

Pos	Name	Category	Club	Time
1	Josh Hartley	M	Black Combe Runners	00:53:48
2	Garry Greenhow	M	Ambleside Athletic Club	00:53:50
3	Ben Procter	M	Helm Hill Runners	00:54:31
4	Oliver Heaton	M	Preston Harriers	00:54:48
5	Harvey Lord	M	Black Combe Runners	00:55:43
6	Tim Ripper	M	Black Combe Runners	00:56:20
7	Dan Gilbert	M40	Horwich RMI Harriers	00:57:05
8	Alan Scott	M	Clapham Chasers	00:57:13
9	Matthew Green	M		00:57:40
10	Matthew Rooke	M	Black Combe Runners	00:57:46
11	Darren Fishwick	M40	Chorley Athletic And Triathlon Club	00:57:51
12	Paul Reilly	M40	Helm Hill Runners	00:58:08
13	James Harris	M	Black Combe Runners	00:58:14
14	James Edwards	M40	Lonsdale Fell Runners	00:58:25
15	Joseph Hobbs	M	Lonsdale Fell Runners	00:58:33
16	Jamie Baron	M50	Black Combe Runners	00:58:41
17	Philip Withnall	M	Lonsdale Fell Runners	01:00:12
18	Richard Walker	M40	Black Combe Runners	01:00:26
19	John Millen	M40	Black Combe Runners	01:01:16
20	Holly Orr	W	Black Combe Runners	01:03:04
21	Gary Thorpe	M50	Ambleside Athletic Club	01:03:29
22	Bobby Gard-Story	MU23		01:03:40
23	Carlos Bedson	M40	Cheshire Hill Racers	01:03:49
24	Adrian Benson	M		01:03:54
25	Nick Sebley	M50	Black Combe Runners	01:04:04
26	Claire Nance	W	Lonsdale Fell Runners	01:04:13
27	Shaun Addison	M50	Helm Hill Runners	01:04:16
28	Andrew Crowther	M40	Lonsdale Fell Runners	01:04:21
29	Ben Clare	M	Queensbury Running Club	01:05:55
30	Pete Tayler	M50	Black Combe Runners	01:06:02
31	Jim Bacon	M50	Lonsdale Fell Runners	01:06:28
32	Matthew Allen	M	Black Combe Runners	01:06:30
33	Daniel Hartley	M40	Black Combe Runners	01:07:47
34	John Evason	M	Black Combe Runners	01:08:03
35	John Robson	M50	Helm Hill Runners	01:09:29
36	Sally Houghton	W50	Ripon Runners	01:09:33
37	Clare Pearson	W	Wharfedale Harriers	01:10:27
38	Natalie Ruffell	W	Clapham Chasers	01:13:35
39	Judy Howells	W40	Wharfedale Harriers	01:13:49
40	Mike Jewell	M50	Black Combe Runners	01:14:18
41	Chris Roberts	M60	Black Combe Runners	01:14:47

42	Lynn Murray	W40	Black Combe Runners	01:14:49
43	Jean Powell	W50	Wharfedale Harriers	01:15:26
44	Roger Quayle	M50		01:15:41
45	Jess Lawrence	W	Black Combe Runners	01:15:51
46	Jayne Rigby	W40	Helm Hill Runners	01:16:03
47	Marie Robson	W50	Helm Hill Runners	01:16:45
48	Pat McIver	M50	Black Combe Runners	01:16:59
49	John Orrell	M50	Blackburn Harriers & Athletic Club	01:16:59
50	Jonathan Bailey	M40	Black Combe Runners	01:17:25
51	Steve Wathall	M50		01:17:59
52	James Goffe	M50	Black Combe Runners	01:20:35
53	Jo Taylor	W50	Bowland Fell Runners	01:20:47
54	Richard Wilkinson	M50	Long Eaton Running Club	01:21:03
55	Rob Overton	M40	Acre Street Runners	01:21:05
56	Martin Brady	M50	Clayton-le-Moors Harriers	01:21:49
57	John Taylor	M60	Bowland Fell Runners	01:23:02
58	Susan Ross	W40	Black Combe Runners	01:23:26
59	Vicky Kirkwood	W40	Dallam Running Club	01:24:19
60	Steve Jeffs	M50	Dallam Running Club	01:25:56
61	James Malone	M	Penny Lane Striders	01:25:56
62	Ian Peters	M60	Glaxo Hoad Hill Harriers	01:29:23
63	Lindsay Buck	W50	Cumberland Fell Runners	01:30:02
64	Mike Berry	M60		01:30:06
65	Jennifer Salt	W40	Wesham Road Runners	01:31:10
66	Nigel Coe	M60	Ambleside Athletic Club	01:31:14
67	Andrew Gittins	M50	Black Combe Runners	01:37:41
68	John Sharples	M60	Wesham Road Runners	01:39:32
69	Rhian Davies	W	Lonsdale Fell Runners	01:48:21
70	Karl Fursey	M40	Black Combe Runners	01:49:48
71	David Rosen	M60	Lancaster & Morecambe AC	01:58:14
72	Miriam Rosen	W60	Lancaster & Morecambe AC	01:58:14