

| Pos | Name | Category | Club | Time |
|-----|--------------------|----------|-------------------------|----------|
| 1 | Jim Webb | MS | Team Bath AC | 01:14:39 |
| 2 | Richard Johnson | MV40 | Mynydd Du | 01:20:37 |
| 3 | Sam Ryall | MV40 | Pontypridd Roadents | 01:20:52 |
| 4 | Andrew Reeves | MV40 | Serpentine Running Club | 01:21:16 |
| 5 | Christian Poulton | MV50 | Cambridge Harriers | 01:22:18 |
| 6 | Shaun Whelan | MV50 | London Fronrunners | 01:22:43 |
| 7 | James Atkinson | MS | Team Bath AC | 01:22:43 |
| 8 | Evan Davies | MS | | 01:24:43 |
| 9 | James Gillanders | MS | Serpentine Running Club | 01:24:48 |
| 10 | Tarbo Fukazawa | MS | Cambridge Harriers | 01:26:13 |
| 11 | Jonathan Moscrop | MV40 | Serpentine Running Club | 01:27:03 |
| 12 | Daniel Nettelfield | MS | South Molton Strugglers | 01:27:04 |
| 13 | Ben Moon | MS | MDC | 01:28:11 |
| 14 | John Keenan | MV40 | London Fronrunners | 01:28:33 |
| 15 | Daniel Lewis | MV40 | Wye Valley Runners | 01:28:54 |
| 16 | Kevin Griffiths | MV50 | | 01:29:04 |
| 17 | David Lawson | MS | MDC | 01:29:11 |
| 18 | Andrew Pritchard | MV40 | Buckley Runners | 01:29:21 |
| 19 | Michael Cope | MV40 | Mynydd Du | 01:29:27 |
| 20 | Nick Lewis | MV40 | Almost Athletes | 01:30:02 |
| 21 | Wayne Kelly | MS | | 01:30:07 |
| 22 | Andy Vaudin | MV50 | | 01:30:18 |
| 23 | Jeremy Jehan | MV40 | Wye Valley Runners | 01:30:58 |
| 24 | Mike Link | MV40 | Hereford Couriers | 01:31:11 |
| 25 | Michael Reynolds | MV50 | Mercia Fell Runners | 01:31:27 |
| 26 | David Vaudin | MV60 | Team Bath AC | 01:31:36 |
| 27 | James Eastwood | MS | | 01:31:44 |
| 28 | Nigel Eldridge | MV40 | Ryde Harriers | 01:31:49 |
| 29 | Thomas Mollekin | MS | Mynydd Du | 01:32:31 |
| 30 | Hopcyn Matthews | MS | | 01:32:41 |
| 31 | Andrew Noble | MV50 | Folkestone RC | 01:32:45 |
| 32 | Evan Ryan | MS | Mynydd Du | 01:33:04 |
| 33 | Crispin Flower | MV40 | Mynydd Du | 01:33:06 |
| 34 | Andrew Brasington | MV50 | Ebbw Vale RC | 01:33:10 |
| 35 | Helen Marshall | FS | Aberystwyth AC | 01:33:20 |
| 36 | Gary Pearson | MV40 | Croft Ambrey | 01:33:54 |
| 37 | Andrew Broadbent | MS | | 01:34:34 |
| 38 | Peter Sowerby | MV50 | Brecon AC | 01:34:57 |
| 39 | Dee Jolly | FS | Sarn Helen | 01:35:18 |
| 40 | Mal Evans | MV50 | | 01:35:27 |
| 41 | James Woodier | MS | Mynydd Du | 01:35:30 |

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| 42 | Ben Lowe | MS | Stroud & District AC | 01:35:35 |
| 43 | Harry Rann | MS | Godshill Massive | 01:35:36 |
| 44 | Hayley Evans | FS | Buckley Runners | 01:35:45 |
| 45 | Steven Hepton | MS | Mynydd Du | 01:36:40 |
| 46 | Julie Cashell | FV40 | Mynydd Du | 01:36:53 |
| 47 | Julian Williams | MV40 | London Frontrunners | 01:37:07 |
| 48 | Rodney Parker | MV40 | Ryde Harriers | 01:37:35 |
| 49 | Rhian Probert | FV40 | Mynydd Du | 01:37:44 |
| 50 | Clem Dixon | MV50 | Cambridge Harriers | 01:39:05 |
| 51 | Gordon Coull | MV40 | | 01:39:36 |
| 52 | Paul Kelly | MV60 | Durham Fell Runners | 01:39:43 |
| 53 | Iain Large | MS | Bristol & West AC | 01:39:49 |
| 54 | Richard Cronin | MS | MDC | 01:39:52 |
| 55 | Karlwinder Hayer | MV40 | London Frontrunners | 01:40:00 |
| 56 | Ged Murphy | MV40 | | 01:40:27 |
| 57 | Owen Bowers | MS | Brecon Triathlon Club | 01:40:40 |
| 58 | Kate Whitfield | FV40 | Mercia Fell Runners | 01:40:44 |
| 59 | Dave Clarke | MS | | 01:42:38 |
| 60 | Richard Sheehy | MS | Parc Bryn Bach | 01:42:54 |
| 61 | Jack Fasham | MS | Stroud & District AC | 01:43:06 |
| 62 | Toby Newman | MS | | 01:43:17 |
| 63 | Trevor McAlister | MS | Ryde Harriers | 01:43:19 |
| 64 | Sarah Pemberton | FS | Serpentine Running Club | 01:43:38 |
| 65 | Phil Miles | MV60 | Parc Bryn Bach | 01:43:51 |
| 66 | Matthew Mason | MV40 | Ely Runners | 01:45:05 |
| 67 | Ben Watkins | MS | Mynydd Du | 01:45:17 |
| 68 | Peter Dyer | MS | Avon Valley Runners | 01:45:26 |
| 69 | Rob Whetnall | MV50 | Stroud & District AC | 01:45:40 |
| 70 | David Place | MV50 | | 01:46:30 |
| 71 | Chris Hall | MV50 | Stubbington Green Runners | 01:46:36 |
| 72 | James Street | MV40 | | 01:46:54 |
| 73 | Julian Boon | MV40 | Forest Of Dean AC | 01:47:47 |
| 74 | Tim Reynolds | MV40 | | 01:47:57 |
| 75 | Badar Al Raisi | MS | London Frontrunners | 01:48:04 |
| 76 | Lucy Baker | FS | MDC | 01:48:26 |
| 77 | Martha Hamilton | FS | Forest Of Dean AC | 01:48:37 |
| 78 | Matt Bullen | MV50 | Bromley Veterans Athletics Club | 01:49:05 |
| 79 | John Jaspers | MV40 | Hay Hotfooters | 01:49:10 |
| 80 | Peter Fleming | MV50 | | 01:49:32 |
| 81 | Will Lightfoot | MS | Vale Of Aylesbury Athletic Club | 01:49:51 |
| 82 | Tim Watkins | MS | Forest Of Dean AC | 01:49:53 |
| 83 | Robert Nelson | MV40 | Dirty Daps Muddy Tracks | 01:50:16 |
| 84 | Neil Williams | MS | Mynydd Du | 01:50:32 |
| 85 | Hannah Walsh | FS | Bristol & West AC | 01:50:55 |

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| 86 | Ryan Fulford | MV40 | | 01:53:00 |
| 87 | Ian Morgan | MS | Forest Of Dean AC | 01:53:16 |
| 88 | Matuki Kuno | FS | | 01:53:25 |
| 89 | Ed Goldsmith | MS | | 01:53:28 |
| 90 | Richard Burgess | MS | | 01:53:47 |
| 91 | James Relph | MS | London Frontrunners | 01:53:47 |
| 92 | Sharon Woods | FV50 | Mynydd Du | 01:55:20 |
| 93 | Mark Haslam | MV60 | Stroud & District AC | 01:55:29 |
| 94 | Chris Moore | MV60 | Forest Of Dean AC | 01:55:48 |
| 95 | Ian Marshall | MV60 | Cambridge Harriers | 01:55:51 |
| 96 | Julian Trout | MV50 | Wye Valley Runners | 01:56:20 |
| 97 | Jon Roberts | MS | | 01:56:32 |
| 98 | Rob Horton | MS | | 01:56:46 |
| 99 | Naomi Law | FV40 | Mynydd Du | 01:57:52 |
| 100 | Andrew Wood | MS | | 01:57:55 |
| 101 | Naomi Prosser | FS | Hereford Couriers | 01:58:14 |
| 102 | Jim Rhodes | MV50 | Bowland Fell Runners | 01:58:39 |
| 103 | Mark Hinchliffe | MV40 | | 01:58:39 |
| 104 | Celia Mills | FV50 | | 01:59:06 |
| 105 | Helen Lipscombe | FS | Forest Of Dean AC | 01:59:08 |
| 106 | Rod Clyde | MV50 | Mynydd Du | 01:59:22 |
| 107 | Helen Duffield | FV40 | Chepstow Harriers | 01:59:22 |
| 108 | Graham Maynard | MV50 | Cambridge Harriers | 01:59:57 |
| 109 | Mark Davies | MV50 | Hay Hotfooters | 02:00:33 |
| 110 | Jo Shelmerdine | FS | | 02:00:37 |
| 111 | Anna Lawson | FS | | 02:02:27 |
| 112 | Anne Ward | FV40 | Mynydd Du | 02:03:33 |
| 113 | William Fyfe | MS | | 02:03:33 |
| 114 | Dawn Roberts | FS | | 02:06:17 |
| 115 | Robert Grice | MV50 | Reading Roadrunners | 02:07:02 |
| 116 | Gemma Hewitt | FS | Forest Of Dean AC | 02:08:02 |
| 117 | Paul Symons | MV50 | | 02:08:58 |
| 118 | Imme Davies | FV40 | Hay Hotfooters | 02:09:07 |
| 119 | Stefanie Francis | FV50 | Forest Of Dean AC | 02:10:55 |
| 120 | Valerie Hamilton | FV50 | Forest Of Dean AC | 02:13:34 |
| 121 | Jo Edwards | FV50 | Forest Of Dean AC | 02:15:38 |
| 122 | Kate Burke | FV40 | Forest Of Dean AC | 02:15:38 |
| 123 | Leigh Ally | MS | Aldridge Running Club | 02:16:50 |
| 124 | Rosie Eldridge | FS | Ryde Harriers | 02:17:02 |
| 125 | Rachel Jones | FV40 | Hay Hotfooters | 02:17:02 |
| 126 | Gemma Moore | FS | North Wales Road Runners | 02:18:49 |
| 127 | Leon Davies | MV40 | North Wales Road Runners | 02:18:49 |
| 128 | Martin Lowe | MV60 | | 02:29:01 |
| 129 | Kate Darlington | FS | | 02:29:13 |

