

Pos	Name	Category	Club	Time
1	Katie Walshaw	Lady	Ribble Valley Harriers	00:36:19
2	Nichola Jackson	Lady	Ribble Valley Harriers	00:36:21
3	Lizzie Browne	Lady	Black Combe	00:36:33
4	Lou Roberts	LV45	Ambleside AC	00:37:13
5	Hannah Russell	LU21	Helm Hill	00:37:37
6	Annie Roberts	LU23	Todmorden Harriers	00:37:43
7	Kelli Roberts	Lady	Ambleside AC	00:37:53
8	Louisa Powell-Smith	Lady	Ribble Valley Harriers	00:37:57
9	Catherine Spurden	Lady	Keswick	00:38:21
10	Hannah Horsburgh	Lady	Keswick	00:38:45
11	Sharon Taylor	Lady	Helm Hill	00:39:10
12	Alice Forster	Lady	Black Combe	00:39:28
13	Kirsty Hall	LV40	Ribble Valley Harriers	00:39:47
14	Jenn Mattinson	Lady	Keswick	00:39:49
15	Anna Hookamer	LU23	Dark Peak FR	00:40:06
16	Imogen Burrow	LU21	Helm Hill	00:40:16
17	Rachel Pilling	Lady	Pudsey & Bramley AC	00:40:52
18	Rebecca Rooke	Lady	Black Combe	00:40:58
19	Helen Elmore	LV45	Dark Peak FR	00:41:12
20	Anna Lupton	Lady	Black Combe	00:41:49
21	Rebecca Patrick	LV45	Todmorden Harriers	00:41:54
22	Lorraine Slater	LV45	Barlick FR	00:41:57
23	Deborah Gowans	LV50	Accrington Road Runners	00:42:12
24	Gemma Ford	Lady	Todmorden Harriers	00:42:17
25	Jenny Rice	Lady	Helm Hill	00:42:20
26	Nicky Spinks	LV50	Dark Peak FR	00:42:31
27	Jane Reedy	LV40	Ambleside AC	00:42:48
28	Astrid Gibbs	LV40	Ambleside AC	00:42:57
29	Trudy Beetham	LV40	Keswick	00:42:58
30	Katie Wright	LU23	Ambleside AC	00:43:30
31	Bianca Dyer	LV40	Helm Hill	00:43:38
32	Holly Martin	Lady	Pennine FR	00:43:44
33	Alison Richards	LV40	Helm Hill	00:43:49
34	Jenny Caddick	LV45	Dark Peak FR	00:43:53
35	Carol Morgan	LV40	Nidd Valley Road Runners	00:43:56
36	Jean Powell	LV45	Wharfedale Harriers	00:44:03
37	Melanie Blackhurst	LV50	Todmorden Harriers	00:44:04
38	Natalie Hawkrigg	LV45	Northern Fells	00:44:07
39	Ellie Crownshaw	LU23	Dark Peak FR	00:44:10
40	Lindsey Adfield	Lady	Calder Valley FR	00:44:11
41	Judy Howells	LV45	Wharfedale Harriers	00:44:16

42	Ann-Marie Jones	LV60		00:44:29
43	Belinda Baquero	Lady	Pudsey & Bramley AC	00:44:32
44	Jane Meeks	LV55	Borrowdale	00:44:48
45	Andrea Frost	LV50	Macclesfield Harriers	00:44:50
46	Michelle Foxwell	LV40	Ambleside AC	00:45:15
47	Claire Duffield	LV40	Todmorden Harriers	00:45:16
48	Rowene Browne	LV55	Bowland FR	00:45:17
49	Lucy Burnett	LV40	Todmorden Harriers	00:45:34
50	Karon Forster	LV55	Calder Valley FR	00:45:40
51	Hannah Bradley	LU23	Cumberland FR	00:45:47
52	Fionnuala Swann	LV45	Trawden AC	00:45:50
53	Pat Goodall	LV60	Totley AC	00:46:08
54	Zoe Webber	Lady	Keswick	00:46:13
55	Marie Robson	LV50	Helm Hill	00:46:20
56	Lesley Watson	LV45	Bingley Harriers	00:46:43
57	Carrie Gibson	LV40	Helm Hill	00:47:02
58	Amy Shillcock	Lady	Staffs Moorlands AC	00:47:02
59	Eleanor Knowles	LV45	Ambleside AC	00:47:12
60	Shona Stone	LV40	Bingley Harriers	00:47:23
61	Melanie Bradley	LV55	Cumberland FR	00:48:35
62	Victoria Haworth	Lady	Keswick	00:48:45
63	Hilary Barber	LV50	Keighley & Craven AC	00:49:13
64	Wendy Dodds	LV65	Clayton-le-Moors	00:49:30
65	Christine Whitaker	LV55	Wharfedale Harriers	00:50:29
66	Carmel Ramwell	LV45	Settle Harriers	00:51:05
67	Katy Thompson	LV60	Clayton-le-Moors	00:51:27
68	Linda Lord	LV65	Clayton-le-Moors	00:51:40
69	Lesley Malarkey	LV65	Keswick	00:52:06
70	Bev Wright	LV45	Todmorden Harriers	00:53:07
71	Amanda Burrow	LV40	Helm Hill	00:53:52
72	Anne Milner	LV50	Wharfedale Harriers	00:53:56
73	Elizabeth Adams	LV45	Helm Hill	00:54:53
74	Sue Morley	LV60	Knaresborough Striders	00:55:00
75	Lou Lyness	LV65	Black Combe	00:55:24
76	May Crawford	Lady	Helm Hill	00:55:35
77	Catherine Barber	Lady	Nidd Valley Road Runners	00:56:14
78	Sue Roberts	LV55	Todmorden Harriers	00:56:43
79	Sarah Helliwell	Lady	Clayton-le-Moors	00:57:37
80	Emma Dooks	LV50	Keighley & Craven AC	00:58:04
81	Hannah Newbold	LU21	Barlick FR	00:58:50
82	Alana Willis	LU21	Wharfedale Harriers	01:01:17
83	Anne Handley	LV50	Wharfedale Harriers	01:01:22
84	Jill Gates	LV55	Settle Harriers	01:03:11
85	Diane Macdonald	LV45	Keighley & Craven AC	01:03:44

