

| Pos | Name | Category | Club | Time |
|-----|--------------------|----------|-----------------------------|----------|
| 1 | Benjamin J Riddell | MOpen | Salford Harriers & AC | 00:54:55 |
| 2 | Paul Jones | MV40 | Mercia Fell Runners | 00:55:00 |
| 3 | Michael Ainsworth | MOpen | Helm Hill | 00:55:56 |
| 4 | Simon Coldrick | MV40 | Penine Fell Runners | 00:56:41 |
| 5 | Ted Mason | MOpen | Wharfedale Harriers | 00:57:02 |
| 6 | Jack Eyre | MOpen | Eden Runners | 00:58:50 |
| 7 | Sarah Tunstall | FOpen | Kendal AC | 00:59:08 |
| 8 | Rob Brown | MOpen | Keswick AC | 00:59:39 |
| 9 | Mark Forrest | MV50 | Richmond & Zetland Harriers | 01:01:02 |
| 10 | Phil Mather | MOpen | Lonsdale Fell Runners | 01:01:13 |
| 11 | Sam Green | MOpen | Helm Hill | 01:01:32 |
| 12 | John Hodson | MV50 | Ambleside AC | 01:01:58 |
| 13 | Jack Simpson | MOpen | Helm Hill | 01:02:01 |
| 14 | Brian Pennington | MV40 | Howgill Harriers | 01:02:10 |
| 15 | Andy Thompson | MOpen | Helm Hill | 01:02:57 |
| 16 | Rick Stuart | MV50 | Helm Hill | 01:03:21 |
| 17 | Tim Grimwood | MOpen | Swaledale Road Runners | 01:03:25 |
| 18 | Scott Morley | MOpen | Eden Runners | 01:04:02 |
| 19 | Eddie Fletcher | MOpen | Keswick AC | 01:04:25 |
| 20 | Jamie Baron | MV50 | Black Combe Runners | 01:05:25 |
| 21 | Daniel Clark | MOpen | | 01:05:29 |
| 22 | Stephen Smithies | MV50 | Calder Valley Fell Runners | 01:05:36 |
| 23 | Richard Wells | MV40 | Howgill Harriers | 01:05:41 |
| 24 | Ross Jenkin | MOpen | Howgill Harriers | 01:05:55 |
| 25 | John Hosker | MOpen | Howgill Harriers | 01:06:01 |
| 26 | Anthony Labram | MV50 | Eden Runners | 01:07:11 |
| 27 | Tom Smith | MV50 | Bowland Fell Runners | 01:07:51 |
| 28 | David Spence | MV40 | FRA | 01:07:55 |
| 29 | Jonny Marchant | MV40 | Helm Hill | 01:08:01 |
| 30 | Steve Bennett | MV50 | | 01:08:07 |
| 31 | Ailish Graham | FOpen | Helm Hill | 01:08:11 |
| 32 | Mike P Mc Kenna | MV60 | Dallam RC | 01:08:18 |
| 33 | Sean Robinson | MOpen | Howgill Harriers | 01:08:32 |
| 34 | Tim Higginbottom | MV40 | Eryri Harriers | 01:09:15 |
| 35 | Kieran Horrigan | MV50 | | 01:09:31 |
| 36 | Geoff Davis | MV60 | Northumberland FR | 01:09:42 |
| 37 | Adam Oliver | MOpen | Helm Hill | 01:09:46 |
| 38 | Colin Williams | MV50 | Ilkley Harriers | 01:09:51 |
| 39 | Philip Cooper | MV40 | Howgill Harriers | 01:09:55 |
| 40 | Mike Allison | MV50 | Eden Runners | 01:09:58 |
| 41 | James Coulthard | MV40 | Howgill Harriers | 01:10:12 |

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| 42 | Brian Thompson | MV60 | Helm Hill | 01:10:33 |
| 43 | Penny Browell | FV40 | Elvet Striders | 01:10:53 |
| 44 | Tim Roe | MOpen | Helm Hill | 01:10:57 |
| 45 | John Thompson | MV40 | Newburgh Nomads | 01:11:12 |
| 46 | Michael Thompson | MV40 | Quakers RC | 01:11:50 |
| 47 | Joanna Goorney | FV40 | Lytham St Annes Road Runners | 01:11:53 |
| 48 | David J Dicks | MV40 | Eden Runners | 01:12:00 |
| 49 | Stephen Moffat | MV60 | Howgill Harriers | 01:12:04 |
| 50 | Robert Daley | MV40 | Eden Runners | 01:12:06 |
| 51 | Richard Todd | MV40 | Northern Fell Runners | 01:12:07 |
| 52 | Alan Barr | MV40 | Howgill Harriers | 01:12:11 |
| 53 | Neil Weightman | MV50 | Dark Peak Fell Runners | 01:12:19 |
| 54 | Aaron Walmsley | MOpen | Bowland Fell Runners | 01:12:27 |
| 55 | James W Scott | MOpen | Keswick AC | 01:12:34 |
| 56 | Leigh Warburton | MV60 | Bowland Fell Runners | 01:12:58 |
| 57 | Bianca Dyer | FV40 | Helm Hill | 01:13:11 |
| 58 | Dave Kershaw | MV60 | Chorley AC | 01:13:29 |
| 59 | Nick Irlam | MOpen | Eden Runners | 01:13:34 |
| 60 | Phil Rigby | MV50 | Helm Hill | 01:13:48 |
| 61 | Jake Higginbottom | MOpen | Eden Runners | 01:14:02 |
| 62 | Richard D Smith | MOpen | Helm Hill | 01:14:27 |
| 63 | Adrian Beckwith | MOpen | | 01:14:52 |
| 64 | Rachel Simpson | FOpen | Helm Hill | 01:14:59 |
| 65 | Gary Pearson | MV40 | Croft Ambrey | 01:15:04 |
| 66 | Chris Curtis | MV50 | Northern Fell Runners | 01:15:06 |
| 67 | Raymond Gill | MV50 | Dallam RC | 01:15:28 |
| 68 | Chris Tarpey | MV50 | Teesdale AC | 01:15:45 |
| 69 | Dawn Metcalfe | FV40 | Derwent Valley TR | 01:15:49 |
| 70 | Graham Pearson | MV40 | Derwent Valley TR | 01:15:49 |
| 71 | Robbie Kelly | MV50 | Swaledale Road Runners | 01:15:57 |
| 72 | David Milton | MV50 | Holmfirth Harriers AC | 01:16:01 |
| 73 | Martin Quinn | MV40 | Chorley AC | 01:16:35 |
| 74 | David Burton | MV50 | Keswick AC | 01:16:46 |
| 75 | Micheal Keavney | MV50 | Swaledale Road Runners | 01:17:09 |
| 76 | Bill Beckett | MV50 | Chorley AC | 01:17:13 |
| 77 | Jayne Rigby | FV40 | Helm Hill | 01:17:31 |
| 78 | Paul Dobson | MV50 | Northern Fell Runners | 01:17:43 |
| 79 | Hailey Fletcher | FOpen | | 01:17:49 |
| 80 | Simon Purdon | MV50 | | 01:18:01 |
| 81 | Janine Fallon | FV40 | Blackburn Harriers AC | 01:18:53 |
| 82 | Bridget Glaister | FV40 | Parbold Pink Panthers | 01:19:11 |
| 83 | Keeley Smith | FOpen | Helm Hill | 01:19:15 |
| 84 | Marie Robson | FV50 | Helm Hill | 01:19:27 |
| 85 | John Orrell | MV50 | Blackburn Harriers AC | 01:19:46 |

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| 86 | Edwin Sherstone | MV50 | Southport Waterloo AC | 01:20:08 |
| 87 | Jim Coldwell | MV40 | Swaledale Road Runners | 01:20:17 |
| 88 | Aaron Gourley | MOpen | Elvet Striders | 01:20:23 |
| 89 | Jon Tombs | MV40 | Eden Runners | 01:20:42 |
| 90 | Jim Clapp | MV60 | Durham Fell Runners | 01:21:00 |
| 91 | Jonathan Gibson | MV50 | Wharfedale Harriers | 01:21:10 |
| 92 | Eddie Peat | MV50 | Durham Fell Runners | 01:21:15 |
| 93 | Alison Phillips | FV40 | Eden Runners | 01:21:23 |
| 94 | Mark Glaister | MV50 | Skelmersdale Boundary Harriers | 01:21:26 |
| 95 | Jo Wilcox | FV50 | Helm Hill | 01:21:39 |
| 96 | Angela Brown | FV40 | Northern Fell Runners | 01:21:46 |
| 97 | John Leech | MV50 | Dallam RC | 01:22:22 |
| 98 | Wendy Dodds | FV60 | Clayton-le-Moors Harriers | 01:23:00 |
| 99 | Allan Miller | MV60 | Kendal AC | 01:23:25 |
| 100 | Grant Harris | MOpen | | 01:23:46 |
| 101 | Jim Fisher | MV50 | Howgill Harriers | 01:24:01 |
| 102 | Adele Roche | FV50 | Howgill Harriers | 01:24:13 |
| 103 | Pauline Tyson | FV50 | Howgill Harriers | 01:24:13 |
| 104 | Denise Turnstall | FV50 | Durham Fell Runners | 01:24:47 |
| 105 | Si Cummins | MV50 | Howgill Harriers | 01:25:22 |
| 106 | Patricia Gill | FV50 | Skipton AC | 01:25:37 |
| 107 | Emma Winter | FOpen | Eden Runners | 01:26:05 |
| 108 | Jenny Ewels | FV40 | Clwydian Range Runners | 01:28:05 |
| 109 | Eddie Close | MV40 | Howgill Harriers | 01:28:16 |
| 110 | Robin Haywood | MV40 | Howgill Harriers | 01:29:37 |
| 111 | Eddie Dealtry | MV60 | Kendal AC | 01:30:04 |
| 112 | Rachel Gooch | FV60 | | 01:30:26 |
| 113 | Jacqui Foster | FV50 | | 01:31:22 |
| 114 | Fraser Livesey | MV50 | Howgill Harriers | 01:32:31 |
| 115 | Andrea Benson | FV40 | | 01:32:49 |
| 116 | Jon Broome | MV50 | Achille Ratti | 01:33:05 |
| 117 | May Crawford | FOpen | Helm Hill | 01:33:15 |
| 118 | Robert Crawford | MV40 | Howgill Harriers | 01:33:15 |
| 119 | Yolanda Spooner | FV40 | Howgill Harriers | 01:35:04 |
| 120 | Thomas High | MV50 | FRA | 01:36:12 |
| 121 | Elizabeth Hindle | FV60 | Dallam RC | 01:36:18 |
| 122 | Justine Carruthers | FV40 | Eden Runners | 01:36:40 |
| 123 | Graham Schofield | MV60 | Chorley AC | 01:37:43 |
| 124 | Chris Lockley | MV50 | Eden Runners | 01:37:52 |
| 125 | Louise Ball | FV40 | Parbold Pink Panthers | 01:39:16 |
| 126 | Donald Buffham | MV60 | Otley AC | 01:41:29 |
| 127 | Luke Jordan | MOpen | | 01:42:51 |
| 128 | Nicola Johnson | FV40 | Parbold Pink Panthers | 01:44:16 |
| 129 | Carolyn Burns | FV40 | Eden Runners | 01:46:26 |

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| 130 | Lee Shorrock | MOpen | | 01:48:34 |
| 131 | Jonathan Brass | MOpen | | 01:49:16 |
| 132 | Mark Graham | MV50 | CFR | 01:50:52 |
| 133 | Ian Graham | MOpen | | 01:50:52 |