

Pos	Name	Category	Club	Time
1	Jim Webb	MS	Team Bath AC	01:14:39
2	Richard Johnson	MV40	Mynydd Du	01:20:37
3	Sam Ryall	MV40	Pontypridd Roadents	01:20:52
4	Andrew Reeves	MV40	Serpentine Running Club	01:21:16
5	Christian Poulton	MV50	Cambridge Harriers	01:22:18
6	Shaun Whelan	MV50	London Fronrunners	01:22:43
7	James Atkinson	MS	Team Bath AC	01:22:43
8	Evan Davies	MS		01:24:43
9	James Gillanders	MS	Serpentine Running Club	01:24:48
10	Tarbo Fukazawa	MS	Cambridge Harriers	01:26:13
11	Jonathan Moscrop	MV40	Serpentine Running Club	01:27:03
12	Daniel Nettelfield	MS	South Molton Strugglers	01:27:04
13	Ben Moon	MS	MDC	01:28:11
14	John Keenan	MV40	London Fronrunners	01:28:33
15	Daniel Lewis	MV40	Wye Valley Runners	01:28:54
16	Kevin Griffiths	MV50		01:29:04
17	David Lawson	MS	MDC	01:29:11
18	Andrew Pritchard	MV40	Buckley Runners	01:29:21
19	Michael Cope	MV40	Mynydd Du	01:29:27
20	Nick Lewis	MV40	Almost Athletes	01:30:02
21	Wayne Kelly	MS		01:30:07
22	Andy Vaudin	MV50		01:30:18
23	Jeremy Jehan	MV40	Wye Valley Runners	01:30:58
24	Mike Link	MV40	Hereford Couriers	01:31:11
25	Michael Reynolds	MV50	Mercia Fell Runners	01:31:27
26	David Vaudin	MV60	Team Bath AC	01:31:36
27	James Eastwood	MS		01:31:44
28	Nigel Eldridge	MV40	Ryde Harriers	01:31:49
29	Thomas Mollekin	MS	Mynydd Du	01:32:31
30	Hopcyn Matthews	MS		01:32:41
31	Andrew Noble	MV50	Folkestone RC	01:32:45
32	Evan Ryan	MS	Mynydd Du	01:33:04
33	Crispin Flower	MV40	Mynydd Du	01:33:06
34	Andrew Brasington	MV50	Ebbw Vale RC	01:33:10
35	Helen Marshall	FS	Aberystwyth AC	01:33:20
36	Gary Pearson	MV40	Croft Ambrey	01:33:54
37	Andrew Broadbent	MS		01:34:34
38	Peter Sowerby	MV50	Brecon AC	01:34:57
39	Dee Jolly	FS	Sarn Helen	01:35:18
40	Mal Evans	MV50		01:35:27
41	James Woodier	MS	Mynydd Du	01:35:30

42	Ben Lowe	MS	Stroud & District AC	01:35:35
43	Harry Rann	MS	Godshill Massive	01:35:36
44	Hayley Evans	FS	Buckley Runners	01:35:45
45	Steven Hepton	MS	Mynydd Du	01:36:40
46	Julie Cashell	FV40	Mynydd Du	01:36:53
47	Julian Williams	MV40	London Frontrunners	01:37:07
48	Rodney Parker	MV40	Ryde Harriers	01:37:35
49	Rhian Probert	FV40	Mynydd Du	01:37:44
50	Clem Dixon	MV50	Cambridge Harriers	01:39:05
51	Gordon Coull	MV40		01:39:36
52	Paul Kelly	MV60	Durham Fell Runners	01:39:43
53	Iain Large	MS	Bristol & West AC	01:39:49
54	Richard Cronin	MS	MDC	01:39:52
55	Karlwinder Hayer	MV40	London Frontrunners	01:40:00
56	Ged Murphy	MV40		01:40:27
57	Owen Bowers	MS	Brecon Triathlon Club	01:40:40
58	Kate Whitfield	FV40	Mercia Fell Runners	01:40:44
59	Dave Clarke	MS		01:42:38
60	Richard Sheehy	MS	Parc Bryn Bach	01:42:54
61	Jack Fasham	MS	Stroud & District AC	01:43:06
62	Toby Newman	MS		01:43:17
63	Trevor McAlister	MS	Ryde Harriers	01:43:19
64	Sarah Pemberton	FS	Serpentine Running Club	01:43:38
65	Phil Miles	MV60	Parc Bryn Bach	01:43:51
66	Matthew Mason	MV40	Ely Runners	01:45:05
67	Ben Watkins	MS	Mynydd Du	01:45:17
68	Peter Dyer	MS	Avon Valley Runners	01:45:26
69	Rob Whetnall	MV50	Stroud & District AC	01:45:40
70	David Place	MV50		01:46:30
71	Chris Hall	MV50	Stubbington Green Runners	01:46:36
72	James Street	MV40		01:46:54
73	Julian Boon	MV40	Forest Of Dean AC	01:47:47
74	Tim Reynolds	MV40		01:47:57
75	Badar Al Raisi	MS	London Frontrunners	01:48:04
76	Lucy Baker	FS	MDC	01:48:26
77	Martha Hamilton	FS	Forest Of Dean AC	01:48:37
78	Matt Bullen	MV50	Bromley Veterans Athletics Club	01:49:05
79	John Jaspers	MV40	Hay Hotfooters	01:49:10
80	Peter Fleming	MV50		01:49:32
81	Will Lightfoot	MS	Vale Of Aylesbury Athletic Club	01:49:51
82	Tim Watkins	MS	Forest Of Dean AC	01:49:53
83	Robert Nelson	MV40	Dirty Daps Muddy Tracks	01:50:16
84	Neil Williams	MS	Mynydd Du	01:50:32
85	Hannah Walsh	FS	Bristol & West AC	01:50:55

86	Ryan Fulford	MV40		01:53:00
87	Ian Morgan	MS	Forest Of Dean AC	01:53:16
88	Matuki Kuno	FS		01:53:25
89	Ed Goldsmith	MS		01:53:28
90	Richard Burgess	MS		01:53:47
91	James Relph	MS	London Frontrunners	01:53:47
92	Sharon Woods	FV50	Mynydd Du	01:55:20
93	Mark Haslam	MV60	Stroud & District AC	01:55:29
94	Chris Moore	MV60	Forest Of Dean AC	01:55:48
95	Ian Marshall	MV60	Cambridge Harriers	01:55:51
96	Julian Trout	MV50	Wye Valley Runners	01:56:20
97	Jon Roberts	MS		01:56:32
98	Rob Horton	MS		01:56:46
99	Naomi Law	FV40	Mynydd Du	01:57:52
100	Andrew Wood	MS		01:57:55
101	Naomi Prosser	FS	Hereford Couriers	01:58:14
102	Jim Rhodes	MV50	Bowland Fell Runners	01:58:39
103	Mark Hinchliffe	MV40		01:58:39
104	Celia Mills	FV50		01:59:06
105	Helen Lipscombe	FS	Forest Of Dean AC	01:59:08
106	Rod Clyde	MV50	Mynydd Du	01:59:22
107	Helen Duffield	FV40	Chepstow Harriers	01:59:22
108	Graham Maynard	MV50	Cambridge Harriers	01:59:57
109	Mark Davies	MV50	Hay Hotfooters	02:00:33
110	Jo Shelmerdine	FS		02:00:37
111	Anna Lawson	FS		02:02:27
112	Anne Ward	FV40	Mynydd Du	02:03:33
113	William Fyfe	MS		02:03:33
114	Dawn Roberts	FS		02:06:17
115	Robert Grice	MV50	Reading Roadrunners	02:07:02
116	Gemma Hewitt	FS	Forest Of Dean AC	02:08:02
117	Paul Symons	MV50		02:08:58
118	Imme Davies	FV40	Hay Hotfooters	02:09:07
119	Stefanie Francis	FV50	Forest Of Dean AC	02:10:55
120	Valerie Hamilton	FV50	Forest Of Dean AC	02:13:34
121	Jo Edwards	FV50	Forest Of Dean AC	02:15:38
122	Kate Burke	FV40	Forest Of Dean AC	02:15:38
123	Leigh Ally	MS	Aldridge Running Club	02:16:50
124	Rosie Eldridge	FS	Ryde Harriers	02:17:02
125	Rachel Jones	FV40	Hay Hotfooters	02:17:02
126	Gemma Moore	FS	North Wales Road Runners	02:18:49
127	Leon Davies	MV40	North Wales Road Runners	02:18:49
128	Martin Lowe	MV60		02:29:01
129	Kate Darlington	FS		02:29:13

