

Pos	Name	Category	Club	Time
1	Tom Roo	MSEN	Mercia	00:22:04
2	Sam Robson	MSEN	High Sports	00:23:16
3	Andy Oliver	M40	Glossopdale Harriers	00:25:49
4	Katie Beecher	WSEN	Les Croupiers	00:27:04
5	Alice Swift	WSEN	Chorlton Runners	00:27:06
6	Christian Poulton	M50	Cambridge Harriers	00:27:15
7	Imogen Trinder	WSEN	Glossopdale Harriers	00:27:17
8	Gary Pearson	M45	Croft Ambrey	00:27:21
9	Phil Weber	M45	Amazing Feet	00:27:22
10	Andrew Noble	M50	Folkstone RC	00:27:38
11	Jon Underwood	M45	Calder Valley FR	00:28:34
12	Mark Davenport	MSEN	Glossopdale Harriers	00:28:59
13	Zoe Barton	W40	Glossopdale Harriers	00:29:19
14	Adam Mardling	U19B		00:31:04
15	Neil Hindle	M60	WFRA	00:31:07
16	Hugh Morgan-Jones	M55	FRA	00:31:09
17	Mark Pearson	M55		00:31:20
18	David Connolly	MU23	Mercia	00:31:37
19	Keith Burgess	M45		00:31:41
20	Sue Howarth	W55	Mercia	00:31:59
21	Scott Mathers	MSEN	Bridgnorth RC	00:32:33
22	Clem Dixon	M55	Cambridge Harriers	00:32:40
23	Susan Davies	W50	Croft Ambrey RC	00:32:50
24	Dave Farrow	M50	Mercia	00:34:38
25	Gary Gunner	M70	Croft Ambrey	00:35:02
26	Brian Barnes	M55	Chorlton Runners	00:35:10
27	Tim Brockington	M60	Springfield Striders	00:35:29
28	Mark Paviour	M55	Croft Ambrey	00:35:39
29	Jonathan Trinder	M50		00:35:46
30	Pat Austin	M50	Cambridge Harriers	00:36:47
31	Linda Edmondson	W55	Wrekin RR	00:37:42
32	Lindsay Palmer	W50	Glossopdale Harriers	00:38:57
33	David Mullin	M45	Mercia	00:39:27
34	Rob Sanders	M60	Black Combe Runners	00:39:59
35	Matthew Mardling	M45	Walton Chasers	00:40:09
36	Arthur Clare-Hay	M70	Mercia	00:40:15
37	Gordon Trevor	M65	Shrewsbury AC	00:53:54