

Pos	Name	Category	Club	Time
1	Benjamin J Riddell	MOpen	Salford Harriers & AC	00:54:55
2	Paul Jones	MV40	Mercia Fell Runners	00:55:00
3	Michael Ainsworth	MOpen	Helm Hill	00:55:56
4	Simon Coldrick	MV40	Penine Fell Runners	00:56:41
5	Ted Mason	MOpen	Wharfedale Harriers	00:57:02
6	Jack Eyre	MOpen	Eden Runners	00:58:50
7	Sarah Tunstall	FOpen	Kendal AC	00:59:08
8	Rob Brown	MOpen	Keswick AC	00:59:39
9	Mark Forrest	MV50	Richmond & Zetland Harriers	01:01:02
10	Phil Mather	MOpen	Lonsdale Fell Runners	01:01:13
11	Sam Green	MOpen	Helm Hill	01:01:32
12	John Hodson	MV50	Ambleside AC	01:01:58
13	Jack Simpson	MOpen	Helm Hill	01:02:01
14	Brian Pennington	MV40	Howgill Harriers	01:02:10
15	Andy Thompson	MOpen	Helm Hill	01:02:57
16	Rick Stuart	MV50	Helm Hill	01:03:21
17	Tim Grimwood	MOpen	Swaledale Road Runners	01:03:25
18	Scott Morley	MOpen	Eden Runners	01:04:02
19	Eddie Fletcher	MOpen	Keswick AC	01:04:25
20	Jamie Baron	MV50	Black Combe Runners	01:05:25
21	Daniel Clark	MOpen		01:05:29
22	Stephen Smithies	MV50	Calder Valley Fell Runners	01:05:36
23	Richard Wells	MV40	Howgill Harriers	01:05:41
24	Ross Jenkin	MOpen	Howgill Harriers	01:05:55
25	John Hosker	MOpen	Howgill Harriers	01:06:01
26	Anthony Labram	MV50	Eden Runners	01:07:11
27	Tom Smith	MV50	Bowland Fell Runners	01:07:51
28	David Spence	MV40	FRA	01:07:55
29	Jonny Marchant	MV40	Helm Hill	01:08:01
30	Steve Bennett	MV50		01:08:07
31	Ailish Graham	FOpen	Helm Hill	01:08:11
32	Mike P Mc Kenna	MV60	Dallam RC	01:08:18
33	Sean Robinson	MOpen	Howgill Harriers	01:08:32
34	Tim Higginbottom	MV40	Eryri Harriers	01:09:15
35	Kieran Horrigan	MV50		01:09:31
36	Geoff Davis	MV60	Northumberland FR	01:09:42
37	Adam Oliver	MOpen	Helm Hill	01:09:46
38	Colin Williams	MV50	Ilkley Harriers	01:09:51
39	Philip Cooper	MV40	Howgill Harriers	01:09:55
40	Mike Allison	MV50	Eden Runners	01:09:58
41	James Coulthard	MV40	Howgill Harriers	01:10:12

42	Brian Thompson	MV60	Helm Hill	01:10:33
43	Penny Browell	FV40	Elvet Striders	01:10:53
44	Tim Roe	MOpen	Helm Hill	01:10:57
45	John Thompson	MV40	Newburgh Nomads	01:11:12
46	Michael Thompson	MV40	Quakers RC	01:11:50
47	Joanna Goorney	FV40	Lytham St Annes Road Runners	01:11:53
48	David J Dicks	MV40	Eden Runners	01:12:00
49	Stephen Moffat	MV60	Howgill Harriers	01:12:04
50	Robert Daley	MV40	Eden Runners	01:12:06
51	Richard Todd	MV40	Northern Fell Runners	01:12:07
52	Alan Barr	MV40	Howgill Harriers	01:12:11
53	Neil Weightman	MV50	Dark Peak Fell Runners	01:12:19
54	Aaron Walmsley	MOpen	Bowland Fell Runners	01:12:27
55	James W Scott	MOpen	Keswick AC	01:12:34
56	Leigh Warburton	MV60	Bowland Fell Runners	01:12:58
57	Bianca Dyer	FV40	Helm Hill	01:13:11
58	Dave Kershaw	MV60	Chorley AC	01:13:29
59	Nick Irlam	MOpen	Eden Runners	01:13:34
60	Phil Rigby	MV50	Helm Hill	01:13:48
61	Jake Higginbottom	MOpen	Eden Runners	01:14:02
62	Richard D Smith	MOpen	Helm Hill	01:14:27
63	Adrian Beckwith	MOpen		01:14:52
64	Rachel Simpson	FOpen	Helm Hill	01:14:59
65	Gary Pearson	MV40	Croft Ambrey	01:15:04
66	Chris Curtis	MV50	Northern Fell Runners	01:15:06
67	Raymond Gill	MV50	Dallam RC	01:15:28
68	Chris Tarpey	MV50	Teesdale AC	01:15:45
69	Dawn Metcalfe	FV40	Derwent Valley TR	01:15:49
70	Graham Pearson	MV40	Derwent Valley TR	01:15:49
71	Robbie Kelly	MV50	Swaledale Road Runners	01:15:57
72	David Milton	MV50	Holmfirth Harriers AC	01:16:01
73	Martin Quinn	MV40	Chorley AC	01:16:35
74	David Burton	MV50	Keswick AC	01:16:46
75	Micheal Keavney	MV50	Swaledale Road Runners	01:17:09
76	Bill Beckett	MV50	Chorley AC	01:17:13
77	Jayne Rigby	FV40	Helm Hill	01:17:31
78	Paul Dobson	MV50	Northern Fell Runners	01:17:43
79	Hailey Fletcher	FOpen		01:17:49
80	Simon Purdon	MV50		01:18:01
81	Janine Fallon	FV40	Blackburn Harriers AC	01:18:53
82	Bridget Glaister	FV40	Parbold Pink Panthers	01:19:11
83	Keeley Smith	FOpen	Helm Hill	01:19:15
84	Marie Robson	FV50	Helm Hill	01:19:27
85	John Orrell	MV50	Blackburn Harriers AC	01:19:46

86	Edwin Sherstone	MV50	Southport Waterloo AC	01:20:08
87	Jim Coldwell	MV40	Swaledale Road Runners	01:20:17
88	Aaron Gourley	MOpen	Elvet Striders	01:20:23
89	Jon Tombs	MV40	Eden Runners	01:20:42
90	Jim Clapp	MV60	Durham Fell Runners	01:21:00
91	Jonathan Gibson	MV50	Wharfedale Harriers	01:21:10
92	Eddie Peat	MV50	Durham Fell Runners	01:21:15
93	Alison Phillips	FV40	Eden Runners	01:21:23
94	Mark Glaister	MV50	Skelmersdale Boundary Harriers	01:21:26
95	Jo Wilcox	FV50	Helm Hill	01:21:39
96	Angela Brown	FV40	Northern Fell Runners	01:21:46
97	John Leech	MV50	Dallam RC	01:22:22
98	Wendy Dodds	FV60	Clayton-le-Moors Harriers	01:23:00
99	Allan Miller	MV60	Kendal AC	01:23:25
100	Grant Harris	MOpen		01:23:46
101	Jim Fisher	MV50	Howgill Harriers	01:24:01
102	Adele Roche	FV50	Howgill Harriers	01:24:13
103	Pauline Tyson	FV50	Howgill Harriers	01:24:13
104	Denise Turnstall	FV50	Durham Fell Runners	01:24:47
105	Si Cummins	MV50	Howgill Harriers	01:25:22
106	Patricia Gill	FV50	Skipton AC	01:25:37
107	Emma Winter	FOpen	Eden Runners	01:26:05
108	Jenny Ewels	FV40	Clwydian Range Runners	01:28:05
109	Eddie Close	MV40	Howgill Harriers	01:28:16
110	Robin Haywood	MV40	Howgill Harriers	01:29:37
111	Eddie Dealtry	MV60	Kendal AC	01:30:04
112	Rachel Gooch	FV60		01:30:26
113	Jacqui Foster	FV50		01:31:22
114	Fraser Livesey	MV50	Howgill Harriers	01:32:31
115	Andrea Benson	FV40		01:32:49
116	Jon Broome	MV50	Achille Ratti	01:33:05
117	May Crawford	FOpen	Helm Hill	01:33:15
118	Robert Crawford	MV40	Howgill Harriers	01:33:15
119	Yolanda Spooner	FV40	Howgill Harriers	01:35:04
120	Thomas High	MV50	FRA	01:36:12
121	Elizabeth Hindle	FV60	Dallam RC	01:36:18
122	Justine Carruthers	FV40	Eden Runners	01:36:40
123	Graham Schofield	MV60	Chorley AC	01:37:43
124	Chris Lockley	MV50	Eden Runners	01:37:52
125	Louise Ball	FV40	Parbold Pink Panthers	01:39:16
126	Donald Buffham	MV60	Otley AC	01:41:29
127	Luke Jordan	MOpen		01:42:51
128	Nicola Johnson	FV40	Parbold Pink Panthers	01:44:16
129	Carolyn Burns	FV40	Eden Runners	01:46:26

130	Lee Shorrock	MOpen		01:48:34
131	Jonathan Brass	MOpen		01:49:16
132	Mark Graham	MV50	CFR	01:50:52
133	Ian Graham	MOpen		01:50:52