

| Pos | Name | Category | Club | Time |
|-----|---------------------|----------|---------------------------|----------|
| 1 | Gavin Mulholland | M45 | Calder Valley FellRunners | 00:34:02 |
| 2 | Andy Payne | M40 | Unattached | 00:37:42 |
| 3 | David Murphy | M50 | Rossendale Harriers | 00:37:43 |
| 4 | Neal Emmerson | MS | Radcliffe AC | 00:38:18 |
| 5 | Malcolm Fowler | M50 | Cheshire Hill Racers | 00:38:38 |
| 6 | Dan Gilbert | M40 | Horwich RMI Harriers | 00:38:47 |
| 7 | Romans Sustovs | MS | Calder Valley FellRunners | 00:38:53 |
| 8 | Jordan Hughes | MS | Middleton Harriers | 00:38:55 |
| 9 | Jon Waller | MS | Penistone Footpath Runnrs | 00:38:56 |
| 10 | Marc Barrett | M40 | Rossendale Harriers | 00:39:52 |
| 11 | Paul Mills | M50 | Bolton United Harriers | 00:41:43 |
| 12 | Matthew Robinson | MS | Newburgh Nomads | 00:41:59 |
| 13 | Chris Davies | M60 | Saddleworth Runners Club | 00:42:19 |
| 14 | Andy Lee | M45 | Rossendale Harriers | 00:42:27 |
| 15 | Michael Chalfont | M45 | Unattached | 00:42:58 |
| 16 | Jarrold Homer | M45 | Wilmslow RC | 00:43:05 |
| 17 | Andy Earnshaw | M40 | Stainland Lions RC | 00:43:15 |
| 18 | Lindsey Oldfield | FS | Calder Valley FellRunners | 00:43:34 |
| 19 | Chris Paxton | MS | Radcliffe AC | 00:43:36 |
| 20 | John Bramwell | M45 | Rochdale Harriers | 00:43:47 |
| 21 | Bill Beckett | M50 | Chorley Ath. & Tri Club | 00:44:05 |
| 22 | Jim Harris | M40 | Stainland Lions RC | 00:44:23 |
| 23 | Tom Barker | MS | Todmorden Harriers | 00:44:24 |
| 24 | Michael Toman | M50 | Rossendale Harriers | 00:44:25 |
| 25 | Donna Cartwright | F40 | Radcliffe AC | 00:44:28 |
| 26 | Scott Baistow | MS | Clayton Le Moors Harriers | 00:44:41 |
| 27 | Stephen Leak | M55 | Rochdale Harriers | 00:44:43 |
| 28 | Dean Johnson | M40 | Bolton United Harriers | 00:44:48 |
| 29 | John Mayall | M55 | Rochdale Harriers | 00:44:52 |
| 30 | Chris Usher | M40 | Newburgh Nomads | 00:45:01 |
| 31 | Graham Jordan | MS | Middleton Harriers | 00:45:11 |
| 32 | Stuart Wolstenholme | M45 | Todmorden Harriers | 00:45:17 |
| 33 | Paul Boardman | M55 | Unattached | 00:45:20 |
| 34 | Graham Duce | M45 | Wilmslow RC | 00:45:25 |
| 35 | Jill Butterworth | F40 | Rochdale Harriers | 00:46:56 |
| 36 | Dan Taylor | MS | Todmorden Harriers | 00:47:07 |
| 37 | Louisa Harrison | F40 | Wilmslow RC | 00:47:19 |
| 38 | Martin Wood | M50 | Stainland Lions RC | 00:47:27 |
| 39 | Mark Culshaw | M50 | Newburgh Nomads | 00:47:35 |
| 40 | Joanna Adamson | F40 | Middleton Harriers | 00:47:40 |
| 41 | Simon Bolton | M50 | Cheshire Hill Racers | 00:47:46 |

| | | | | |
|----|-------------------|-----|---------------------------|----------|
| 42 | Leon Severn | MS | Stainland Lions RC | 00:47:47 |
| 43 | John McDonald | M50 | Trawden AC | 00:47:48 |
| 44 | Mauro Rotondi | M45 | Radcliffe AC | 00:47:49 |
| 45 | Lee Turner | M50 | Radcliffe AC | 00:47:52 |
| 46 | Claire Duffield | F40 | Todmorden Harriers | 00:47:59 |
| 47 | Carole Fryer | F50 | Calder Valley FellRunners | 00:48:05 |
| 48 | John Bassinger | M60 | Stainland Lions RC | 00:48:07 |
| 49 | Andrew Watts | M65 | Wilmslow RC | 00:48:13 |
| 50 | Allan Yeomans | M55 | Rossendale Harriers | 00:48:18 |
| 51 | Graham Barnes | M60 | Unattached | 00:48:21 |
| 52 | Andy Hewitt | M55 | Rossendale Harriers | 00:48:35 |
| 53 | Gerry Banman | M55 | Stainland Lions RC | 00:48:37 |
| 54 | Wally Coppelov | M55 | Newburgh Nomads | 00:48:40 |
| 55 | Paul Young | MS | Rossendale Harriers | 00:48:49 |
| 56 | David Ashton | M55 | Unattached | 00:49:02 |
| 57 | Aileen Baldwin | F65 | Stainland Lions RC | 00:49:48 |
| 58 | Damian Kelly | M50 | Rossendale Harriers | 00:49:50 |
| 59 | Kristian Lee | M40 | Radcliffe AC | 00:49:52 |
| 60 | Andrew Howarth | M55 | Clayton Le Moors Harriers | 00:50:01 |
| 61 | Martin Brady | M55 | Clayton Le Moors Harriers | 00:50:07 |
| 62 | Christian Ellis | M40 | Unattached | 00:50:09 |
| 63 | Tony Hulme | M70 | Wilmslow RC | 00:50:17 |
| 64 | Lee Petch | M55 | Bolton United Harriers | 00:50:41 |
| 65 | Paul Patrick | M50 | Stainland Lions RC | 00:50:52 |
| 66 | Ian Johnson | M50 | Stainland Lions RC | 00:50:59 |
| 67 | Ian Hoskins | M50 | Stainland Lions RC | 00:51:03 |
| 68 | Gareth Duckworth | M40 | Stainland Lions RC | 00:51:14 |
| 69 | David Barnes | M55 | Horwich RMI Harriers | 00:51:17 |
| 70 | Mik Wardle | M60 | Calder Valley FellRunners | 00:52:04 |
| 71 | Helen Hodgkinson | F45 | Todmorden Harriers | 00:52:05 |
| 72 | Stephen Fish | M60 | Clayton Le Moors Harriers | 00:52:22 |
| 73 | Mark Preston | M50 | Stainland Lions RC | 00:52:24 |
| 74 | Peter Booth | M45 | Radcliffe AC | 00:52:51 |
| 75 | Steven Melling | M60 | Rossendale Harriers | 00:52:54 |
| 76 | Chris Cannon | M60 | Wilmslow RC | 00:53:02 |
| 77 | Peter Bolton | M55 | Red Rose Road Runners | 00:53:27 |
| 78 | Paul Norris | M60 | Wilmslow RC | 00:54:06 |
| 79 | B. Kennedy | M65 | Newburgh Nomads | 00:56:33 |
| 80 | Matt Cochrane | M60 | Newburgh Nomads | 00:56:58 |
| 81 | Peter O'Gorman | M55 | Rossendale Harriers | 00:57:04 |
| 82 | Lisa Carter | F45 | Radcliffe AC | 00:57:19 |
| 83 | Catriona Marshall | F50 | Wilmslow RC | 00:58:28 |
| 84 | Helen Armitage | F50 | Stainland Lions RC | 00:58:34 |
| 85 | Steve Hallam | M55 | Stainland Lions RC | 00:58:35 |

| | | | | |
|-----|-------------------|-----|---------------------------|----------|
| 86 | Graham Breeze | M70 | Wharfedale Harriers | 00:59:02 |
| 87 | Nicky Mowat | F55 | Wilmslow RC | 00:59:03 |
| 88 | Michelle Rogerson | F40 | Stainland Lions RC | 00:59:09 |
| 89 | Carolyn Hirons | F50 | Wilmslow RC | 00:59:26 |
| 90 | Don Bullough | M60 | Wilmslow RC | 00:59:46 |
| 91 | Angela Lee | F55 | Stainland Lions RC | 01:00:03 |
| 92 | Rose Rowson | F55 | Middleton Harriers | 01:00:07 |
| 93 | David Morrison | M45 | Burnden Road Runners | 01:01:03 |
| 94 | Roy Lunt | M45 | Stainland Lions RC | 01:02:22 |
| 95 | Sally McGregor | F40 | Stainland Lions RC | 01:02:23 |
| 96 | Elliot Boyd | MS | Radcliffe AC | 01:02:26 |
| 97 | Hilary Farren | F50 | Rossendale Harriers | 01:03:12 |
| 98 | Emma Walter | F45 | Burnden Road Runners | 01:13:54 |
| 99 | Louise Fox | F40 | Burnden Road Runners | 01:13:55 |
| 100 | Deborah Hurst | F40 | Unattached | 01:13:56 |
| 101 | Judith Greenwood | F70 | Stainland Lions RC | 01:13:59 |
| 102 | Karen Conduit | F60 | Rochdale Harriers | 01:14:02 |
| 103 | Alex Whyte | F45 | Stainland Lions RC | 01:14:19 |
| 104 | Diane Thornley | F45 | Stainland Lions RC | 01:14:28 |
| 105 | Helen Shenton | F40 | Stainland Lions RC | 01:15:58 |
| 106 | Ian Roberts | M50 | Wilmslow RC | 01:16:00 |
| 107 | George Arnold | M50 | Preston Harriers | 01:16:34 |
| 108 | Ron Chappell | M65 | Clayton Le Moors Harriers | 01:28:34 |