR	00:44:22
187	Andy Watts	MV65	Cheshire Hill Racers	00:44:30
188	William Coupe	MV50	Helm Hill	00:44:33
189	Jim Wheldon	MV65	Baildon Runners	00:44:38
190	Matt Bourne	MV45	Bowland FR	00:44:40
191	Dave Bowen	MV60	Pennine FR	00:44:42
192	Simon Franklin	MV50	Fellandale	00:44:45
193	Keith Holmes	MV60	Dark Peak FR	00:44:46
194	Matt Nuttall	MV45	Blackburn Harriers	00:44:53
195	Brian Hickey	MV50		00:45:13
196	George Lee	MU23		00:45:23
197	Gavin Beaumont	MU23		00:45:25
198	Chris Schofield	MV50	Helm Hill	00:45:26
199	Dave Tait	MV70	Dark Peak FR	00:45:27
200	Stuart Russell	MV45		00:45:32
201	Ron Rees	MV60	Pennine FR	00:45:40
202	Barry Blyth	MV70	Macclesfield Harriers	00:45:44
203	Steve Jackson	MV60	Horwich RMI Harriers	00:45:45
204	Len LAnson	MV60	Borrowdale	00:45:47
205	Michael Flatley	Man	Liverpool Running Club	00:45:58
206	Simon Austin	Man	Black Combe	00:45:59
207	Thod Gibson	MV50	Wharfedale Harriers	00:46:00
208	Toby Sykes	MV45	Calder Valley FR	00:46:08
209	Robin Lawrence	MV45	Bingley Harriers	00:46:12
210	Jason Schofield	MV45	Wharfedale Harriers	00:46:17
211	Mick Cochrane	MV70	Dark Peak FR	00:46:37
212	Simon Bolton	MV50	Cheshire Hill Racers	00:46:49
213	Steve Milner	MV55	Wharfedale Harriers	00:46:57
214	David Gould	MV60	Mercia FR	00:47:11
215	Nick Andralojc	MV55	Harrogate Harriers & AC	00:47:28
216	Mick Brankin	MV45		00:47:46
217	Alan Brentnall	MV65	Pennine FR	00:47:47

218	Philip Barnes	MV55	Pennine FR	00:47:48
219	Blair Garrett	Man	Calder Valley FR	00:47:52
220	David Appleyard	MV50	Helm Hill	00:47:58
221	Peter Ellerton	MV70	Bingley Harriers	00:48:01
222	Andy Monk	MV60	Fell Runners Association	00:48:07
223	Colin Whitaker	MV50	Bowland FR	00:48:34
224	Dave Halliday	MV45	Barlick FR	00:48:42
225	Brent Lindsay	MV55	Penistone Footpath Runners	00:49:07
226	Tim Brockington	MV60	Springfield Striders	00:50:31
227	David Questra	Man		00:50:44
228	James Cooke	Man	Calder Valley FR	00:50:45
229	Paul Hills	MV55	Pennine FR	00:51:12
230	Paul Patrick	MV50	Stainland Lions RC	00:51:18
231	Adrian Dixon	MV70	Fell Runners Association	00:52:46
232	Murray Bishop	MV50	Watlington AC	00:53:19
233	Graham Schofield	MV60	Chorley AC & Tri	00:55:02
234	Rod Sutcliffe	MV65	Calder Valley FR	00:55:08
235	Les Thurston	MV65	Matlock AC	00:55:14
236	Anthony Rowan	Man		00:55:26
237	Michael Smith	MV60	Bingley Harriers	00:56:15
238	Ian Hartman	MV65	Baildon Runners	00:58:34
239	Jeremy Brayshaw	MV70	Totley AC	00:59:26
240	Rob McKeever	MV65	Black Combe	01:00:06
241	Graham Jameson	MV75	Lancaster & Morecambe	01:00:29
242	Peter Ehrhardt	MV70	Todmorden Harriers	01:04:20
243	Selwin Wright	MV60	Ambleside AC	01:05:47
244	Antonio Cardinale	MV65	Otley AC	01:21:54
245				d