17/09/2011 - Three Shires

Pos	Name	Category	Club	Time
1	Carl Bell		Howgill	02:00:20
2	John Helme		Ambleside	02:00:43
3	Tom Brunt		Holmfirth	02:01:11
4	Mark Roberts	M40	Borrowdale	02:01:22
5	Sam Tosh		Rossendale	02:01:25
6	Darren Holloway	M40	Pennine	02:02:01
7	Dave Wilby		Ilkley	02:02:51
8	Steve Birkinshaw	M40	Borrowdale	02:02:59
9	Rhys Findlay-Robinson		Dark Peak	02:04:01
10	Hugh O'Donnell		Ambleside	02:05:15
11	Jamie Luxmore		Keswick	02:10:44
12	Jon Coe		Dark Peak	02:10:56
13	S Ascroft		Carnethy	02:11:36
14	Sam Ware		Eden Runners	02:11:42
15	John McGrath	M40	Ambleside	02:13:11
16	Adam Breams		Calder Valley	02:13:44
17	Dave Ward		Pennine	02:14:14
18	Garry Greenhow		U/a	02:15:10
19	Martin Holroyd	M40	Borrowdale	02:16:00
20	Tim Werritt		Mercia	02:16:01
21	Dominic Raby		Chorley	02:16:15
22	Chris Reade	M40	Bowland	02:16:36
23	Mark Chippendale	M40	Bowland	02:17:24
24	Dave Nuttall	M40	Clayton	02:17:28
25	Mike Johnson	M50	Bowland	02:18:39
26	Richard Talbot		Ambleside	02:18:45
27	Tim Oakes	M40	U/A	02:20:20
28	Craig Stansfield	M40	Rossendale	02:21:41
29	Mick Green	M40	Horwich	02:21:52
30	Craig Smith	M40	Keswick	02:21:59
31	Charlie McIntosh	M40	Pudsey And Bramley	02:22:05
32	Nick Kirk	M40	Dark Peak	02:22:24
33	Andrew Slattery	M40	Keswick	02:22:37
34	Jamie Baron	M40	Black Combe	02:22:45
35	Dave Sykes		Dark Peak	02:22:50
36	Charlie Pass		U/A	02:22:53
37	Josh Hubbard		Leicester Fell Foxes	02:22:55
38	Simon Ford		Astley & Tyldesley RR	02:23:06
39	David Wilson	M40	Bowland	02:23:12
40	Roger Laycock	M50	Settle Harriers	02:23:20
41	Ali Welsh	M40	Bowland	02:23:36

42	Paul Aitken		U/A	02:23:45
43	Chris Upson	M40	Westerlands	02:23:46
44	David Jackson		Achille Ratti	02:24:19
45	Brian Clough	M50	Ambleside	02:24:21
46	Mark Louder		Middleton	02:24:22
47	Jim Ratcliffe		Arragons AC	02:24:36
48	Neil Harding	M40	Clayton	02:25:01
49	Tom Gibbs		Ambleside	02:25:09
50	Andy Thompson		Eden Runners	02:25:22
51	Peter Crompton	M50	CFR	02:25:23
52	Ian Ellmore	M50	Scarborough	02:25:34
53	Joe Rigby		U/A	02:25:36
54	Chris Balderson	M40	Clayton	02:25:46
55	Leigh Warburton	M50	Bowland	02:26:12
56	Rory O'Donnell		Eryri	02:26:28
57	Mark Mon-Williams	M40	Ilkley	02:27:02
58	Malc Hetherington	M40	U/A	02:27:05
59	J Stanley Charles		Clwydian RR	02:27:11
60	Steven Baldwin	M40	Scarborough	02:27:39
61	Dave Wiseman	M40	Northumberland	02:27:49
62	Nick Ray		Ellenborough	02:27:56
63	Ashley Kay	M50	Dark Peak	02:28:26
64	Russell Owen	M50	Eryri	02:29:07
65	Jason Hewson	M40	Middleton H	02:29:15
66	Colin Valentine	M50	Keswick	02:29:21
67	HAZEL ROBINSON	W	AMBLESIDE	02:29:42
68	Tim Parr	M40	U/A	02:30:01
69	Allan Miller	M40	Kendal	02:30:07
70	Huw Price	M40	Bowland	02:30:15
71	Nigel Wood		Coniston FR	02:30:20
72	Pete Booth	M50	Clayton	02:31:01
73	Ross Litherland		Macclesfield	02:31:01
74	LOU ROBERTS	W	KENDAL	02:32:13
75	Mike Harrison	M40	CFR	02:32:15
76	Joel Dalby		U/A	02:32:19
77	John Ealing	M40	Rossendale	02:32:56
78	Pete Tayler	M40	Black Combe	02:34:09
79	Martyn Pollitt	M50	Burnden RR	02:35:11
80	Jez Westgarth		Arragons AC	02:36:30
81	Craig Burrow		Helm Hill	02:36:43
82	Kevin Hoult		CVFR	02:38:01
83	Declan O'Duffy	M50	Bowland	02:38:08
84	Scott Sadler		Middleton Harriers	02:38:09
85	Sam Dalby		U/A	02:39:05

86	Matt Flanaghan		CVFR	02:39:21
87	Martin Farrar	M40	Skyrac	02:39:30
88	Tom Phillips	M40	Dallam	02:39:41
89	Richard Stott	M50	Rossendale	02:40:04
90	Adam Jackson	M40	U/A	02:40:09
91	Ian Stephenson	M50	Ambleside	02:40:19
92	JULIE CARTER	WV40	KESWICK	02:40:39
93	Rob Green	M40	Horwich	02:41:07
94	WENDY DODDS	WV60	CLAYTON	02:41:19
95	ANNE JOHNSON	WV40	CVFR	02:41:35
96	Paul Hainsworth	M50	NFR	02:41:42
97	HELEN BONSOR		CARNETHY	02:41:43
98	Clive Short	M40	Tynedale	02:41:54
99	Dave Reynolds	M40	Newburgh Nomads	02:41:55
100	Roy Gardner	M40	Saddleworth	02:41:57
101	ROWENA BROWN	WV40	BOWLAND	02:42:09
102	Stuart Hutchison		Saddleworth	02:43:04
103	Albert Sunter	M50	Horwich	02:43:13
104	Paul Reilly		Coniston FR	02:43:19
105				02:44:05
106	SHARON MCDONALD	WV40	SETTLE HARRIERS	02:44:10
107	Rob Dobson		CVFR	02:44:24
108	Darren Fishwick	M40	Chorley	02:44:28
109	NICKY SPINKS	WV40	DARK PEAK	02:44:30
110	Howard Chambers	M40	Saddleworth	02:44:48
111	Andrew Anastosi	M40	Glossop	02:44:52
112	David Malia	M40	Mercia	02:45:15
113	Phil Hodgson	M50	Todmorden	02:45:22
114	Michael Toman	M40	Rossendale	02:45:27
115	BEV REDFERN	WV50	TYNEDALE	02:45:40
116	CAROL EVANS	WV40	SETTLE HARRIERS	02:45:41
117	David Burton	M50	Stroud	02:46:22
118	Mark Wharton	M40	CVFR	02:46:23
119	JENNY CADDICK	W	DARK PEAK	02:46:26
120	Craig Harding		Eden Runners	02:46:29
121	ALI RICHARDS	W	HELM HILL	02:46:43
122	Howard Gentry		CFR	02:47:10
123	Paul Coope	M40	U/A	02:47:15
124	Mark Nutter	M40	Clayton	02:47:26
125	Ian Coldicott	M40	Skipton	02:47:31
126	SARAH YEOMANS	W	ROSSENDALE	02:47:47
127	Bill Williamson	M40	CFR	02:48:01
128	Paul Hindle	M40	Keighley	02:48:47
129	JOANNE ANDERSON	WV40	CARNETHY	02:48:57

130	Mike Jewell	M50	Black Combe	02:49:06
131	Ian Woods	M40	ConistonFR	02:49:42
132	Mike Wardle	M50	CVFR	02:49:57
133	Andy Preston		Middleton	02:50:01
134	Dave Bradley	M40	Rossendale	02:50:38
135	John Griffiths	M40	Preston	02:50:55
136	TAMARA HIRD	W	WHARFEDALE	02:51:15
137	Paul Lydon	M40	Totley	02:51:22
138	Chris Green		U/A	02:52:05
139	Robert Pritchard	M50	Skyrac	02:52:07
140	David Armstrong	M50	NFR	02:52:10
141	JEAN BROWN	WV40	CLAYTON	02:52:57
142	Ian Fraser	M40	U/A	02:53:00
143	Martin Hirst		Bowland	02:54:23
144	Rigby Jerram	M40	Kendal	02:55:14
145	Tom Westgate	M50	Dark Peak	02:56:16
146	Anthony Lowe	M50	Middleton	02:56:26
147	SARAH BAILEY	W	KESWICK	02:56:28
148	Will Ross	M40	Black Combe	02:56:50
149	ISALINE HUGHES	WV40	BURNDEN RR	02:56:52
150	Ian Smallwood	M40	Wilmslow	02:56:54
151	Tony Steward	M50	CVFR	02:56:59
152	Dave Sykes	M40	Tattenhall	02:57:05
153	Pete Marston		CFR	02:57:08
154	Paul Jennings	M40	CFR	02:57:13
155	Philip Hanson	M40	Clayton	02:57:23
156	Nigel Tate		Durham	02:57:26
157	KIRSTY HALL	W	WHARFEDALE	02:57:52
158	John Kirkbride	M40	Coniston	02:58:01
159	NINA WALKINGSHAW	W	CFR	02:58:30
160	Paul Simpson	M40	Kendal	02:58:38
161	REBECCA MON-WILLIAMS	WV40	ILKLEY	02:58:50
162	Paul Jackson	M40	Chorley	02:58:56
163	Stephen Bury	M50	Clayton	02:59:22
164	Steve Williams		Chorley	02:59:25
165	EMMA GREGORY		BOWLAND	02:59:29
166	Phillip Hobbs	M40	Holmfirth	02:59:50
167	Dave Banks	M40	Kendal	02:59:57
168	Richard Leonard	M50	Todmorden	03:00:01
169	Mark Graham		CFR	03:00:39
170	Mike Hind	M60	Borrowdale	03:00:49
171	Tim Rippon	M40	Totley	03:01:05
172	Paul Bowerbank	M50	Totley	03:01:14
173	Nick Harris	M60	Rossendale	03:01:22

174	Fred Duenbier			03:01:28
175	Paul Lambert	M40	Wharfedale	03:01:29
176	GAYNOR KEANE	W	SADDLEWORTH	03:01:30
177	RACHAEL MELLOR	W	KESWICK	03:01:31
178	Dave Johnson	M50	NFR	03:01:49
179	Tim Brooks	M40	CVFR	03:02:10
180	JANE LEONARD	WV40	Tod Harriers	03:02:17
181	RACHEAL CHANNERY	WV40	TYNEDALE	03:02:20
182	Michael Reynolds	M40	U/A	03:02:32
183	Ian Shuttleworth	M40	Holmfirth	03:02:49
184	Antonio Gonzales		Middleton	03:03:11
185	Tom Hodgson		Esk Valley	03:03:12
186	Ian Hodgson		NYMFR	03:03:15
187	Eddie Lesniak	M50	Achille Ratti	03:03:23
188	A Poole	M40	Achille Ratti	03:03:26
189	JEAN POWELL	WV40	WHARFEDALE	03:03:28
190	Lee Wood		Middleton	03:03:36
191	Darren Sheppard	M40	Framling Flyers	03:04:28
192	Geoff Smith		Clayton	03:05:05
193	Andrew Birkinshaw	M40	Pudsey & Bramley	03:05:16
194	Ivan Scrase	M40	U/A	03:05:20
195	Martin Gardner		Dallam	03:05:41
196	Lewis Ashton	M40	Dark Peak	03:05:51
197	Jonathon Gibson	M40	Wharfedale	03:06:03
198	Martin Quinn		Chorley	03:06:43
199	Max Howard	M50	Retford	03:06:46
200	Darren Parker	M40	U/A	03:06:51
201	Eric Gilhooley	M50	U/A	03:07:23
202	Dave Culpan	M40	CVFR	03:07:24
203	Michael Smith	M40	Dallam	03:07:35
204	KELLY HARRISON	W	ILKLEY	03:07:37
205	Dennis Lucas	M60	Rochdale	03:08:17
206	Norman Eames	M60	Rochdale	03:08:18
207	Dave Scott-Maxwell	M40	Black Combe	03:08:19
208	John Taylor	M60	Bowland	03:08:21
209	Matthew Mason	M40	Langgarverne Denmark	03:08:27
210	CLARE KENNY	WV50	CVFR	03:08:34
211	GERALDINE WALKINGTON	WV50	HORWICH	03:09:20
212	BARBARA SAVAGE	WV50	CLAYTON	03:09:31
213	Jason Kanshal	M40	U/A	03:09:39
214	LESLEY MALARKEY	WV60	KESWICK	03:09:51
215	SOPHIE FOSKER	W	BOWLAND	03:09:57
216	Lee Collins		U/A	03:10:38
217	CATH MUSETTI	WV40	AMBLESIDE	03:10:52

218	MHAIRI CAMERON		AMBLESIDE	03:10:58
219	Andrew Firth	M50	Clayton	03:11:00
220	Andrew Clough	M40	Chorley	03:11:51
221	Martyn Price	M40	Dallam	03:11:55
222	Mike Beechey	M40	Keswick	03:11:56
223	John Broome	M40	Achille Ratti	03:12:01
224	KAREN SINKINSON	WV50	HOLMFIRTH	03:12:43
225	Alistair Docherty		U/A	03:14:19
226	Philip Devine	M40	Kendal	03:15:26
227	Ross Howard	M40	Black Combe	03:15:39
228	RUTH MAXWELL	WV40	SETTLE HARRIERS	03:15:44
229	Andy Fletcher	M50	CFR	03:15:47
230	Martin Walsh	M60	Bowland	03:16:08
231	Scott Newburn		U/A	03:16:26
232	Marcus Taylor	M40	Astley & Tyldesley RR	03:16:35
233	Paul Johnson	M40	Ellenborough	03:16:38
234	DEBBIE MAHONEY	WV40	SETTLE HARRIERS	03:16:58
235	Martin Whitehead	M50	CVFR	03:17:20
236	Mark Jackson		Achille Ratti	03:17:34
237	CLAIRE WIGHTMAN	W	SADDLEWORTH	03:17:45
238	Mike Troup	M50	Ambleside	03:17:48
239	S Batley	M60	Skyrac	03:18:04
240	Tony Little		U/A	03:18:06
241	CHRISTINE PRESTON	WV40	TODMORDEN	03:18:08
242	DENISE TUNSTALL	WV40	DURHAM FR	03:18:09
243	SARAH BENNETT	W	KESWICK	03:18:19
244	John Orrell	M40	Blackburn	03:18:22
245	LINDSAY HARROD	WV40	HELM HILL	03:18:33
246	LIZ TROMANS	WV40	SADDLEWORTH	03:19:02
247	CATH SHANLEY	WV40	TODMORDEN	03:19:25
248	HELEN HODGKINSON	WV40	TODMORDEN	03:19:37
249	SIOBHAN BREWER	W	KESWICK	03:20:23
250	Edwin Sherstone	M40	Southport	03:21:34
251	Tim Whitehead	M40	Keighley	03:21:59
252	ANGELA JACKSON	W	CFR	03:22:18
253	Tony Varley	M60	Horwich	03:22:20
254	LUCY BENNETT	WV40	U/A	03:23:02
255	JILL DAVIES	WV50	SADDLEWORTH	03:23:05
256	Anthony Kirby		Middleton	03:23:08
257	Simon Caldwell	M40	U/A	03:23:12
258	CATHERINE LITHERLAND	W	MACCLESFIELD HARRIERS	03:23:19
259	JULIE LAVEROCK	WV40	SALFORD	03:24:16
260	Charles Barlow	M50	Saddleworth	03:24:30
261	David Pickering	M40	Retford	03:25:20

262	David Hickling	M60	Saddleworth	03:26:22
263	Richard Jarvis	M40	Dallam	03:28:16
264	GeorgeCritchley	M50	Ratcliffe AC	03:29:12
265	Eddie Dealtry	M60	Kendal	03:30:25
266	Dan Askew	M40	U/A	03:31:32
267	Barry Drinn	M50	Black Combe	03:32:09
268	Jeff Lea	M50	Achille Ratti	03:33:35
269	Nick Moore	M50	CFR	03:33:49
270	Neil Woods	M50	Dark Peak	03:34:04
271	JO BOWEN	W	PENNINE	03:34:58
272	Robert Halstead	M50	Holmfirth	03:35:20
273				03:35:42
274	Darren Beanland	M40	U/A	03:38:59
275	MANDY GOTH	WV50	TODMORDEN	03:40:05
276	Sam Healy		NYMFR	03:40:42
277	Gary Boyd	M40	U/A	03:41:19
278	JO TAYLOR	WV40	BOWLAND	03:42:54
279	CARMEN ELPHICK	W	EBOR	03:44:12
280	Michael Swale	M60	Skyrac	03:45:20
281	Ian Harmer	M50	Esk Valley FR	03:46:51
282	Bob Hughes	M50	Ochil Runners	03:46:57
283	LISA MACDERMID	WV60	STRATHEARN HARRIERS	03:46:58
284	CHERYL GRINDELL	WV40	U/A	03:48:36
285	Mark Salmon		Lostock AC	03:49:37
286	Richard Cavner	M60	NFR	03:50:32
287	ANN MARIE MCGILVRAY	WV40	RADCLIFFE AC	03:51:15
288	Kevin McGilvray	M50	Radcliffe AC	03:51:16
289	John Brooks	M50	Middleton Harriers	03:52:47