

| Pos | Name | Category | Club | Time |
|-----|------------------|----------|-------------------|----------|
| 1 | William Kay | | Telford AC | 00:37:38 |
| 2 | Billy Starling | | Mercia FR | 00:38:35 |
| 3 | Tom Roo | | Mercia FR | 00:39:46 |
| 4 | Nicolas Colburn | | Manx FR | 00:41:05 |
| 5 | Andy Watkins | | | 00:41:09 |
| 6 | Peter Jones | | Oswestry Oly | 00:42:32 |
| 7 | Tom Letts | | Northampton RR | 00:43:17 |
| 8 | Joe Starling | | Mercia FR | 00:44:54 |
| 9 | Paul Beeson | | Maldwyn | 00:45:00 |
| 10 | Anthony Powell | | Maldwyn | 00:45:21 |
| 11 | Dan Hazell | | | 00:47:05 |
| 12 | Jasper Humphries | | Gainsborough | 00:47:06 |
| 13 | Tom Humphries | | Gainsborough | 00:47:09 |
| 14 | Gary Jerman | | Bayston Hill SD | 00:47:18 |
| 15 | Glyn Flecher | | Maldwyn | 00:48:43 |
| 16 | Steve Roberts | | Oswestry Oly | 00:48:47 |
| 17 | Rob Martin | | Maldwyn | 00:50:35 |
| 18 | Richard Anthony | | Aberystwyth AC | 00:51:55 |
| 19 | Daniel Rodrigues | | | 00:51:56 |
| 20 | Wayne Davies | | Maldwyn | 00:53:00 |
| 21 | Pauline Linton | | FRA | 00:54:37 |
| 22 | Hugh Morga-Jones | | FRA | 00:55:32 |
| 23 | Phil Clarke | | Mercia FR | 00:55:39 |
| 24 | Naomi Watson | | Mercia FR | 00:56:36 |
| 25 | Chris Myles | | Mercia FR | 00:57:41 |
| 26 | Sarah Wilding | | Presteigne Pacers | 01:05:23 |
| 27 | Kate Hoover | | Brecon Tri | 01:06:25 |
| 28 | Adam Williamson | | | 01:21:55 |