

Pos	Name	Category	Club	Time
1	William Kay		Telford AC	00:37:38
2	Billy Starling		Mercia FR	00:38:35
3	Tom Roo		Mercia FR	00:39:46
4	Nicolas Colburn		Manx FR	00:41:05
5	Andy Watkins			00:41:09
6	Peter Jones		Oswestry Oly	00:42:32
7	Tom Letts		Northampton RR	00:43:17
8	Joe Starling		Mercia FR	00:44:54
9	Paul Beeson		Maldwyn	00:45:00
10	Anthony Powell		Maldwyn	00:45:21
11	Dan Hazell			00:47:05
12	Jasper Humphries		Gainsborough	00:47:06
13	Tom Humphries		Gainsborough	00:47:09
14	Gary Jerman		Bayston Hill SD	00:47:18
15	Glyn Flecher		Maldwyn	00:48:43
16	Steve Roberts		Oswestry Oly	00:48:47
17	Rob Martin		Maldwyn	00:50:35
18	Richard Anthony		Aberystwyth AC	00:51:55
19	Daniel Rodrigues			00:51:56
20	Wayne Davies		Maldwyn	00:53:00
21	Pauline Linton		FRA	00:54:37
22	Hugh Morga-Jones		FRA	00:55:32
23	Phil Clarke		Mercia FR	00:55:39
24	Naomi Watson		Mercia FR	00:56:36
25	Chris Myles		Mercia FR	00:57:41
26	Sarah Wilding		Presteigne Pacers	01:05:23
27	Kate Hoover		Brecon Tri	01:06:25
28	Adam Williamson			01:21:55